### MUSCLE SHOALS CAREER ACDEMY

Career Cluster: Human Services
Pathway: Personal care Services
Class Name: Introduction to Cosmetology
COURSE SYLLABUS
2017-2018

**INSTRUCTOR:** Kim Tidwell

**CREDIT**: 1 Credit

**LENGTH OF COURSE**: One Semester

**FEE**: \$ 30 Career Tech Course Fee, must be paid before student is allowed to work

in the lab. (Per block/class)

**STUDENT ORGANIZATION:** SkillsUSA \$20 (per year)

**SUPPLIES:** pen/pencils, portfolio

COURSE DESCRIPTION: Introduction to Cosmetology is a one-credit course that provides students with a study of personal and professional image, ethical conduct, sanitation, hairstyling, and nail care. Students also gain initial practical experience in sanitation, shampooing, hair shaping, hairstyling, and nail care. Upon successful completion of this course, students are able to practice safety and sanitation precautions as they perform basic procedures. Introduction to Cosmetology is the prerequisite to Chemicals, Haircoloring, and Salon Management.

PRE-REQUISITE: None

**COURSE GOALS:** The goals of Introduction to Cosmetology are to provide students access to a flexible system of rigorous school and work based learning in which students gain knowledge and skills to become competitive employees in a global economy. Upon graduation, students are prepared for individual success in advanced study as well as employment.

# **ESSENTIAL QUESTION(S):**

- 1. What academic, decision-making, teamwork and technological skills are necessary to be a professional cosmetologist?
- 2. Why are many regulating agencies very specific in their rules pertaining to pre-cleaning metal implements thoroughly with soap and water before immersing in any disinfectant solution?
- 3. How does the knowledge of the origin and historical advancements integrate with the twenty first century opportunities career in cosmetology and barbering?
- 4. Why does your success as a professional cosmetologist come from your personal commitment to the development of a healthy body and mind?
- 5. Why is it important to know how to prevent the spread of bacteria?
- 6. What form of decontamination is used in the salon?
- 7. Why is it important for cosmetologist to use the Occupational Safety and Health Administration (OSHA) infection control methods?
- 8. Why is making the proper shampoo selection for your client important?
- 9. Why is it important for students to learn the basic principals of hair design?

#### TOPICAL COURSE OUTLINE

- I. Foundation
  - A. Skills to Perform the Work of the Cosmetologist
    - 1. Math
    - 2. Reading
    - 3. Writing
    - 4. Critical Thinking
    - 5. Decision-making
    - 6. Problem solving
  - B. Teamwork in Planning Goals
  - C. Technology Tools
- II. Salon Safety and Sanitation
  - D. Knowledge and Skills in Safety Rules and Regulations
    - 1. Safety Rules
    - 2. Sanitation measures
    - 3. Fire Safety Procedures
    - 4. First-Aid Procedures
    - 5. Safety Practices
  - E. Regulatory Agencies
    - 1. MSDS
    - 2. OSHA
    - 3. EPA
  - II. Origins and Historical Advancements and Opportunities
    - A. Origins and Historical Advancements
      - 1. Cosmetologist/Barbering
      - 2. Archeological Studies
      - 3. Ancient Written Records
      - 4. Greece 500 B.C.
      - 5. Rome 296 B.C.
      - 6. Barbering and Medicine
      - 7. The Barber Pole
      - 8. Fourteenth Century
      - 9. Nineteenth Century
    - B. Pioneers and their Contributions
      - 1. Twentieth Century
      - 2. Twenty First Century
    - C. Career Opportunities
      - 1. Cosmetology
      - 2. Barbering

## III. Professional Image

A. Skills to Constantly Improve Self-Image, Effective communications and

Positive Human Relations

- 1. Problem-solving
- 2. Critical Thinking
- 3. Work ethic
- B. Communication Skills in Performing duties as a cosmetologist
- IV. Identify Control, Principals, and Practice
  - A. Identify Types and classifications of Bacteria
    - 1. Nonpathogenic
    - 2. Pathogenic
    - 3. Growth and Reproduction
    - 4. Two Phases in Life Cycle
  - B. How Pathogenic Bacteria Enter the Body
- V. Principle of Prevention
  - A. Decontamination Levels
    - 1. Sterilization
    - 2. Disinfection
    - 3. Sanitation
- VI. Describe Universal Precautions for Infection Control
  - A. OSHA
  - B. MSDS
- VII. Basic Fundamentals
  - A. Demonstrate Proper Draping
    - 1. Dry
    - 2. Wet
    - 3. Chemical
  - B. Demonstrate Shampooing, Rinsing, Conditioning and Scalp Care
    - 1. Types of Shampoo and Conditioner
    - 2. Hair and Scalp Analysis
    - 3. Scalp massage and Treatments
- VIII. Principles of Hair Design
  - A. Principles and Elements Relates to Hair Designs
    - 1. Facial Types
    - 2. Elements and Principle
    - 3. Implements and Tools
    - 4. Basic Pattern for Haircutting

- 5. Hairstyling Techniques
  - a. Braiding
  - b. Hair Pressing
  - c. Wrapping
  - d. Roller Control
  - e. Thermal Styling: (Curling Irons, Wands, Flat Irons)
- 6. Customer Service
  - a. Handling mix-up in scheduling clients
  - b. Handling distraught clients
  - c. Communication with all generations
  - d. Client Retention
  - e. Booking appointments on the telephone
  - f. Courteous is the best policy "Be Nice"
- 7. Job Interview Skills
  - a. Resume Writing
  - b. Greeting
  - c. Practice Job Interviewing
  - d. Proper etiquette to use during the interview

**METHODS OF EVALUATION:** (Minimum of six different measurements – tests, projects, presentations, workbooks, Chromebook, Today's Class, worksheets, task list, daily class work etc. – and the percentage each one counts)

Written Test - 30%

**Lab Test - 60%** 

Sanitation - 10%

**Total = 100%** 

Employability Skills Evaluation (Participation. Teamwork, Attendance, etc.) = Test Grade

**Portfolio/ Projects/ Demonstrations = Test Grade** 

90-100=A 80-89=B 70-79=C 60-69=D below 60=F

#### ATTENDANCE POLICY:

If a student misses over 9 days per semester the student will not receive class credit See Muscle Shoals City Schools Attendance Policy www.mscs.k12.al.us

CAREER & TECHNICAL STUDENT ORGANIZATION: Skills-USA MEMBERSHIP FEE: \$20.00

<u>AVAILABLE INDUSTRY CREDENTIAL(S):</u> Course/Program Credential(s): State Board License (Barbicide Certification, Credential Certificate Postsecondary Degree University Degree Other)