



BRISTOL-BURLINGTON HEALTH DISTRICT
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TO: Parents/Legal Guardians of Sixth Grade Students – School Year 2015-2016
FROM: Bristol-Burlington Health District and the Bristol Board of Education
DATE: October 2015

RE: Intramural -Interscholastic Sports 2015-2016 School Year
Mandated Physical & Immunization Requirements for 7th Grade

INTRAMURAL SPORTS 2015-2016 School year:

A **current** health assessment record (blue form) is required for students participating in intramural sport.

INTERSCHOLASTIC SPORTS -2015-2016 school year:

A health assessment record (blue form HAR-3 rev. 4/12) is used as the Interscholastic Sports Participation Physical. **This form must be completed prior to students participating in practice and interscholastic sports.** It must be completed by parents/legal guardians (Part I) and the health care provider (Part II- page 2 and page 3). **ALL SPORTS PHYSICALS ARE VALID FOR A PERIOD OF 13 MONTHS FROM THE DATE OF THE PHYSICAL EXAM.** *Please Note: This sport physical can also fulfill the 7th grade mandated physical requirement for next year.*

A student may not enter 7th grade unless
the health assessment (physical examination) and immunization update are completed.
*This health assessment must be done after the completion of the 5th grade
but before the beginning of the 7th grade.*

Health Assessment Record: The health assessment record (blue form -HAR-3 rev. 4/12) is a three part form (3 pages). Parents /legal guardians are to complete, sign and date the upper portion and Part I of the front of the form. The health care provider is to complete, sign and date Part II (page 2) and the immunization record (page 3).

Immunization Required for Students Entering Grade 7 At this Present Time:

- **Tetanus, Diphtheria, Pertussis (Td/Tdap):** one (1) dose of Tdap is required.
- **Polio (TOPV or IPV):** At least three (3) doses are required. The last dose must be given on or after the 4th birthday.
- **Measles, Mumps and Rubella (MMR):** Two (2) doses separated by at least 28 days are required. The 1st dose must be given on or after the 1st birthday.
- **Hepatitis B:** Three (3) doses are required with the last dose on or after 24 weeks (6 months) of age.
- **Varicella (chickenpox):** Two doses (2) separated by at least 3 month are required **or** a written statement by a health care provider that the student has had varicella based on family or medical history.
- **Meningococcal vaccine:** One dose (1) is required.

Please contact your School Nurse if you have questions. All forms may be obtained in the School Health Room or at the Bristol-Burlington Health District.