# Alt Ed Monthly

Family Newsletter for January 2023

Click here for the Stein High School Website https://steinhigh.tracy.k12.ca.us/

Click here for the Duncan Russell Community Day School Website https://duncanrussell.tracy.k12.ca.us/



#### **Principal's Message**

Happy New Year Alt Ed Family!

We were able to end the semester with laughter and a collective celebratory spirit. One of my favorite activities is our Chicken and Waffles Breakfast provided to the students and served by myself

and the staff.

Congratulations are in order for our inaugural flag football team! Stein High made it to the championship, taking second place adding to our collection of wins! Way to go Grizzlies!

It is my hope that 2023 will bring a renewed hope, light and vision for everyone. We are now on the back side of the 2022-2023 school year. One of TUSD goals is to increase parent awareness and survey participation. Survey? The TUSD Local Control and Accountability Plan (LCAP) survey is our annual engagement partner survey that offer an opportunity to provide feedback to the district and schools. State and Federal law requires input from all educational partners. This information is used to aide in the development of our LCAP goals and actions. The Parent and Community Survey will be available January 23, 2023 - February 17, 2023. Information on how to access the online survey will be available the week of January 16, 2023. The survey will be in English and Spanish. We will have opportunities for parents to access the survey here on campus. If you have any questions, please feel free to reach out to our Parent Liaison, Sandra Vasquez. She can be reached via email at svasquez@tusd.net or 209-830-3395, extension 8453.

"Every year you make a resolution to change yourself. This year, make a resolution to be yourself." Unknown

Grateful to be of service. Feel free to reach out at any time!

Traci Mitchell, Principal

No Problems...Only Situations!

### AltEd-December 2022



DRCDS Student completing STEM Activity



**DRCDS** Students working to complete solar powered cars, fans and planes.



**DRCDS** Campus beautification. Students work together to install colorful slats on the fence.



**SHS S** Accolades for Flag Football and Basketball



SHS Inaugural Flag Football Team Coaches: Mr. Moss and Mr. Irizarry



Grizzlies Co-Ed Flag Football Team! (Congratulations for working hard, competing, and exhibiting great sportsmanship!





SHS Chicken and Waffles



DRCDS Chicken and Waffles



being alive makes we happy Along, with living in at house. Also, getting

**DRCDS Gratitude** 

#### Student Handbook Spotlight!

#### <u>Dress Standards</u>

Tracy Unified School District's student dress code supports equitable educational access and is written in a manner that does not reinforce stereotypes. To ensure effective and equitable



enforcement of this dress code, school staff shall enforce the dress code consistently and in a manner that does not reinforce or increase marginalization or oppression of any group based on race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income or body type/size.

#### Our values are:

 $\cdot$  All students should be able to dress comfortably for school and engage in the educational environment without fear of or actual unnecessary discipline or body shaming.

 $\cdot$  All students and staff should understand that they are responsible for managing their own personal "distractions" without regulating individual students' clothing/self-expression.

· Student dress code enforcement should not result in unnecessary barriers to school attendance.

 $\cdot$  School staff should use student/body-positive language to explain the code and to address code violations.

 $\cdot$  Teachers should focus on teaching without the additional and often uncomfortable burden of dress code enforcement.

· Reasons for conflict and inconsistent and/or inequitable discipline should be minimized whenever possible. Our student dress code is designed to accomplish several goals:

• Maintain a safe learning environment in classes where protective or supportive clothing is needed, such as chemistry/biology (eye or body protection), dance (bare feet, tights/leotards), or PE (athletic attire/shoes).

 $\cdot$  Allow students to wear clothing of their choice that is comfortable.

 $\cdot$  Allow students to wear clothing that expresses their self-identified gender.

 $\cdot$  Allow students to wear religious attire without fear of discipline or discrimination.

· Prevent students from wearing clothing or accessories with offensive images or language, including profanity, hate speech, and pornography.

• Prevent students from wearing clothing or accessories that denote, suggest, display, or reference alcohol, drugs or related paraphernalia or other illegal conduct or activities.

• Prevent students from wearing clothing or accessories that will interfere with the operation of the school disrupt the educational process invade the rights of others or create a reasonably

foreseeable risk of such interference or invasion of rights.

• Prevent students from wearing clothing or accessories that reasonably can be construed as being or including content that is racist, lewd, vulgar, or obscene, or that reasonably can be construed as containing fighting words, speech that incites others to imminent lawless action, defamatory speech, or threats to others.

· Ensure that all students are treated equitably regardless of race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income or body type/size.

#### 1. Basic Principle:

· Certain body parts must always be covered for all students.

· Clothes must be worn in a way such that genitals, buttocks, chest, and torso are covered with opaque fabric. All items listed in the "must wear" and "may wear" categories below must meet this basic principle.

#### 2. Students Must Wear\*, while following the basic principle of Section 1 above:

- $\cdot$  A Shirt (with fabric in the front, back, and on the sides under the arms), AND
- · Pants/jeans or the equivalent (for example, a skirt, sweatpants, leggings, a dress, or shorts),
- $\cdot$  Shoes.

\*Courses that include attire as part of the curriculum (for example, JROTC or FFA) may include assignment-specific dress but should not focus on covering bodies in a particular way or promoting culturally specific attire. Activity-specific shoes requirements are permitted (for example, athletic shoes for PE).

#### 3. Students May Wear, if these items do not violate Section 1 above:

 $\cdot$  Hats. They must allow the face to be visible to staff, and not interfere with the line of sight of any student or staff (if in the classroom, teacher must give permission to wear hats)

 $\cdot$  Religious headwear

- $\cdot$  Hoodie sweatshirts (wearing the hood overhead is allowed, but the face and ears must be visible to school staff).
- · Fitted pants, including opaque leggings, yoga pants and "skinny jeans"
- · Pajamas
- $\cdot$  Ripped jeans if underwear and buttocks are not exposed.
- · Tank tops
- $\cdot$  Athletic attire

 $\cdot$  Visible waistbands on undergarments or visible straps on undergarments worn under other clothing (if this is done in a way that does not violate Section 1 above).

 $\cdot$  Tattoos. However, they must not violate any of the violations outlined in Section 4, otherwise be always covered.

#### 4. Students Cannot Wear:

· Violent language or images.

 $\cdot$  Crude or vulgar lettering or images of weapons, occult messages, drugs, tobacco, alcoholic beverages, racial/ethnic slurs, unauthorized group affiliation, sexually suggestive graphics, on shirts, sweatshirts and other apparel are not acceptable.

· Bullet proof vest, body armor, tactical gear, or facsimile.

 $\cdot$  Hate speech, profanity, pornography.

 $\cdot$  Sunglasses and hats are not to be worn in the classroom, unless permitted by the teacher and/or staff member.

· Images or language that creates a hostile or intimidating environment based on any protected class or consistently marginalized groups.

· Any clothing, apparel, or attire that fails to provide adequate coverage of the body.

 $\cdot$  Any clothing that reveals visible undergarments (visible waistbands and visible straps are allowed)

 $\cdot$  Swimsuits (except as required in class or athletic practice).

· Accessories that could be considered dangerous or could be used as a weapon.

 $\cdot$  Any item that obscures the face or ears (except as a religious observance and/or health guideline such as face masks).

#### Dress Code Enforcement

To ensure effective and equitable enforcement of this dress code, school staff shall enforce the dress code consistently using the requirements below. School administration and staff shall not have discretion to vary the requirements in ways that lead to discriminatory enforcement.

 $\cdot$  Students will only be removed from spaces, hallways, or classrooms because of a dress code violation as outlined in Sections 1 and 4 above. Students in violation of Section 1 and/or 4 will be provided three (3) options to be dressed more to code during the school day:

o Students will be asked to put on their own alternative clothing, if already available at school, to be dressed more to code for the remainder of the day.

o Students will be provided with temporary school clothing to be dressed more to code for the remainder of the day.

o If necessary, students' parents may be called during the school day to bring alternative clothing for the student to wear for the remainder of the day.

· No student should be affected by dress code enforcement because of racial identity, sex assigned at birth, gender identity or expression, sexual orientation, ethnicity, cultural or religious identity, household income, body size/type, or body maturity.

 $\cdot$  School staff shall not enforce the school's dress code more strictly against transgender and gender nonconforming students than other students.

• Students should not be shamed or required to display their body in front of others (students, parents, or staff) in school. "Shaming" includes, but is not limited to:

o kneeling or bending over to check attire fit

o measuring straps or skirt length

o asking students to account for their attire in the classroom or in hallways in front of others

· calling out students in spaces, in hallways, or in classrooms about perceived dress code violations in front of others; in particular, directing students to correct sagged pants that do not expose the entire undergarment, or confronting students about visible bra straps, since visible waistbands and straps on undergarments are permitted; and,

 $\cdot$  accusing students of "distracting" other students with their clothing.

The dress code guidelines shall apply to regular school days and summer school days, as well as any school related events and activities, such as graduation ceremonies, dances, and prom. <u>Unauthorized Group Attire and Paraphernalia (BP/AR 5136)</u>

Jewelry, accessory, notebook or manner of grooming (including haircuts) which by virtue of its color, arrangement, trademark or any other attribute denotes membership in an unauthorized group or group is prohibited.

· Clothing or articles of clothing (including but not limited to gloves, bandannas, shoestrings, wristbands, belts, jewelry) related to unauthorized groups that may provoke others to acts of violence are prohibited.

· No belt buckles with initials, or red, blue, or brown web belts or belts hanging out of pants.

 $\cdot$  No red, blue or other colored shoelaces.

 $\cdot$  No bandanas of any type of color, either worn in hair or displayed in clothing.

 $\cdot$  No Gloves, towels, suspenders or other items hanging from rear pants pockets or from belt.

 $\cdot$  Old English style writing on clothing or notebooks is prohibited.

• No macramé or other types of rosaries are allowed. Metal crosses on metal chains are allowed. Because unauthorized group-related symbols are constantly changing, definitions of unauthorized group- related apparel may be reviewed and updated whenever related information is received by administrators and/or school safety committee. If a student is determined to have violated the dress code by wearing unauthorized group colors, he/she will be banned from wearing specific colors or any unauthorized group related apparel.

As kids reach adolescence. they need, more than ever for us to watch over them. Adolescence is not about letting go. It's about hanging on during a very bumpy ride. Ron Taffel Raising Trens Today

### Parents Tips



#### Parents of Adolescents and Teens

Adolescence, known as the transitional phase of growth and development between childhood and adulthood, is a time of great opportunity and risk, and vulnerability. Both parents and adolescents

need empowering support, research-driven information and resources, and community during this period of newness and rapid changes.

☑ peps.org



#### Being an Effective Parent -- Helping Your Child Through Early Adolescence

What can I do to be a good parent for my early adolescent child? Parents often become less involved in the lives of their children as they enter the middle grades. But your young adolescent needs as much attention and love from you as he needed when he was younger-and maybe more.

☑ www2.ed.gov



### The Ultimate Guide to Helping Your Teen With Adolescence - A Guide for Parents - At Risk Youth Programs

Finding it difficult to parent your teen? Understand adolescence and improve family relationship during their transition into adulthood in this guide!

☑ atriskyouthprograms.com

## JanuaryEvents

### Want to Get Involved? Parents/Guardians/Family --- We Need You!



#### **DELAC - District English Learner Advisory Committee**

Subcommittee on English Learner Education is to provide to the Board of Education and District Staff on needs and services for English Learners.

Tracy Unified School District at Boardroom 3:30PM-5:00PM

Dates- 11/3/2022, 1/26/2023, 2/23/23, 3/30/23 and 5/11/23 (Tracy Charter Room D234)

#### **ELAC - English Learner Advisory Committee**

The ELAC Is a committee for parents or other Community members who want to advocate for English Learners major function.

School Site 8:15AM-9:15AM.

Dates- 2/2/23, 4/20/23 and 5/9/23





School Site 8:15AM-9:15AM

#### SSC - School Site Council

School Site to Council is a group of teachers, parents, classified employees, and students (high school level) that work with the principal to develop, review, and evaluate school improvement programs and school budgets. The members of the School Site Council are generally elected by their peers.

Dates- 2/2/23, 4/20/23 and 5/9/23

#### Title 1

Title 1 meeting is to provide information to families of participating children about the Title 1 program and their rights to be involved in their child's education.

District Office Board Room 9:00AM-10:30AM

Dates- 11/15/22, 1/24/23, 3/22/23, 4/18/23 and 5/16/23



# RESOURCES



Receive one-on-one assistance with your FAFSA or CA Dream Act

December 5, 2022 4-6pm

January 23, 2023 8:30-10:30am

April 18, 2023 1:30-4:30pm

Stein High School (Room 7) 650 W 10th St Tracy, CA 95376

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Apply to Delta C

(FAF5A/Dream Act) application

Complete Delta College

Meet with a counsele

Register for classe

DELTA

Asistencia para la Solicitud de Ayuda Financiera

> Reciba asistencia personal con su solicitud.

5 de Diciembre de 2022 4-6pm

23 de Enero de 2023 8:30-10:30am

18 de Abril de 2023 1:30-4:30pm

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Stein High School (Cuarto 7) 650 W 10th St Tracy, CA 95376

Øsjdcfinaid

Apply to Delta College

Complete financial al (FAFSA/Dream Act) application

Complete Delta Colle orientation

Meet with a counselor

Register for classe





### Dates to Remember

#### **Alt Ed Campus Calendar of Events**

#### January 2023

1/2 No School
1/10 TUSD Board Meeting
1/16 No School (MLK, Jr. Day)
1/19 Quarter 2 Awards Assembly 1:00-1:30
1/19 SPED 101 Presentation (at Stein)
1/23 LCAP online survey open
1/24 TUSD Board Meeting
1/27 No School

SAT	FRI	THU	WED	TUE	MON	90N
7	6	5	4	3	2	1
14	13	12	11	10	9	8
21	20	19	18	17	16	15
28	27	26	25	24	23	22
4	5	2	1	31	30	29

#### February 2023

2/2 School Site Council/ELAC Meeting 8:15am
2/13 No School (Lincoln's Birthday)
2/14 TUSD Board Meeting
2/17 Last Day to complete LCAP online survey
2/20 No School (President's Day)
2/28 TUSD Board Meeting

# Student Handbooks

#### 22-23 Stein Handbook.pdf

Download 575.9 KB

#### 22-23 Stein Handbook-Spanish.pdf

#### Download

591.4 KB

#### 22-23 DRCDS Student Handbook.pdf

Download 298.5 KB

#### 22-23 DRCDS Student Handbook (003) Spanish.pdf

Download 309.2 KB

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