

AVID Senior Seminar

Summer Assignments

Due on Tuesday, August 14, 2018

Each of the following assignments is due to Mr. Lee at the beginning of class on the first day of school. Incomplete and/or poorly completed assignments will result in a starting grade of F in AVID Senior Seminar. Your entire assignment packet MUST BE TYPED! Hand-written assignments are NOT acceptable.

To be submitted to Mr. Lee on the first day of school:

1. **College Application List** – Type out a list of four-year schools that you plan to apply to in order of preference. Make your list in two columns (i.e., Cornell Notes format). List the college name on the left. On the right, list the specific reasons why you want to apply to / attend this college. *(Bring 2 copies. 10 points.)*
2. **2 Summer Scholarships** – These scholarships must be legit, real scholarships. UNIGO drawings or random entries DO NOT COUNT! There must be a list of minimum academic qualifications as well as an essay or some sort of application that is involved. *(Bring a copy of each scholarship as well as confirmation that you completed the scholarship [confirmation email / screen shot of the page]. 10 points.)*
3. **High School Resume** – (Academic) Make sure it is well-organized and readable. You may use the sample format included in this packet as a guide. (Bring 2 copies. 10 points.)
4. **Completed Brag Sheet** – You may have to obtain signatures later, but the entire brag sheet should be thoughtfully and thoroughly completed. (Bring 2 copies. 30 points.)
5. **Photocopies** – (DOES NOT HAVE TO BE COLOR) ALL score reports for SAT Reasoning (with all subscores, including essay score), SAT Subjects, ACT (with all subscores), AP Exams, & CSU EAP results (part of your standards testing report) – Printouts from your College Board account are okay, but please do **not** submit originals to Mr. Lee. Take photos and convert them to PDF's. (Keep originals in a safe place, and bring 2 copies of each test result. 10 points.)
6. **Complete responses to UC essay prompts** – This part of the assignment needs to be completed even if you are not planning to apply to a UC campus. List your word count for each prompt – approximately 350 words per prompt; (Bring 2 copies. 30 points.)
 - a. 1. Describe an example of your leadership experience in which you have positively influenced others, helped resolve disputes, or contributed to group efforts over time.

2. Every person has a creative side, and it can be expressed in many ways: problem solving, original and innovative thinking, and artistically, to name a few. Describe how you express your creative side.

3. What would you say is your greatest talent or skill? How have you developed and demonstrated that talent over time?

4. Describe how you have taken advantage of a significant educational opportunity or worked to overcome an educational barrier you have faced.

5. Describe the most significant challenge you have faced and the steps you have taken to overcome this challenge. How has this challenge affected your academic achievement?

6. Describe your favorite academic subject and explain how it has influenced you.

7. What have you done to make your school or your community a better place?

8. Beyond what has already been shared in your application, what do you believe makes you stand out as a strong candidate for admission to the University of California?

Name:

ID #:

My College Application List (Example)

[illegible]

Your Name
19251 Dodge Avenue, Santa Ana, CA 92705
studentname@yahoo.com
714-730-7464

Education

Foothill High School
Anticipated Graduation: June 2014
Grades 9 -12 GPA: 3.0

Sample Coursework:

Grade 9: English 1 Honors
Grade 10: English 2 Honors
Grade 11: Pre-Calculus Honors, Spanish 4 Honors
Grade 12: Statistics AP, Spanish 5AP

Work Experience

Babysitter, Johnson Family, Tustin, California

Summer 2010, Summer 2011

Duties: Supervise two children for six hours a day; Prepare two meals for each child daily;
Encourage positive interpersonal behavior;

Cashier, Target, Santa Ana, California

June 2011 – present

Duties: Provide customer service; Ring up customer purchases; Balance cash drawer at the end of each shift; Assist customers with returns; ...

Volunteer Experience

Toys for Tots, Santa Ana, California

December 2012, December 2013

Duties: Sort and organize donated toys....

Extracurricular Activities

Grade 9: F/S Volleyball, Key Club
Grade 10: JV Volleyball, Key Club (Secretary)
Grade 11: JV Volleyball, Key Club (Vice President)
Grade 12: Key Club (President)

Awards & Recognition

Grade 9: Order of the Knight (for exemplary citizenship)
Grade 10: JV Volleyball Most Improved Award
Grade 11: AVID Attitude Award

References

Mr. David Waibel, Foothill High School, ASB Advisor, 714-730-7464
Mr. Vince Namba, Foothill High School, Basketball Coach, 714-730-7464
Ms. Kim Dang, Foothill High School, AVID Teacher, 714-730-7464

Letter of Recommendation *and* Brag Sheet Information Packet

Most selective colleges ask applicants to submit two recommendations from teachers and one from their high school counselor. The information, which you provide in this questionnaire, can be of great importance to your college planning. It may be used by your advisor in preparing materials to be submitted to colleges in support of your application. Read the questions carefully and answer them thoughtfully and completely. Be honest and realistic. It will also be helpful to you in choosing schools and completing applications. Here are some guidelines that should help you secure better recommendations:

APPLICATION PROCEDURES

- All Private and some Out of State Schools require recommendations
- **Now** is the time to request your letters of recommendation and give all the secondary school reports from your college applications to your counselor.
- You also need to provide a very **complete brag sheet and a double-stamped business sized envelope addressed to each school.**
- **DO NOT** put a return address on the envelope; we will stamp Foothill High School's address on the envelope.

TRANSCRIPTS

- Your transcripts must be ordered in advance from Mrs. Haidar, our registrar. Transcripts are usually printed on Fridays. Please give at least a week's notice for the transcript to be prepared as this is a busy time of the year.
- The first **TWO** official transcripts are free. Each transcript thereafter costs \$2.00. Please pay at the Student Store and bring your receipt to Mrs. Haidar.
- Transcript requests must be accompanied with a **stamped business size envelope, with no return address.** Envelopes submitted that are not neatly addressed, contain a return address or are of the wrong size will not be accepted. You are responsible for the address on the envelope, as well as, making sure the proper amount of postage is affixed.
- Transcripts are often times mailed with the secondary reports by the counselor. It is important for you to check each application for the schools to which you are applying to determine their requirements.
- You are responsible for requesting your mid-year reports before the end of the first semester, as well as, the final transcript at the end of the school year. These also need to be accompanied by stamped, addressed envelopes.

BE PROMPT

- Writing recommendations takes a great deal of time.
- Give your chosen teachers and counselor four to six weeks to write your letter.
- Counselors and teachers **DO NOT** work over Thanksgiving and Winter Recess. If your application is due **January 1st through January 15th**, it must be in your counselor's hand by **November 15th**.

MAKE IT EASY FOR THEM

- When you ask teachers to write a supportive letter of recommendation, give them everything they need, including:
 1. Application deadline
 2. A very complete brag sheet
 3. An addressed business size envelope with one or two stamps as indicated above.
(**please** do not put your return address, we will stamp FHS address)

CHOOSE THE RIGHT TEACHERS

TEACHERS:

- Who know and like you
- Who will write positive things about you
- Who are from **two** areas:
 1. Humanities (English, Foreign Language, or Social Science)
 2. Math or Science

SEND A “THANK YOU” NOTE

- Thanking the teacher is good manners. It is also polite to remind a teacher of an approaching deadline. Send your thank you note a week or two before the deadline.

DON'T SUBMIT EXTRA RECOMMENDATIONS

- Fattening your folder with more recommendations than requested will only make you look pushy.

⌘ ⌘ AVOID THE RUSH AND DO IT NOW! ⌘⌘

SENIOR BRAG SHEET

FOOTHILL HIGH SCHOOL GUIDANCE DEPARTMENT

STUDENT NAME: _____ ID #: _____

ADDRESS: _____ PHONE: _____

EMAIL: _____

Counselor's Name: _____

Academic GPA (Non-Weighted): _____ Academic GPA (Weighted): _____

International Baccalaureate Candidate: Yes No

RSP: Yes No

AVID: Yes No

Standardized Test Scores:

PSAT: _____ Date: _____ National Merit Scholar: Yes No

SAT Reasoning: (R) _____ (M) _____ (W) _____ (Essay) _____ Date: _____

SAT Reasoning: (R) _____ (M) _____ (W) _____ (Essay) _____ Date: _____

SAT Reasoning: (R) _____ (M) _____ (W) _____ (Essay) _____ Date: _____

SAT Subject: _____ Score: _____ Date: _____

SAT Subject: _____ Score: _____ Date: _____

SAT Subject: _____ Score: _____ Date: _____

SAT Subject: _____ Score: _____ Date: _____

ACT: _____ Writing: _____ Date: _____

ACT: _____ Writing: _____ Date: _____

ACT: _____ Writing: _____ Date: _____

AP Test _____ Score: _____ Date: _____

AP Test _____ Score: _____ Date: _____

AP Test _____ Score: _____ Date: _____

AP Test _____ Score: _____ Date: _____

AP Test _____ Score: _____ Date: _____

AP Test _____ Score: _____ Date: _____

AP Test _____ Score: _____ Date: _____

College Major(s), if decided: _____, _____, _____

List the colleges that you plan to apply to, in order of preference.

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

We want to know your outside activities and interests, beyond your courses, because these things explain a great deal about you. Universities always request that the recommendation letter fully describes how you have shown motivation, initiative, innovativeness, persistence, leadership skills, responsibility, and maturity. These attributes may be demonstrated in non-academic interests such as in an organization, sport, employment, and/or internship. In order for your counselors/teachers to write a GREAT recommendation letter, we need to know more about you.

1. List three distinguishing and admirable qualities or adjectives that describe you. Explain each in one or two sentences. Think about what aspects of yourself you would like to have stressed to colleges.

a.

b.

c.

- 2. Are there any unusual aspects of your life that may have an impact on college acceptance?**
(Examples: you are the first generation in your family to attend college; a severe illness; a tragedy in your family; from another country, etc.)

- 3. Choose one extracurricular activity that you have been most passionate about and committed to for an extensive period of time. Explain how you have been a leader in this activity and how it made a difference in your life and/or goals.**

- 4. Leadership/Group Contributions: Describe additional examples of your leadership experiences in which you have significantly influenced others, helped resolve disputes, or contributed to group efforts over time.**

5. **Knowledge in a field/creativity:** Describe any of your special interests and how you have developed knowledge in these areas. Give examples of your creativity; the ability to see alternatives; take diverse perspectives; come up with many, varied, or original ideas; or willingness to try new things.

6. **Dealing with adversity:** Describe the most significant challenge you have faced and the steps you have taken to address this challenge. Include whether you turned to anyone in facing that challenge, the role that person played, and what you learned about yourself.

7. **Community service:** Explain what you have done to make your community a better place to live. Give examples of specific projects in which you have been involved over time.

8. **Goals/task commitment:** What are the goals you have established for yourself and your efforts to accomplish these. Give at least one specific example that demonstrates your work ethic/diligence.

9. **Availability of education:** How have you used educational opportunities, other than your courses at the high school, and applied them to your outside activities/interests? (Examples: ROP courses, attended Community College or university classes; summer programs; local courses offered at the library, etc.)

10. **Financial Aid:** Will you need financial aid to attend college? It is helpful to explain the reasons, if not too confidential.

11. Please **attach** a short descriptive paragraph about you from your mother, father, a sibling, coach, and/or teacher.

AWARDS/ACTIVITIES/CLUBS/HOBBIES

We will need some proof that you have earned the awards that you have listed or that you were involved in the activity you describe. For the awards, attach a photocopy of the award; and for the activity, have the advisor of the club sign next to the activity. If you do not have room in the spaces provided, please continue on another piece of paper and attach.

****Please list the most “recent” first.**

ACADEMIC AWARDS

[illegible]

NOTE WORTHY LEADERSHIP ACTIVITIES

[illegible]**COMMUNITY SERVICE(S)**[illegible]

ACTIVITY/COMMUNITY SERVICE AWARDS

Date	Name of Award	Activity Description	Advisor's Signature
i.e. 6/3/03	Most Valuable Player	Basketball	<i>Coach Brown</i>

HOBBIES/INDIVIDUAL INTERESTS

Description	Awards or Other Noteworthy Achievements
i.e. Travel i.e. Biking	Backpacked alone through Spain

CLUB OR ORGANIZATION OF WHICH YOU ARE ONLY A MEMBER

Dates	Name of Club/Organization	Advisor's Signature
2001-2003	Ski Club	<i>Jerry Winter</i>

Remember that the more information you provide, the better the recommendation letter.

We definitely enjoy reading about you and your accomplishments.

Thank you for your extra effort in completing this Brag Sheet!!

Foothill High School Counseling Staff

Name: _____

Letters of Recommendation

Please complete bolded items only. Please indicate if you are applying early decision or early action.

**MID YEAR
REPORT**

Order of Preference	COLLEGE/UNIVERSITY (IN DUE ORDER FORM)	In	DUE	Out	DUE	Out

If you have a “first choice” college, please indicate which one and give reasons why:
