# ADULT EDUCATION

at Del Valle Education Center - Fall Quarter Starts 9-14-20 See Our Language Classes on page 4-7

> See Our Articulation Classes on page 20 in partnership with

**DVC**DIABLO VALLEY COLLEGE

www.auhsd.org/adulted

## To Our Acalanes Adult Education Community,

Spring, 2020 brought about uncertain and unprecedented times. The health and safety of our students and staff are paramount. I am so proud of our staff, who jumped into action in March, and revamped their instructional practices. The students of Acalanes Adult Education (AAE) continued to support our programs and we came together, as a community, through Distance Learning.

We are eager to present our Fall class offerings, yet know there are still many questions as we move forward. Our staff have explored multiple options for class offerings. As we prepare for our Fall courses, know that we will continue to follow the guidance from state and local health officials, and follow the guidelines established by our District.

During our school closure, many students reached out to me, letting me know how much they appreciated their courses in an online format. That said, for the Fall, some courses will be offered in a face-to-face, on-site fashion, but class sizes will be limited to not more than 15 students to allow for proper social distancing. Some classes may be offered in a hybrid face-to-face and online format, while others may be offered as strictly online/distance learning formats.

#### **Enhanced Health and Safety Measures - AAE**

- 1. Physical distancing and capacity measures (Please see page 1 for explicit details)
- 2. Cleanliness and sanitization (Please see page 1 for explicit details)
- 3. Screening and prevention (Please see page 1 for explicit details)

Please note we will be adjusting our refund policy to properly address the current situation, so please refer to page 1 for our current, modified refund policy. AAE will continue to offer online registration where students may enroll in classes and pay the course fees with Discover, MasterCard, or Visa. We encourage you to enroll early so that you reserve your space in a class that is popular, or keep from being cancelled due to low enrollment.

Additionally, should your class be offered online, you will receive log-in information from your teacher.

Thank you for your ongoing support of AAE and I look forward to seeing you in our classes during our Fall, 2020 term.

Thank you, Fleren France

Steven France, Director

Registration

Fall Registration starts: 8/12/20 at 8am

Office Hours

M - F: TBA

**Rooms:** 

Room numbers may change. Check room schedule on the monitors in the hallways.

**Calendar** 

9/14 - Fall Quarter Begins 10/12 - No School 11/11 - Holiday Closed

11/23-27 - Holiday Closed 1/5/21 - Winter Quarter Begins

**Contact** 

(925) 280-3980 Ext 8001 Fax (925) 280-3981

E-mail: adulted@auhsdschools.org Web: www.auhsd.org/adulted **Campus Location** 

**DVEC**: Del Valle Education Center Acalanes Adult Education 1963 Tice Valley Blvd, Walnut Creek

300 Building Classrooms 201-210 Classrooms 101-114

Parking Lot Main Office

400 Building Community Room Top Level Rooms 401-403 Lower Level Rooms 420 & 421

Del Valle Theatre

Parking Lot

## **Enrollment, Fees, and Refund Policy**

**New Refund Policy:** All requests for refunds must be made in writing (email accepted). Refund of fees will only be given if requested at least 72-hours before the first scheduled class meeting. There is a \$25 service fee for cancellations. No refunds will be granted after class start date. A complete refund (no processing fee) will always be made if AAE cancels a class. Please choose your classes carefully.

**Enrollment:** All persons 18 years of age or older may enroll in adult education classes with no residency restrictions.

**Fees:** Fees are based on a minimum number of enrolled students. Fee-based classes may be canceled, hours reduced, or fees increased if minimum enrollments are not achieved. No discount is given for classes missed for any reason.

**Forms of Payment:** Cash, check, or credit card (Visa, MasterCard, and Discover) are accepted forms of payment at Acalanes Adult Education (AAE). A bank fee is charged on all returned checks.

**Senior Discount:** Persons 65 years of age or older receive a 10% discount for classes.

## Extenuating Circumstances Refund Policy due to Unforeseen Events (i.e. pandemic) and/or Natural Disaster:

Due to the fluid nature of unforeseen events (i.e. pandemic) and/or natural disasters, an extenuating circumstances refund policy may apply for course fee refunds.

**Class Cancelled:** Automatic refunds (no processing fee) will be processed by AAE if a class is cancelled due to the unforeseen event and/or natural disaster.

**Class Postponements:** If a class is postponed due to the unforeseen event and/or natural disaster, and you are unable to attend the postponed class as scheduled, a full refund (no processing fee) will be granted provided students notify the AAE office within 72-hours of class postponement announcement.

Class Instructional Platform Change: If the class instructional platform is changed due to the unforeseen event and/or natural disaster (i.e. face-to-face changed to online/distance learning, etc.) and a student has already attended the initial class instruction, but now wishes to cancel the class due to the change of instructional platform, a prorated refund will be issued and a \$25 service fee will be applied.

## **Enhanced Health and Safety Measures - AAE**

Acalanes Adult Education have taken enhanced health and safety measures as we look to reopening the campus for Fall, 2020. All students, staff, and community members are to follow all posted instructions while visiting the Del Valle Education Center. Of note, an inherent risk of exposure to COVID-19 exists in public locations where people are present.

We kindly request all students, staff, and community members adhere to the following guidelines when visiting the Del Valle Education Center and Acalanes Adult Education classes:

- Face coverings must be worn at all times on the DVEC campus.
- Desks will be spaced six (6) feet apart and all will be facing the same direction.
- Classrooms in the 100-wing will be able to accommodate a maximum of 15 students.
- The exercise room in the 300-wing will be able to accommodate a maximum of 20 students.
- Wash hands often with soap and warm water for 20-seconds.
- If soap and water are not available, alcohol-based hand sanitizer will be available in the hallways and classrooms.
- Students, staff, and community members should utilize these stations upon entering buildings and classrooms.
- Sharing of food and coffee/tea, etc. will not be permitted in classrooms.





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## Floral Design



#### Basic Floral Design Certificate Requirements: 30 Basic Floral classes, 15 Required Floral Designs, 15 Misc Floral Designs

#### Advanced Floral Design Certificate Requirements: Basic Floral Design Certificate, 30 Advanced Floral Classes, 15 Required Floral Designs, 15 Misc Floral Designs

#### **Basic Floral Design** - 10 classes

An introductory class for those who want to learn floral arranging for personal enjoyment or as a beginning class toward a floral design certificate. Covers principles of floral design, use of materials and tools, and identification of flower and plant use. All levels welcome. A \$25 material fee is paid to the instructor. Students will have additional material costs depending on their weekly floral arrangements. (The instructor is bilingual, English and Spanish.)

040120 T 9/15-11/17 9am-Noon Online Reg \$180/Seniors \$162 DePaz 040122 T 9/15-11/17 12:30-3:30pm Online Reg \$180/Seniors \$162 DePaz

#### Multi-Level Floral Design - 10 classes

This class includes basic, advanced, modern, and wedding floral design courses. Students wanting to learn lkebana (Japanese flower arrangements) are welcome. A one-time lab fee of \$25 will be due on the first day of class for class supplies. Students will have additional costs depending on their weekly floral arrangements.

040123 W 9/16-12/02 9:30-12:30pm Online Reg \$180/Seniors \$162 Nagata 040125 W 9/16-12/02 1-4pm Online Reg \$180/Seniors \$162 Nagata

## Special Interest

**Introduction to Memoir Writing** - 4 Classes **(1)** You've dreamed of putting your life down in words, but now you ask yourself; Is my life really that interesting? Do I have enough material and memories to fill a whole book? Remember that your life story is unique, vivid, and heart-warming. Writing and sending it out into the world makes meaning of your life and validates it. Memoir writing is many-layered and complex. This class breaks it down into-easy-to-follow steps reinforced by examples, prompts, and exercises, giving you a firm foundation on which to build your memoir.

205328 W 9/16-10/7 2pm-4pm Online Reg \$50/Seniors \$45 Kobrin

#### **Creative Writing**

What words or message might be bubbling up inside you? What would you like to bring to voice? Whether or not your writing path is clear, you are invited to join a class community in which you can develop ideas, skills, and creativity. Each week we begin with an inclass writing exercise. Then we present the work we have done at home - whimsical or serious prose, poetry, fiction, non-fiction, or memoir. Finally, we follow a safe critique process that offers supportive feedback and encourages us to HAVE FUN WRITING! 065320 W 9/16-11/18, 9 classes 6:30-8:30pm Reg \$120/Seniors \$108 Henderson 065327 Th 9/17-11/19, 10 classes Online 1 continue 1 co 12:30-3pm Reg \$160/Seniors \$144 Henderson

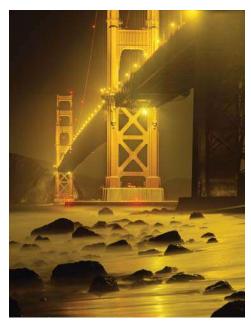


#### **Introduction to Genealogy** - 4 classes The course will cover how to get started with your research, vital and census records, and basic organization and keeping track of data. 270825 9/28-10/26 10am-Noon Online Reg \$50/Seniors \$45 Gorrell

#### **Genealogy Workshop** - 4 classes

This course for intermediate to advanced researchers will cover analyzing unusual and unique records. Participants can bring their own documents for the class to work on.

270827 9/28-10/26 1-3pm M Reg \$50/Seniors \$45 Online Gorrell



**Adventures in Creative Photography** - 7 classes Are you already familiar with your camera's essential controls and want to expand your photographic vision with some new subjects and techniques? This intermediate-advanced level class includes assignments in shooting landscapes, city scenes, moonrise/moonset, night photography, close-up, and people, plus some fun low-tech in-camera ways to give your photos a different look. Class meetings will include advice and inspiration for doing the assignments, and critiques of your work. 067920 9/15-10/27 10am-Noon

Online | Reg \$100/Seniors \$90 Helsel

#### Feng Shui for Prosperity - 3 classes

In this series of three classes you will learn to arrange your environment for prosperity in many of life's treasures; good health, loving relationships, auspicious opportunities, creative self-expression, as well as wealth. In Feng Shui, the study of how to arrange your environment to enhance one's life, wealth, and prosperity are associated with much more than money. Former students have experienced greater harmony and positive lifestyle changes. Be one of them! This is a fun, hands-on class using a floor plan of your house to personalize your experience. (Limit 12) 057429 10/15-10/29 Th 1-3pm Reg \$50/Seniors \$45 Online McCullough

#### **Quilting** - 10 classes

Students will work on individual projects with their own sewing machines. A great time to finish projects and be inspired to do more.

Fall classes canceled do to COVID-19



## French Language

French - First Year through Advanced classes emphasize communication by laying a strong foundation in grammar and vocabulary. Classes also include conversation and culture. Textbooks required.

Language classes start in Fall and continue through Spring. A complete year of Language is a, b & c: a: offered in the Fall, b: offered in the Winter, c: offered in the Spring

#### French 1a - 11 classes, No Prerequisite.

A beginning French course focusing on basic grammar and vocabulary, pronunciation, and comprehension. Classes have written and verbal activities to introduce and practice both written and spoken French. 234420 W 9/16-12/09 12:30-2:30pm Online Reg \$140/Seniors \$126 Wang-Axelrod

#### French 2a - 10 Classes, Prerequisite 1 year of French or equivalent.

This class will be a continuation of the French 1 course and will concentrate on helping the students communicate at a more intermediate level, using more complex sentence structure. They will also read short stories about French culture and history.

060421 Th 9/17-11/19 9:30-11:30am Online Reg \$130/Seniors \$117 Waeny 234522 Th 9/17-11/19 6:30-8:30pm Online Reg \$130/Seniors \$117 Wang-Axelrod

#### French 3a - 9 classes, Prerequisite 2 years of French or equivalent.

Students of French 3 will learn how to communicate by learning and using more complex grammar appropriate to this level. They will also read stories that complement what they have learned in this class. 060523 W 9/16-11/18 9:30-11:30am Online Reg \$120/Seniors \$108 Waeny

#### French 3.5a - 10 classes, Prerequisite 3 years of French or equivalent.

This course is a continuation of an entire year of French 3, emphasizing advanced grammar, speaking and reading.

060525 F 9/18-11/20 9:30-11:30am Online Reg \$130/Seniors \$117 Waeny

#### French 4a - 9 classes, Prerequisite 3 years of French or equivalent.

Students in French 4 will study more elevated grammar topics using a book with explanations and exercises entirely in French. They will also read short stories that complement what they are learning in the class. 060626 M 9/14-11/16 9:30-11:30am Online Reg \$120/Seniors \$108 Waeny

#### **French 5a** - 10 classes, Prerequisite 4 years of French or equivalent.

Students in French 5 will study more complex grammar topics using a book with explanations and exercises entirely in French. They will also read and discuss a novel appropriate for this level.

060828 T 9/15-11/17 9:30-11:30am Online Reg \$130/Seniors \$117 Waeny

#### **Advanced French** - 10 classes, Prerequisite 5 years of French or equivalent.

Advanced French is conducted in French and includes grammar review, writing and reading a collection of contemporary French short stories, with discussions related to the stories. Grammaire Progressive du Français - intermédiaire - 4éme édition de Maïa Grégoire et Odile Thiévenaz - ISBN 978 209 038103 0, 13 á Table - nouvelles - édition 2020 - ISBN 978 2 266 30550 1

060920 W 9/16-12/02 9:30-11:30am Online Reg \$130/Seniors \$117 Maiden

#### Advanced Conversation in French - 8 classes, Prerequisite 5 years of French or equivalent.

This course provides participants the opportunity to practice their listening and speaking skills in French. Course content includes online, authentic video and audio sources, such as TV5 Monde, RFI, France-Amérique. Participants will be able to explore cross-cultural themes and current events. Limit 10 students.

060923 T 9/22-11/10 10:30am-Noon Online Reg \$100/Seniors \$90 Rasmussen 060925 T 9/22-11/10 12:30-2pm Online Reg \$100/Seniors \$90 Rasmussen







## **Spanish Language**

Spanish - First Year through Advanced classes emphasize communication by laying a strong foundation in grammar and vocabulary. Classes also include conversation and culture. Textbooks required.

Language classes start in Fall and continue through Spring. A complete year of Language is a, b & c a: offered in the Fall, b: offered in the Winter, c: offered in the Spring

#### **Spanish 1a** - 9 classes, No Prerequisite

A beginning Spanish course focusing on pronunciation, basic grammar, short conversations, and getting around.

244421 W 9/16-11/18 9am-Noon Online Reg \$170/Seniors \$153 Ruiz

#### Spanish 2a - 10 Classes, Prerequisite 1 year of Spanish or equivalent

This class will be a continuation of the Spanish 1 course and will concentrate on helping the students communicate at a more intermediate level, using more complex sentence structure. They will also read stories that complement what they have learned in this class.

244523 Th 9/17-11/19 9am-Noon Online Reg \$190/Seniors \$171 Ruiz

#### **Spanish 3a** - 10 classes, Prerequisite 2 years of Spanish or equivalent

Students of Spanish 3 will learn how to communicate by learning and using more complex grammar appropriate to this level. They will also read and listen to stories that complement what they have learned in this class. 244622 T 9/15-11/17 9am-Noon Online Reg \$190/Seniors \$171 Ruiz

#### **Spanish 4a** - 9 classes, Prerequisite 3 years of Spanish or equivalent

Students in Spanish 4 will study more elevated grammar topics using a book with explanations and exercises entirely in Spanish. They will also read and listen to stories that complement what they are learning in the class.

244724 M 9/14-11/16 9am-Noon Online Reg \$170/Seniors \$153 Ruiz

#### **Spanish 5a** - 10 classes, Prerequisite 4 years of Spanish or equivalent

Prerequisite 4 years of Spanish or equivalent. Students in Spanish 5 will study more complex grammar topics using a book with explanations and exercises entirely in Spanish. They will also read and discuss a novel appropriate for this level.

244825 F 9/18-11/20 9am-Noon Online Reg \$190/Seniors \$171 Ruiz

#### Spanish Intermediate/Advanced Conversation

#### 9 classes, Prerequisite 3 years of Spanish or equivalent

This course provides participants with the opportunity to practice their listening and speaking skills in Spanish.

244729 W 9/16-11/18 1-3pm Online Reg \$120/Seniors \$108 Ruiz

Spanish Advanced Conversation & Literature - 10 classes, 6 years of Spanish or equivalent Online class using Zoom or similar platform for two hours at an advanced level of reading and conversation plus an hour of additional activities. Virtual classes include conversation and small group discussions based on short stories, books, and topics of Hispanic culture, politics, and current events, plus grammar review and vocabulary enhancement. Additional offerings support and augment virtual class activities.

062227 M 9/14-11/30 10am-Noon Online Reg \$190/Seniors \$171 Taylor 062228 M 9/14-11/30 1-3pm Online Reg \$190/Seniors \$171 Taylor





## Italian Language

Italian - First Year through Advanced classes emphasize communication by laying a strong foundation in grammar and vocabulary. Classes also include conversation and culture. Textbooks required.

Language classes start in Fall and continue through Spring. A complete year of Language is a, b & c: a: offered in the Fall b: offered in the Winter c: offered in the Spring



#### Italian 1a - 10 classes, No Prerequisite.

This communicative Italian course focuses on conversation and aids students with pronunciation and a grasp of basic grammar. Audio and video tools are supplied and the emphasis is given to listening, speaking, and comprehension of basic, hands-on Italy.

242127 W 9/16-12/02 9:30-11:30am Online Reg \$130/Seniors \$117 Falcone 242128 W 9/16-12/02 6:30-8:30pm Online Reg \$130/Seniors \$117 Falcone

#### Italian 2a - 10 Classes, Prerequisite 1 year of Italian or equivalent.

This class is the continuation of Italian 1. It will focus on situation-specific conversation practice inspired by travel needs. Language practice will also focus on short stories, videos and other media, spotlighting Italian culture and history.

242426 Th 9/17-11/19 6:30-8:30pm Online Reg \$130/Seniors \$117 Falcone

#### Italian 3a - 10 classes, Prerequisite 2 years of Italian or equivalent.

242520 Th 9/17-11/19 1:30-3:30pm Online Reg \$130/Seniors \$117 Piaggio 242523 Th 9/17-11/19 4-6pm Online Reg \$130/Seniors \$117 Falcone

**Italian Listen, Read, Understand** - 10 classes, Prerequisite 3 years of Italian or equivalent.

Class offered during Fall and Summer terms only. The focus of the class is to familiarize students with listening comprehension, correct enunciation, and understanding of the Italian word heard, spoken and written. Some grammar and conversation. 75% of the class is conducted in Italian.

242825 W 9/16-12/02 1-3pm Online Reg \$130/Seniors \$117 Piaggio

Italian Intermediate - 10 Classes, Prerequisite 4 year of Italian or equivalent.

242729 W 9/16-12/2 6-8pm Online Reg \$130/Seniors \$117 Piaggio

**Italian Intermediate Conversation** - 10 classes, Prerequisite 3 years of Italian or equivalent. 242826 F 9/18-11/20 9-11am Online Reg \$130/Seniors \$117 Falcone

#### Italian Intermediate Conversation and Grammar Review

#### 10 classes, Prerequisite 4 years of Italian or equivalent

Students engage in conversation on a variety of topics: current affairs, travel, books, articles etc., or a topic of choice. Discussion is free-flowing and open, not unlike what you might run into in an Italian café. Class conducted entirely in Italian. Additionally, the study of grammar at the appropriate level for this group is included.

242828 Th 9/17-11/19 7:30-9pm Online Reg \$130/Seniors \$117 Piaggo

**Italian Advanced Conversation** - 10 classes, Prerequisite 6 years of Italian or equivalent.

Advanced classes have fun learning about Italian culture, history, and current events while building confidence using the language and expanding vocabulary.

242827 Th 9/17-11/19 6-7:30pm Online Reg \$130/Seniors \$117 Piaggo







## German Language

German - First Year through Advanced dasses emphasize communication by laying a strong foundation in grammar and vocabulary. Classes also include conversation and culture. Textbooks required.

Language classes start in Fall and continue through Spring. A complete year of Language is a, b & c: a: offered in the Fall b: offered in the Winter c: offered in the Spring

#### **German 1a** - 10 classes, No Prerequisite

This course is an introduction to the German language and will focus on basic grammar, vocabulary and simple dialogues.

061220 T 9/15-11/17 1-3pm Online Reg \$130/Seniors \$117 Brandeberry

#### German 2a - 10 classes

Prerequisite: 1 year of German or equivalent
This course provides an in-depth review of basic
grammar topics using vocabulary to create short
conversations. Short readings will be introduced.
061222 Th 9/17-11/19 9:30-11:30am
Online Reg \$130/Seniors \$117 Brandeberry

#### **German Intermediate Conversation**

10 classes, Prerequisite: 2 years of German or equivalent

This course will focus on intermediate grammar and building vocabulary and speaking skills with discusions related to various reading selections.

061229 Th 9/17-11/19 1:15-3:15pm Online Reg \$130/Seniors \$117 Brandeberry

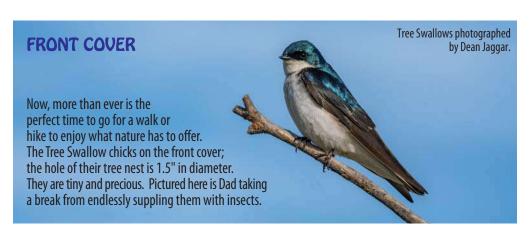
## **Advanced German Conversation & Literature** 9 classes

Students in this class will converse with their classmates about current events and other topics of interest.

We will review grammar topics appropriate for this level and read various articles and pieces of literature.

061325 W 9/16-11/18 1-3pm

Online Reg \$120/Seniors \$108 Waeny



## Apple Classes



#### Apple Watch 1:01 - 4 classes

Apple Watch is Apple's most personal device. Besides telling you exactly what time it is, you can also use Apple Watch to make phone calls, measure your heart rate, track a workout, find your way home, remind you to stand up, set a timer, pay for your groceries, and much more. Bring your iPhone and Apple Watch updated to the latest version of their operating system.

246323 Th, F 11/12-11/20 9:30-11:30am Online Reg \$60/Seniors \$54 Matthews

#### iPhone 101 - 8 classes

In this eight-session class, we'll cover the basics of using your iPhone. Whether you want to make a phone call, use FaceTime to see who you're talking to, surf the web, send an email, make a grocery list, listen to music, or more, we'll touch on it in this class. Bring your iPhone (updated to the latest version of iOS) and your questions and get more out of your iPhone than you ever thought possible. 246325 W, F 10/14-11/6 9:30-11:30am Online Reg \$120/Seniors \$108 Matthews





#### *iPad* 101 - 8 Classes

In this class we'll cover the basics of using your iPad. The beauty of the iPad is that it can become whatever you need it to be. It can be a book reader, music player, word processor, atlas, television, video camera, and more. It works with touch, but with many models of iPad, you can add a pencil for drawing, a keyboard for extended typing, even a trackpad for cursor control. Bring your iPad (updated to the latest version of iPad OS) and learn how to get more out of this magical device. 246321 Th, F 11/12-12/11 Noon-2pm Online Reg \$120/Seniors \$108 Matthews

#### Photos: Take, Organize, Edit and Share - 2 classes

Photos and videos contain some of our most precious memories, and you can use your iPhone and Apple's Photos app to organize them, edit them just the way you want, and easily share them with others. In the first session of this class, we'll run through all the features of Apple's Camera app on the iPhone or iPad. In the second session, we'll focus on the Photos app. Bring your Apple devices, updated to the latest version of their operating system.

246322	T, Th	9/22-9/24	10am-Noon	Online	Reg \$30/Seniors \$27	Matthews
246327	W, F	10/7-10/9	Noon-2pm	Online	Reg \$30/Seniors \$27	Matthews
246329	Th, F	12/10-12/11	9:30-11:30am	Online	Reg \$30/Seniors \$27	Matthews



## An 👛 a Day!

Bring your Macs, iPads, and iPhones and we'll make sure they're set up properly and ready to go. Note: Students should update their devices to the most recent macOS, iOS and iPadOS versions before coming to class.

#### All About iCloud - 1 class

Think of iCloud as the glue that holds all your Apple devices together, syncing information like contacts between all your devices. iCloud also lets you share photos, documents, and calendars with other iCloud users. You can use iCloud to store documents as well as all your photos and videos. And iCloud also includes vital services like Backup and Find My. Bring your Apple devices, updated to the latest version of their operating system.

 246320
 M
 9/14
 10am-Noon
 Online
 Reg \$20/Seniors \$18
 Matthews

 246429
 F
 12/4
 9:30-11:30am
 Online
 Reg \$20/Seniors \$18
 Matthews

#### *Ob-La-Di Ob-La-Da* - 1 class **(1)**

At one time or another, music has been a part of every human being's life. You've probably grown up with radio, vinyl 45s, albums, CDs, an iPod, online purchases, and now streaming and subscriptions. It all still boils down to this: What's the best way to listen to the music we love? Bring your Apple devices, updated to the latest version of their operating system, and we'll get them humming (groan).

246522 W 10/21 Noon-2pm Rm 110 Reg \$20/Seniors \$18 Matthews

#### **Turning the Page on Calendars - 1 class (1)**

Have you ever written an appointment on the calendar next to your desk, but not on the calendar hanging on your refrigerator and then missed the appointment? Does your paper calendar ruffle its pages when it's time to leave? Or tell you about traffic? An electronic calendar can solve all these problems. Bring your Apple devices, updated to the latest version of their operating system, and we'll show you how to keep track of it all.

. 246521 W 10/14 Noon-2pm Online Reg \$20/Seniors \$18 Matthews

#### What's new with iOS 14 - 1 class (1)

Every year, Apple releases another version of the software that makes the iPhone - the world's most popular smartphone, and 2020 is no exception. If you're an experienced iPhone user who wants to keep up to date with improvements and new features in iOS - some of them enabled by new features in the iPhone then this is the class for you. 246426 W 10/7 9:30-11:30am Online Reg \$20/Seniors \$18 Matthews

#### **Much Ado About Noting** - 1 class

Need to make a quick note? No problem, type or dictate. Need to add a checklist? Check. How about a weblink? Done. A picture? It's a snap. Let other people add things to the note? Easy-peasy. When a full-blown word processor is overkill, Apple's Notes app stands ready to assist with more features than you think. Bring your Apple devices, updated to the latest version of their operating system.

246423 W 11/4 Noon-2pm Online Reg \$20/Seniors \$18 Matthews



#### Read Any Good eBooks Lately? - 1 class

eBooks are here, and you can read them on almost all of your Apple devices that have a screen. While it's true that there are times that nothing beats holding a book in your hands, eBooks provide their own set of advantages including highlighting, a built-in dictionary, and easy searching. And if audiobooks are your preference, Apple's Books app has you covered. Bring your Apple devices, updated to the latest version of their operating system.

246526 W 10/28 Noon-2pm Online Reg \$20/Seniors \$18 Matthews



# Staying Safe with Apple Products - 1 class Sometimes it's hard to tell the difference between a lie and the truth. This is certainly the case online, where it's relatively easy for n'er-do-wells to try to trick you into giving up valuable information or grant access to your computer. Bring your Apple devices and join us to learn what you can do to protect your network, your devices, and yourself.

246422 W 9/16 10am-Noon Online Reg \$20/Seniors \$18 Matthews



#### Remind Me Again - 1 class 🕦

Do you have lots of scraps of paper in your wallet, or on your desk, or on post-it notes scattered throughout the house? Can't find the packing list that you know was in the desk drawer? And who's got the grocery list? Bring your Apple devices, updated to the latest version of their operating system (iOS 13, iPadOS 13, MacOS 10.15 or later), and we'll teach you how Apple's Reminders app can help eliminate all the flying paper. 246520 F 10/16 Noon-2pm Online Reg \$20/Seniors \$18 Matthews

#### **Messages...and More** - 1 class

Apple's Messages app is one of the many ways to keep in touch with others. It can do much more than just send text. You can include pictures, videos, handwriting, animated emoji (even one that looks like you!), and more. Bring your iPad or iPhone updated to the latest version of their operating system and learn how to spruce up your messages.

246427 Th 12/3 9:30-11:30am Online Reg \$20/Seniors \$18 Matthews





#### **All About Subscriptions** - 1 class

Subscriptions are everywhere. Software companies are using them in lieu of one-time sales and upgrades. Purchasing albums and individual tracks is rapidly giving way to music subscriptions. Non-traditional media outlets such as Netflix and traditional channels such as CBS are offering programming via subscription. Even Apple, Disney, and others are creating standalone streaming channels. Come find out how to make sense of it all.

246421 F 10/30 Noon-2pm Online Reg \$20/Seniors \$18 Matthews

#### **Discover Some New Apps** - 1 class

The iPhone became a must-have device not only because it could make phone calls, but also because it ignited a third-party ecosystem of applications that were narrowly focused on specific topics or tasks. There are third-party apps related to travel, health, weather, deliveries, and more that might make your life easier. Bring your iPad or iPhone and expand your app horizon.

246425 F 11/6 Noon-2pm Online Reg \$20/Seniors \$18 Matthews



#### Mind Your Health - 1 class

Your iPhone can collect health data about you, including daily footsteps and the flights of stairs you climb. Pair your iPhone with an Apple Watch, and it can perform periodic heart rate measurements. Third-party apps can also track additional data. Your iPhone can also download health records and contain your Medical ID, including emergency contacts. Bring your iPhone and Apple Watch, updated to the latest version of their operating system.

246524 F 10/23 Noon-2pm Online Reg \$20/Seniors \$18 Matthews

#### Wallet and Apple Pay - 1 class

Think about all the things you carry in your wallet. Apple has a goal: replace it all with the Wallet app on your iPhone. Whether it's digging up your AAA card, buying movie tickets, or paying for your groceries, you can do it with the Wallet app and Apple Pay. Bring your iPhone and Apple Watch and we'll help you get set up and ready to go.

246424 F 9/18 10am-Noon Online Reg \$20/Seniors \$18 Matthews

#### What's new with iPadOS 14 - 1 class

A year ago, Apple introduced iPadOS, a variation of the software that runs on iPhone, to add new features that take advantage of the iPad's ability to serve as a second screen for a Mac, use a keyboard and mouse, and run more than one application on-screen simultaneously. If you're an experienced iPad user then this class will get you up to speed with all of the new features and benefits of the new version of iPadOS. 246428 F 10/9 9:30-11:30am Online Reg \$20/Seniors \$18 Matthews



Fall classes canceled do to COVID-19

## Money Management and Planning

Estate Living Will

Trusts

Trusts & Estate Planning Made Simple - 2 classes

Revocable Living Trusts avoid probate. Did you know that there are different kinds of Revocable Living Trusts? On death, a Trust can be expensive and complicated or simple and economical to administer, depending on which kind you choose. Have your questions answered by a practicing attorney who will explain exactly how Trusts and Wills work in a way that is easy to understand. Mr. McFalone has practiced law in the San Francisco Bay Area for more than 30 years.

057521 W 9/16 & 9/23 7-9pm Online Reg \$40/Seniors \$36 McFalone

#### What Baby Boomers Need to Know About Medicare & Long Term Care 1 class

Baby Boomers are asking: When do I sign up for Medicare? What does Medicare cover? How much does it cost? Will I need other insurance? What about long-term care? At this workshop you will learn: How Medicare enrollment periods work and what you need to do to avoid late-enrollment penalties; How much you can expect to pay in health care costs after going onto Medicare; How Medicare works with private insurance to provide comprehensive coverage; Why most people pay too much for private insurance and how you can avoid excess costs; Why you must plan for higher health care costs in retirement including the possibility of needing long-term care. You will also receive a copy of The Baby Boomer's Guide to Savvy Medicare Planning -- a comprehensive reference addressing common guestions and issues.

266123 W 10/14 6:30-8pm Online Reg \$25/Seniors \$22.50 Noceti



**Probate** 

## **Savvy Social Security Planning for Couples** 1 class

Learn how much Social Security you and your spouse stand to receive over your joint lifetime and rules and guidelines for when spouses should apply for benefits. The decisions you make in your 60's can determine the amount of income you or your surviving spouse will have in your 80's or 90's. Two key things you need to know about Social Security survivor benefits. How to avoid mistakes at your Social Security office.

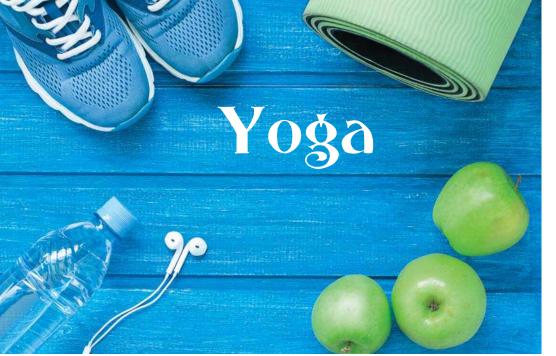
 266122
 W
 9/23
 6:30-8pm

 Online
 Reg \$25/Seniors \$22.50
 Noceti

 266126
 W
 11/4
 6:30-8pm

 Online
 Reg \$25/Seniors \$22.50
 Noceti

Senior Advisor, George Noceti can be seen on KTVU, ABC, KRON as well as KCBS and KGO radio as a frequently financial news contributor.



Students supply their own equipment (mat, blanket, belt, etc.) for these classes.

#### Yoga

These Yoga classes seek to provide relief from pain, support a more balanced and optimal level of functioning, increase in joint R.O.M., lengthen and strengthen muscles and lastly, an overall wonderful mood booster. Classes may include both gentle and therapeutic as well as Hatha yoga postures. BE PREPARED to BREATHE:)

may include both gentie and therapeatic as wen as natha yoga postares. De i her inteb to bhenine .)						
299224	W	9/16-11/18, 9 classes	11:30am-12:45pm	Online	Reg \$70/Seniors \$63	Musser
299220	F	9/18-11/20, 10 classes	9-10:15am	Online	Reg \$80/Seniors \$72	Musser
Evening (	Classes					
292221	M	9/14-11/16, 9 classes	5-6pm	Online	Reg \$60/Seniors \$54	Lie
292224	W	9/16-11/18, 9 classes	5-6pm	Online	Reg \$60/Seniors \$54	Lie

#### Hatha Yoga for Strength and Balance - 12 classes

Come join in this new yoga class that will focus on yoga postures to increase strength and balance with a strong focus on stretching and strengthening muscles. The class will focus on keeping the shoulders, elbows and wrists injury free. The class is open to all levels.

292220	T	9/15-12/8	8:30-9:30am	Online	Reg \$70/Seniors \$63	McGranahan
292225	Th	9/17-12/10	8:30-9:30am	Online	Reg \$70/Seniors \$63	McGranahan

#### Intermediate Hatha Yoga

Students will be expected to have some level of yoga experience, at the very least the basic foundational elements. Prepare to explore your connection to movement and the breath. Incorporating more heat through physical activity and linking posture-to-posture will build stamina and strength. Like a rung on a ladder, this is just a first step among many; what is left after you have learned the form? Come join us and find out more about the relationship between the body, breath and some of the more subtle aspects of the Yoga practice.

292222 Th 9/17-12/03, 11 classes 11:15am-12:30pm Online Reg \$90/Seniors \$81 Piaggio-Weiss 292226 F 9/18-11/20, 10 classes 10:45am-Noon Online Reg \$80/Seniors \$72 Lie







#### **Therapeutic Yoga** - 10 classes

The ancient art of yoga is applied to relieve some of the most common aches and pains through long holds of yoga poses. Students will be required to fill out an intake form to allow the instructor to lead a safe and effective class that brings benefits to all participants. 292223 M 9/14-11/30

11:30am-12:45pm Online Reg \$80/Seniors \$72 Piaggio-Weiss



#### Restorative Yin Yoga - 10 classes

This class combines the benefits of two yoga styles: Yin and Restorative. Yin Yoga is meant to increase range of motion by improving flexibility of connective tissues in the lower back, pelvis and hip sockets. This class is practiced on the mat, using props to fully support the body. Restorative elements help students passively hold poses and find a deeper acceptance of self through stillness and surrender.

299226 Th 9/17-11/19 9:45-11am Online Reg \$80/Seniors \$72 Musser



#### **Heartbeats** - 22 classes

A low-impact aerobics class that is suited for all ages. Please bring a mat for floor work.

Fall class canceled do to COVID-19



#### **Emotional Harmony Qigong** - 10 classes

Emotional Harmony Qigong: Based on the Five Elements of Chinese Medicine, this Qigong form includes posture and movement to engage the body and sounds, colors, and visualizations for body/mind/spirit harmony. Class includes acupressure points for enhancing energy and immune system and meditation for deepening your experience.

292320 T 9/15-11/17 9:45-10:45am Online Reg \$50/Seniors \$45 Elise Ching

#### **Stretch Strength Balance** - 20 classes

Join this twice-a-week session of strength, stretching and balance-training to maintain and improve your quality of life by building muscle mass and bone density. Lessen arthritis pain, restore balance, and help control your weight, and improve your heart health. Students will need a mat, towel, two weights (3 lbs or less), and one medium strength tension band.

291120 M, W 9/14-12/2 10-11:15am Online Reg \$130/Seniors \$117 Piaggio-Weiss

#### **Humanities**



## **Native Americans of the United States** 7 classes

Learn about our Native American culture. This class will cover the regions of the: North East, South East, Plains, South West, California, West Coast, and Alaska. Discussions will include family groups, art/culture, ceremonies/religion, food, land use, environment, homes, and the six language groups.

Fall class canceled do to COVID-19

#### Women in the Middle Ages - 5 classes

When medieval images are conjured up it is usually of knights on horseback, violence and a more primitive society. What is not often discussed is what were the women doing during this time period. Everyone knows about Eleanor of Aquitaine, but is that because she was the exception? What was life like for every other woman? Were the highborn women just marriage pawns for their fathers? Could merchant class women run their own business, could women own property or dispense justice? The answers may not be as straight forward as you think. In this seminar class we will examine, and students will discuss the roles and rights of European women from the Early Middle Ages to the High Middle Ages. Discussions will focus on if women's rights increase or decrease over the centuries and how different, or not, women's role and rights were compared to women's roles and rights today.

222024 W 10/21-12/2 10am-Noon Online Reg \$70/Seniors \$63 Majerus



Blacks and Jews: Allies and Antagonists - 6 classes
The Jewish and Black experience in American history; when Harlem was Jewish; prominent Jews in the early Civil Rights Movement; James Baldwin and Richard Wright on Black-Jewish Relations; Marcus Garvey, UNIA and the Jews; a grand alliance: Abraham Joshua Heschel, Martin Luther King, and the Civil Rights Movement; the rise of Black militancy and the deterioration of the Black-Jewish coalition; from anti-Semitic rabble-rouser to devout Jew: profile of Prof. Julius Lester; Black "spokesmen" and the Jews: Malcolm X, Jesse Jackson and Al Sharpton; Jewish racism and Black anti-Semitism. 223021 T 9/15-10/20 1-3pm Online Reg \$80/Seniors \$72 Blady



Stormin Normans - 5 classes History is the discovery of how an action taken 2000 years ago still impacts our lives today. In this class we will focus on England's transition from a country led by Anglo-Saxons and Danes to one dominated by Normans. We will discuss what kind of rulers the early kings and queens of England were, how they ruled their dispersed lands, and what life was like if you were not a king, as well as the role of the church.

222022 W 9/16-10/14 10am-Noon Online Reg \$ 70/Seniors \$63 Majerus



## 20th & 21st Century World History

#### 6 Classes

Join me for a look at the major themes of the 20th and 21st Centuries. In my last course I used a model developed by Peter Stearns that divided world history into different periods and ended with the First World War. It is time to dive deeper into the 20th Century and beyond. Included in this course will be: the Russian Revolution and the rise of Communism, the rise of Fascism and the Second World War, the Cold War, and the fall of the Soviet Union and the rise of Vladimir Putin.

222026 T 10/6-11/10 1-2:30pm Online Reg \$60/Seniors \$54 Hughell





#### First A Trickle: Jewish Life in Colonial America 🕦 6 classes

Antecedents: Sephardim in the Old Country, in Brazil and in the West Indies; inauspicious beginnings: Jews in New Amsterdam under Governor Peter Stuyvesant; Sephardi merchant prince: Aaron Lopez and the eastern seaboard whaling industry; profiles of Jewish patriots in the American Revolutionary War; Haym Salomon and his contribution to the American Revolutionary War effort: myths and realities; the founding fathers and mothers what were their attitudes towards Jews?; "To Bigotry No Sanction": George Washington's correspondence with the Jews of Newport; impact of the American Revolution on the Jews.

223023 F 9/18-10/23 1-3pm Online Reg \$80/Seniors \$72 Blady

#### The Longest Hatred: Varieties of Antisemitism - 6 classes (1)

Definitions and categories of antisemitism and Judeo-phobia; pagan roots of Judeo-phobia; Jew hatred in Christianity and Islam; antisemitism and the "Socialism of Fools" tradition: The Protocols forgery and its resurrection; the Christian Identity Movement; Radio Priest: Father Charles Coughlin and the Depression-era "Jew Deal" Conspiracy; Jewish self-contempt and its reverberations; Nation of Islam and the Jews; is anti-Zionism the new antisemitism? 223025 F 10/30-12/11 1-3pm Online Reg \$80/Seniors \$72 Blady

#### Bubbeh Myses: A History of the Yiddish Language - 6 classes 🚺

Among topics covered: Antecedents of the mameh lushn: From Hebrew to Aramaic to La'az; Yiddish's contribution to Jewish life and culture; evolution of the Yiddish language: four phases; varieties of Yiddish accents; ideological battles between Yiddishists vs. Hebraists; Yiddish and the labor movement; the transmogrification of Yiddish into Yenglish; Yeshivish: ivory tower Yiddish; Birobidzhan: Yiddish in Stalin's paradise for Jews in Siberia; reasons for the decline of Yiddish; how academics assassinate Yiddish; 101 Yiddish witticisms, some rated GP.

223027 T 10/27-12/8 1-3pm Online Reg \$80/Seniors \$72 Blady

#### - MISSION STATEMENT

AAE strives to help students achieve secondary education skills in a supportive instructional program where a student can work individually in a school setting. It provides an opportunity to achieve competency in secondary skills and provides an option for students who have not been able to meet high school graduation requirements.

## **English Language Learner (ELL)**

Acalanes Adult Education, ELL Programs

There is NO FEE for ELL Classes.

Registration for Fall testing sessions starts 8/3/20.

Fall Classes: September 14 - December 10 Fall Holidays: 11/11, 11/23-11/27

**No School:** 10/12

#### **ESL Location & Classes:**

Del Valle Education Center, 1963 Tice Valley Blvd, WC

Classes: Monday through Thursday Morning Session: TBA, all levels Evening Session: TBA, all levels

#### **New Students:**

In order to attend class, students must first take a placement examination and be assigned to a class. Students can register for a test session on our website. Orientation meeting usually takes 20 minutes and testing usually takes 2 hours. Registration required, sorry no walk-ins.

Testing will begin the month of August, due to the on-going COVID-19 pandemic, we will limit the number of students attending each session. All testing is done at the: Del Valle Campus, 1963 Tice Valley Blvd, Walnut Creek. Please check-in at the main office in the 100 building on your testing day. Testing will begin immediately at the scheduled time, no late entry. Please check our website for updated information www.auhsd.org/adulted.

#### **English Language Learner (ELL) Courses:**

Given the nature of the current world pandemic, some ELL classes will be held in person, some will be held online.

#### **Beginning:**

The focus of this class is to develop basic speaking, reading, writing and listening skills in English. This will be accomplished through oral and written exercises, life skills activities, conversation, and the use of multimedia sources so students gain confidence and acquire skills needed for everyday life in the United States.

#### **High Beginning:**

This course provides practice in everyday conversations about essential life skills through basic lessons on vocabulary, grammar, reading/writing, listening/speaking and pronunciation. It enables students to acquire functional English communication skills that are required for entry-level jobs and everyday life in the United States.

#### Intermediate:

The focus of this class is instruction in English grammar and reading and are designed for adults who have good speaking skills, but who may need help with reading and writing in English. This course aims to improve students' English grammar, pronunciation, conversation, life skills, reading and writing, while learning about the culture within the United States.

#### **Advanced:**

This is class is designed for students who have some advanced English language skills. This course aims to develop students' proficiency levels in all four domains of English language (reading, writing, speaking and listening) in order to efficiently communicate in everyday situations. It is also meant to support students in the development of critical thinking skills. The use of technology will also be integrated.



#### **ELL Citizenship** No Fee

Let Acalanes Adult Education help you in the process of becoming a United States citizen. This class is designed to assist students with both their understanding of English and the knowledge required to pass the Department of Homeland Security citizenship test.

The class covers U.S. History and the federal, state, and local government. Sample tests will be available for students to practice. Students should be registered in an Acalanes Adult Education ELL course. Competency in English at the Intermediate Low level is highly recommended.

Dates and times TBA





## **Adult Secondary Education**

**High School Diploma Requirements** 



#### **Adult High School Diploma Program**

Acalanes Adult Education (AAE) awards an Acalanes Union High School District (AUHSD) diploma to students enrolled in the high school diploma program who complete the following graduation requirements. Prior earned credits, which meet the AUHSD requirements, may be included in the completion of units. Prospective students 18 years of age or older must obtain official transcripts for all academic courses previously completed, so that an accurate course enrollment plan may be developed to work towards a high school diploma.

Subject	Credits
English	40
Algebra 1	10
Math beyond Algebra 1	20
Life Science	10
Physical Science	10
U.S. History	10
World History	10
Government	5
Economics	5
Health	5
World Language, Arts, Technology	30
Elective Credits*	40 - 50
Total	195 - 205

Students over 20 years of age take 40 elective credits. Students under 20 years of age take 50 credits.

#### High School Equivalency (GED and HiSET)

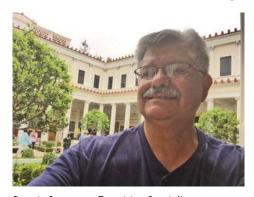
Students who do not have transcripts from their previous school(s) or who need more than 60 credits to earn their high school diploma may wish to take their GED or HiSET high school equivalency (HSE) test. The HSE comprises 5 subtests: Science, Social Science, Reading, Writing, and Math. The GED combines reading and writing into one subtest. The HSE certificate is accepted at community colleges, most career training programs, and the military.

The AAE HSE program is offered to students through online and individual support. A GED textbook is available to complement the program. While AAE is not a GED/HiSET testing center, students may register online at or and select a test location within Contra Costa County.

#### **Enrollment**

To enroll in the high school diploma and/or the high school equivalency program, prospective students must first attend an enrollment meeting with the Director of the Del Valle Education Center (DVEC), Transition Specialist, and/or Administrative Assistant to the Director of the DVEC.

Please email adulted@auhsdschools.org



Dennis Contreras -Transition Specialist Mr. Contrerasí careers include Educator, High Tech Manager, Entrepreneur, and Career Vocational Consultant. He is looking forward to helping Del Valle's students plan and achieve their career goals. He enjoys working with students from diverse cultures and providing the support to achieve their vocational goals.

#### **Adults with Disabilities**

AAE provides teachers for classes for adults with disabilities at: Futures Explored, (925) 284-3240, 3547 Wilkinson Lane, Lafayette CA 94549



# ADULT EDUCATION

in partnership with





## Save money, get a jump on your college education, and explore career pathways.

These Adult Education classes align with college classes allowing you to earn college credit for free!

If you would like to earn college credit for these classes you may register on the first class to earn credit through our Articulation partnership with DVC.

## These classes are offered at AAE, 1963 Tice Valley Blvd, WC



#### **Business Communications** - Articulation classes with DVC -10 classes

This course presents the principles of effective and ethical communication in the creation of letters, memos, and e-mails. Written and oral reports for a variety of business situations are also covered. The course also explores planning, organizing, composing, and revising business documents, as well as the use of presentation software to create and deliver professional-level reports. If you would like to earn college credit for this class you may register on the first class to earn DVC credit through our Articulation partnership with DVC. Price includes textbook. 3 units.

BUS-0250 W 9/16-12/2 6-9pm Online Reg \$130/Seniors \$117 Gravendaal

#### **Business English** - Articulation classes with DVC - 10 classes

This course presents the study of the English language from a business perspective. Grammar, punctuation, spelling, business vocabulary, sentence structure, and the structure and the creation of a variety of business documents will be examined. The processes and ethics of writing clearly and correctly in different business contexts will also be covered. If you would like to earn college credit for this class you may register on the first class to earn DVC credit through our Articulation partnership with DVC. Price includes textbook. 3 units.

BUS-0101 Th 9/17-11/19 6-9pm Online Reg \$130/Seniors \$117 Cabile



## **Registration Form**

Email confirmation will be sent.

(Please Print Clearly Below)

Signature

**Acalanes Adult Education (AAE)** 

Del Valle Education Center 1963 Tice Valley Boulevard Walnut Creek, CA 94595

(925) 280-3980 ext.8001 Fax (925) 280-3981

Disclaimer: I realize that there is an inherent risk of injury when participating in these classes or recreational activities. I understand and acknowledge that in order to participate in these activities I agree to assume liability and responsibility for any and all potential risks which may be associated with participation in such activities. I understand that the Acalanes Union High School District does not carry medical accident insurance for injuries sustained in its programs and I therefore assume the risk of any injuries arising out of or in connection with participation in said classes or activities. In the event of any emergency, I authorize the school officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care and agree that I will be responsible for payment of all services rendered. In the event that the student is a minor, the above consent must be agreed upon and signed by the parent.

AAE reserves the right to photograph facilities, school or classroom activities and program participants for possible use in advertising, brochures, and the Website. All photos remain the property of AAE.

I have read and fully understand the agreement above, assume all risk for any injuries sustained and consent to emergency medical treatment if appropriate. I also have read and agree to abide by the registration/refund policies published in the current AAE brochure and the AUHSD Student Internet and Network Responsible Use Agreement currently posted on line at <a href="http://www.acalanes.k12.ca.us/forms/studentuseagreement.pdf">http://www.acalanes.k12.ca.us/forms/studentuseagreement.pdf</a>

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Course #	Title	Fee	Day	Time	Instructor	
PAYMENTS  Check - Make check payable to ACALANES ADULT EDUCATION (AAE)  Cash - Please bring to the AAE office in the 100 Building.						
Credit Card - Mail or Fax information to AAE (Credit cards not accepted for DIRC).						
	MC Discover Signature	Exp. Date		_ CVV (	Code	



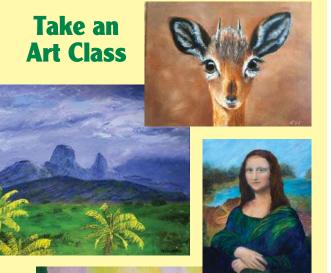
On-Line Registration: www.auhsd.org/adultedonlineregistration







ACALANES ADULT EDUCATION ACALANES UNION HIGH SCHOOL DISTRICT 1963 Tice Valley Blvd. Malnut Creek, CA 94595



## Art Lab 11 classes

Enjoy the unique sense of community of painting with other artists. There will be a short demonstration or presentation of a different topic each week: color theory, basic perspective, glazing, how to paint water or clouds, and more. Here is your chance to paint and acquire new painting skills! 280429 W 9/16-12/9 Online 1-4pm Reg \$190/Seniors \$171 Nicholson 280425 F 9/18-12/11 Online

## Trawing All Levels Welcome!

Reg \$190/Seniors \$171 Nicholson

If you've always wanted to learn to draw this is the class for you! Learn to draw at a comfortable pace. Simple exercises in class and techniques to practice at home. Change your life!! Supplies: 9" x 12" or larger drawing book, #2 HB pencil and a kneaded eraser. Instructor: Schlink 280420 M 9/14-11/16 Online 9am-Noon Reg \$150/Seniors \$135



www.auhsd.org/adulted (925) 280-3980

1-4pm