

# A C A L A N E S ADULT EDUCATION

at Del Valle Education Center

Fall Quarter Starts 9-13-21

[www.auhsd.org/adulted](http://www.auhsd.org/adulted)



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**Fall Registration  
Starts 8/11/21 @8am**

**See Language Classes  
pages 12-15**

**See Our Articulation Classes  
on page 20 in partnership with**

**DVC**  
DIABLO VALLEY COLLEGE

# To Our Acalanes Adult Education Community,

Welcome back and know we have missed you! Acalanes Adult Education (AAE) is open for in-person learning starting this Fall, which begins Monday, September 13, 2021 and look forward to welcoming you back to our campus.

Throughout this unique journey, the staff at AAE are grateful for your continued support of our programs and our steady enrollment during the 2020 - 2021 academic year via Distance Learning. We are honored to serve our community since 1945 and look forward to opening our doors this Fall!

As reopening guidelines are fluid, visit [auhsd.org/reopening](https://www.auhd.org/reopening) for the most current guidance in alignment with state, local, and district protocols.

The classroom setting may appear slightly different from the last time you were in one of our classes; however, we strive to provide you with an exceptional educational experience. As always, the health and safety of our students and staff are paramount. We look forward to coming together once again to Explore, Experience, and Learn.

For the Fall term reopening, courses will be offered in a face-to-face/in-person fashion, as well as offered through an online format. Upon registering for courses, please note the option to enroll in your course for in-person or online instruction. Some courses may not have this option due to the nature of the course, so please check our website for up-to-date enrollment options.

## **AAE will continue to follow state, local, and district guidelines. As of printing, note our Enhanced Health and Safety Measures:**

- **Face Coverings:** Masks are required for everyone, regardless of vaccination status, while indoors at the Del Valle Education Center.
- **Physical distancing:** AAE will continue to encourage physical distancing guidelines based on guidance from health authorities, including maintaining 3 feet between student chairs and staff desks 6 feet from student and other staff desks.
- **Ventilation:** AAE maximizes the central air filtration for HVAC systems by using filters with a maximum efficiency reporting value (MERV) of at least 13.
- **Cleanliness and sanitization:** Increased cleaning and disinfection is in place for all classroom spaces as well as high traffic areas.
- **Check for Signs, Symptoms, and Exposures:** AAE encourages staff and students who are sick or who have recently had close contact with a person with COVID-19 to stay home. Students or staff exhibiting symptoms of COVID-19 while on campus must be immediately isolated in a private area until able to leave the campus or be picked up by a relative, friend, etc.

Please note our refund policy on page 1. AAE will continue to offer online registration where students may enroll in classes and pay the course fees with Visa, MasterCard, Discover, American Express. We encourage you to enroll early so that you reserve your space in a class that is popular, or keep from being cancelled due to low enrollment. Additionally, should your class be offered online, you will need to log into Canvas and locate your courses. First-time enrollees to AAE will receive an email from Canvas on how to create your account and set up your password.

Thank you for your ongoing support of AAE and I look forward to seeing you in our classes during our Fall, 2021 term.

Thank you,

*Steven France*

Steven France, Director



## **A Tradition of Educational Excellence Since 1945!**

# Enrollment, Fees, and Refund Policy

**Refund Policy:** All requests for refunds must be made in writing (email accepted). Refund of fees will only be given if requested at least 72-hours before the first scheduled class meeting. There is a \$25 service fee for cancellations. No refunds will be granted after class start date. A complete refund (no processing fee) will always be made if AAE cancels a class. Please choose your classes carefully.

**Enrollment:** All persons 18 years of age or older may enroll in adult education classes with no residency restrictions.

**Fees:** Fees are based on a minimum number of enrolled students. Fee-based classes may be canceled, hours reduced, or fees increased if minimum enrollments are not achieved. No discount is given for classes missed for any reason.

**Forms of Payment:** Cash, check, or credit card (Visa, MasterCard, Discover, and AMEX) are accepted forms of payment at Acalanes Adult Education. A bank fee applies on all returned checks.

**Senior Discount:** Persons 65 years of age or older receive a 10% discount for classes.

**Extenuating Circumstances Refund Policy due to Unforeseen Events (i.e. pandemic) and/or Natural Disaster:**

Due to the fluid nature of unforeseen events (i.e. pandemic) and/or natural disasters, an extenuating circumstances refund policy may apply for course fee refunds.

**Class Cancelled:** Automatic refunds (no processing fee) will be processed by AAE if a class is cancelled due to the unforeseen event and/or natural disaster.

**Class Postponements:** If a class is postponed due to the unforeseen event and/or natural disaster, and you are unable to attend the postponed class as scheduled, a full refund (no processing fee) will be granted provided students notify the AAE office within 72-hours of class postponement announcement.

**Class Instructional Platform Change:** If the class instructional platform is changed due to the unforeseen event and/or natural disaster (i.e. face-to-face changed to online/distance learning, etc.) and a student has already attended the initial class instruction, but now wishes to cancel the class due to the change of instructional platform, a prorated refund will be issued and a \$25 service fee will be applied.

**Canvas** - Acalanes Adult Education will continue to use Canvas and classes will be held online through Zoom.

**Hybrid Classes** - Please note, these class will be held in a hybrid model, with some students in the classroom and other students online.

**Registration**

Fall Registration starts:  
8/11/21 at 8am

**Office Hours**

M-F TBD

**Rooms:**

Room numbers may change. Check room schedule on the monitors in the hallways.

**Calendar**

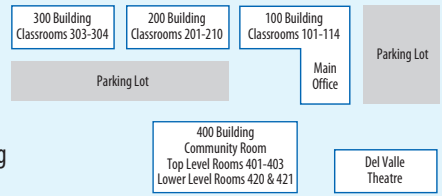
9/13 - Fall Quarter Begins  
11/11&12 - Holiday Closed  
11/22 thru 26 - Holiday Closed  
1/4 - Winter Quarter Begins

**Contact**

(925) 280-3980 Ext 8001  
Fax (925) 280-3981  
E-mail: [adulted@auhdschools.org](mailto:adulted@auhdschools.org)  
Web: [www.auhdsd.org/adulted](http://www.auhdsd.org/adulted)

**Campus Location**

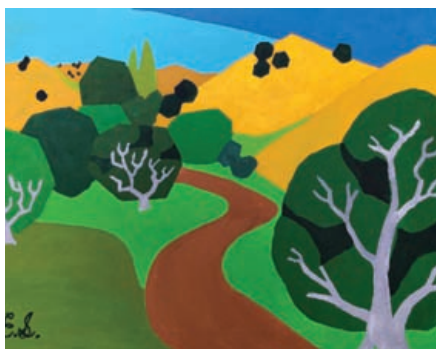
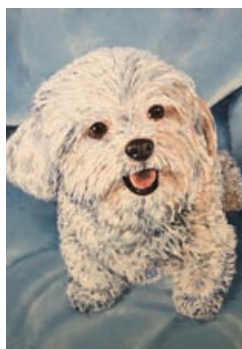
**DVEC:** Del Valle Education Center  
Acalanes Adult Education  
1963 Tice Valley Blvd, Walnut Creek



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## Art Classes

### **Watercolor** - 10 classes

Take the fear out of watercolor. Step-by-step demonstrations, individual help, and critiques are offered in each class. Learn essential techniques: color mixing, designing a painting with a variety of subjects. Emphasis is on design elements and the development of individual projects. Supply list provided at first class.

Open to all levels

067125 M 9/13-11/15 9am-Noon  
CLASSROOM Reg \$170/Seniors \$153 Harris

### **Mosaic Art** - 8 classes

There is something for just about everyone in this workshop. While working at your own pace, on the projects of your choice, experienced mosaic artists explore their craft and find inspiration from others. The class is monitored by an instructor who provides direction for newbies and support for the experienced. While most of us work with glass or tile, experiments with new and creative materials and techniques are encouraged.

Open a world of possibilities in mosaics! \$30 material fee is paid to the instructor. Students will have additional material costs depending on their projects.  
280522 M 9/13-11/15, No class 10/4 & 11 2-5pm  
CLASSROOM Reg \$100/Seniors \$90 Silverman

### **Wednesday Artist Studio** - 8 classes **N**

Welcome to your in-person Wednesday Artist Studio! A fun, friendly space to complete your projects, whether using oil, acrylic, watercolor, pastels, colored pencil, etc. You provide your materials and projects, and we provide the space, inspiration, constructive critiques and loads of opportunities for honing your skills as an artist. Work at your own pace on your project or choose one of many challenges the class offers. Instructor is available to answer questions and will provide short demonstrations on various topics.

280422 W 9/29-12/8\* 1-4pm  
CLASSROOM Reg \$140/Seniors \$126 Nicholson

\*No class 10/27, 11/3, 11/24

### **Drawing Made Easy** - 9 classes

If you can hold a pencil and write or print your name, you CAN learn to draw. Have you been putting aside the urge to create? Well, NOW is the time! In this class, students will learn very clever and do-able techniques to make drawing easier than you ever imagined. Your own results will amaze you on the very first day. Drawing is the basis of all art. This course will give you the fundamentals: basic shapes, tone, value, perspective. All the skills and confidence you want! Open to all levels. Have fun while you learn. Bring 8 x 10 or larger sketchbook and pencils to start. Instructor: Antkowiak  
280220 Th 9/16-11/18 9-11:30am  
CLASSROOM Reg \$130/Seniors \$117

### **Acrylic & Oil Painting** - 9 classes

Learn basic skills: how to mix colors, start a painting, and choose the best brushes for each area or subject. We will discuss design and composition and how to fine-tune your work for best results.

Prerequisite: Some painting experience.

280222 F 9/17-11/19 9am-Noon  
CLASSROOM Reg \$160/Seniors \$144 Antkowiak



### **Friday Artist Studio** - 7 classes **N**

Welcome to your Friday Online Artist Studio. Work at your own pace in your own space! All mediums welcome! This is a fun, friendly space to work on your own projects or take part in weekly challenges. Artwork is screen-shared for constructive, supportive critiques if desired. Instructor provides information on various topics such as color theory, composition, glazing, and tips and tricks to add to your artistic knowledge. \*No classes 10/29, 11/5, 11/12, 11/26

280425 F 10/1-12/10\* 1-4pm  
ONLINE Reg \$120/Seniors \$108 Nicholson

# Money Management



Senior Advisor, George Noceti can be seen on KTVU, ABC, KRON as well as KCBS and KGO radio as a frequently financial news contributor.

## **Savvy Social Security Planning for Couples - 1 class**

Learn how much Social Security you and your spouse stand to receive over your joint lifetime and rules and guidelines for when spouses should apply for benefits. The decisions you make in your 60's can determine the amount of income you or your surviving spouse will have in your 80's or 90's. Two key things you need to know about Social Security survivor benefits. How to avoid mistakes at your Social Security office. You will also receive a copy of The Baby Boomer's Guide to Social Security-- a comprehensive reference addressing common questions and issues, including proposals for reform. Social Security is far more complicated than most people realize. The decisions you make now can have a tremendous impact on your retirement income.

266120	W	9/22	6:30-8pm	CLASSROOM	Reg \$25/Seniors \$22.50	Noceti
266125	W	11/3	6:30-8pm	CLASSROOM	Reg \$25/Seniors \$22.50	Noceti

## **What Baby Boomers Need to Know About Medicare & Long-Term Care - 1 class**

Baby Boomers are asking: When do I sign up for Medicare?; What does Medicare cover?; How much does it cost?; Will I need other insurance?; What about long-term care? At this workshop you will learn: How Medicare enrollment periods work and what you need to do to avoid late enrollment penalties; How much you can expect to pay in health care costs after going onto Medicare; How Medicare works with private insurance to provide comprehensive coverage; Why most people pay too much for private insurance and how you can avoid excess costs; Why you must plan for higher health care costs in retirement including the possibility of needing long-term care. You will also receive a copy of The Baby Boomer's Guide to Savvy Medicare Planning -- a comprehensive reference addressing common questions and issues.

266127	W	10/13	6:30-8pm	CLASSROOM	Reg \$25/Seniors \$22.50	Noceti
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## **Estate Planning and Revocable Living Trust Made Simple - 2 classes**

Revocable Living Trusts avoid probate. Did you know that there are different kinds of Revocable Living Trusts? On death, a Trust can be expensive and complicated or simple and economical to administer, depending on which kind you choose. Have your questions answered by a practicing attorney who will explain exactly how Trusts and Wills work in a way that is easy to understand. Mr. McFalone has practiced law in the San Francisco Bay Area for more than 30 years.

057521	W	9/29 & 10/6	7-9pm	CLASSROOM	Reg \$40/Seniors \$36	McFalone
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## An a Day!

Bring your Macs, iPads, and iPhones and we'll make sure they're set up properly and ready to go. **Note:** Students should update their devices to the most recent macOS, iOS and iPadOS versions before coming to class.

### **Wallet and Apple Pay** - 1 class

Think about all the things you carry in your wallet. Apple has a goal: replace it all with the Wallet app on your iPhone. Whether it's digging up your AAA card, buying movie tickets, or paying for your groceries, you can do it with the Wallet app and Apple Pay. Bring your iPhone and Apple Watch and we'll help you get set up and ready to go.

246320 M 9/13 10am-Noon  
CLASSROOM Reg \$20/Seniors \$18 Matthews



### **Ob-La-Di, Ob-La-Da** - 1 class

At one time or another, music has been a part of every human being's life. You've probably grown up with radio, vinyl 45s, albums, CDs, an iPod, online purchases, and now streaming and subscriptions. It all still boils down to this: What's the best way to listen to the music we love? Bring your Apple devices, updated to the latest version of their operating system, and we'll get them humming (groan).

246426 M 10/4 10am-Noon CLASSROOM Reg \$20/Seniors \$18 Matthews

### **All About Subscriptions** - 1 class

Subscriptions are everywhere. Software companies are using them in lieu of one-time sales and upgrades. Purchasing albums and individual tracks is rapidly giving way to music subscriptions. Non-traditional media outlets such as Netflix and traditional channels such as CBS are offering programming via subscription. Even Apple, Disney, and others are creating standalone streaming channels. Come find out how to make sense of it all.

246428 M 10/4 1-3pm CLASSROOM Reg \$20/Seniors \$18 Matthews

### **I H8 Pa\$\$w0rds (I Hate Passwords)** - 1 class **N**

When we were kids, there were no ATMs. You had to go to a doctor's office for an appointment. And coins literally were the coin of the realm. Then along came the Internet and with it a growing need for ever more security. And you know what that means: Passwords. The idea behind passwords is wonderful. But human beings, unfortunately, aren't very good at remembering passwords. Now's your chance to learn about password managers which can simplify your life even as it gets more complex. Make sure your Apple devices are updated to the latest versions of their operating system.

246423 M 10/25 10am-Noon CLASSROOM Reg \$20/Seniors \$18 Matthews

### **Much Ado About Noting** - 1 class

Need to make a quick note? No problem, type or dictate. Need to add a checklist? Check. How about a weblink? Done. A picture? It's a snap. Let other people add things to the note? Easy-peasy. When a full-blown word processor is overkill, Apple's Notes app stands ready to assist with more features than you think. Bring your Apple devices, updated to the latest version of their operating system.

246324 M 10/25 1-3pm CLASSROOM Reg \$20/Seniors \$18 Matthews

### **Remind Me Again** - 1 class

Do you have lots of scraps of paper in your wallet, or on your desk, or on post-it notes scattered throughout the house? Can't find the packing list that you know was in the desk drawer? And who's got the grocery list? Bring your Apple devices, updated to the latest version of their operating system (iOS 13, iPadOS 13, MacOS 10.15 or later), and we'll show you how Apple's Reminders app can help eliminate all the flying paper.

246326 M 11/1 10am-Noon ONLINE Reg \$20/Seniors \$18 Matthews



**Smarten Up Your Home** - 1 class **N**

What's all this talk about smart homes? Maybe you're tired of walking around the house turning off lights or closing blinds, or running upstairs to turn on the printer. Do you worry about whether you left the garage door open? Is your air conditioning running when you're not home? If any of these things happen to you, then smart home products can make your life easier. We'll take a look at Apple's HomeKit technology and how to use your voice and create automations and scenes to operate smart home devices.

246526 T 10/19 1-3pm  
 ONLINE Reg \$20/Seniors \$18 Matthews

**Turning the Page on Calendars** - 1 class

Have you ever written an appointment on the calendar next to your desk, but not on the calendar hanging on your refrigerator and then missed the appointment? Does your paper calendar ruffle its pages when it's time to leave? Or tell you about traffic? An electronic calendar can solve all these problems. Bring your Apple devices, updated to the latest version of their operating system, and we'll show you how to keep track of all the people, places, and events in your life.

246521 W 10/6 10am-Noon  
 CLASSROOM Reg \$20/Seniors \$18 Matthews

**What's New with iPhone** - 1 class

Every year, Apple releases another version of the software that makes the iPhone the world's most popular smartphone, and 2021 is no exception. If you're an experienced iPhone user who wants to keep up to date with improvements and new features in iOS then this is the class for you.

246522 W 10/13 10am-Noon CLASSROOM Reg \$20/Seniors \$18 Matthews  
 246523 W 10/20 1-3pm ONLINE Reg \$20/Seniors \$18 Matthews

**What's New with iPad** - 1 class **N**

A couple of years ago, Apple introduced iPadOS, a variation of the software that runs on iPhone, to add new features that take advantage of the iPad's ability to serve as a second screen for a Mac, use a keyboard and mouse, and run more than one application on-screen simultaneously. If you're an experienced iPad user then this class will get you up to speed with all of the new features and benefits of the latest version of iPadOS.

246524 W 10/13 1-3pm CLASSROOM Reg \$20/Seniors \$18 Matthews  
 246525 T 10/26 1-3pm ONLINE Reg \$20/Seniors \$18 Matthews

**Staying Safe with Apple Products**

1 class

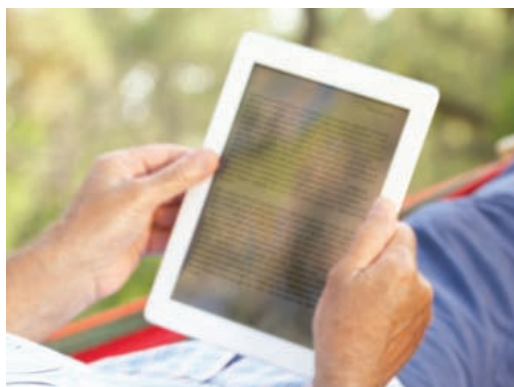
Sometimes it's hard to tell the difference between a lie and the truth. This is certainly the case online, where it's relatively easy for n'er-do-wells to try to trick you into giving up valuable information or grant access to your computer. Bring your Apple devices and join us to learn what you can do to protect your home network, your devices, and yourself.

246520 W 10/6 1-3pm  
 CLASSROOM Reg \$20/Seniors \$18 Matthews



**Read any good eBooks lately?** - 1 class  
eBooks are here, and you can read them on almost all of your Apple devices that have a screen. While it's true that there are times that nothing beats holding a book in your hands, eBooks provide their own set of advantages including highlighting, a built-in dictionary, and easy searching. And if audiobooks are your preference, Apple's Books app has you covered. Bring your Apple devices, updated to the latest version of their operating system.

246422 W 9/15 1-3pm  
ONLINE Reg \$20/Seniors \$18 Matthews



**What the Heck is the Finder?** - 1 class **N**

The Finder has been a part of the Mac since the beginning in 1984. It started out as way to access the Mac's file system. It wasn't until several years after its introduction that it would actually find anything. Now the Finder plays several roles, including providing many ways to organize and view your files, serving as a conduit to your iPhone and iPad, and even accessing files that aren't on your Mac. Update your Mac to the latest version of macOS and we'll explore all the things the Finder can do.

246328 Th 12/9 1-3pm ONLINE Reg \$20/Seniors \$18 Matthews



**Mind Your Health** - 1 class

Your iPhone can collect health data about you, including daily footsteps and the flights of stairs you climb. Pair your iPhone with an Apple Watch, and it can perform periodic heart rate measurements. Third-party apps can also track additional data. Your iPhone can also download health records and contain your Medical ID, including emergency contacts. Update your iPhone and Apple Watch to the latest version of their operating system.

246421 Th 10/28 1-3pm  
CLASSROOM Reg \$20/Seniors \$18 Matthews

**All About iCloud** - 1 class

Think of iCloud as the glue that holds all your Apple devices together, syncing information like contacts between all your devices. iCloud also lets you share photos, documents, and calendars with other iCloud users. You can use iCloud to store documents as well as all your photos and videos. And iCloud also includes vital services like Backup and Find My. Bring your Apple devices, updated to the latest version of their operating system.

246424 F 9/17 1-3pm ONLINE Reg \$20/Seniors \$18 Matthews

**Where is it?** - 1 class **N**

We rely on all the computers in our life to keep track of a lot of stuff. Whether its calendar appointments, resumés, photos, budgets, it's all in our iPhones, iPads, Macs, or even online somewhere. But where, exactly? How is it all organized? And more importantly, how can we find it when we need it? We'll take a closer look at this topic with our own digital magnifying glasses. Have your Apple devices updated to the latest version of their operating system.

246420 F 12/10 1-3pm  
ONLINE Reg \$20/Seniors \$18 Matthews





# Apple Classes

## **iPhone 101** - 8 classes

In this eight-session class, we'll cover the basics of using your iPhone. Whether you want to make a phone call, use FaceTime to see who you're talking to, surf the web, send an email, make a grocery list, listen to music, or more, we'll touch on it in this class. Bring your iPhone (updated to the latest version of iOS) and your questions and get more out of your iPhone than you ever thought possible.

246325 M,T,W 11/15-12/7 10am-Noon  
CLASSROOM Reg \$110/Seniors \$99 Matthews



## **iPad 101** - 8 classes

In this eight-session class, we'll cover the basics of using your iPad. The beauty of the iPad is that it can become whatever you need it to be. It can be a book reader, music player, word processor, atlas, television, video camera, and more. It works with touch, but with many models of iPad, you can add a pencil for drawing, a keyboard for extended typing, even a trackpad for cursor control. Bring your iPad (updated to the latest version of iPad OS) and learn how to get more out of this magical device.

246321 M,T,W 11/15-12/7 1-3pm  
CLASSROOM Reg \$110/Seniors \$99 Matthews

## **Apple Watch 1:01** - 4 classes

Apple Watch is Apple's most personal device. Besides telling you exactly what time it is, you can also use Apple Watch to make phone calls, measure your heart rate, track a workout, find your way home, remind you to stand up, set a timer, pay for your groceries, and much more. Bring your iPhone and Apple Watch updated to the latest version of their operating system.

246323 T,Th 10/5-10/14 10am-Noon  
CLASSROOM Reg \$60/Seniors \$54 Matthews



## **Photos: Take, Organize, Edit, Share**

### 3 classes

Photos and videos contain some of our most precious memories, and you can use your iPhone and Apple's Photos app to organize them, edit them just the way you want, and easily share them with others. In the first session of this class, we'll run through all the features of Apple's Camera app on the iPhone or iPad. In the second session, we'll focus on the Photos app. Bring your Apple devices, updated to the latest version of their operating system.

246322	T,W,Th	9/21-9/23	1pm-3pm	CLASSROOM	Reg \$40/Seniors \$36	Matthews
246327	T,W,Th	9/28-9/30	10am-Noon	ONLINE	Reg \$40/Seniors \$36	Matthews
246329	W,Th,F	12/8-12/10	10am-Noon	ONLINE	Reg \$40/Seniors \$36	Matthews

# Yoga

Students supply their own equipment (mat, blanket, strap, etc.) for these classes.

## Intermediate Hatha Yoga - 10 classes

Students will be expected to have some level of yoga experience, at the very least the basic foundational elements. Prepare to explore your connection to movement and the breath. Incorporating more heat through physical activity and linking posture-to-posture will build stamina and strength. Like a rung on a ladder, this is just a first step among many; what is left after you have learned the form? Come join us and find out more about the relationship between the body, breath and some of the more subtle aspects of the Yoga practice

292327 Th 9/16-12/2 11:30-12:45pm ONLINE Reg \$80/Seniors \$72 Piaggio-Weiss

## Yin Yoga - Hybrid Class, 10 classes

This class combines the benefits of two yoga styles: Yin and Restorative. Yin Yoga is meant to increase range of motion by improving flexibility of connective tissues in the lower back, pelvis, and hip sockets. This class is practiced on the mat, using props to fully support the body. Restorative elements help students passively hold poses and find a deeper acceptance of self through stillness and surrender. Students supply their own mat and all other equipment.

292228 F 10/1-12/17 8:45-10am CLASSROOM Reg \$80/Seniors \$72 McGranahan

292229 F 10/1-12/17 8:45-10am ONLINE Reg \$80/Seniors \$72 McGranahan

## Yoga Therapy - Hybrid Class, 12 classes

The ancient art of yoga is applied to relieve some of the most common aches and pains through long holds of yoga poses. Students will be required to fill out an intake form to allow the instructor to lead a safe and effective class that brings benefits to all participants. Students supply their own mat and all other equipment.

292321 M 9/13-12/6 11:30-12:45pm CLASSROOM Reg \$100/Seniors \$90 Piaggio-Weiss

292323 M 9/13-12/6 11:30-12:45pm ONLINE Reg \$100/Seniors \$90 Piaggio-Weiss

## Hatha Yoga for Strength and Balance - Hybrid Class

Come join in this yoga class that will focus on yoga postures to increase strength and balance with a strong focus on stretching and strengthening muscles. We will connect breath and movement, as we move through a series of yoga poses. The class is open to all levels. Students supply their own mat and all other equipment.

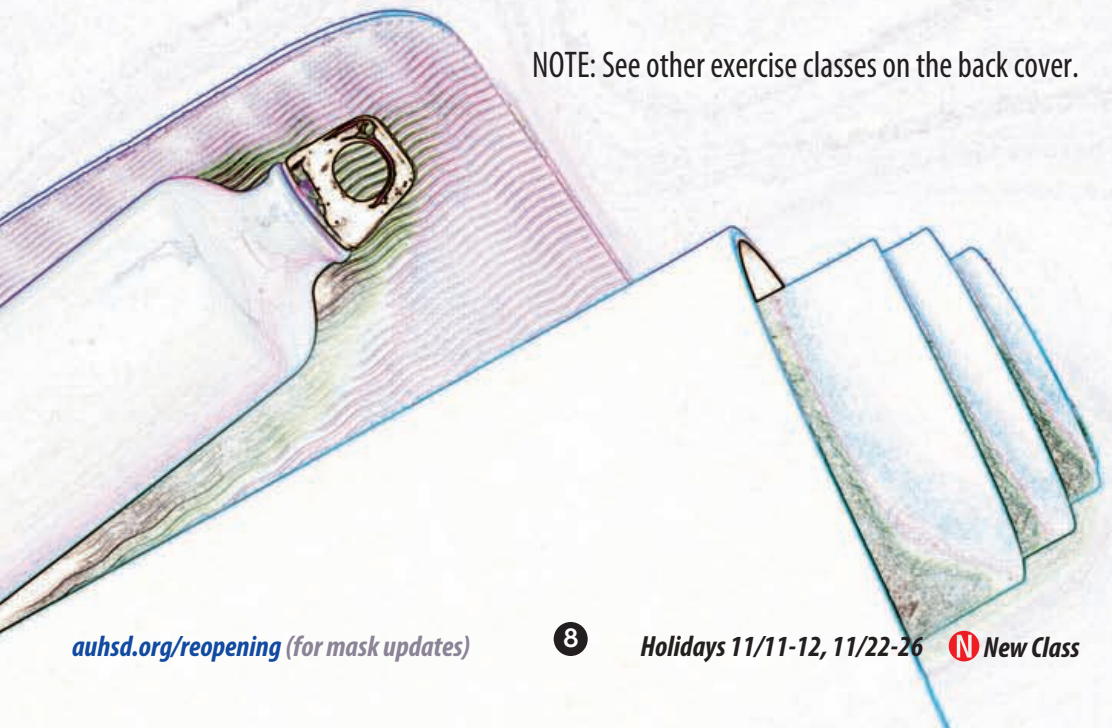
292220 T 9/28-12/14, 11 classes 8:30-9:30am CLASSROOM Reg \$70/Seniors \$63 McGranahan

292222 T 9/28-12/14, 11 classes 8:30-9:30am ONLINE Reg \$70/Seniors \$63 McGranahan

292224 Th 9/30-12/16, 10 classes 8:30-9:30am CLASSROOM Reg \$60/Seniors \$54 McGranahan

292226 Th 9/30-12/16, 10 classes 8:30-9:30am ONLINE Reg \$60/Seniors \$54 McGranahan

NOTE: See other exercise classes on the back cover.



## Music

### Vocal Lab - 20 classes **N**

Everyone can sing! Students will learn healthy and versatile vocal technique. Instruction in posture, breathing, breath management, jaw and tongue position, and alignment are the building blocks of a health, free, and natural voice. These techniques will be learned through a variety of genres such as: Broadway, Jazz, Art Songs, Folk Songs, and Standards.

067323 M,W 9/13-11/17 2-3:30pm  
THEATER Reg \$150/Seniors \$135 Lengacher



This choir class will provide participants the opportunity to learn and perform songs from Broadway, Pop and Folk Genres, World Music and Classical Repertoire. Students will learn about ensemble singing, listening, vowel matching, healthy vocal tone and expressive performing. There will be a cumulative performance at the end of the Fall term.

067325 M,W 9/13-11/17 12-1:30pm  
THEATER Reg \$150/Seniors \$135 Lengacher



Instructor: Lengacher

Bruce Lengacher received his Bachelor of Music Education and a Master of Arts in Secondary Education from San Francisco State University. He served as the director of choral activities at Acalanes High School for 21 years and has served various roles in the Bay Section of the California Music Educators Association (CMEA). Bruce has worked with Ragazzi Boys Chorus, the Peninsula Girls Chorus, Chanticleer and Piedmont East Bay Children's Choirs. He is a composer/arranger, a clinician, and a founding member of the Choral Project.



### Musical Theater Workshop - 19 classes **N**

Students will have the opportunity to learn about both the onstage and backstage experience. Participants will have the opportunity to select one of these areas of focus during the class. All students will learn about the history of musical theater, study shows, select scenes and songs and perform them. They will also learn about how sound, lights, sets, props, and costumes can help tell the story. Those students choosing to focus on the behind the scenes aspect of theater will be trained how to use state-of-the-art sound and lighting equipment to develop skills and form connections to local professionals that will enable the student to work in our theater community as technical artists.

067327 T,Th 9/14- 11/18 2-3:30pm  
THEATER Reg \$150/Seniors \$135 Lengacher

# SPECIAL INTEREST



## **Writing to Music and Art** - 6 classes **N**

The arts stimulate us, but for writers there are specific benefits to writing in response to the sensory stimulation of sounds and visions. Beginning with the biophony nature's musical symphony we take in the thrills of the natural world, then move on to increasingly complex music. To balance our aural experiences, we will also write in the ekphrastic tradition inspired by art.

205325 M 9/20-10/25 1:30-3:30pm  
ONLINE Reg \$80/Seniors \$72 Dresser

## **New Mystery Novels from Award-Winning Favorites** - 6 classes **N**

Delve into the latest novels of three award-winning authors: Donna Leon, Anne Perry, and Louise Penny. Plots rich in secrets, betrayals, sacrifice plus the exotic settings of Venice, Trieste, and Paris. "Unto Us a Son is Given", "A Question of Betrayal", and "All the Devils are Here" include historical insights as well.

231529 Th 9/23-10/28 1-3pm  
CLASSROOM Reg \$50/Seniors \$45 Trezek

## **Feng Shui for Prosperity** - 3 classes

In this series of three classes you will learn to arrange your environment for prosperity in many of life's treasures; good health, loving relationships, auspicious opportunities, creative self-expression, as well as wealth. In Feng Shui, the study of how to arrange your environment to enhance one's life, wealth, and prosperity are associated with much more than money. Former students have experienced greater harmony and positive lifestyle changes. Be one of them! This is a fun, hands-on class using a floor plan of your house to personalize your experience. (Limit 12)

057429 Th 10/7-10/21 1-3pm  
CLASSROOM Reg \$40/Seniors \$36 McCullough

## **Quilting** - 11 classes

Students work on individual projects with their own tools and sewing machines. A great time to finish projects and be inspired. Irons and boards provided.

057426 Th 9/16-12/9 10am-2pm  
CLASSROOM Reg \$150/Seniors \$135 Klop



## **Basic Floral Design** - 10 classes

An introductory class for those who want to learn floral arranging for personal enjoyment or as a beginning class toward a floral design certificate. Covers principles of floral design, use of materials and tools, and identification of flower and plant use. All levels welcome. A \$25 material fee is paid to the instructor. Students will have additional material costs depending on their weekly floral arrangements. (The instructor is bilingual, English and Spanish.)

040120 T 9/14-11/16 9am-Noon CLASSROOM Reg \$180/Seniors \$162 DePaz  
040122 W 9/15-11/17 9am-Noon ONLINE Reg \$180/Seniors \$162 DePaz

## **Multi Level Floral Design** - 10 classes

This class includes basic, advanced, modern, and wedding floral design courses. Students wanting to learn Ikebana (Japanese flower arrangements) are welcome. A one-time lab fee of \$25 will be due on the first day of class for class supplies. Students will have additional costs depending on their weekly floral arrangements.

040123 W 9/15-11/17 9:30-12:30pm CLASSROOM Reg \$180/Seniors \$162 Nagata  
040125 W 9/15-11/17 1-4pm CLASSROOM Reg \$180/Seniors \$162 Nagata

### Intermediate Genealogy - 4 classes

Do you have the basics down and want to get more out of the records you find on Ancestry or Family Search? The Intermediate series will cover records we introduced last year in more depth and practice. This fall course will cover U.S. Federal and state census records, and how to record and save the search results in an organized way. There will be in-class exercises and optional homework for practice.

270827 M 10/18-11/8 10am-Noon ONLINE Reg \$50/Seniors \$45 Gorrell

### Genealogy Workshop: Writing Family History

4 classes

Are you ready to write about your family? Perhaps you have started and haven't yet finished? Do you need some motivation and support? This workshop will involve weekly writing and peer review from your classmates. We'll meet every other week so you have time to write, submit your work, and read each other's work.

270828 M 10/18,11/1, 11/15, 11/29 1-3pm  
ONLINE Reg \$50/Seniors \$45 Gorrell



### Creative Writing

What words or message might be bubbling up inside you? What would you like to bring to voice? Whether or not your writing path is clear, you are invited to join a class community in which you can develop ideas, skills, and creativity. Each week we begin with an in-class writing exercise. Then we present the work we have done at home: whimsical or serious prose, poetry, fiction, non-fiction, memoir, and essay. All are welcome. Finally, we follow a safe critique process that offers supportive feedback and encourages us to HAVE FUN WRITING!

065320 W 9/15-11/17, 10 classes 6:30-8:30pm ONLINE Reg \$130/Seniors \$117 Henderson  
065327 Th 9/16-12/9, 11 classes 12:30-3pm CLASSROOM Reg \$180/Seniors \$162 Henderson



### Reel-to-Real Talk: Creative Film Forum - 10 classes

The Fall 2021 Film Forum will feature selected works and explore the cinematic style of Alfred Hitchcock, the most influential and widely studied filmmaker in the history of cinema! First, we will view and discuss documentaries that explore the craft of cinematography, the significance of editing, and Hitchcock's cinematic legacy. Then, we will view and analyze 8 Hitchcock films, chosen from the 46 that garnered Oscar nominations! The list includes: Rear Window, Psycho, Rebecca, Notorious, Lifeboat, Shadow of a Doubt, Strangers on a Train, and Vertigo. Please join a group of film enthusiasts as we engage in lively interactive discussions!

231525 T 9/21-11/30 9:30am-1pm THEATER Reg \$140/Seniors \$126 Thorner  
231527 Th 9/23-12/9 9:30am-1pm THEATER Reg \$140/Seniors \$126 Thorner

# French Language

French - First Year through Advanced classes emphasize communication by laying a strong foundation in grammar and vocabulary. Classes also include conversation and culture. Textbooks required.

Language classes start in Fall and continue through Spring.

A complete year of Language is a, b & c: a: offered in the Fall, b: offered in the Winter, c: offered in the Spring

## **French 1a** - 10 classes, No Prerequisite

A beginning French course focusing on basic grammar and vocabulary, pronunciation, and comprehension. Classes will incorporate written and verbal activities to introduce and practice both written and spoken French.

234420 Th 9/16-12/9, No class 10/14 12:30-2:30pm ONLINE Reg \$130/Senior \$117 Wang-Axelrod

## **French 2a** - Prerequisite 1 year of French or equivalent

This class will be a continuation of the French 1 course and will concentrate on helping the students communicate at a more intermediate level, using more complex sentence structure. They will also read short stories about French culture and history.

060421 W 9/15-11/17, 10 classes 9:30-11:30am ONLINE Reg \$130/Senior \$117 Waeny

234522 W 9/15-12/8\*, 11 classes 12:30-2:30pm ONLINE Reg \$140/Senior \$126 Wang-Axelrod

\*No class 10/13

## **French 3a** - Prerequisite 2 years of French or equivalent

Students of French 3 will learn how to communicate by learning and using more complex grammar appropriate to this level. They will also read stories that complement what they have learned in this class.

060523 Th 9/16-11/18, 9 classes 9:30-11:30am ONLINE Reg \$120/Senior \$108 Waeny

234624 Th 9/16-12/9\*, 10 classes 6:30-8:30pm ONLINE Reg \$130/Senior \$117 Wang-Axelrod

\*No class 10/14

## **French 4a** - 9 classes, Prerequisite 3 years of French or equivalent

Students in French 4 will study more elevated grammar topics using a book with explanations and exercises entirely in French. They will also read short stories that complement what they are learning in the class.

060626 F 9/17-11/19 9:30-11:30am ONLINE Reg \$120/Senior \$108 Waeny

## **French 4.5a** - 10 classes, Prerequisite 4 years of French or equivalent.

This class is a continuation of a year of French 4. We will use a grammar book entirely in French and read stories appropriate to this level.

060628 M 9/13-11/15 9:30-11:30am ONLINE Reg \$130/Senior \$117 Waeny

## **French 5a** - 10 classes, Prerequisite 4 years of French or equivalent

Students in French 5 will study more complex grammar topics using a book with explanations and exercises entirely in French. They will also read and discuss stories appropriate for this level.

060724 T 9/14-11/16 9:30-11:30am ONLINE Reg \$130/Senior \$117 Waeny

## **Advanced French** - 10 classes, Prerequisite 5 years of French or equivalent

Advanced French is conducted in French and includes grammar review, writing and reading a collection of contemporary French short stories, with discussions related to the stories. Grammaire Progressive du Français - avancé 3<sup>ème</sup> édition de Michèle Boularés, Jean-Louis Frérot ISBN 978 209 038 197 9, 13 á Table 2021 ISBN 978 2 266 30754

060920 W 9/15-11/17 9:30-11:30am ONLINE Reg \$130/Senior \$117 Maiden

## **Advanced Conversation in French** - 6 classes

This course provides participants the opportunity to practice their listening and speaking skills in French. Course content includes online, authentic video and audio sources, such as TV5 Monde, RFI, France-Amérique. Participants will be able to explore cross-cultural themes and current events. Limit 10 Students.

060923 T 9/14-10/19 10:30am-Noon ONLINE Reg \$80/Senior \$72 Rasmussen

060925 T 9/14-10/19 12:30-2pm ONLINE Reg \$80/Senior \$72 Rasmussen

# Spanish Language

Spanish - First Year through Advanced classes emphasize communication by laying a strong foundation in grammar and vocabulary. Classes also include conversation and culture. Textbooks required.

Language classes start in Fall and continue through Spring.

A complete year of Language is a, b & c.

a: offered in the Fall, b: offered in the Winter, c: offered in the Spring

**Spanish online classes will be held on Zoom for 2 hours, plus additional activities.**

## **Spanish 1a** - 9 classes, No prerequisite

A beginning Spanish course focusing on pronunciation, basic grammar, short conversations, and getting around.

244421 F 9/17-11/19 10am-Noon ONLINE Reg \$170/Seniors \$153 Ruiz

## **Spanish 2a** - 10 classes, Prerequisite 1 years of Spanish or equivalent

This class will be a continuation of the Spanish 1 course and will concentrate on helping the students communicate at a more intermediate level, using more complex sentence structure. They will also read stories that complement what they have learned in this class.

244522 W 9/15-11/17 10am-Noon ONLINE Reg \$190/Seniors \$171 Ruiz

## **Spanish 3a** - 9 classes, Prerequisite 2 years of Spanish or equivalent

Students of Spanish 3 will learn how to communicate by learning and using more complex grammar appropriate to this level. They will also read and listen to stories that complement what they have learned in this class.

244623 Th 9/16-11/18 10am-Noon ONLINE Reg \$170/Seniors \$153 Ruiz

## **Spanish 4a** - 10 classes, Prerequisite 3 years of Spanish or equivalent

Students in Spanish 4 will study more elevated grammar topics using a book with explanations and exercises entirely in Spanish. They will also read and listen to stories that complement what they are learning in the class.

244724 T 9/14-11/16 10am-Noon ONLINE Reg \$190/Seniors \$171 Ruiz

## **Spanish 5a**

10 classes, Prerequisite 4 years of Spanish

Study complex grammar topics using a book entirely in Spanish. Read and discuss a novel at this level.

244825 M 9/13-11/15 10am-Noon

ONLINE Reg \$190/Seniors \$171 Ruiz

## **Spanish Intermediate/Advanced Conversation**

10 classes, Prerequisite 3 years of Spanish

This course provides participants with the opportunity to practice their listening and speaking skills in Spanish.

244726 W 9/15-11/17 1-3pm

ONLINE Reg \$130/Seniors \$117 Ruiz

## **Advanced Spanish** - 9 classes, Prerequisite 5 years of Spanish or equivalent

This course takes Spanish students to an advanced level by increasing students' verbal communication, levels of critical thinking, and understanding of analytical statements in Spanish through the use of more complex grammar structures that will be applied in a conversation.

244828 Th 9/16-11/18 1-3pm ONLINE Reg \$170/Seniors \$153 Ruiz

## **Spanish Advanced Conversation & Literature** - 12 classes, Prerequisite 6 years of Spanish or equivalent

Online class using Zoom for two hours at an advanced level of reading and conversation plus an hour of additional activities. Virtual classes include conversation and small group discussion based on short stories, books, and topics of Hispanic culture, politics, and current events, plus grammar review and vocabulary enhancement. Additional offerings support and augment virtual class activities.

062228 M 9/13-12/6 10am-Noon ONLINE Reg \$230/Seniors \$207 Taylor

062229 M 9/13-12/6 1-3pm ONLINE Reg \$230/Seniors \$207 Taylor



## Italian Language

Italian - First Year through Advanced classes emphasize communication by laying a strong foundation in grammar and vocabulary. Classes also include conversation and culture. Textbooks required.

Language classes start in Fall and continue through Spring.

A complete year of Language is a, b & c: a: offered in the Fall, b: offered in the Winter, c: offered in the Spring

### **Italian 1a** - 10 classes, No Prerequisite.

This communicative Italian course focuses on conversation and aids students with pronunciation and basic grammar. Audio and video tools are supplied and the emphasis is given to listening, speaking, and comprehension of basic, hands-on Italy.

242127 W 9/15-11/17 9:30am-11:30  
CLASSROOM Reg \$130/Seniors \$117 Falcone

### **Italian 2a** - 10 classes

**Prerequisite 1 year of Italian or equivalent**

This class is the continuation of Italian 1. It will focus on situation-specific conversation practice inspired by travel needs. Language practice will also focus on short stories, videos and other media, spotlighting Italian culture and history.

242426 W 9/15-11/17 6:30-8:30pm  
ONLINE Reg \$130/Seniors \$117 Falcone

### **Italian 3a** - 10 classes

**Prerequisite 2 years of Italian or equivalent**

Students will learn how to communicate by learning and using more complex grammar appropriate to this level. They will also read stories, watch short movies, listen to recorded material that complements what they have learned in this class. Short, easy conversations will be also included in class activities.

242523 Th 9/16-12/2 6:30-8:30pm  
ONLINE Reg \$130/Seniors \$117 Falcone

### **Italian 4a** - 11 classes

**Prerequisite 3 years of Italian or equivalent**

Students will deepen their knowledge of the Italian language and culture by continuing the study of level-appropriate grammar as well as by growing their vocabulary via a variety of sources. Short conversations, and more complex readings, will also be included.

242626 Th 9/16-12/9 1:30-3:30pm  
ONLINE Reg \$140/Seniors \$126 Piaggio

### **Italian Intermediate** - 12 classes

**Prerequisite 4 years of Italian or equivalent.**

Students study more elevated grammar topics using a book with explanations and exercises entirely in Italian. They will also read short stories, watch short movies, listen to recorded material that complements what they have learned in this class. Easy conversations will be also included in class activities.

242729 W 9/15-12/8 6-8pm  
ONLINE Reg \$150/Seniors \$135 Piaggio

### **Italian Intermediate Conversation** - 10 classes

**Prerequisite 3 years of Italian or equivalent**

News stories, film clips, television and culture-based features in Italian are the springboard for discussion in this conversation class. Each week, there is a brief review of grammar rules to round out this course

242826 F 9/17-12/3 9-11am  
CLASSROOM Reg \$130/Seniors \$117 Falcone

### **Italian Intermediate Conversation and Grammar Review** - 11 classes

**Prerequisite 4 years of Italian or equivalent**

Students engage in conversation on a variety of topics: current affairs, travel, books, articles etc., or a topic of choice. Discussion is free-flowing and open, not unlike what you might run into in an Italian café. Class conducted entirely in Italian. Additionally, the study of grammar at the appropriate level for this group is included.

242828 Th 9/16-12/9 7:30-9pm  
ONLINE Reg \$140/Seniors \$126 Piaggio

### **Italian Advanced Conversation** - 11 classes

**Prerequisite 6 years of Italian or equivalent**

Advanced classes have fun learning about Italian culture, history, and current events while building confidence using the language and expanding vocabulary.

242827 Th 9/16-12/9 6-7:30pm  
ONLINE Reg \$140/Seniors \$126 Piaggio



## German Language

German - First Year through Advanced classes emphasize communication by laying a strong foundation in grammar and vocabulary. Classes also include conversation and culture. Textbooks required.

Language classes start in Fall and continue through Spring. A complete year of Language is a, b & c:

a: offered in the Fall

b: offered in the Winter

c: offered in the Spring

### **German 1a** - 10 classes, No Prerequisite.

This is an introductory course to the German language and will focus on basic grammar, vocabulary, and simple dialogues.

061220 T 9/14-11/16 10am-Noon  
ONLINE Reg \$130/Seniors \$117 Brandeberry

### **German 2a** - 10 classes, Prerequisite 1 year of German or equivalent.

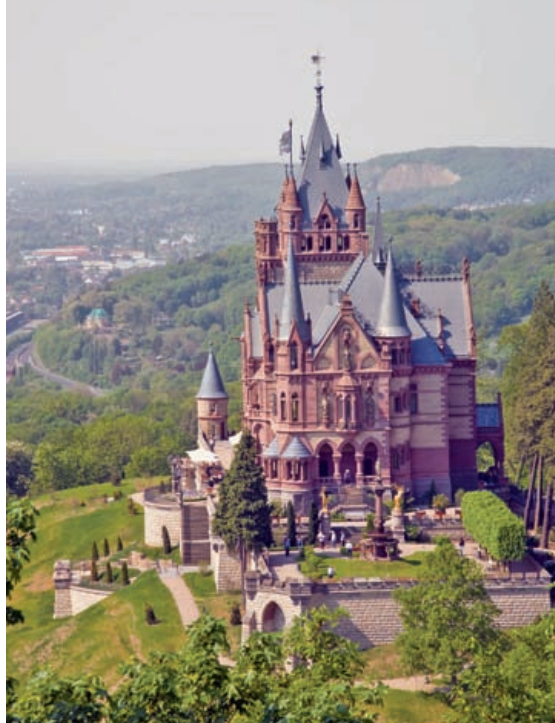
This course will provide a more in-depth study of grammar topics using vocabulary to create short conversations. Short readings will be introduced.

061222 T 9/14-11/16 1-3pm  
ONLINE Reg \$130/Seniors \$117 Brandeberry

### **German 3a** - 9 classes, Prerequisite 2 years of German or equivalent

This is a beginning intermediate level course to help students become independent learners. The focus will be on reading elementary chapter books, working on comprehension, verb tenses and new vocabulary.

061321 Th 9/16-11/18 9:30-11:30am  
ONLINE Reg \$120/Seniors \$108 Brandeberry



### **German Intermediate Conversation** - 9 classes, Prerequisite 3 years of German or equivalent

This course will focus on more advanced grammar topics and building vocabulary and speaking skills with discussions related to various reading selections.

061323 Th 9/16-11/18 1:15-3:15pm  
ONLINE Reg \$120/Seniors \$108 Brandeberry

### **German Advanced Conversation** - 6 classes

This class will concentrate on conversations with classmates about current events, travel, and other topics of interest. No book required.

061325 W 9/22-11/3 1-2:30pm  
ONLINE Reg \$60/Seniors \$54 Waeny

## Front Cover

Tucked away in the Eastern Sierras is a picturesque lake called Parker Lake. Overhead are the peaks of Mount Wood, Mount Lewis and Parker Peak at 12,000 ft.

To take this image on a beautiful fall day took more effort than expected. I was hiking the 4 mile round trip path to get to the lake with a friend and 50 lbs of large format camera gear. By the 1 mile mark, I started to have shortness of breath and with a history of asthma it was in my best interest to turn around and head back to the car, heading downhill. However, after resting and the generous offers of 2 other hikers and my friend to carry the gear, we proceeded to the lake.

The result was a photograph, that literally took my breath away. Photographer, **Dean Jaggard**



## Humanities

### **Native American Studies and History, Pre-European contact (1200-1492) - 7 classes**

Covers the culture of the Seven Groupings, North East, South East, Great Plains, South West, California, North West Coast and Alaska. (Homes, ceremonies, food and customs) Artifacts to view and discuss.

222020 M 9/27-11/8 Noon-3pm  
CLASSROOM Reg \$140/Seniors \$126 Phelps

### **Rebbe of the Beats: The Fascinating Life and Turbulent Times of Poet Allen Ginsberg - 6 classes**

Variously described as a "queer bardic yogi who might liberate the world with the right word spoken at the right time," and the "bearded, unbathed poet laureate and hustler for the beats," Allen Ginsberg was an icon of the 60s counterculture and the spiritual zeide (grandpa) of the New Wave. His elegy for his mother, "Kaddish," and the lament "Howl," which was the subject of a sensational obscenity trial, have been read on college campuses and coffeehouses the world over. Some topics covered: Ginsberg's childhood growing up with a schizophrenic mother in Patterson NJ; influential friends: Bill Burroughs, Jack Kerouac, and a car thief named Jack Cassidy; North Beach days with Lawrence Ferlinghetti, Gary Snyder and Gregory Corso; touring with Bob Dylan and the Rolling Thunder Revue; anti-war activities and revelations from the poet's FBI files.

223023 M 9/20-10/25 9-11am ONLINE Reg \$80/Seniors \$72 Blady

### **Religions of the East - Hybrid Class, 6 classes** N

Max Mueller, 19th century philologist and orientalist, said, "He who knows one religion knows none." Join me for an overview of the religions of the East, including Hinduism, Buddhism, Taoism, and Confucianism. This course will include an overview of the language, history, literature and basic beliefs of each of these world religions. Some of the major resources used will include Huston Smith, Karen Armstrong, and Michael Woods.

222021 T 10/5-11/16 1-2:30pm CLASSROOM Reg \$60/Seniors \$54 Hughell  
222023 T 10/5-11/16 1-2:30pm ONLINE Reg \$60/Seniors \$54 Hughell



### **Renaissance Art History - 8 classes** N

In this introductory class you will become familiar with some of the most famous works of art from the Renaissance. This class will highlight Florence of the 14th and 15th centuries, as it was established as the intellectual and artistic center of Europe. We will overview art history and talk about the elements of style, the artistic techniques, the historical context and the role of the artist and patron. We will cover Michelangelo, Leonardo da Vinci, Raphael, Brunelleschi, Botticelli, the Medici family and more. This class is meant as an introduction. It is for anyone who has traveled to Italy, is planning a future trip, wants to learn more about art and is particularly interested in the masterpieces from this period.

222025 T 9/21-11/9 6:30-7:45pm ONLINE Reg \$50/Seniors \$45 Beatrice

### **One is a Lonely Number: Jews and Polygamy** - 4 classes

To this very day there are Jews in Islamic lands who are permitted by both Islamic and Jewish law to practice the ancient biblical tradition of polygamy. In 1993 one emigrant from Yemen arrived in Israel with two wives and eight children. He insisted on having the government help him purchase two homes because the wives were not on speaking terms with each other. Among the topics we deal with in this mini-course: the Jewish woman--chattel or person?: the legacy of patriarchy in Jewish life; Levirate marriage: the biblical and Talmudic heritage; the concubine in Jewish law and practice; herem of Rabbeinu Gershom (975CE) banning bigamy in Christian Europe; bigamy as economic imperative among the Jews of Kurdistan; seven brides for every "brother": polygamy among the Hebrew Israelite sect of Dimona, Israel; is bigamy making a comeback in Israel today?

223027 M 11/8-12/6 10-11:30am ONLINE Reg \$40/Seniors \$36 Blady



### **The Final Plantagenet's - Edward I- Richard II** - 5 classes

The second half of the Plantagenet series covers strong and weak kings, intrigue, murder and war. It begins with Edward, known as the Hammer of the Scots, one of England's strongest warrior/statesmen Kings. He expanded England's territory into Wales and Scotland and populated the countryside with magnificent castles. His son Edward II was weak and fell prey to the devious intentions of his wife and her lover. His son, Edward III, followed his grandfather's lead and restored order and authority to England. Edward III also claimed to be heir to the French throne and initiated the 100 years war in an effort to regain England's lost French holdings. We conclude our series on the Plantagenet's with Richard the II who ascended the throne at age 10 and bravely pacified an angry mob during the Peasants Revolt, but he became so unpredictable that finally his cousin Henry deposed him and claimed the crown.

222024 W 11/10-12/15 10am-Noon ONLINE Reg \$60/Seniors \$54 Majerus

### **History of the Jews of Central Europe: Hungary, Romania, Slovakia and the Czech Republic** - 7 classes

Topics covered: Early Jewish migrations into Central Europe; the Black Plague and its impact on Central European Jewish communities; the Maharal of Prague and the myth of the Golem; cultural and linguistic traditions of the Jewish communities of Hungary; Pressburg rabbi, the Chasam Sofer's attacks on Jewish Reform and secularism; the Romanian Organic Law and the beginnings of legal anti-Semitism; the Treaty of Versailles and its impact on Central European Jewry; the Holocaust and Central European Jewry; latter-day "marranos": chafing under the Soviet boot; philo-Semitic traditions among Czech politicians: Thomas Masaryk, Edvard Benes and Alexander Dubcek; Romanian Communist dictator Nicolae Ceausescu and the "Red Rabbi," Moshe Rosen

223021 Th 9/16-10/28 9-11am

ONLINE Reg \$90/Seniors \$81 Blady

### **From Peddlers to Merchant Princes: The German Jewish Immigration Experience 1820-WWII** - 4 classes **N**

Starting in the 1820s, the U.S. experienced a wave of Central European immigration. Among the millions who came to America's shores were some 200,000 Jews, mainly from the small towns and villages of Germany, Prussian-Poland, and parts of the Austro-Hungarian Empire. It was primarily these Jews who created autonomous mutual aid and welfare societies, hospitals, clubs and Ys, shelters for the aged and the orphaned, rabbinical academies and defense organizations. Among the topics covered: German Jewish peddlers in the Old Country and in the New; German Jewry and Classical Reform Judaism; German Jews and the American Civil War; Yekkes and Ostjuden: The ambivalent relationship between (German) Yehudim and (Eastern European) Yidn; Frankfurt on the Hudson: The Breuer Kehillah in Washington Height, NYC.

223025 Th 11/4-12/9 10am-Noon

ONLINE Reg \$50/Seniors \$45 Blady

# English Language Learner (ELL)

Acalanes Adult Education, ELL Programs, No Fee

**New Students:** In order to attend class, students must first take a placement examination and be assigned to a class. Students can register for a test session on our website. Orientation meeting usually takes 20 minutes and testing usually takes 2 hours. Registration required, sorry no walk-ins.

Fall Classes: 9/13 - 12/9

Fall, No School/Holidays: 11/11-12, 11/22-26

Winter Classes: 1/4 - 3/10

Winter Holidays: 1/17, 2/18 & 2/21

## Orientation/Testing Dates:

8/19/21 Thurs 10am 8/31/21 Tues 10am

8/24/21 Tues 10am 9/01/21 Wed 10am

8/25/21 Wed 10am 9/02/21 Thurs 10am

8/26/21 Thurs 10am 9/08/21 Wed 10am

## ELL Location, Classes and Testing:

Del Valle Education Center

1963 Tice Valley Blvd, Walnut Creek

Classes: Days of Instruction TBD

Morning Session, All levels:

9am-Noon, hybrid class (In-person or online)

Evening Session, Will be held only online:

6-8:30pm, High Beginning, Intermediate, Advanced

## Beginning:

The focus of this class is to develop basic speaking, reading, writing and listening skills in English.

## High Beginning:

This course provides practice in everyday conversations about essential life skills through basic lessons on vocabulary, grammar, reading/writing, listening/ speaking and pronunciation.

## Intermediate:

The focus of this class is instruction in English grammar and reading and are designed for adults who have good speaking skills, but who may need help with reading and writing in English.

## Advanced:

This course aims to develop students' proficiency levels in all four domains of English language (reading, writing, speaking and listening) in order to efficiently communicate in everyday situations.

## Citizenship

English at the Intermediate Low level is highly recommended.



### ELL Citizenship - No Fee

Let Acalanes Adult Education help you in the process of becoming a United States citizen. This class is designed to assist students with both their understanding of English and the knowledge required to pass the Department of Homeland Security citizenship test. The class covers U.S. History and the federal, state, and local government. Sample tests will be available for students to practice.

Students should be registered in an Acalanes Adult Education ELL course.

Fall 2021 M 9/13-11/15 Noon-2pm ONLINE Fisher

### ELL Citizenship US History Focus - No Fee

In addition to the standard ELL Citizenship class, taught by Dr. Fisher on Mondays, students will also be enrolled in an additional ELL Citizenship class with Mr. Loosli, where the focus will be on US History, as well as further instruction on listening comprehension and speaking.

Fall 2021 TBD 9/13 - 11/15 Noon-2pm CLASSROOM Loosli

# Adult Secondary Education No Fee



## Adult High School Diploma Program

Acalanes Adult Education (AAE) awards an Acalanes Union High School District (AUHSD) diploma to students enrolled in the high school diploma program who complete the following graduation requirements. Prior earned credits, which meet the AUHSD requirements, may be included in the completion of units. Prospective students 18 years of age or older must obtain official transcripts for all academic courses previously completed, so that an accurate course enrollment plan may be developed to work towards a high school diploma.

## High School Diploma Requirements

Subject	Credits
English	40
Algebra 1	10
Math beyond Algebra 1	20
Life Science	10
Physical Science	10
U.S. History	10
World History	10
Government	5
Economics	5
Health	5
World Language, Arts, Technology	30
Elective Credits*	40 - 50
<b>Total</b>	<b>195 - 205</b>

Students over 20 years of age take 40 elective credits.  
Students under 20 years of age take 50 credits.

## High School Equivalency (GED and HiSET)

Students who do not have transcripts from their previous school(s) or who need more than 60 credits to earn their high school diploma may wish to take their GED or HiSET high school equivalency (HSE) test. The HSE comprises 5 subtests: Science, Social Science, Reading, Writing, and Math. The GED combines reading and writing into one subtest. The HSE certificate is accepted at community colleges, most career training programs, and the military.

The AAE HSE program is offered to students through online and individual support. A GED textbook is available to complement the program. While AAE is not a GED/HiSET testing center, students may register online at [or](#) and select a test location within Contra Costa County.

## Enrollment

To enroll in the high school diploma and/or the high school equivalency program, prospective students must first attend an enrollment meeting with the Director of the Del Valle Education Center (DVEC), Transition Specialist, and/or Administrative Assistant to the Director of the DVEC. Please email [adulted@auhdschools.org](mailto:adulted@auhdschools.org)  
Online Program - Fall 2021 - 9/13 to 11/18



## Kara Levine, Transition Specialist

Kara's background in sales and business will help students learn what it is like in the business world and how it might be a career path for them. She is looking forward to helping the students plan and achieve their career and education goals. My door is always open come on by and let's get this journey started in the right direction together.

# A C A L A N E S ADULT EDUCATION

in partnership with

**DVC**

DIABLO VALLEY COLLEGE



## Save money, get a jump on your college education, and explore career pathways.

These Adult Education classes align with college classes allowing you to earn college credit for free!

If you would like to earn college credit for these classes you may register on the first class to earn credit through our Articulation partnership with DVC.

These classes are offered at AAE, 1963 Tice Valley Blvd, WC



### ***Business English, Articulation classes with DVC***

10 classes (3 units)

This course presents the study of the English language from a business perspective. Grammar, punctuation, spelling, business vocabulary, sentence structure, and the structure and the creation of a variety of business documents will be examined. The processes and ethics of writing clearly and correctly in different business contexts will also be covered. If you would like to earn college credit for this class you may register on the first class to earn DVC credit through our Articulation partnership with DVC. Price includes textbook.

BUS-0101 W 9/15-11/17 6-9pm  
ONLINE Reg \$130/Seniors \$117 Cabiles

### ***Introduction to Business, Articulation classes with DVC - 10 classes***

This course is for students who want an introduction to the study of the modern business enterprise. Students will examine the role of business in a market economy, survey current business trends and evaluate the global, financial, and social environment in which businesses exist and operate. Moreover, the course will describe the evolution, formation, and management of American and international businesses, and provide a basic understanding of various functional areas of business, including economics, marketing, finance, management, human resources, international operations, and business decision-making using information technology. If you would like to earn college credit for this class you may register on the first class to earn DVC credit through our Articulation partnership with DVC.

BUS-0109 T 9/14-11/16 6-9pm  
ONLINE Reg \$130/Seniors \$117 Gravendaal

# Registration Form

Email confirmation will be sent.

(Please Print Clearly Below)

## Acalanes Adult Education (AAE)

Del Valle Education, 1963 Tice Valley Boulevard  
Walnut Creek, CA 94595

**(925) 280-3980 ext.8001**, Fax (925) 280-3981

Disclaimer: I realize that there is an inherent risk of injury when participating in these classes or recreational activities. I understand and acknowledge that in order to participate in these activities I agree to assume liability and responsibility for any and all potential risks which may be associated with participation in such activities. I understand that the Acalanes Union High School District does not carry medical accident insurance for injuries sustained in its programs and I therefore assume the risk of any injuries arising out of or in connection with participation in said classes or activities. In the event of any emergency, I authorize the school officials to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for immediate care and agree that I will be responsible for payment of all services rendered. In the event that the student is a minor, the above consent must be agreed upon and signed by the parent.

AAE reserves the right to photograph facilities, school or classroom activities and program participants for possible use in advertising, brochures, and the Website. All photos remain the property of AAE.

I have read and fully understand the agreement above, assume all risk for any injuries sustained and consent to emergency medical treatment if appropriate. I also have read and agree to abide by the registration/refund policies published in the current AAE brochure and the AUHSD Student Internet and Network Responsible Use Agreement currently posted on line at <http://www.acalanes.k12.ca.us/forms/studentuseagreement.pdf>

Signature \_\_\_\_\_ Date \_\_\_\_\_

Home # \_\_\_\_\_ Email \_\_\_\_\_  
(Phone number used as student number)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Birthdate      /      /       Male    Female  
                  month    day    year

Course #                      Title                      Fee                      Day                      Time                      Instructor

\_\_\_\_\_  
\_\_\_\_\_

### PAYMENTS

- Check - Make check payable to ACALANES ADULT EDUCATION (AAE)
- Cash - Please bring to the AAE office in the 100 Building.

Credit Card:    Visa    MC    Discover    AMEX      Mail or Fax information to AAE.

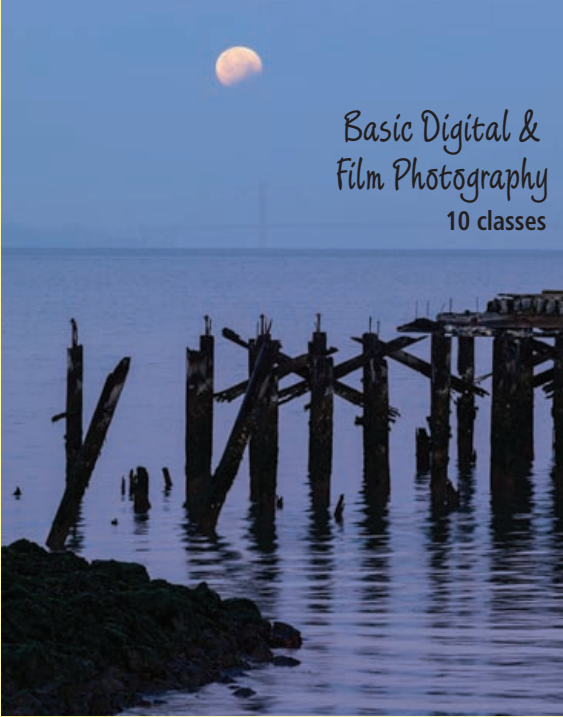
Signature \_\_\_\_\_

Account # \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVV Code \_\_\_\_\_



On-Line Registration:  
[www.auhsd.org/adultedonlineregistration](http://www.auhsd.org/adultedonlineregistration)





## Basic Digital & Film Photography

10 classes

Non-Profit  
Organization  
U.S. Postage  
**PAID**  
Gardena, CA  
Permit No. 40

ECRWSS EDDM

ACALANES ADULT EDUCATION  
ACALANES UNION HIGH SCHOOL DISTRICT  
1963 Tice Valley Blvd.  
Walnut Creek, CA 94595

**Residential Customer**

Want to understand and fully control your camera for better, more creative photos? Learn to make stronger compositions and use natural light more effectively for landscape and people pictures in color and black and white. You will need an SLR or other type of camera that allows full manual control, and you must be able to spend some time outside of class working on assignments. Digital or film cameras may be used. Space is limited to 15 students.

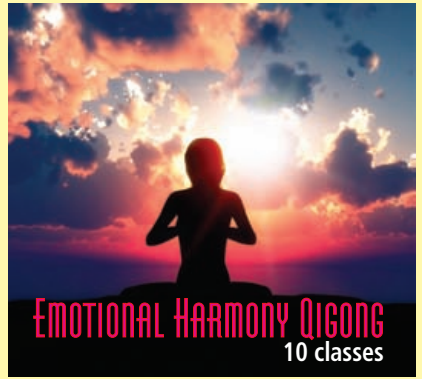
067920	W	9/15-11/17	7-9pm
ONLINE	Reg \$130/Seniors \$117		Helsel



Stretch,  
Strength  
and  
Balance  
24 classes

**Hybrid Class** - Join this twice-a-week session of strength, stretching, and balance training to maintain and improve your quality of life by building muscle mass and bone density. Lessen arthritis pain, restore balance, help control your weight, and improve your heart health. Students will need a mat, towel, two weights and one tension band (both weight and tension strength at student's discretion). Students supply all other equipment.

291120	M,W	9/13-12/8	10-11:15pm
CLASSROOM		Reg \$140/Seniors \$126	Piaggio-Weiss
291125	M,W	9/13-12/8	10-11:15pm
ONLINE		Reg \$140/Seniors \$126	Piaggio-Weiss



EMOTIONAL HARMONY QIGONG  
10 classes

Based on the Five Elements of Chinese Medicine, this Qigong form includes posture and movement to engage the body and sounds, colors, and visualizations for body/mind/spirit harmony. Class includes acupressure points for enhancing energy and immune system and meditation for deepening your experience. Students supply their own mat and all other equipment.

291123	T	9/14-11/16	9:30-10:30pm
ONLINE		Reg \$50/Seniors \$45	Elise Ching

[www.auhsd.org/adulted](http://www.auhsd.org/adulted)

(925) 280-3980