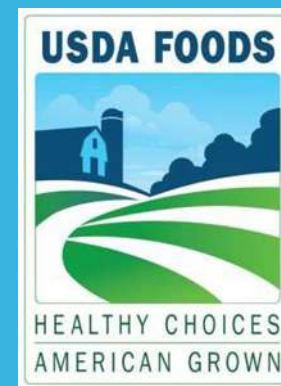


HOUSEHOLD COMMODITY PROGRAMS

CSFP AND TEFAP



ALPHABET SOUP CSFP, TEFAP, SNAP, FDPIR

CSFP = COMMODITY SUPPLEMENTAL FOOD PROGRAM

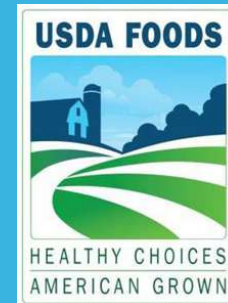
TEFAP = THE EMERGENCY FOOD ASSISTANCE PROGRAM

SNAP = SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

FDPIR = FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS

NSLP = NATIONAL SCHOOL LUNCH PROGRAM

USDA = UNITED STATES DEPARTMENT OF AGRICULTURE



WHAT IS CSFP?

The United States Congress provides funding for these programs. USDA oversees the states that administer these programs.

New Mexico is part of the Southwest USDA Region (SWRO) and it includes the states of Arkansas, Arizona, Louisiana, New Mexico, Oklahoma, Texas and Utah.

The New Mexico Food & Nutrition Services Bureau (FANS) administers CSFP, TEFAP and Delivers the Food for NSLP. FANS is part of the Income Support Division (ISD) of the New Mexico Human Services Department (HSD).

For CSFP the USDA SWRO office determines the caseload. Currently New Mexico has a caseload of 15,455.

WHAT IS CSFP?

NM HSD partners with community organizations throughout the state to:

Provide a monthly box of nutritious food to supplement the diet of elderly persons who may be at risk for malnutrition.

Provide Nutrition Education and Recipes at distribution sites

There are currently 5 regional warehouses and 112 distribution sites . There is a monthly or bi-monthly distribution in every county except Harding and Los Alamos Counties.

ICAN CHEF
WHAT'S IN YOUR PANTRY?
CHICKEN!
Here is a meal loaded with protein thanks to the yogurt and chicken included in ingredients. It also will help leave you full and satisfied!

Chicken Salad

Ingredients

- 1 cup (1/2 qt) of chicken breast (diced)
- 1/2 cup diced celery (or apples)
- 1/2 cup diced carrot (or peas)
- 1/2 cup mayonnaise (or salad cream)
- 1/2 cup yogurt (or sour cream)

Instructions

- Mix all ingredients together in a bowl.
- Serve on whole grain bread or in tortilla.
- Store in airtight container in the fridge for 5 days.

ICAN CHEF

Nutrition Facts

Total Fat	10g	20%
Total Carbohydrate	10g	20%
Total Protein	20g	40%

CHICKEN, ANCHOVIES AND DRIED MILK BLEND, BLENDED LOWERS
Date: November 2012, Code: 101910

PROVIDE 1 SERVING

- Blend together all ingredients in a bowl.
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NUTRITION INFORMATION

Total Fat	10g	20%
Total Carbohydrate	10g	20%
Total Protein	20g	40%

MONTHLY FOOD PACKAGES EFFECTIVE FEBRUARY 1, 2020

Commodity	Available
Food Group Package	Number of Items
Canned Meat: beef, chicken, fish 24-29 oz., can	2
Canned Vegetables Low sodium 16 oz. can	8
Canned Fruits Low sugar 16 oz. can	3
Cereal Ready to eat, assorted 14-18 oz. box	2
Cheese 2lb. carton	1
UHT Fluid 1% Milk 32 oz.	2
Powdered Milk, every other month 25.6 oz. bag	1
Pasta, Rice or Potatoes 1lb.	2
Plant Based Protein : 1 Dry beans 1 lb. bag, 1 canned beans and Peanut Butter 16 oz. jar	3
Fruit Juice 64 oz. bottle	1



Commodity
Supplemental
FOOD PROGRAM

MONTHLY FOOD PACKAGES



United States Department of Agriculture

Commodity Supplemental Food Program: Side-by-Side Comparison		
Current Monthly Foods	November 2019 Monthly Foods	Comments
Fruits 2 units (15.5 oz) Juices 2 units (64 oz)	1 juice (64 oz) and 3 units fruit (15.5 oz); or 2 juices and 2 units fruit; or 1 juice and 2 units fruit and 1 box raisins (15 oz); or 2 juices and 1 unit fruit and 1 box raisins	Raisins are a new food. Fruit and juice sizes do not change. Fruit and juice categories combined.
Vegetables 4 units (15.5 oz)	8 vegetables (15.5 oz) or soup (10.5 oz); or 6 vegetables or soup and 1 unit dehydrated potatoes (1 lb)	Vegetable soup is a new food. Amount of vegetables doubles. Potatoes issued with the vegetables.
Cheese 1 unit (2 lb)	1 unit (2 lb)	No changes
Milk 2 units UHT milk (32 oz) and 1 unit instant nonfat dry milk (12.8 oz) or 1 unit nonfat dry milk (25.6 oz) every other month	2 UHT milk (32 oz); or 1 UHT (32 oz) and 1 nonfat dry milk (12.8 oz)	Bimonthly issuance of nonfat dry milk eliminated. May mix milk choices. Can choose all UHT milk or UHT milk and nonfat dry milk.
Meat, Poultry, and Fish 1 unit beef, beef stew, or chili (24 oz); or 2 units poultry or fish (10-15 oz)	1 beef, beef stew, or chili (24 oz) and 1 poultry or fish (10-15 oz); or 3 units poultry or fish in any combination	An additional unit is offered to participants. Able to choose a mix of shelf-stable meat, poultry, and fish.
Plant-Based Protein 1 unit peanut butter (18 oz); or 1 unit dry beans (2 lb)	3 peanut butter (16 oz), canned beans (15.5 oz), dry beans (1 lb), or dry lentils (1 lb) in any combination	Canned beans and dry lentils are new foods. Peanut butter changed to 16 oz size. Dry beans changed to 1 lb size. Vegetarian beans are moved to this category.
Cereals 2 units dry cereal (12-18 oz); or 2 units farina (18 oz); or 1 unit rolled oats (42-48 oz); or 1 unit grits (5 lb) every other month	2 dry cereal (12-18 oz), farina (18 oz), rolled oats (18 oz), or grits (2 lb) in any combination	Grits changed to 2 lb size. Oats changed to 18 oz size. Bimonthly issuance of grits eliminated. May mix cereal choices. Grits issued with cereals.
Pasta and Rice 1 unit dehydrated potatoes; or 2 units pasta (1 lb); or 1 unit rice (2 lb); or 1 unit grits (5 lb) every other month	2 paste (1 lb) or white or brown rice (1 lb) in any combination	Brown rice is a new food. Rice changed to 1 lb size. Dehydrated potatoes issued with vegetables.

*Programs may continue to distribute any remaining larger package sizes until inventories are depleted.



USDA is an equal opportunity provider, employer, and lender.

February 2019

FEBRUARY 1, 2020– Food Package Changes



Commodity Supplemental
FOOD PROGRAM

FEBRUARY 1, 2020 FOOD PACKAGE CHANGES

UNTIL JANUARY 31, 2020



STARTING FEBRUARY 1, 2020



Commodity
Supplemental
FOOD PROGRAM

ELIGIBILITY REQUIREMENTS

- Adults 60 years of age and older
- Residency: must live within the service area at the time of application for services.
- Income Eligibility Requirement: up to 130% of the Federal poverty guidelines published annually by the Department of Health and Human Services
- Applicants do not have to provide proof of citizenship



EFFECTIVE FEBRUARY 4, 2019
 NM HSD FANS CFSP INCOME GUIDELINES
 FEDERAL SENIOR POVERTY GUIDELINES 130%

No. of Household Members	Total Income		
	Annual	Monthly	Weekly
1	\$16,237	\$1,354	\$313
2	\$21,983	\$1,832	\$423
3	\$27,729	\$2,311	\$534
4	\$33,475	\$2,790	\$644
5	\$39,221	\$3,269	\$755
6	\$44,967	\$3,748	\$865
7	\$50,713	\$4,227	\$976
8	\$56,459	\$4,705	\$1,086
For each additional family member, add	+\$5,746	+\$479	+\$111

HOW TO APPLY FOR CSFP

Applications are available at the warehouses and distribution sites.

To Apply for CSFP benefits the applicant or their authorized proxy must provide the following information at the time of application:

Proof of Age: e.g. Birth Record, Driver's License

Proof of Identity: A Photo ID is preferred

Age and Identity Verification does not need to be current or a U.S. document

A sample application form for CSFP benefits. The form is titled "APPLICATION FOR NEW MEDICAL BENEFIT SUPPLEMENTAL FUND PROGRAM (CSFP)". It contains various fields for personal information, including Name, Address, and Contact Information. There are also checkboxes for "I am a U.S. citizen" and "I am a U.S. resident". The form is partially filled out with text and numbers.

HOW TO APPLY FOR CSFP

Proof of residency: A Physical Address in New Mexico

Proof of Income: Social Security Award letter, Retirement Income Statement, Annuity statement, Employment Pay Stub or any document that includes gross income.

NEW MEXICO HAS REQUESTED PERMISSION TO CHANGE TO SELF-DECLARATION OF INCOME & RESIDENCY. THIS COULD BE APPROVED FOR JANUARY 1, 2020.

A screenshot of a tax form, likely a New Mexico state income tax return, showing various fields and tables.

HOW TO APPLY FOR CSFP

The Household Composition is based on including all members in the household.

SNAP Household (HH) composition rules apply.
Purchase and Prepare Separately = Separate Household.



OR



DUAL PROGRAM PARTICIPATION IS ALLOWED

CSFP households seeking food assistance are frequently eligible for additional food programs that may provide much needed resources. CSFP participants may receive food assistance from these programs at the same time:

- The Emergency Food Assistance Program (TEFAP)
- The Supplemental Nutrition Assistance Program (SNAP)

OR

The Food Distribution Program on Indian Reservations (FDPIR)



United States
Department of
Agriculture

THE EMERGENCY FOOD ASSISTANCE PROGRAM

TEFAP

- There are currently 169 TEFAP Sites in New Mexico in all 33 counties
- 411,492 Food Boxes were distributed in FY18
- 34,291 average number of boxes per month
- 795,783 meals served at soup kitchens and shelters
- 66,315 average number of meals served each month.



HOW TO APPLY FOR TEFAP

- 185% of the federal poverty guidelines qualifies for TEFAP
- Recipients within a household who are already qualified for SNAP will automatically qualify for TEFAP. If children in the household receive free or reduced lunch, the HH automatically qualifies. So age is not a factor in eligibility determination. Income is self declared.
- They will still need to complete an application
- TEFAP applications are filled out at the distribution sites
- All TEFAP sites are listed at www.rrfb.org
 - Get Help Now – just enter a zip code



TEFAP - CONTINUED


This year TEFAP is expected to distribute 4x the amount of USDA Foods that it has distributed in previous years. Healthy items are available at all TEFAP distribution sites including but not limited to:

Eggs, Fresh Milk, Cheese, Pork, Chicken, Beef, Lentils, Plums, Oranges, Apples, Pears, Grapes, Brown Rice, Pasta, Nuts, Dried Fruit, Potatoes, Peanut Butter ...

Clients are allowed to access TEFAP more than once a month at this time.

All TEFAP applications must be filled out at the distribution site.



The Emergency Food Assistance Program State of New Mexico (TEFAP) 

Name: _____ Number of Adults in Household: _____
 Address: _____ Number of Children in Household: _____
 City/State/Zip: _____ County: _____ Phone: _____

Automatic Eligibility for TEFAP/USDA Food:
 My Household receives SNAP/FDPIR/WIC/CSFP/CACFP/FREE or REDUCED NSLP

YOU MAY SKIP THE NEXT SECTION IF YOUR HOUSEHOLD ALREADY RECEIVES SNAP/FDPIR/WIC/CSFP OR NSLP. PLEASE SIGN AND DATE THE APPLICATION.

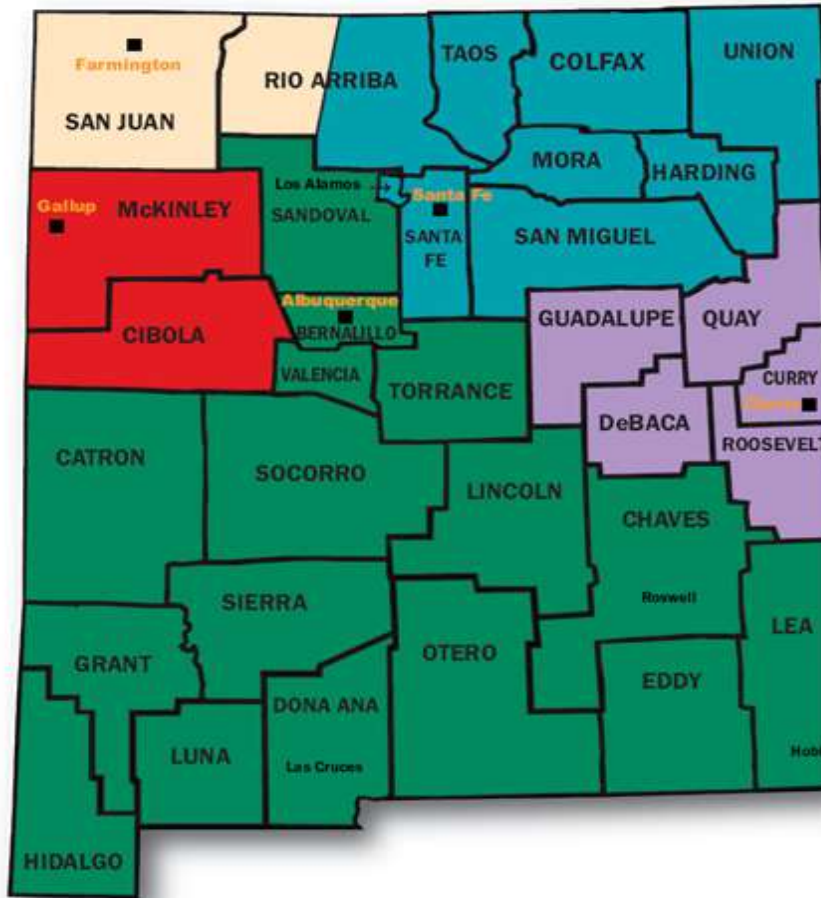
If You Did Not Check the Box Above, Please Continue:
 On the following chart, please circle the number of people in your household. Circle the income limit that matches the size of household. Is your income the same or lower than the number you circled? YES NO

Household Size	Annual	Monthly	Twice per Month	Every 2 Weeks	Weekly
1	23,107	1,926	963	889	445
2	31,284	2,607	1,304	1,204	602
3	39,461	3,269	1,645	1,518	759
4	47,638	3,970	1,985	1,833	917
5	55,815	4,652	2,326	2,147	1,074
6	63,992	5,333	2,667	2,462	1,231
7	72,169	6,015	3,008	2,776	1,388
8	80,346	6,696	3,348	3,091	1,546
First Adult Family Member Add	8,177	682	341	315	158

I certify that the total gross income for my household is at or below the income I have circled or that my household is automatically eligible based on the programs I checked above. YES NO

Signature _____ Date _____ Certifier _____

REGIONAL FOOD BANKS IN NEW MEXICO



The Community Pantry - Gallup
 PO Box 520
 Gallup, NM 87035-0520
 (505) 726-8068
Thecommunitypantry.org



ECHO, Inc. – Farmington
 401 S. Commercial
 Farmington, NM 87401
 (505) 326-3770
Echoinc.org



Food Bank of Eastern NM – Clovis
 2217 E Brady
 Clovis, NM 88101
 (575) 763-6130
Fbenm.org



The Food Depot – Santa Fe
 1222 Siler Rd.
 Santa Fe, NM 87507
 (505) 471-1633
Thefooddepot.org



Roadrunner Food Bank – Albuquerque
 5840 Office Blvd. NE
 Albuquerque, NM 87109
 (505) 349-5340 or 866-327-0267
Rrfb.org

CONTRACTORS

Four CSFP contractors support all 33 NM counties:

ECHO, Inc.

McKinley, Rio Arriba, San Juan, Bernalillo, Cibola, Los Alamos,, Sandoval, Santa Fe and Valencia

Loaves & Fishes, Inc.

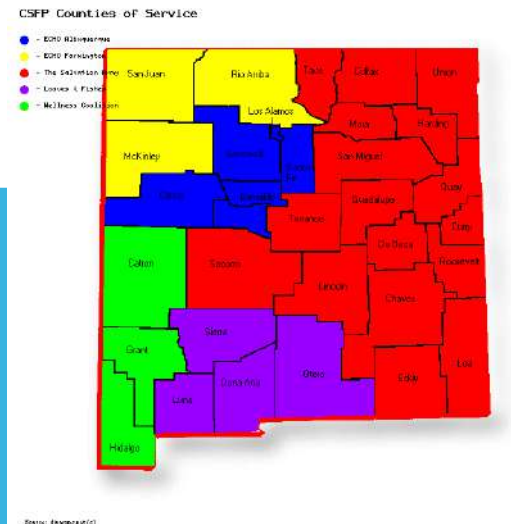
Sierra, Luna, Dona Ana and Otero- Alamagordo/Tularosa

The Salvation Army Roswell Corps

Chaves, Curry, De Baca, Eddy, Guadalupe, Lea, Lincoln, Otero-Mescalero, Roosevelt, Colfax, Guadalupe, Harding, Mora, Quay, San Miguel, Socorro, Taos, Torrance, Union

The Wellness Coalition

Catron, Grant and Hidalgo



REGIONAL OFFICE CONTACTS

Northwest Region

Economic Council Helping Others, Inc. (ECHO, Inc.)

401 S. Commercial St., Farmington NM 87401

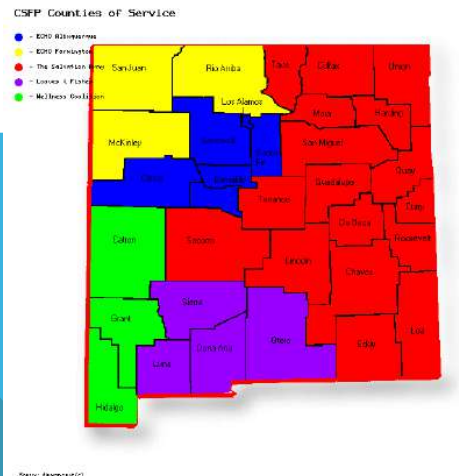
505-326-3770

Central and Northeast Regions

Economic Council Helping Others, Inc. (ECHO, Inc.)

300 Menaul Blvd NW, Ste. 226, Albuquerque, NM 87107

505-242-6777



REGIONAL OFFICE CONTACTS

Southwest Region

Loaves and Fishes

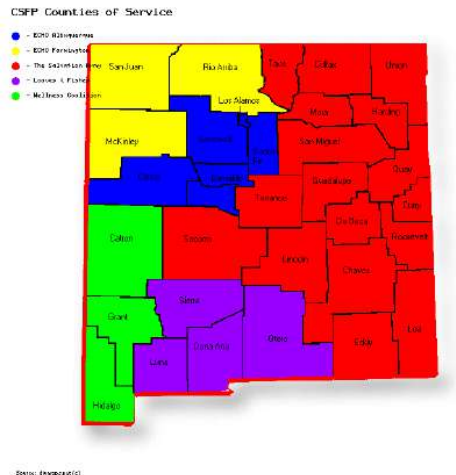
320 South Gate Court, Las Cruces, NM 88005

575-523-1272

The Wellness Coalition

524 E. De Moss, Lordsburg, NM 88045

575-956-3056



REGIONAL OFFICE CONTACTS

Southeast Region

Salvation Army

207 Chisum St., Roswell, NM 88201

575-625-2030

Program Oversight

New Mexico Department of Human Services

Food and Nutrition Services Bureau (FANS Bureau)

1425 William SE, Albuquerque, NM 87102-4661

505-841-2693 or 505-841-2690

