



Holiday “Homework” Ideas

Adapted from: <http://msmondor.files.wordpress.com/2010/12/holiday-homework-ideas.pdf>

Reading

Remember, reading is not only knowing how to decode the words, but it is also about comprehending what you read and making connections with the characters and the story. Please ask your child questions about their books every now and then. See if you can make time during the holiday break to visit the local library.

Writing

A family holiday journal is a great way to do some writing over the holidays. Another fun activity is a progressive story – everyone in the family takes turns writing a sentence for a story until the story is complete! Create a family scrapbook by placing photos into a photo album/scrapbook, and writing a sentence or two describing each photograph.

Math and Science

Cooking and baking involve language arts, science, and math. Involve your children this holiday in kitchen activities. Topics could include measuring (capacity), hot and cold temperature (fridge, stove, microwave, freezer, etc), mixing ingredients (chemistry), reading and following a recipe, and writing/copying a recipe legibly. As a follow-up to what was taught in class, ask your child to either $\frac{1}{2}$ or double the recipe!

Social Studies

Talk about your family traditions. What traditions did your parents/grandparents have, and how are they the same or different from the traditions you have now? After collecting toys for our toy drive last week, discuss how not all children have the same quality of life and maybe even make a family plan about how you can help!

Physical Activity

Encourage your child to be physically active for at least 30 minutes a day. You may want to go on a family walk, dance to your favorite songs or even follow along to an exercise video!

Art

Try making homemade cards, gifts and wrapping paper!

Health

The holidays offer lots of temptation, and treats are okay in moderation. Discuss with your child the importance of eating healthy all year! Count how many calories each family member consumes each day and create a graph to compare everyone’s daily calorie intake!