Course Selection 2020 Las Lomas High School



Course Selection Timeline

- Course request forms distributed Jan 27-Jan 29
- Open House Jan 30 to get more information about classes.
- Turn in Forms:
 - Feb 3 Juniors to your USH class
 - Feb 5 Frosh Attend your scheduled meeting with your counselor.
 - Feb 6 Soph Attend your scheduled meeting with your counselor.

Course selection is an opportunity to practice decision making

- Set aside time to talk about it with your family.
- Prepare your thoughts before the meeting.
- What are the decisions that need to be made?
- How do the choices reflect my goals?
- How do the choices reflect my values and interests?
- What supports are needed to make this plan possible?

4 year plan

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LAS	LOMAS HIGH	SCHOO	L PRELIMINARY 4-YR	PLAN			
Student Name:			Class of: 20				
During your four years of important decisions. You			singly independent and be mak ful freshman year.	ing more at	nd more		
Graduation Requireme	nts *	Credits	edits Min. UC/CSU College Requi		Years		
History/Social Science		30	"a" History/Social Science		2 years		
(World History, US History & English	US Gov't/Econ)	40	(World History, US History / US Gov' "b" English	4 years			
Mathematics		30	"c" Mathematics		3 years		
(10 cr Algebra 1 + 10 cr beyon	d Alg 1 + 10 more)		(Min through Algebra 2)	J years			
Science	to Foods	20	"d" Science		2 years *		
(Living Earth & Chemistry of the World Lang or Career		20	(Biological Science & Physical Science) "e" Language other than English		2 years		
Visual or Performing A		10	"f" VPA (visual or performi		1 year		
Electives		65	"g" College Prep Elective	-57	1 year		
Human & Social Deve	lopment	5					
Physical Education (Pl		20					
(PE 9 + 10 cr PE class/Athletic	PE) ing course with a gra	de "D" or his	gher.** College requirements are m	et by earning	a "C" or better.		
ome colleges require more than 2				,			
Grade 9	Grade 1	10	Grade 11	(Grade 12		
English 1	English 2		English 3	English 4	4		
World History &	Human & Soci	al Dev /	US History	US Gov'	t/Economics		
Geography	semester cours	e					
Math	Math		Math	>			
The Living Earth	Chemistry of the Earth		> Physics (recommended)	>			
PE 9	PE (if needed)		> >				
>	>		>	>			
>			>				
Total: 60-70 cr	Total: 60-70 cr		Total: 60-70 cr	Total: 60-			
			Gradua	tion credit i	requirement = 24		
Notes and Questions:							
Health concerns:							

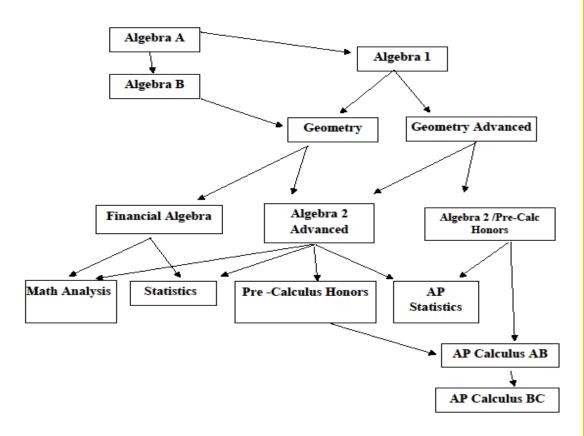
Graduation Requirements *	Credits	UC & CSU A-G requirements	Years
History/Social Science (World History, US History & US Gov't/Econ)	30	"a" History/Social Science	2 years
English	40	"b" English	4 years
Mathematics (Min Algebra 1 plus 2 semesters beyond)	30	"c" Mathematics (must include Algebra 2 or higher)	3 years
Science 1 life science and 1 physical science	20	"d" Science At leat 1 life science and 1 physical science with labs	2 years
World Language or Tech Ed (10 credits each in 2 different areas)	20	"e" World Language	2 years
Visual or Performing Art (VPA)	10	"f" VPA	1 year
Electives	65	"g" College Prep Elective	1 year
Human & Social Development	5		
Physical Education (PE) 10 credits PE 9 required. Additional 10 credits can be combo of PE class and athletic PE	20		
Total Credits	240	40 Minimum of 15 year-long cou	

Las Lomas High School Quick Reference for Math Pathways

These are the most commonly recommended pathways.

Students seeking alternative pathways should consult with a math teacher and a counselor.

See the district course catalog for course descriptions.



Time Management Tools

Time Management Activity FILL THIS OUT FOR YOUR BUSIEST SEMESTER

chool Activities	Average Hours/ Week
School (5 days x 7 hours)	35
Course Title	
English:	k
Social Studies:	
Math:	*
Science:	
Language:	
Electives:	
total school hours:	:
xtra-Curricular Activities	Average Hours/ Week
Paid Job	
Hobbies / Interests	8
Community Service	
Sports/exercise	a and a second
Music / Performances	
total extra-curricular hours:	:
Daily Living Activities	Average Hours/ Week
Sleep (7 days x 9 hours)	Tronge Hours, Week
Necessities (eating, showering, chores, etc.)	
Family Time	
Personal time	7
Social time with friends	
total daily living hours.	:
otal Hours	Available Hours/Week
School Hours =	Maximum Hours
Extra-Curricular Hours =	
Daily Living Hours =	168
your total hours: vs.	100

Senior Year Classes

- Should have close to 150 credits completed so far. Required:
 - English 4 (Theme classes and AP options)
 - Government and Economics (AP option)
 - A visual or performing art, if you haven't taken one yet

Recommended:

- 4th year of math
- 3rd or 4th year of science
- Continue with world language

Sign up for things you are interested in!

Juniors Choosing Senior Classes



High School

GRADE 12

Student Name		ID Number		
(Please print)	FIRST	LAST		

INSTRUCTIONS FOR COURSE REGISTRATION 2020-2021

Guidelines for Selecting a Course

Please review the information in the Course Catalog and the course descriptions prior to signing up for a particular course. Additionally, you are encouraged to consider the following course selection guidelines when planning an overall schedule.

- 1. Graduation Requirements. Carefully check the AUHSD graduation requirements.
- 2. College Entrance Requirements. Look for courses required by many colleges and universities.
- 3. Your interests. Look for courses which might have relevance or interest to you.
- Overall course schedule. Examine the overall rigor of selected classes.
- 5. Parent approval. Talk to your parents about your course choices.
- 6. Teacher recommendation. Talk to your teachers to determine appropriate course selection.

Instructions for Course Registration

- Print your name in the space provided above. This form is a worksheet to select courses BEFORE you enter them into PASS Portal.
- You must sign up for at least five (5) courses; however, you may request up to seven (7). Review the courses available for your grade level on the back.
- List your requested courses in the spaces provided on the back of this form. In addition, you MUST list an alternate course in case your first choice is not available. Required courses will already be listed.
- 4. Several semester long courses are available to grade 12 students. If signing up for semester courses, please make sure to select 2 courses to make up a year or select "Off Campus" if only wanting to take 1 semester. "Off Campus" option is only available to students scheduled in 5 or more yearlong courses and on track for graduation. Semester course enrollment priority is given to grade 10 students.

Online Registration

- 1. Click on: "PASS Portal" link found under the school's quick links website menu.
- Use your "auhsdschools.org" email and password.
- 3. Once logged in, select "Classes" then "Course Request Entry".
- 4. From "Filter Courses" select a Subject Area and your desired course.
- 5. Confirm selection when prompted. You may cancel your selection at this time.
- 6. The course will be added to the left column and an "Add Alternate" option will now be available.
- To make an alternate course selection, select "Add Alternate" and select the appropriate Subject Area. Not selecting an alternate course may delay your course selection process as you will be asked to do so at a later time.
- 8. Change the subject area to make additional course selections to complete your requested schedule.

Please return signed sheet to your US History teacher by February 3, 2020

Student N	lame		ID Number				
(Please p	rint)	FIRST	LAST				
Course #	Cou	rse Title					\neg
	REC	UIRED					\neg
1			☐ English 4 ☐ AP English Literature and Composition				\dashv
1	Circ		_		_		- 1
			English 4: Literature, Film & N		English 4: Deconst		- 1
	Plea	Please select your second choice as an alternate when making your online selection.					
2 A	Che	ck one: [☐ Government ☐ AP Government and Politics				\neg
2 B	Che	ck one: [☐ Economics ☐ Macro Economics				\dashv
							\dashv
_	SELI	ECTED COUR	SE	Alter	nate		-
3							—
4							_
5							
6							
7							\neg
Semester C	ourse	Sign Up – A	vailable to students taking min	nimum 5 v	earlong courses ar	d on track to graduate.	. – 1
			ester long courses. If taking semester cou				_
grade 10 studer	nts. If ti	here is space and	schedule allows it, Grade 12 students ma	y be enrolled	i.		
		Semester	Course Selection	Alte	rnate Semester	Course	\neg
Semester A	\neg		(Semeste	_		(Semesti	er)
Semester B	\neg		(Semeste			(Semesti	_
			Serves	.,		Services	.,
Student Si	ienatu	ıre	Pare	nt Signatu	re		
	8		Grade 12 Course Titles	_			
*For a full lis	ting of	f courses at all	grade levels, please see the 2020-202				
			ng courses. Courses marked with S/Y may be to			t carefully.	
Career Technica			Math Continued	Social Studie		VAPA Continued	
Automotive Engi			AP Calculus BC		mment & Politics (S)	Wind Ensemble	
Automotive Engi		Advanced	Introduction to Computer Science (S)	AP European		AP Music Theory	
		AP Computer Science Principles AP Computer Science A			World Language		
Foods 1	5y Auva	inced	Ar computer science A		P Psychology World Language P Macroeconomics (S) French 1		
Foods 2			Physical Education		French 2		
Foods Advanced	Baking	& Cooking	PE Team Sports (S/Y	Special Educ	ation	French 3	
Foods Advanced			PE Cardio Fitness (S/Y)	Learning Skil	earning Skills French 4 Honors		
Work Experience Education		tion	PE Weight Training (S/Y)			AP French Language & Culture	
			PE Yoga, Pilates and Fitness Training (S/Y)	Visual and P	erforming Arts	French Literature Honors	
English English 4			Science	Art1		Japanese 1 Japanese 2	
English 4: Decon	structio	e Race	Chemistry in the Earth System	Advanced Ar	•	Japanese 3	
English 4: Literat			Geology		dvanced Art Honors Japanese 4 Honors		
AP English Litera			Physics of the Universe	Independent	Art Portfolio	Mandarin 1	
Journalism 1-4		-	Analytical Forensic Science ROP	AP Studio An	t	Mandarin 2	
Public Speaking:	1		Engineering & Applied Physics Honors	3D Art 1			
Public Speaking			Physiology	3D Art 2		Mandarin 4 Honors	
English Language	e Devek	ppment (ELD)	Principles of Biomedical Science	3D Art 3			
Literacy			Human Body Systems	3D Art 4		Spanish 2	
Math			AP Biology AP Chemistry	Digital Design		Spanish 3 Spanish 4 Honors	
Algebra B AP Physics 1			World Art (5)		AP Spanish Language & Culture		
Algebra 1			Drama 1				
Financial Algebra			AP Physics 2 Dr AP Physics C: Mechanics Dr				
Geometry			AP Environmental Science	Drama - Adv	anced	Inter Disciplinary	
Geometry Advar	nced			Stagecraft		Introduction to Ethnic Studies (S)	
Algebra 2 Advan			Social Science		rmance 1 (Chorale)	Leadership (See LL selection proce	ess)
Algebra 2/Pre-Co	alculus i	Honors	US Government (S)		rmance 2 (M/W Ensemble)	Peer Tutoring	
Math Analysis			Economics (S)		rmance 3 (Concert Choir)	Publications (formerly Yearbook)	
Pre-Calculus Hor	nors		Contemporary Issues & Public Policy	Concert Bank		Advanced Publications	
Statistics AP Statistics			Global Studies (S)	Jazz Ensembl	ic	Sports Medicine Staff Assistant	
AP Statistics AP Calculus AB					Orchestra Staff Assistant Ownphonic Band Off Campus Period 1 or 7		
AL COLUMN AD			1-101001	January B			

New Courses

- AP English Language & Composition (11)
 - replaces honors English 3
 - Lots of non-fiction
- English 4: Deconstructing Race (12)
 - Historical lens, focus on social justice, racial awareness
- Human Body Systems (10,11,12)
 - Course after Principles of BioMed
 - Case studies focus on treatment/evaluation
- **AP Physics 2** (11,12)
 - Course after AP Physics 1
- Introduction to Ethnic Studies (semester course) (10,11,12)
 - Interdisciplinary look at race/gender/identity
 - Multiple perspectives in history and current events

Aeries Pass

Acalanes Union High School District



Students:

Please log in using your auhsdschools.org email address and network password you received at registration days.

Parents

If you have not logged into this site before, please click Create New Account to register. Follow these instructions. (You will need the Student Perm ID#, Home Telephone Number and Verification Code that was mailed home. If you do not have this, contact your school's registrar.)

College Planning

- Colleges want to see the same level of difficulty in 12th grade as in previous years.
- Seniors applying to competitive colleges should take six *academic* classes.
- Choose courses wisely for senior year courses should align with your college goals.
- To maximize your college choices, you need to strike a balance between rigorous coursework and GPA.

Types of Application Review

Index Review

- Admission based on GPA, test scores and minimum subject requirements
- No consideration of extracurriculars, no essays, no letters of recommendation
- California State Universities i.e.
 Cal Poly SLO, San Diego State,
 Sonoma, Chico
- Washington State, Hawaii, Alabama, Arizona, ASU, Northern Arizona, Boise State, University of Nevada Reno, Montana State

Holistic Review



- Academics
 - Grades, coursework, rigor
 - Standardized tests SAT/ACT
- Achievement outside the classroom (extracurricular activities, employment, volunteer work, etc.)
- Commitment and Leadership
- Context of High School achievements
- Personal Qualities essays and letters of recommendation usually required
- Match/Fit and demonstrated interest

College Planning

- Every junior will have a **JUNIOR appointment** with her/his counselor in February or March. You will be sent an appointment slip with a specific day/time. We will review your graduation status and talk about your plans after high school.
- Write down your questions to make the most of your junior appointment.

- Use Naviance to research colleges, careers and scholarships
- https://student.naviance.com/laslomas

College Planning

Spring of Junior year:

- Plan something for summer like volunteer work, summer program, internship, job, etc.
- Take SAT and/or ACT w/ writing
 Register at www.collegeboard.org for SAT
 Register at www.actstudent.org for ACT
- Visit colleges and nearby college fairs in your free time.
- Start forming a list of colleges where you want to apply.
- Think about letters of recommendation. Do you even need them?
 - Common App colleges usually require 1 and sometimes 2 letters, plus a counselor letter. Do not ask more than 2 teachers for letters unless absolutely necessary.
 - Check to see if the colleges you're interested in require LOR.

FAQ

- Should I take 6 or 7 classes?
- What is an AP class?
 - AP stands for Advanced Placement and is a college level course.
- What is the difference between an AP and Honors class?
 - AP classes have a standardized test in May that can earn college credit.
- Is it better to have more AP's or a better GPA?
 - It is best to choose classes based upon your interests.
- What if I take a summer course?
 - Summer courses for advancement outside of summer school will not be placed on your transcript.
- If I change my mind after I turn in my forms, can I still change my classes?
 - The system will close after you turn in your form and will be locked out of changes.
- When and where is summer school?
 - June 8-July 16 at Acalanes High School