Course Selection 2020 Las Lomas High School



Course Selection Timeline

- Course request forms distributed Jan 27-Jan 29
- **Open House Jan 30** to get more information about classes.
- Turn in Forms:
 - Feb 3 Juniors to your USH class
 - Feb 5 Frosh Attend your scheduled meeting with your counselor.
 - Feb 6 Soph Attend your scheduled meeting with your counselor.

Course selection is an opportunity to practice decision making

- Set aside time to talk about it with your family.
- Prepare your thoughts before the meeting.
- What are the decisions that need to be made?
- How do the choices reflect my goals?
- How do the choices reflect my values and interests?
- What supports are needed to make this plan possible?



LAS LOMAS HIGH SCHOOL PRELIMINARY 4-YR PLAN

Student Name: _____

Student Signature

Class of: 20

During your four years of high school you will be increasingly independent and be making more and more important decisions. Your first goal is to have a successful freshman year.

Graduation Requirements *	Credits	Min. UC/CSU College Requirements **	Years
History/Social Science (World History, US History & US Gov't/Econ)	30	"a" History/Social Science (World History, US History / US Gov't)	2 years
English	40	"b" English	4 years
Mathematics (10 cr Algebra 1 + 10 cr beyond Alg 1 + 10 more)	30	"c" Mathematics (Min through Algebra 2)	3 years
Science (Living Earth & Chemistry of the Earth)	20	"d" Science (Biological Science & Physical Science)	2 years *
World Lang or Career Tech Ed	20	"e" Language other than English	2 years
Visual or Performing Art	10	"f" VPA (visual or performing art)	1 year
Electives	65	"g" College Prep Elective	1 year
Human & Social Development	5		
Physical Education (PE) (PE 9 + 10 cr PE class/Athletic PE)	20		

*High school credits earned by passing course with a grade "D" or higher. ** College requirements are met by earning a "C" or better. * Some colleges require more than 2 years of science.

Grade 9	Grade 10	Grade 11	Grade 12
English 1	English 2	English 3	English 4
World History & Geography	Human & Social Dev / semester course	US History	US Gov't/Economics
Math	Math	Math	>
The Living Earth	Chemistry of the Earth	> Physics (recommended)	>
PE 9	PE (if needed)	>	>
>	>	>	>
>	>	>	
Total: 60-70 cr	Total: 60-70 cr	Total: 60-70 cr	Total: 60-70 cr
		Gradua	tion credit requirement = 240

Notes and Questions:		
Health concerns:		

Date

Time Management Tools

Time Management Activity FILL THIS OUT FOR YOUR <u>BUSIEST</u> SEMESTER

hool Activities	Average Hours/ Week
School (5 days x 7 hours)	35
Course Title	
English:	
Social Studies:	
Math:	
Science:	
Language:	
Electives:	
total school hours:	

tra-Curricular Activities	Average Hours/ Week
Paid Job	
Hobbies / Interests	
Community Service	
Sports/exercise	
Music / Performances	
total extra-curricular hours:	

aily Living Activities	Average Hours/ Week	
Sleep (7 days x 9 hours)		
Necessities (eating, showering, chores, etc.)		
Family Time		
Personal time	5	
Social time with friends		
total daily living hours:		

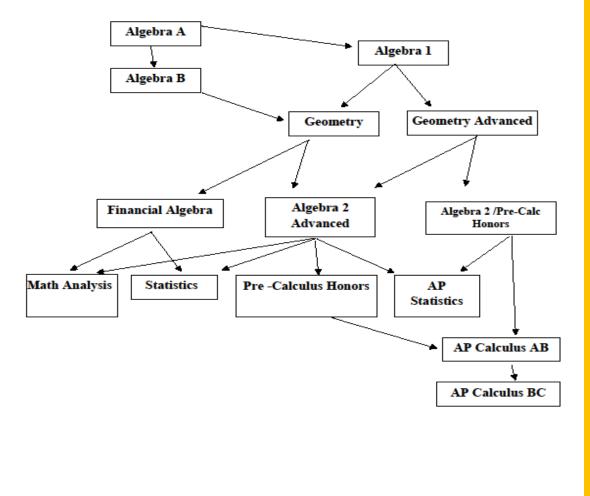
Hours			Available Hours/Wee
School Hours	=		Maximum Hours
Extra-Curricular Hours	=		
Daily Living Hours	=		168
your total hours:		vs.	100

Graduation Requirements *	Credits	UC & CSU A-G requirements	Years
History/Social Science (World History, US History & US Gov't/Econ)	30	"a" History/Social Science	2 years
English	40	"b" English	4 years
Mathematics (Min Algebra 1 plus 2 semesters beyond)	30	"c" Mathematics (must include Algebra 2 or higher)	3 years
Science 1 life science and 1 physical science	20	"d" Science At leat 1 life science and 1 physical science with labs	2 years
World Language or Tech Ed (10 credits each in 2 different areas)	20	"e" World Language	2 years
Visual or Performing Art (VPA)	10	"f" VPA	1 year
Electives	65	"g" College Prep Elective	1 year
Human & Social Development	5		
Physical Education (PE) 10 credits PE 9 required. Additional 10 credits can be combo of PE class and athletic PE	20		
Total Credits	240	Minimum of 15 year-1	long courses

Las Lomas High School Quick Reference for Math Pathways

These are the most commonly recommended pathways. Students seeking alternative pathways should consult with a math teacher and a counselor.

See the district course catalog for course descriptions.



Aeries Pass

Acalanes Union High School District



Students:

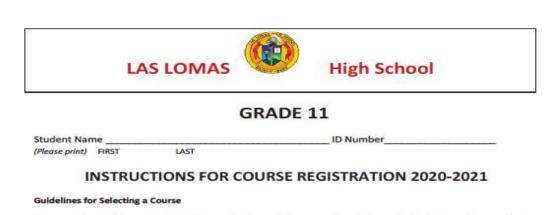
Please log in using your auhsdschools.org email address and network password you received at registration days.

Parents

If you have not logged into this site before, please click Create New Account to register. Follow these instructions. (You will need the Student Perm ID#, Home Telephone Number and Verification Code that was mailed home. If you do not have this, contact your school's registrar.)

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Sophomores Choosing Junior Classes



Please review the information in the Course Catalog and the course descriptions prior to signing up for a particular course. Additionally, you are encouraged to consider the following course selection guidelines when planning an overall schedule.

- 1. Graduation Requirements. Carefully check the AUHSD graduation requirements.
- 2. College Entrance Requirements. Look for courses required by many colleges and universities.
- 3. Your interests. Look for courses which might have relevance or interest to you.
- 4. Overall course schedule. Examine the overall rigor of selected classes.
- 5. Parent approval. Talk to your parents about your course choices.
- 6. Teacher recommendation. Talk to your teachers to determine appropriate course selection.

Instructions for Course Registration

- Print your name in the space provided above. This form is a worksheet to select courses BEFORE you enter them into PASS Portal.
- You must sign up for at least five (5) courses; however, you may request up to seven (7). Review the courses available for your grade level on the back.
- List your requested courses in the spaces provided on the back of this form. In addition, you MUST list an
 alternate course in case your first choice is not available. Required courses will already be listed.
- 4. Several semester long courses are available to grade 11 students. If signing up for semester courses, please make sure to select 2 courses to make up a year or select "Off Campus" if only wanting to take 1 semester. "Off Campus" option is available only to students taking six (6) yearlong courses in addition to the semester course. Semester course enrollment priority is given to grade 10 students.

Online Registration

- 1. Click on: "PASS Portal" link found under the school's quick links website menu.
- 2. Use your "auhsdschools.org" email and password.
- 3. Once logged in, select "Classes" then "Course Request Entry".
- From "Filter Courses" select a Subject Area and your desired course.
- 5. Confirm selection when prompted. You may cancel your selection at this time.
- 6. The course will be added to the left column and an "Add Alternate" option will now be available.
- To make an alternate course selection, select "Add Alternate" and select the appropriate Subject Area. Not selecting an alternate course may delay your course selection process as you will be asked to do so at a later time.
- 8. Change the subject area to make additional course selections to complete your requested schedule.

Course Registration January 27– February 6

Sophomores Choosing Junior Classes

Student N (Please p			LAST	ID Numb	per
Course #		se Title			
	REQU	JIRED			
1	Check	one:	English 3	AP English	Language & Composition
2	Check	one:	US History	AP US Histo	bry
	SELE	CTED CO	DURSE		Alternate
3			Physics or Al	Physics 1 Recommended	
4					
5					
6					
7					
Semester Course Sign Up – Available to students taking 6 yearlong courses					
Grade 11 students may sign up for semester long courses. If taking semester courses, please mark your selection below. Priority enrollment is given to grade 10 students. If there is space and schedule allows it, Grade 11 students may be enrolled.					
	S	emeste	r Course Sele	ction	Alternate Semester Course
Semester A				(Semester)	(Semester)
Semester B				(Semester)	(Semester)

Student Signature

Parent Signature

Grade 11 Course Titles by Subject Area

*For a full listing of courses at all grade levels, please see the 2020-2021 Course Catalog. *Courses marked with 5, are semester long courses. Courses marked with 5/Y may be taken as semester or yeariong. Please select carefully.

Career Technical Education Automotive Engineering Automotive Engineering Advanced Wood Technology Wood Technology Advanced Foods 1 Foods 2 Foods Advanced Baking & Cooking Foods Advanced International Cuisine

English

English 3 AP Language & Composition Journalism 1-4 Public Speaking 1 Public Speaking 2, 3, 4 English Language Development (ELD) Literacy

Math

Algebra A Algebra B Algebra 1 Financial Algebra Geometry Geometry Advanced Algebra 2 Advanced Algebra 2/Pre-Calculus Honors

Math Analysis Pre-Calculus Honors Statistics AP Statistics AP Calculus AB Introduction to Computer Science (S) **AP Computer Principles** AP Computer Science A **Physical Education**

Math Continued

PE Cardio Fitness (S/Y) PE Team Sports (S/Y) PE Weight Training (S/Y) PE Yoga, Pilates and Fitness Training (S/Y)

Science

Chemistry in the Earth System Geology Physics of the Universe Analytical Forensic Science ROP Engineering & Applied Physics Honors Physiology Principles of Biomedical Science Human Body Systems AP Biology AP Chemistry AP Physics 1 AP Physics 2 AP Physics C: Mechanics **AP Environmental Science**

Social Science US History Contemporary Issues & Public Policy Social Studies Continued Global Studies (S) Law & Society Psychology AP US History AP European History AP Human Geography AP Psychology Special Education Learning Skills Visual and Performing Arts Art 1 Art 2 Advanced Art Advanced Art Honors 3D Art 1 3D Art 2 3D Art 3 Digital Design 1 Digital Design 2 World Art (S) Drama 1 Drama 2 Drama Advanced Stagecraft Choral Performance 1 (Chorale) Choral Performance 2 (M/W Ensemble) Choral Performance 3 (Concert Choir) Concert Band lazz Ensemble Orchestra Wind Ensemble

AP Music Theory Symphonic Band World Language French 1 French 2 French 3 French 4 Honors AP French Language & Culture French Literature Honors Japanese 1 Japanese 2 Japanese 3 Japanese 4 Honors Mandarin 1 Mandarin 2 Mandarin 3 Mandarin 4 Honors Spanish 1 Spanish 2 Spanish 3 Spanish 4 Honors AP Spanish Language & Culture Spanish for Heritage Speakers Inter Disciplinary

Introduction to Ethnic Studies (S) Leadership (See LL Selection Process) Peer Tutoring Publications (formerly Yearbook) Advanced Publications Sports Medicine Staff Assistant Off Campus Period 1 (No Credit) Off Campus Period 7 (No Credit)

Junior Year Classes

Required:

- English 3 (AP option)
- US History (AP option)
- Math 30 credits of math required. See math pathway and get teacher recommendation before choosing a class.

Choices

- Science-- Students are encouraged to take Physics of the Universe or AP Physics 1. Some colleges require 3 years of science.
- World Language-- not required for graduation but many colleges recommend at least level 3.
- Choose a VPA class if you haven't taken one yet.
- Check your PE credits!
- Optional 7th class
 - You can choose an off campus 1st or 7th period

Timeline for Sophomores

Spring of Sophomore Year

- Choose courses wisely for Junior year.
- Start visiting colleges and college fairs in the area.
- Plan something fun and interesting for summer: volunteer work, job, research project, travel, etc.

Things To Consider

- Consider...
 - demands on your time when selecting courses
 - 7 vs 6, how many AP/Honors to take, etc. .
 - how your junior year classes will lead into senior year classes
 - how your courses align with your interests/college/future goals
- Create a balance over the next two years.
 consider SAT/ACT testing, college applications, etc.
- Should have 90 credits completed so far.

New Courses

- AP English Language & Composition (11)
 - replaces honors English 3
 - Lots of non-fiction
- English 4: Deconstructing Race (12)
 - Historical lens, focus on social justice, racial awareness
- Human Body Systems (10,11,12)
 - Course after Principles of BioMed
 - Case studies focus on treatment/evaluation
- **AP Physics 2** (11,12)
 - Course after AP Physics 1
- Introduction to Ethnic Studies (semester course) (10,11,12)
 - Interdisciplinary look at race/gender/identity
 - Multiple perspectives in history and current events

FAQ

- Should I take 6 or 7 classes?
- What is an AP class?
 - AP stands for Advanced Placement and is a college level course.
- What is the difference between an AP and Honors class?
 - AP classes have a standardized test in May that can earn college credit.
- Is it better to have more AP's or a better GPA?
 - It is best to choose classes based upon your interests.
- What if I take a summer course?
 - Summer courses for advancement outside of summer school will not be placed on your transcript.
- If I change my mind after I turn in my forms, can I still change my classes?
 - The system will close after you turn in your form and will be locked out of changes.
- When and where is summer school?
 - June 8-July 16 at Acalanes High School