



Inspiring, empowering, and transforming children's lives through outdoor education.

Greetings from the Pigeon Point Lighthouse!

This year your child and his or her classmates will have the opportunity to participate in our residential environmental education program. The activities and lessons, which are conducted by Exploring New Horizons at Pigeon Point, are an integral part of the classroom curriculum. The students will experience the natural environment as an outdoor laboratory where their classroom skills are utilized and enhanced. They will also benefit from the knowledge gained through personal interaction with and investigation of a variety of natural and cultural communities.

Exploring New Horizons at Pigeon Point combines the teaching skills and talents of the classroom teachers, our highly trained staff naturalists, and parent chaperones to provide a unique learning experience. We place an emphasis on developing an understanding of and appreciation for our natural environment. Academics are focused upon marine biology, redwood ecology, botany, geology, and the cultural history of our surrounding coastal region. We also promote the growth of cooperative, trusting and supportive relationships between the students, chaperones, naturalists, and classroom teachers.

We greatly appreciate all you do to prepare your child for our program. Please review and follow the equipment list below and our policies on the reverse side. We look forward to sharing the beauty and wonder of our Coastside outdoor classrooms with your young student.

Heidi Plowe, Pigeon Point Program Director

Pigeon Point Equipment List

The weather on the coast is likely to be quite variable. We may experience warm, sunny days, dripping fog, chilly evenings, rain, or a combination of them all! Those students who are well prepared for all types of weather will be the most comfortable and best able to enjoy their experience at Pigeon Point. Clothing that is comfortable, warm and functional is much more important than stylish outfits. Please follow the list below closely, as it has been compiled after many years of programs. Please limit your luggage to one sleeping bag, one suitcase or duffel bag, and one day pack. Please *label everything!*

Essential Equipment:

Bagged lunch for the first day	Camera
Waterproof rain gear	Water bottle
Sleeping bag OR sheet + blanket	Flashlight with new batteries
Garbage bag for wet clothes	Day pack or book bag
Winter quality coat	Sunscreen
Warm sweater or sweatshirt	Shampoo
2 long-sleeve shirts	Lip balm
3 pairs long pants	Toothbrush and toothpaste
Warm sleepwear	Washcloth, towel and soap
3 t-shirts	Comb or brush
4 pairs of socks	Book
4 sets underwear	
1 pair <i>comfortable</i> walking shoes (close-toed)	
2 pairs of close-toed shoes that can get wet (for beach/tidepools)	
Pillowcase (if you are not sending a pillow, please provide 1 case)	
Laundry bag	
Warm hat	
Hat with brim or visor	

Please DO NOT Bring:

Food (Except for 1st lunch)
 Gum
 Candy
 Money
 Knives
 Matches
 Hair Irons
 Any electronic item (except camera, flashlight, and watch)

Optional Equipment:

Pillow
 Binoculars
 Slippers
 Watch
 Stationary & Stamps
 Shower Sandals
 Sunglasses



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Location and Facilities

Exploring New Horizons conducts its activities at the scenic Pigeon Point Lighthouse, 50 miles south of San Francisco on the San Mateo Coast. The buildings adjacent to the lighthouse are operated by Hostelling International. Within the hostel complex are four spacious ranch-style homes. Each has a full modern kitchen, family-style dining room, two full bathrooms, a large living room, and separate boys' and girls' dormitories. The Galley is an indoor multi-use room that is used for meals and evening activities during program.

Health and Safety

Exploring New Horizons Outdoor Schools have touched the lives of over 100,000 students since 1979. The students' well-being and safety are of primary concern during their stay. Students are expected to follow safety rules and boundaries. The supervision of students is on a 24-hour basis and is provided by the ENH staff, classroom teacher and parent chaperones. This allows us to have a student-to-staff ratio of about 4 to 1. Your child's chaperone will be sleeping in the same house at night for supervision and safety. Our teaching staff is trained in first aid and CPR. Full-service hospitals are located in nearby Half Moon Bay and Santa Cruz.

Discipline Policy

We use a three-step discipline policy at Exploring New Horizons Outdoor Schools, which helps each student understand the school rules and the consequences of breaking them.

First Offense: The student will lose 15 minutes of recreation time and will have a conference with their teacher.

Second Offense: The student will call the parent and tell them how they have misbehaved, and what they will do to prevent a third offense.

Third Offense: The student will call to tell the parent they are being removed from the program, and the program staff will make arrangements with the parent to come and pick the student up. **Please understand that a parent is required to provide transportation from Pigeon Point should a third offense occur.**

Medication

Students will be allowed to keep their asthma inhalers, and one epi-pen with them or with a responsible adult at all times. All other medication is kept by the classroom teacher and is given to the students whenever needed. We maintain a fully-equipped first aid facility which also contains basic over-the-counter medications. Please do not send these types of medications with your child. In the event that your child should need an over-the-counter medication, it will be administered by their classroom teacher and we will need your written consent on the medical information sheet. Please send any medications in its original bottle with complete instructions for administration. Please give this medication to your child's teacher prior to departure and review its administration procedure with them. The medication will be returned to you at school when your child returns from Pigeon Point. **Due to the close living situation, please do not send a child that has had a fever or illness in the past 48 hours before their trip to Pigeon Point.**

Contacting Students

The best way to communicate with your child while they are at Pigeon Point is by writing! It may take as much as a week for a letter to arrive, so please plan ahead and have a return address on the envelope:

Student mailing address: **Student's Name + School Name + Teacher Name**
c/o Exploring New Horizons at Pigeon Point
210 Pigeon Point Road
Pescadero, CA 94060

Please do not call the school "just to chat". Students are outside and are involved in program activities. However, in case of an emergency, contact the following numbers in the order below. You may reach an answering machine because our staff is busy working with the students, but we check the phone regularly:

Exploring New Horizons at Pigeon Point Site Office: (650) 879-1835
Business Office, Exploring New Horizons (831) 338-3013