



5130 Riverside Drive • Chino, CA 91710 • 909.628.1201 • www.chino.k12.ca.us

BOARD OF EDUCATION: Andrew Cruz • Christina Gagnier • Irene Hernandez-Blair • James Na • Joe Schaffer • SUPERINTENDENT: Norm Enfield, Ed.D.

### **Adrenal Insufficiency History/Update**

To the Parent/Guardian of \_\_\_\_\_ Grade \_\_\_\_\_  
 Home Room/Teacher \_\_\_\_\_ School \_\_\_\_\_

According to school records, your child has Adrenal Insufficiency. The school needs the following information in order to assist your child in case of an emergency event. Please complete the following and return it to the school nurse. Please keep your school nurse updated if any changes occur during the school year. A new form is needed for each school year.

1. Type of Adrenal Insufficiency:  Primary (Addison's Disease)  Secondary  Tertiary
2. Cause of Adrenal Insufficiency:  Autoimmune Disease  Chronic steroid use  Brain injury/tumor  Severe infection  Other \_\_\_\_\_
3. When your child was diagnosed: \_\_\_\_\_
4. Have your child had Adrenal Insufficiency Crisis before?  Yes  No  
 If yes, when was the most recent episode \_\_\_\_\_
5. Was an Oral stress dose medication given?  Yes  No How many times: \_\_\_\_\_
6. Was injectable hydrocortisone given?  Yes  No How many times: \_\_\_\_\_
7. Triggers of Adrenal Insufficiency Crisis: \_\_\_\_\_
8. Signs/Symptoms of Adrenal Crisis:  Abdominal pain or flank pain  Headache  Fainting  
 Loss of consciousness  Confusion  Dehydration  Severe weakness  Nausea/Vomiting  
 Diarrhea  Low blood sugar  Rapid heart rate  High fever

9. Medications taken at home:

Date Began	Medication	Dosage	Route	Frequency/Indications for use

10. Does your student have injectable hydrocortisone prescribed? Yes \_\_\_\_\_ No \_\_\_\_\_  
 If yes, who has been trained to administer \_\_\_\_\_
11. Is your student carrying medical ID? Yes: Card  Bracelet  Necklace  No

Print Parent/Guardian Name \_\_\_\_\_ Signature \_\_\_\_\_  
 Contact Phone Number \_\_\_\_\_ Date \_\_\_\_\_

**PLEASE RETURN THIS FORM TO THE SCHOOL NURSE**