

## Grade 6 Health - Puberty and Reproductive Systems

### Targeted Goals from Stage 1: Desired Results

**Content Knowledge:** Puberty is the time in life when a boy or girl becomes sexually mature. It is a process that usually happens between ages 10 and 14 for girls and ages 12 and 16 for boys. It causes physical changes, and affects boys and girls differently. During puberty, your body will grow faster than any other time in your life, except for when you were an infant. It's good to know about the changes that come along with puberty before they happen, and it's really important to remember that everybody goes through it.

**Vocabulary:** puberty, hormones, estrogen, progesterone, testosterone, menstrual cycle, wet dream, reproduction, breast, vagina, ovary, ovum, penis, sperm, testes, scrotum

**Skills:** Recognize that puberty is a normal stage of life that all humans go through, identify the changes during puberty that occur in both males and females, recognize how sexual maturity enables the body to reproduce but people are not emotionally ready to reproduce for many more years, increase awareness of how knowledge and understanding about puberty can be reassuring about what to expect and what is normal.

### Expectation:

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Monday: <ul style="list-style-type: none"><li>Read the article about Puberty in KidsHealth</li><li>Watch the BrainPop video on Hormones</li><li>Watch the BrainPop video on Puberty</li><li>Respond to the Question in Classroom</li></ul>	<ul style="list-style-type: none"><li>Puberty Article</li><li>BrainPop Hormones Video (2.30)</li><li>BrainPop Puberty Video (2.36)</li></ul>	<ul style="list-style-type: none"><li>I will read your response to the questions in Classroom</li></ul>
Wednesday: <ul style="list-style-type: none"><li>Watch the Top Signs Girls are in Puberty</li><li>Watch the Top Signs Boys are in Puberty</li><li>Respond to the Question in Classroom</li></ul>	<ul style="list-style-type: none"><li>Amaze video: Top Signs Girls are in Puberty</li><li>Amaze Video: Top Signs Boys are in Puberty</li></ul>	<ul style="list-style-type: none"><li>I will read your response to the Questions in Classroom</li></ul>

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Friday: <ul style="list-style-type: none"> <li>● Watch the BrainPop on Reproductive Systems</li> <li>● Watch the BrainPop on Menstrual Cycle</li> <li>● Watch the video on male reproduction (it cuts off which is fine)</li> <li>● Respond to the Questions in Classroom</li> </ul>	<ul style="list-style-type: none"> <li>● BrainPop Reproductive Systems</li> <li>● BrainPop Menstrual Cycle</li> <li>● Male Reproduction video</li> </ul>	<ul style="list-style-type: none"> <li>● I will read your response to the Questions in Classroom</li> </ul>

**Week criteria for success:** Watch the presentations, watch the videos, read the handouts, respond to the questions in EdPuzzle and in Classroom

**Supportive resources and tutorials for the week:** re-watch videos as needed, choose audio for KidsHealth article, I am available 9-2 daily for questions or concerns