

Grade 6

Distance Learning Module 6: Week of: May 11<sup>th</sup> - 15<sup>th</sup>

### Grade 6 Health: *Prescription Drugs & Alcohol*

#### Targeted Goals from Stage 1: Desired Results

**Content Knowledge:** Prescription drugs like painkillers can be both over the counter drugs (OTC) and prescription drugs. Strong painkillers such as Oxycontin, codeine, and morphine are opioids and are only taken for serious ailments such as severe illness, broken bones, surgery recovery, cancer, etc... and all require a doctor’s permission. Alcohol is a legal drug for people 21 years old and over, and many people use alcohol responsibly. However, many people abuse alcohol and alcohol is advertised in many places and commercials make alcohol look harmless. Alcohol can have damaging short and long-term effects on the body, and teens who drink underage are more likely to become dependent.

**Vocabulary:** prescription drugs, painkillers, opiates, doctor, prescription, legal, illegal, alcohol, effects, dependent, public service announcements, influence

**Skills:** Identify & understand the purpose of the types of drugs called opioids, recognize the potential for prescription drug abuse, recognize that alcohol can be used both responsibly and irresponsibly, identify some of the harmful effects of alcohol abuse on the body and brain, recognize and evaluate the messages used to advertise and promote alcohol.

#### Expectation:

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Monday: <ul style="list-style-type: none"><li>● Watch the video on OTC Drugs</li><li>● Watch the video What Are Opioids?</li><li>● Watch the video on Opioids and Addiction and respond to the questions in EdPuzzle</li><li>● Watch the video about trying lifestyle changes before using drugs</li></ul>	<ul style="list-style-type: none"><li>● OTC Drugs Video</li><li>● What are Opioids? video</li><li>● Opioids and Addiction on EdPuzzle</li><li>● When to Try Lifestyle Changes Before Using Prescription Drugs (scroll down on page to find this video)</li></ul>	<ul style="list-style-type: none"><li>● I will read your answers to the Opioids and Addiction video in EdPuzzle</li></ul>
Tuesday:		

Description of Task (s):	Resources and Materials:	Daily Checks (Return to Google Classroom or snapshots from a cell phone)
Wednesday: <ul style="list-style-type: none"> <li>● Watch my presentation about alcohol</li> <li>● Read the Kids Health article about alcohol</li> <li>● Watch the commercial</li> <li>● Respond to the question in Classroom</li> </ul>	<ul style="list-style-type: none"> <li>● My Alcohol Presentation</li> <li>● Alcohol Article</li> <li>● Alcohol Commercial</li> <li>● Question in Classroom</li> </ul>	<ul style="list-style-type: none"> <li>● I will read your response to the question in Classroom</li> </ul>
Thursday:		
Friday: <ul style="list-style-type: none"> <li>● Watch the Alcohol Video</li> <li>● Go to the interactive Alcohol Effects page and see how alcohol affects the whole body</li> <li>● Brain Game (optional)</li> </ul>	<ul style="list-style-type: none"> <li>● Alcohol Video</li> <li>● Interactive Alcohol Effects</li> <li>● Brain Game</li> </ul>	<ul style="list-style-type: none"> <li>● Watch the Alcohol video and interactive effects to learn about how alcohol affects the body and the brain</li> </ul>

**Week criteria for success:** Watch the presentations, watch the videos, read the handouts, respond to the questions in EdPuzzle and in Classroom

**Supportive resources and tutorials for the week:** re-watch videos as needed, choose audio for KidsHealth article, I am available 9-2 daily for questions or concerns