

# **LOMS**



## **PARENT/STUDENT ATHLETE ACKNOWLEDGEMENT OF ATHLETIC HANDBOOK AND WARNING**



## **MISSION STATEMENT**

It is the goal of LOMS Tiger Athletics to keep education first in the lives of the students. The athletic program is to play a significant role in the total education of the student/athlete, not to replace it. It is our desire to offer athletics to the students of LOMS in order to develop positive behavior, build character, enhance academic performance and promote physical activity and health through sports. In this way we can offer this type of educational experience to those students, and their families, who choose to be part of the program.

## **PHILOSOPHY OF STUDENT ATHLETICS**

LOMS recognizes athletics as an integral part of the entire school setting as a means of achieving an athlete's complete educational development. As such, all athletes should have an opportunity to participate in some form of interscholastic athletics within the limitations of each individual sport and such participation should encourage positive scholastic and social growth and achievement. Both the student athlete and the sport itself should be a credit to the school and general community. LOMS realizes that an effective interscholastic athletic program is a product of the responsible cooperation among its three major contributors: the student athlete, the coaching staff, and the site/district administration.

Athletes are expected to strive to develop a personal code of conduct consistent with the time-honored values of sportsmanship, scholarship, integrity, commitment to self and team, and respect for self and others. Furthermore, as a result of participation in organized team sports, athletes should strive to become advocates of the school and community.

## **ATHLETIC GUIDELINES**

### **General behavior**

Profanity, unsportsmanlike conduct and disrespect to any person or institution will not be tolerated. Athletes accept responsibility for their actions both on and off the field. An athlete's language and behavior should not embarrass himself, the team, the school, the district, or the community. Athletes are expected to follow all school rules while taking part in sporting events.

### **Sportsmanship**

Participation in the athletic program requires adherence to the highest standards of good sportsmanship. Aspects of good sportsmanship shall include ensuring fairness in competition and exhibiting respect for the people and institutions associated with athletic contests.

In order to promote fairness in competition, a series of rules governing each sport have been adopted. Good sportsmanship requires that athletes adhere to the rules of the game. Furthermore, it requires that athletes comply with the spirit of the rules that were written to promote fairness. Athletes of this district will be required to comply with the rules of each sport and to further ensure that fairness in competition is not limited by their actions in any way. Athletes of LOMS will be required to exhibit respect for institutions/facilities, officials, coaches, fans, and opponents.

A \$10.00 donation will be accepted for each sport to help cover a portion of travel costs. Please make checks payable to Live Oak Student Body.

## **Eligibility**

- *Behavior*

All participants of LOMS athletic programs are expected to adhere to the rules and regulations that have been developed. Rules and regulations pertaining to conduct will be enforced throughout the season whether an act of misconduct occurs during school or before/after school, on or off-campus. Failure to comply with these rules and regulations may lead to suspension or dismissal from that team. If an athlete is suspended during the season he/she will be removed from the team.

- *Academic*

In order for an athlete to be eligible to try out for an athletic team and/or participate in athletic contests, the athlete must have maintained a “C” (2.0) grade point average with no more than one “F” at the six-week grading period immediately preceding the start of practice and must maintain it during the course of the season. At the beginning of the school year the athlete’s last year ending report card will be used to determine the 2.0 grade point average. An athlete’s 6<sup>th</sup> grade third trimester report card will be used to determine the 2.0 grade point average of the incoming 7<sup>th</sup> grade student.

At the beginning of the next grading period, if the athlete has attained academic eligibility he/she will be allowed to participate in interscholastic contests.

A student may use an option of “Academic probation” twice during their LOMS career to maintain eligibility; once during the 5<sup>th</sup>/6<sup>th</sup> grade years, and once during their 7<sup>th</sup>/8<sup>th</sup> grade years.

- *Residential*

It is the responsibility of the coach to assure the eligibility of each player on his/her team. Students must attend Live Oak Unified School District. Any game played with an ineligible player will be forfeited.

- *Attendance*

Each athlete is expected to attend a full day of classes daily, unless an excused absence is registered with the school attendance office. Attendance on the day of games is mandatory in order to participate.

- *Attending practice*

Attendance at all practices and contests are mandatory. Missing two practices without the coach’s permission may result in suspension of up to five days from the team. The next day of practice or game that is missed without permission may lead to dismissal from the team. If a student misses practice before a game for any reason, he/she may lose his/her starting position on the team.

## **Equipment**

Students are responsible for the security of their equipment and uniforms. Students will be financially responsible for replacing any lost or stolen equipment or uniforms. In some cases particularly with game uniforms, the replacement fee may be higher than the original purchase price because special processing and printing may be required to duplicate the uniform. LOMS provides students with jerseys and does not require that any students purchase additional accessories to jerseys (warm up suit, sweatshirts, etc.). If an athlete chooses to purchase his/her own accessories to jerseys he/she can do so by going through the Family T-Shirt Factory in Gridley.. Family T-Shirt Factory already has LOMS logos, screening, and lettering prepared. In

addition Family T-Shirt Factory will donate a percentage of the sale to the LOMS athletic fund to assist with LOMS athletics. All purchases of accessories done by athletes through Family T-Shirt Factory will be done outside of school without school/school employee involvement.

Family T-Shirt Factory  
617 Kentucky St.  
Gridley, CA 95948  
530-846-2096

### **Leaving the team**

Students are encouraged to try a variety of sports, and athletes may leave a team prior to the first contest, excluding scrimmages, without penalty by personally notifying the coach that they no longer wish to participate.

Leaving or quitting after the first scheduled contest without permission of the coach may result in the athlete being ineligible for another team for the rest of the sport season. If the coach agrees that the student can leave the team the student may do so without penalty.

### **Insurance/Injury**

Each athlete must have insurance and have a proof of insurance form filed in the office before he/she will be allowed to practice. There will be no exceptions. If you do not have your own insurance, you will need to purchase the insurance that is offered through the school plan. All injuries must be reported to the coach immediately.

### **Parents/Family of Student Athletes**

Instill within your student/athlete the ideal that proper academic achievement, personal behavior and attitude are important elements in participation

Volunteer your time and resources as you can. Participate in a positive manner along with your student/athlete. Work with the coaching staff to foster a spirit of unity and cooperation.

Please arrange how your student will be getting home after practices or games. To ensure the safety of your son/daughter it is recommended that he/she be picked up or go home promptly after practices or games. Waiting for long periods of time after or before school hours may expose your child to risk. Contact the coach regarding practice and game starting/ending times.

### **If you have a comment or concern about your student/athlete, the team, or circumstances revolving around the way the season is going please set an appointment to talk to the coach.**

If you would like additional assistance, the next step would be to meet with the Athletic Director, or a member of the administration. This action will facilitate a fair, unhurried, and less “Emotion charged” environment to resolve the situation.

Advise your child not to bring jewelry, CD players, or other items of value to any sports event or practice. Students are to leave all jewelry and valuable items at home, the school/staff is not responsible for lost or stolen items.

Most of all give positive support and encouragement to your student/athlete. Your care and concern for the student/athlete, along with the same consideration by coaches and staff, is the most important thing. Please do all you can to lend guidance and assistance to your student/athlete to make their athletic endeavor a worthwhile situation.

## **Encinal Students**

Students who are playing sports at LOMS from Encinal School must find their own transportation to LOMS for practices at LOMS, and to catch the bus at LOMS for away games.

### **Transportation/Road Trips**

For all away games students are required to go with district transportation and return on district transportation. District transportation can be voluntary drivers who meet the district guidelines and have the appropriate paperwork on file.

The following guidelines will be followed:

1. Buses will leave on time. Students who miss a bus may not participate in the contest except as provided below:  
If for some reason (such as a doctor's appointment) a student cannot leave on the regularly scheduled bus, the student may contact his/her coach, the Athletic Director and an administrator before the date of the contest to see if other transportation arrangements can be made.
2. Parents may request permission from the administration for the student to return from an away contest with a parent, legal guardian or responsible adult designated by the parent/guardian. Permission must be in writing, approved and initialed by the administrator and coach before the date and on file in the office 24 hours in advance.
3. At no time will any student be allowed to ride with another student to or from an away contest, unless the guidelines of the district policy are followed.
4. Students are expected to conduct themselves in a mature, responsible manner. Profanity and inappropriate behavior will not be tolerated.
5. All athletes will remain under the supervision of their coach while attending an away contest
6. All transportation policies in the student handbook will be observed in addition to those listed above. Permission slips need to be filled out signed and returned at least 1 day prior to an away game.
7. Some sports may require traveling teams. Traveling teams will be developed if it is deemed necessary to cut down on travel costs. The coach will determine which athletes of the team will travel to other schools.

## **Conclusion**

Athletics, in its proper application, can be an added educational experience that will give value and meaning to the experiences of the student body at Live Oak Middle School. It cannot, and must not, replace the classroom as the first priority, but can serve as a partner to teach and facilitate many important lessons to its participants. It is our goal, as a staff, to make every effort possible to allow sports its opportunity to educate, motivate, and influence the students. Sports can serve the students now, and in the future, by giving the kids positive patterns in physical fitness, fair play, sportsmanship, teamwork, problem solving, goal setting, and goal achievement. If we work together, much good can come from our effort and endeavor.



**PARENT/STUDENT ATHLETE ACKNOWLEDGEMENT OF ATHLETIC HANDBOOK  
AND WARNING**

We have read and understand the responsibilities as outlined in both the Student-Parent Athletic Handbook and the additional guidelines (if applicable) attached by the coach.

We hereby acknowledge we have been properly advised, cautioned, and warned by the proper administrative and coaching personnel of the Live Oak Unified School District that by participating in the sport of \_\_\_\_\_:

The student athlete is exposed to the risk of serious injury, including but not limited to, the risk of sprains, fractures, and ligament and/or cartilage damage which could result in a temporary or permanent, partial or complete, impairment in the use of limbs; brain damage; paralysis; communicable disease; or even death. Having been so cautioned and warned it is still our desire that the student athlete participate in the above sport, we hereby further acknowledge that we have full knowledge and understanding of the risk of serious injury to which the student athlete is exposed by participating in the above sport.

\_\_\_\_\_  
Student Athlete Signature      Date

\_\_\_\_\_  
Parent/Guardian Signature      Date

\_\_\_\_\_  
Student Name (Printed)

\_\_\_\_\_  
Parent/Guardian Name (Printed)

Sign and return to the coach of the sport

LIVE OAK MIDDLE SCHOOL/LOUSD  
2341 PENNINGTON ROAD  
LIVE OAK, CA 95953

STUDENT INSURANCE CERTIFICATE

This is to certify that my son/daughter \_\_\_\_\_  
Last Name First Name

is covered under \_\_\_\_\_  
Name of Insurance Company Expiration Date

Benefits indicated in my policy are equal to or broader than those required by law for students participating in school activities.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Printed Name \_\_\_\_\_