

Lesson: Setting S.M.A.R.T. Goals

8/20/2020



BDHS WT/TS

- 10-12 Grade
- Standard curriculum
-

Objective

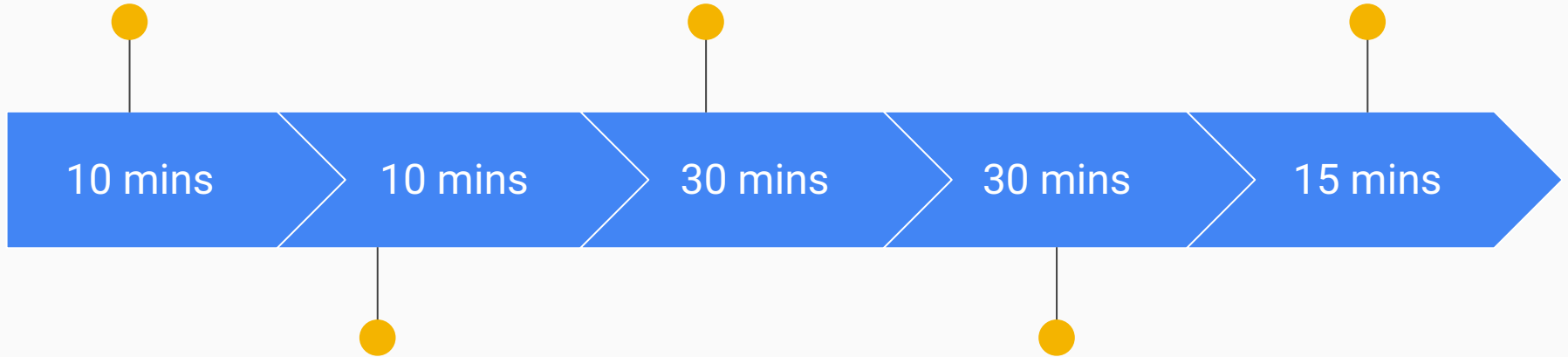
By the end of today's lesson Students will be able to:

- Explain The S.M.A.R.T. Goal acronym and its application
- Set a S.M.A.R.T. Goal for their own Personal lives
- Prioritize the principles of Division

Why Set Goals?

What are Smart Goals?

Daily Assignment



What is the Principle of Division?

Breakdown of the principle of division, or Chunking or Scaffolding

WHY SET GOALS???

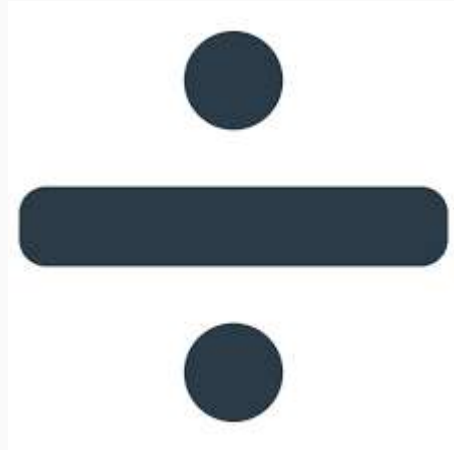


What is the Principle of Division?

According to Encyclopedia Britannica:

“**Division of labour**, the separation of a work process into a number of tasks. . .”

[Division of labour](#)



S.M.A.R.T. . . What is it good for???

S- Specific



M- Measurable



A- Attainable



R- Realistic



T- Time Sensative (time limited)



L3

LOBBY

TACHMAP

ROLLS

NEW

LOADOUT

FACTION STATES

L3

1% SANTA BLANCA CARTEL DESTABILIZATION

LEADER

EL SUEÑO

BONDSLAVE FIELDS

2/6

MISSIONS

0/2

DEFEAT EL SUEÑO TO UNLOCK THE FOLLOWING
REWARDS:

SAKE POWERS

+10

WEAPON



MAP



MOVE



BACK TO GAME



LB

LOBBY

TACMAP

SKILLS

LOADOUT

FACTION STATES

RB

[30708]

LEVEL 30

VE3TRO

Open Notifications Center

100%
SECURITY
DESTABILIZATION

MEDIA LUNA
UNKNOWN

X KINGSLAYER FILES

9/10

Y MISSIONS

0/3

Defeat UNKNOWN to unlock the
following rewards:

SKILL POINTS

+5

El Comandante



RT ZOOM + MAP

A FOCUS B BACK

Daily Assignment 8/20

What is your Passion? What is that one aspect of life that gets you through the day to day Grind?

What are you doing to pursue that Passion?

Set a S.M.A.R.T. Goal to help you in pursuit of your passion.

Example:

I am passionate about Music, I love playing instruments, I love to rap, I love to express myself through words and sounds.

I practice at least one instrument per day for at least an hour per day

My SMART Goal is to practice three instruments per day for 30 minutes a day three times per week by October 15, 2020