



Freshmen Finals Information Night

The Groves Way

Give back Give back to our community

RespectBe respectful and responsible to your self and others

Open mindedKeep an open mind avoiding judgements and stereotypes

ValueValue your environment

EmpowermentEmpower yourself and others, be the change you wish to see

SupportSupport and have empathy for others



Overview-

What do we hope to accomplish?

- Educational trends regarding teaching/learning, exams -Darin Wilcox
- Learn a strategy or two about managing stress and how we can help others manage their stress. Wellness counselor -Gregorio Cognetto
- Student helpful hints, Schoology & Quizlet -Rachel Akaba, senior
- Student helpful hits time management -Ethan Chernow, senior
- Outline the modified schedule for exams-Darin Wilcox
- Additional supports – Big Brother Big Sister Representative

Educational Trend RE: Exams

10 years ago

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Cumulative exams assess
knowledge gained/ retained

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they will be motivated by exams

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Finals = 20% of a grade in most
classes

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Increase value of project base learning, collaboration and problem-solving vs. exam scores

Finals < 20% of a grade, most will be @ 10%

Educational Trend Impact @ Groves



Finding a balance between
past and current practices

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Have exams with less weight



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Provide high levels of support



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Provide high levels of support

Acknowledge and provide supports for added stress



Finding a balance between past and current practices

Managing Stress and Anxiety- 2021



Gregorio Cognetto

Wellness Counselor

Birmingham Groves High School

GCognetto@birmingham.k12.mi.us

Sharing My Story- what works for me



Ethan Chernow

Groves Senior

BBBS Executive Board

National Honor Society

Golf Team

Investment Club

First Tee

Schoology & Quizlet Navigational Tutoring

Rachel Akaba

Groves Senior

Big Brothers Big Sisters

National Honor Society

AACT

Volunteer and DMC



How Grades are Calculated

- Example One:

- If Sara has a 85% for the term and earns a 75% on her final what will her grade be?

$$\begin{array}{rcl} .85 \times .90 & = & .765 \quad \text{course work} \\ + .75 \times .10 & = & .075 \quad \text{exam} \\ \hline & = & .84 \quad \text{Trimester Grade} \\ \text{Term Grade of } 84\% & = & B \end{array}$$

How Grades are Calculated

- Example two:

- If Sara has a 75% for the term and earns a 95% on her final what will her grade be?

$$\begin{array}{rcl} .75 \times .90 & = & .675 \quad \text{course work} \\ + .95 \times .10 & = & .095 \quad \text{exam} \\ \hline & = & .77 \quad \text{Trimester Grade} \\ \text{Term Grade of } 77\% & = & \text{C} \end{array}$$

How Grades are Calculated

- Example three:

- If Sara has a 79% for the term and earns a 95% on her final what will her grade be?

$$\begin{array}{rcl} .79 \times .90 & = & .711 \quad \text{course work} \\ + .95 \times .10 & = & .095 \quad \text{exam} \\ \hline & = & 80.6 \quad \text{Trimester Grade} \\ \text{Term Grade of } 80.6\% & = & \text{B-} \end{array}$$

Final Exam Schedule

Friday November 19th

1st hour exam 7:30 – 9:05

2nd hour exam 9:25 – 11:00

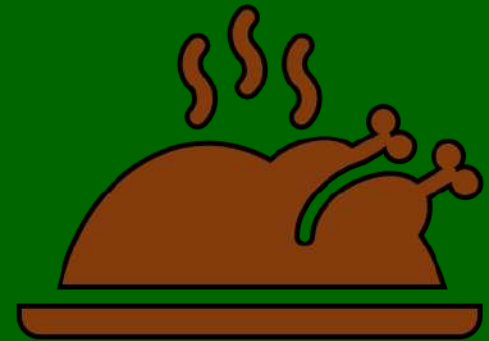
Monday November 22nd

3rd hour exam 7:30 – 9:05

4th hour exam 9:25 – 11:00

Tuesday November 23rd

5th hour exam 7:30 – 9:05



No School
November 24th

Trimester 2
begins Tuesday,
November 30th

Additional School Supports

National Honor Society and Big Brother Big Sister Tutoring Session:

- Thursday, November 4th 5pm-7pm in the Commons all students are welcome

Freshman Finals Review Teacher Lead Content Specific Review:

- Saturday, November 13th, 8am-Noon
- 4 sessions will cover the 5 core subject areas (45 min sessions)
- 1 open study session for small group or 1 on 1 tutoring (student to student)
 - Big Brothers Big Sister and National Honor Society students
- Mental health and wellness (Mr. Cognetto)
- Sign up on line goes live Friday November 5th

Big Brother Big Sister Trimester Workshop

- Tuesday November 16th and Thursday November 18th
- Mentors will provide organizational tips and study skills

Subject Specific Review Session (Students only)

Saturday November 13, 8:15am-12:00pm

Students will have the opportunity to attend up to 4 study sessions facilitated by content area teacher. Review sessions will be offered for most classes that freshman are enrolled in. There will be an open study room for students who do not have the 4 core classes. Students should register on the school website in order to participate in the Subject Specific Review Session. **Registration opens this Friday.**

What Did We Accomplish

- Educational Trends and Impact of Exams
- Stress/Anxiety -Mr. Cognetto
- Student Tools/advice
 - Schoology= Rachel
 - Time Management-Ethan
- Modified Schedule
- Additional supports
- Perspective- parenting, be kind to yourself too

Last Thought:

Success is never final,
Failure is never fatal,
It is courage to continue that counts.
-Winston Churchill

Review-

What did we accomplish?

- What is one of the shifts that have occurred in education over the past 10 years that impacts how we view final exams
- Share one or two strategies that you learned today to address your own stress or support someone who is stressed.
- Reflect and share your takeaways about Rachel's presentation about Schoology. Parents are you more familiar with this platform?
- Ethan shared part of his educational journey with you. Are there strategies that he suggested that may work for you.
- Outline the modified schedule for exams-Darin Wilcox
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