

Bemidji Middle School Family and Consumer Sciences

Topic: Middle School Financial Library		
Minnesota Frameworks: 2.0 - Students will apply management practices to personal, family, and financial resources.		
MN Frameworks/Standard	Standard/Benchmarks	Activities/Examples
MMSFACS 2.1	Identifying and Managing Resources: Identify and manage resources to provide for personal and family needs and wants, including: • Personal and community resources • Consumer Protection laws and resources; marketing/advertising techniques • Taxes and income • Controlling personal information, financial account fraud • Volunteering/charitable giving	
MMSFACS 2.2	Personal and Family Financial Literacy: Demonstrate skills to manage financial resources to meet personal and family goals, including: • Budgeting/personal finance plan • Banking and financial institutions, electronic banking • Managing credit and debt, credit cards vs. debt cards • Savings/investing and insurance • Checking accounts, utilizing financial records	

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Topic: Middle School Design (Interiors, textiles, apparel, and construction)

Minnesota Frameworks: 6.0-Demonstrate knowledge, skills, and practices in interiors, textiles, and apparel.

MN Frameworks/Standard	Standard/Benchmarks	Activities/Examples
MMSFACS 6.1	Caring for Resources: Demonstrate skills needed to care for personal and family resources, including: • Reading use/care labels and manuals • Care, repair, and storage of personal resources • Clothing care, repair, stain removal, laundry	
MMSFACS 6.2	Project Construction: Use sewing techniques, including: • Technical reading • Problem solving • Self-motivation and time management • Demonstrate accuracy in measuring, cutting, and correct sewing techniques to produce a product	
MMSFACS 6.3	Design Concepts: Identify design concepts used in fashion, interiors and apparel, to include: • Demonstrate design concepts with fabrics • Create a floor plan and arrange furniture placement • Explore current technology use for apparel and home décor (i.e. sportswear, water repellent, wrinkle resistant)	

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Topic: Middle School Nutrition and Wellness

Minnesota Frameworks: 3.0 -Students will demonstrate nutrition, wellness, and food preparation practices that enhance individual and family well-being.

MN Frameworks/Standard	Standard/Benchmarks	Activities/Examples
MMSFACS 3.3	Preparing and Serving Food: Demonstrate skills needed for preparing and serving foods, including: • Laboratory/kitchen safety and sanitation practices • Cooking terms, equivalents, abbreviations, measurements • Reading and using recipes • Techniques and equipment for preparing and serving food • Teamwork in the laboratory setting and hands on activities	

Topic: Middle School Human Development and Relationships

Minnesota Frameworks: 4.0 Students will demonstrate relationship skills and understanding in contexts across the life span such as school, parenting, and the workplace.

MN Frameworks/Standard	Standard/Benchmarks	Activities/Examples
MMSFACS 4.4	Quality Friendships: Analyze factors that contribute to positive relationships with peers, including: • Peer pressure, assuming responsibility for choices and actions • Appreciate diversity • Changing male/female relationships	