

**Topic/Objective:**

Answer the following Cornell Style in complete sentences and **explain your answer**. Please be honest, as this only helps you.

Name:**Date:****ID Number:****Current Grade:****Current School:****Intended High School:****Essential Question:** *How has AVID helped you and how will it help you in high school?***Questions:**

1. Why are you in AVID?
2. How has AVID helped you stay focused and successful in your classes?
3. Have you become involved in on and off campus activities/sports/clubs or work? List the activities/sports/clubs or work.
4. How do you keep parents /guardians informed of your progress? (*grade checks, talk about school, Zangle*)
5. In high school, you must pass your classes or you will have to retake them. Grades count. Colleges look at your grades and what else you do while in high school. **What do you think the challenges will be for you in high school and how do you think AVID can help?**
- 6.) An AVID student makes every effort to meet the following:
Please initial after each one that you agree with.

Your Responses:

- I will take challenging classes, especially those that will help me get into college _____
- I will become more organized and time efficient _____
- I will use the resources on and off campus to support my goals _____
- I will participate in extra-curricular activities _____
- I will uphold the AVID Image by maintaining great citizenship, by being a model student (*responsible, trustworthy, respectful, fair, and caring*) _____
- I will enroll in and be successful in a 4-year university _____
- I will have good attendance and discipline because I know that school is important to my future success _____

1. **Summary:** Do you want to continue to be in AVID? Why?

****Please return to your counselor, who will submit it to the AVID Coordinator for review.***