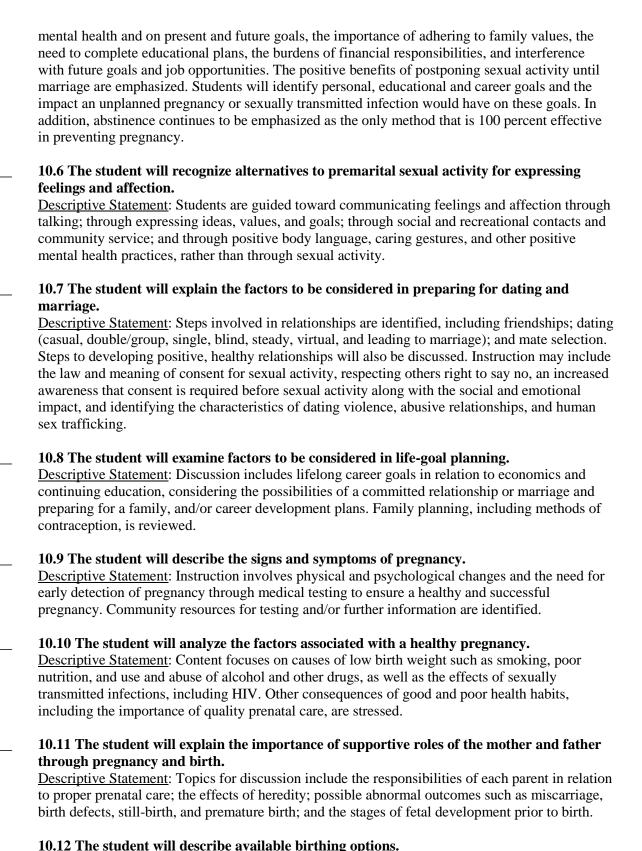
Arlington Public Schools Family Life Education Parent Opt-Out Form – GRADE 10

STUD	ENT NAME:	PHONE #:
		DATE:
that m any ob comply	y child will be given an alternative jectives from which I opt-out m	child opt-out of the following objectives. I understand the assignment to be completed independently in place of the y child. I also understand that the child is expected to all working on the alternative assignment and that a grade
	CTIONS: Please place your initiaur child.	ls on the line next to each objective from which you opt-
_	<u>Descriptive Statement</u> : Emphasis is to self-image, self-esteem, physiolog	ow maturation affects adolescents. placed on the process of adolescent development as it relates gical changes, identification of human needs, constructive tal health practices, the decision-making process, sources of
	interpersonal relationships. <u>Descriptive Statement</u> : Appropriate	or her own attitudes concerning expectations of self and friendships, dating or group activities, stages of developing love, communication, and individual and family roles are
		expectations of virtual relationships.
	maintenance of positive human re <u>Descriptive Statement</u> : The universa responsibility for self and others, an moral and ethical systems. The law increase awareness that consent is re	lationships. It values of honesty, trustworthiness, self-control, d social justice are discussed as well as the development of and meaning of consent for sexual activity are discussed to equired before sexual activity along with the social, rounding sexuality and the virtues of respecting others right
	<u>Descriptive Statement</u> : Instruction de relate to personal, social, and peer personal, social, and peer personal indentifying the problem; listing all personal and alternative that promotes the good in	in the decision-making process to solve specific problems. eals with the six steps of the decision-making process as they ressures and to media messages. These steps include: ossible alternatives; evaluating the alternatives and their familial beliefs as well as societal values; choosing an a self, others, and society; acting on the decision; and the community that can assist in evaluating alternatives are
	<u>Descriptive Statement</u> : Content focupressures for present sexual activity.	e benefits of abstaining from premarital sexual uses on the need to consider lifelong goals in relation to Topics include readiness for parenthood, the consequences of sexually transmitted infections, the impact on reputation,



<u>Descriptive Statement</u>: Prepared materials on childbirth education are primary resources. Birthing

alternatives are examined.

three stages of labor and delivery - dilation, birth, and e	expulsion of placenta.
10.14 The student will analyze the skills and attitude	es needed to become a competent
parent. <u>Descriptive Statement</u> : Attitudes toward parenting style various parenting strategies described by authorities. So parenting skills they wish to develop. Students will understand the benefits, committed relationship/marriage in parenting. The studential support systems that are available to parents. So negative effects of parenthood on mental health.	tudents have opportunities to identify derstand the importance of the parenting challenges, responsibilities, and value of a lent will be able to identify community and
10.15 The student will describe adjustments to be made to be	of joy and love is emphasized; however, is examined, including the effects on
10.16 The student will compile a list of community a individuals and families.	agencies and resources available to assist
<u>Descriptive Statement</u> : Examples of community resour social services, religious organizations, private agencie child abuse, sexual violence and suicide, day-care cente health.	s, hot lines such as violence prevention,
10.17 The student will review the positive aspects of	family life as a basic unit of society and
as a means of personal development. Descriptive Statement: Instruction includes a review of particular emphasis on family interactions and the valu is described as a primary factor for the development of adulthood as either a married or a single person. The recommunity and the world is stressed.	e of family relationships. The family unit one's personality and for preparation for
SE RETURN THIS FORM TO THE PRINCIPA	L BY THE DATE ESTABLISHED
R SCHOOL NT/GUARDIAN SIGNATURE:	DATE: