

Cherokee Bend School

FOAC: 6th Grade



The Fair Oaks Adventure Curriculum campout is happening soon! **It will begin at 2:50 p.m. on Friday and end at 9:00 p.m. on Saturday.** The purpose of the FOAC weekend is to give students an opportunity to use the skills they have gained from the weekday FOAC program. Students will work as part of a team to understand the meaning of team success. They will have a great time camping “in”, cooking their own meals, participating in various high ropes elements, and learning more about each other.

FOAC participants will continue working under the Full Value Contract that each student signed at the beginning of this FOAC experience. The Full Value Contract requires three commitments from students: 1) to participate in all activities to the best of each student’s ability; 2) to adhere to safety and group behavior guidelines; 3) to value and respect each other as a part of the group and be willing to accept other points of view. Failure to follow the contract may result in your child losing the campout privilege.

Students should bring their packed belongings on Friday morning to the foot of the central stairway of the school. They should be prepared for rain or shine and for warm weather or cold weather. The gear they bring should include:

- a sleeping bag with pillow
- several appropriate changes of clothing (typically 1-2) & sleeping apparel
- poncho or rain coat in case of rain
- warm layers, hats, and gloves if cold weather is expected
- washcloth, towel, soap, toothbrush, toothpaste, deodorant, bug spray, sunscreen, etc.
- NO electronics!

Students will use the school restrooms but no shower or bathing facilities.

Students will be camping “in” in two classrooms (girls-music room, boys-band room).

Medication Policy: If your child needs to take medicine over the campout weekend, please follow the procedures posted on the FOAC webpage. Located on it is an authorization form that will give Cherokee Bend teachers permission to administer medication. Please hand deliver this form and medication to the school nurse on Friday of your campout weekend.

Meals are roughly scheduled for around 8 a.m., 1 p.m., and 6 p.m. The other waking hours will be filled with adventure activities and discussions. All food and drinks will be provided, including treats. Please do not send additional foods. Participants will handle all the cooking and cleaning activities and will be required to leave the school campus in good condition.

Mr. Hedrick is available by cell phone 256-997-6389 if you should need to reach your child due to an emergency. Parents will be notified of any emergencies.

This will be a great weekend! The students will be making memories they will carry with them forever!

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The sixth grade Fair Oaks Adventure Curriculum activities include high elements on the Cherokee Bend School campus as well as the added challenge and opportunity for teamwork in an off campus rock climbing and rappelling day trip on Saturday.

The rock climbing and rappelling experience currently takes place at Palisades Park in Blount County. The address is 1225 Palisades Parkway, Oneonta, AL, and the telephone number there is 205-274-0017. Students will be transported in a Mountain Brook Schools bus. Students and staff will leave Cherokee Bend around 9:00 a.m. and return by approximately 9:00 p.m.

***Please sign the attached standard permit form required by Palisades Park (The park fee of \$5.00 per student and/or staff will be paid by FOAC). ***

Mr. Hedrick is available by cell phone 256-997-6389 if you should need to reach your child due to an emergency.

Please complete the following important information, sign the Palisades Park waiver, and provide a copy of your child's insurance card (front and back). Please have your child turn them in to Mr. Hedrick prior to the campout.



Please cut along line, turn in the slip below, and save the above information.

Student: _____

Parent(s): _____

Weekend Phone Numbers: Home _____ Cell _____

Emergency Contact (in case we cannot get in touch with above numbers):

Name: _____ Number: _____

Insurance Provider and Contract Number: _____

***Please attach photocopies
of both sides of card.
