## FMHS 9TH GRADE VOLLEYBALL

Are you interested in trying out for FMHS volleyball?

The summer is quickly drawing to an end and we are getting things ramped up for the upcoming season. Here is what you need to know!

We are offering another 4-day pre-season camp, August 2 - August 5, from 3:30-5:30. This is a non-mandatory camp, for the purpose of getting athletes back into shape, back into the gym, and back to volleyball; it will give everyone a chance to get a jumpstart on the upcoming season.

Some of you have already signed up for the camp, we are glad that you heard about it on the website: <a href="www.fmvolleyball.com">www.fmvolleyball.com</a>, on Facebook, or Instagram.

If you have not signed up, the link for the camp registration is: <a href="https://www.fmvolleyball.com/pre-season-player-camp.html">https://www.fmvolleyball.com/pre-season-player-camp.html</a>

## TRY-OUTS: Try-outs are on August 9-11.

\*\*\*\*\*If you are going to try-out, you MUST complete all of the initial registration paperwork <u>and</u> get a physical <u>before</u> you can touch a volleyball or step out on the floor for tryouts.\*\*\*\*\*

Here's the link for registration: https://fmhsd51-ar.rschooltoday.com/

More links and important information are on the <u>www.fmvolleyball.com</u> home page. We also post updates and announcements on our Facebook page so be sure to follow us for the fastest updates.

If you have questions, please contact Missy Carpenter missy.carpenter@d51schools.org (970) 270-9063

FMHS VB Staff