

Developmentally Appropriate Home Activities

Feel free to create your own activities and/or adjust activities to best fit your child's needs!

Please choose at least three activities to complete with your child daily, preferably from different content areas.

Upload proof of completion of at least one assignment per day.

Assignments can be uploaded as images, videos or PDF files and sent to me through email or Class Dojo.

Have fun with your child and have fun with the documentation/recording process as well! Get creative!

Fine Motor (Occupational Therapy)

- Play-Doh Play w/ Manipulatives (Cookie Cutters, Toys, etc.)
- Shaving Cream Play
- Clip Clothespins on Paper Plate
- Lego and/or Mega Blok Play
- Assisted Cutting Practice (Play-Doh is Fun to Cut!)
- Sensory Bins
 - Pinto Beans, Rice, Water Beads, Water, Sand, etc.

Gross Motor (Physical Education)

- Outdoor Walk and/or Outdoor Supervised Play
- Outdoor Stretching and/or Yoga
- Balloon Hitting (Back & Forth)
- Ball Bouncing, Passing and/or Catching (Back & Forth)
- Throwing into Baskets and/or Buckets

Social & Emotional

- "Feelings Chart" (PDF on Class Website)
- "I Can Calm Down When I Am Upset" Social Story (PDF on Class Website)
- "Breathe, Think, Do with Sesame Street" Cell Phone/Tablet App

Language Arts

- Printable Alphabet Flashcards on Class Website (Letter Identification & Letter Sounds)
- Read w/ Family
- Letter Tracing in Shaving Cream or Sand
- Letter and/or Shape Tracing Cell Phone/Tablet Apps
- Printable Worksheets on Class Website

Mathematics

- Printable Number Flashcards on Class Website (Number Identification & Counting)
- Count to the Day's Date (Calendar Counting)
 - Play "Number Rock" by Greg and Steve (can be found on YouTube) and echo count with your child. Then, review the day's date and count to the number of the date.

- Muffin Tin and/or Ice Cube Tray Counting
 - Use like objects (erasers, coins, toys, etc.) that will catch your child's attention. Have them practice putting in and taking out objects (fine motor). As they put one object in each spot, count with them.
- Sorting
 - This can include having your child help do laundry, engaging in a sorting cell phone/tablet app, sorting colored objects into appropriately colored containers and putting objects into categories.
- Printable Worksheets on Class Website

Science

- Water Indoor/Outdoor Plants & Observe Growth
- Observe & Discuss Daily Weather w/ Family
- Printable Worksheets on Class Website

Art

- Paint in Ziplock Bags (Mess Free Finger Painting)
- Color Coffee Filter w/ Markers & Wet w/ Spray Bottle
- Tear Paper & Paste on Paper (Fine Motor)
- Chalk Art Outdoors
- Printable Coloring Pages (PDF on Class Website)
- Coloring Cell Phone/Tablet Apps