



# Palisade High School

## February 2022

Daniel Bollinger, Principal

Brooke Caster, Asst. Principal

Zeb Hayward, Asst. Principal

Gregg Hawkins, Athletics/Asst. Principal

### A Message from Principal Dan Bollinger

Bulldog Families,

In last month's newsletter, I commented on how quickly we made it through the first half of the year and now the second semester is well underway. I have already had a couple of planning meetings with Seniors to prepare for graduation, and we are also in the thick of some master schedule discussions prior to students building their class schedules for next year.

February may not be as busy of a month as May, but there's still plenty to note on your calendars. Parent-teacher-conferences are February 23rd from 3:30-7:30pm. Our Community Advisory Council meeting for the month of February is on Feb 8<sup>th</sup> from 6:00 to 8:00 PM. PHS parents and guardians are encouraged to attend. It's a great way to be heard and hear more about what's happening on campus. This time of year we also admit our next class of 8<sup>th</sup> graders into the Diploma Programme. If you know students who are interested in applying for the Class of 2025 Diploma Programme, applications are due online on February 14<sup>th</sup>.

The new book my wife and I are reading is, "The Upside of Stress" by psychologist and award-winning teacher, Dr. Kelly McGonigal. In this book she speaks about the benefits or harmfulness of stress based on your mindset. Dr. McGonigal stated that for many years she counseled people to avoid stress stating that stress was harmful and shortened their lives. She now coaches people that stress is only harmful when you believe it is harmful. In fact, stress has many benefits if your mindset believes that. Aaron Howard, our current Dean of Students, used to speak about the benefits of a struggle in math, now about the struggle of education, and navigating life as a very positive opportunity and instead of avoiding a struggle, embrace it and grow from it. To grow from stress, or any struggle, you need to accept it, understand it, and leverage it to your advantage. These two ideas are very aligned, and as parents do we allow our children to grow, or do we allow them to avoid?

If you're looking ahead to the Spring and making plans, please note that Spring Break falls later in March from the 19<sup>th</sup>-27<sup>th</sup>. There is no school for students on March 10<sup>th</sup> and 11<sup>th</sup> (for a teacher workday and in-service). Also, please be mindful of April's standardized testing window as a time not-to-miss. April 13<sup>th</sup> is the SAT for Juniors and the PSAT 9 for Freshman. April 14<sup>th</sup> is the PSAT 10 for Sophomores and CMAS for Juniors.

-Dan



### UPCOMING DATES

Community Advisory Council Meeting

February 8th from 6-8pm

Baby Ads Due for Seniors

February 10th

(see page 8 for more information)

PHS Musical Production

*Annie Get your Gun*

February 10th, 11th, & 12th

(see page 2 for more information)

Winter Formal

February 19th

7-11pm in the PHS Aux Gym

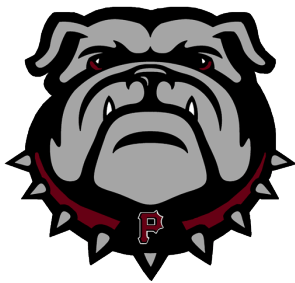
No School

February 21st

P/T Conferences

February 23rd





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**PALISADE HIGH SCHOOL  
PERFORMING ARTS DEPARTMENT  
IS PROUD TO PRESENT**



**MUSIC AND LYRICS BY IRVING BERLIN  
ORIGINAL BOOK BY HERBERT AND DOROTHY FIELDS  
AS REVISED BY PETER STONE**

**February 10, 11, 12, 2022 at 7:00 p.m.**

**Kamas Auditorium  
Palisade High School  
3679 G Road  
Palisade, Colorado 81526**

**TICKETS - ADULTS \$15 SENIORS \$12.50 STUDENTS \$10**

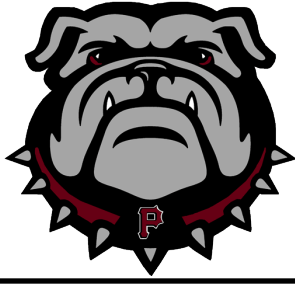
**LIVE STREAM TICKETS—\$15.00 (APPLICABLE FEES APPLY)**

**Call 970-254-4800 (x25107)  
for ticket information**

**Performances will also be live streamed  
Tickets available at**

**SHOWTIX4U.COM**

**ANNIE GET YOUR GUN  
IS PRESENTED BY ARRANGEMENT WITH CONCORD THEATRICALS.  
WWW.CONCORDTHEATRICALS.COM**



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## Counselor's Corner

### **ALL STUDENTS**

Log on to your Naviance account to make sure that your current email and phone number listings are correct. If you add colleges you are thinking about to your Naviance list, you will get an automatic invitation to meet with that college's rep when/if they visit PHS. If your email is up-to-date, you will receive several notifications throughout the year about scholarships and college information.

The Naviance atom is found in students' ClassLink accounts. Students: Use your StudentVue username and password to log on. Parents who want to be added to their students account can contact MaryJane.Seriani@d51schools.org.

### **SENIOR FAMILIES**

If your student is planning to attend college next year, you will need to help him or her fill out the Free Application for Federal Student Aid (FAFSA.gov). It is important to complete the FAFSA as soon as you can, as college aid monies are limited. Make sure you go to the correct website, [www.FAFSA.gov](http://www.FAFSA.gov) and **NOT** [www.FAFSA.com](http://www.FAFSA.com). Filling out the FAFSA is free! Also, make sure you select that correct college semester: Fall 2022. You will need your 2020 tax forms in order to complete the FAFSA.

### **ATTENTION ACCEPTED SENIORS**

Colleges communicate important information with you through your student online portal (ie: MavZone @ CMU or MyCUBoulder @ UC Boulder). Do not miss scholarships, housing information, class registration or important dates and activities. Check your portal at least once a week!

### **DECEMBER EARLY COMPLETERS**

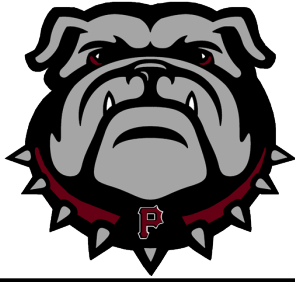
We encourage all seniors who completed their coursework in December to keep in touch with the Counseling Office and/or the Class of 2022 Facebook page/Instagram for information on senior meetings, graduation practice, and important deadlines!

### **Scholarship Brochure**

Seniors, please bring a copy of any scholarships awarded or offered from ALL colleges (even if you do not plan to attend that school) to the counseling office before the April 18<sup>th</sup> deadline.

### **Spring Financial Aid Workshop-Thursday, March 3<sup>rd</sup> 6-8 PM at CMU, Dominguez Hall**

CMU is hosting a FAFSA completion workshop and information night for all D51 seniors and their families. Families are invited to complete their FAFSA, ask questions about next steps such as verification, understanding financial aid, and accepting financial aid. Families are welcome to stop in anytime between 6-8 pm! Food and beverages are provided.



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### WCCC Tech Scholars Interest Application Open for 2022/2023!

We had a great trip with all of our non-DP sophomores to the WCCC campus on Friday, January 14<sup>th</sup>. Students were able to see all the Tech Scholars program they offer first-hand! Sophomores and juniors may submit their interest form through February 11<sup>th</sup>. Information on all the Tech Scholars programs as well as a link to the interest form can be found on the WCCC site [here](#).

Staff from WCCC will be at PHS on February 10<sup>th</sup> to meet with students and answer questions.

### Concurrent Enrollment at CMU/WCCC for Fall 2022

We will be visiting with students interested in taking concurrent classes at CMU or WCCC in the fall in March. Students need to let their counselor know they are interested in the program, and we will include them on the interest list. We will visit with students in March about the process, qualifications, and details!

Concurrent enrollment is a great way for students to take challenging courses and earn college and high school credit, all while having their tuition covered by the District!

**SAT  
PREP  
COURSE**

Taught By:  
Suzanne  
Bergen, M.Ed.



Starts  
March 7

**Increased  
Scores =  
Increased  
Scholarships**

- Strategies
- Tips & Tricks
- Timing
- Content Tips
- Interactive Exercises

- 4 Nights
- 3:30-7:50pm
- Tuition: \$400
- Includes Official Prep Book

To register, email:  
suzanne.testprep@gmail.com  
or text/call 970-435-5473



**ACADEMIC  
INTEGRITY**

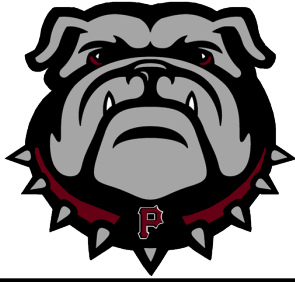
at Palisade High School

## Are you interested in advertising in our newsletter?

It goes out at the beginning of every (school) month to over 1,100 families as well as to some of our Palisade Community members!

Call 254-4800 ext. 25242 for pricing and more information today!





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**School District 51**  
MESA COUNTY VALLEY

### CONCURRENT ENROLLMENT

BUILD YOUR FUTURE HERE.

**WHAT TO CHOOSE?**

- Do you want to save money?
- Get a head start in a career?
- Earn credits toward your degree?

If you said yes to any of these concurrent enrollment might be right for you!

We offer three programs specifically designed for our students.

**OUR PROGRAMS:**  
High School Scholars  
Early Scholars  
Technical Scholars

**REGISTRATION IS HAPPENING NOW!**

**DID YOU KNOW?**  
DISTRICT 51 WILL PAY THE TUITION FOR HIGH SCHOOL STUDENTS TO TAKE COLLEGE COURSEWORK!

**HOW TO START?**  
Talk with your school counselor to see if any of these options are a good fit for you.

**School District 51**  
MESA COUNTY VALLEY

### HIGH SCHOOL SCHOLARS

Take college classes at your school from your high school teachers!

Through a partnership with CMU you can earn college credits for free (see eligibility)

For more information: 

### EARLY SCHOLARS

Take college classes on a college campus with college professors!

Students must travel to CMU to participate in early scholars.

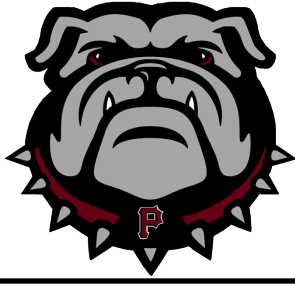
### TECHNICAL SCHOLARS

Through a partnership with WCCC you can take advantage of college-level Career & Technical coursework that can help you earn a certificate or degree towards your career path.

**ELIGIBILITY**

Students must be enrolled and full time in a D51 High School  
Students must meet College Readiness Benchmarks based on the test score requirement for the college class  
Students must be on track to graduate:

- Maintain a 2.0 GPA or higher
- Earning a minimum of 6.0 credit per academic year
- Working towards a proficiency option on the Colorado Graduation Guidelines menu that aligns with a student's postsecondary plan



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UNLOCK YOUR STUDENT'S POTENTIAL  
WITH  
**ZAPS**  
FOCUSED TEST PREP

Doorway to College Foundation™ (D2CF) is the exclusive provider of ZAPS® Focused Test Prep.

In this five-hour seminar, your student will get to:

- Learn tips to improve scores in all subtests
- Practice strategies to eliminate wrong choices
- Take short practice tests that mirror the real test experience
- Reduce test anxiety and gain confidence
- Receive extensive materials for home practice

And much, much more!

**Spots fill up quickly, so sign up today!**

**Fruita Monument, Central & Palisade High Schools are partnering with us to bring ZAPS SAT Test Prep to your student!**

Receive the *Nation's Best Test Strategy Prep* at a special price of only **\$110.00!**  
We are excited to be back in-person in your school this Spring!  
Students will be taking the SAT on April 13, 2022

**SAT Test Prep Seminar**  
**Fruita Monument High School**  
**Saturday, February 26, 2022**  
**Time: 9:00 AM - 3:00 PM**

**SAT Test Prep Seminar**  
**Central High School**  
**Friday, March 4, 2022**  
**Time: 8:30 AM - 2:15 PM**

**SAT Test Prep Seminar**  
**Palisade High School**  
**Thursday, March 10, 2022**  
**Time: 8:00 AM - 2:00 PM**

**Your Seminar: \$110.00**



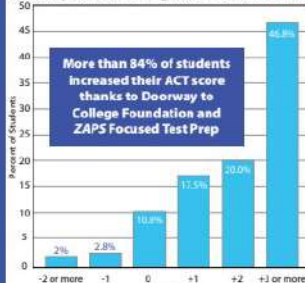
Register at:  
[www.doorwaytocollege.org](http://www.doorwaytocollege.org)  
or call 877-927-8378

## ZAPS SAT Test Prep

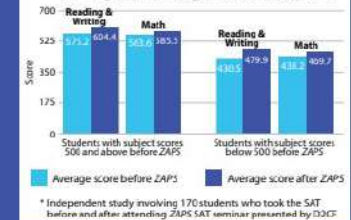
- ⇒ Sign up through their website
- ⇒ Sophomores are also welcome to sign up
- ⇒ Students can sign up for any of the seminars, they don't have to just be the ones at Palisade

## PROVEN RESULTS

ACT Composite Score Change After ZAPS ACT Seminar



SAT Subject Score Change After ZAPS SAT Seminar



Average SAT score increase after ZAPS SAT Seminar

Students with subject scores 500 and above before ZAPS	Students with subject scores below 500 before ZAPS
<b>29.2</b> Reading and Writing	<b>49.4</b> Reading and Writing
<b>21.9</b> Math	<b>31.5</b> Math

## WHAT STUDENTS ARE SAYING

"I took a month-long class last year, and I thought that this one seminar was as useful and productive, if not more so, than the month-long class."  
-Matthew, Dos Pueblos H.S., CA



"Most test practice seminars are very boring and not that helpful. This one is the first, where I learned valuable tips and information, and, I actually can say I enjoyed."  
-Jillian, Manhattan H.S., KS



"I found this seminar very useful! I appreciate the time and enthusiasm that was put into the presentation, and now feel 100 times more confident about testing. Thank you!"  
-Olivia, Westford Academy, MA

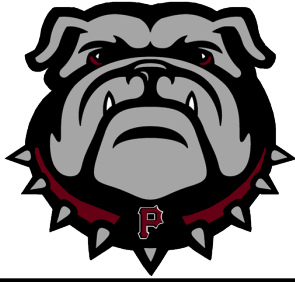


**Help Your Student Even More**  
Check out other helpful prep resources available on our website:  
[www.doorwaytocollege.org/shop-doorway-to-college](http://www.doorwaytocollege.org/shop-doorway-to-college)



877-927-8378 | [parents@doorwaytocollege.org](mailto:parents@doorwaytocollege.org) | [www.doorwaytocollege.org](https://www.doorwaytocollege.org) | [Doorway to College](https://www.facebook.com/DoorwaytoCollege) | [@Doorway2College](https://twitter.com/Doorway2College) | [www.doorwaytocollege.org](http://www.doorwaytocollege.org)





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**COLORADO MESA UNIVERSITY**

### SPRING FINANCIAL AID WORKSHOP

*For Mesa County School District 51 seniors and their families.*

**Thursday, March 3, 2022**  
 Dominguez Hall, 203 & 204  
 on CMU's Main Campus • 6-8pm

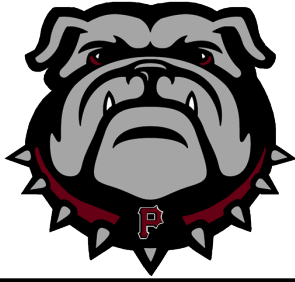
CMU will be hosting a FAFSA completion workshop and information night for all D51 seniors and their families. Join us to complete your FAFSA or ask questions about next steps such as verification, understanding your financial aid package and accepting aid. Families are welcome anytime between 6-8pm.

Food and beverages will be provided.

**One student present will be selected for a \$500 book scholarship to CMU or WCCC!**

*What the FAFSA?!*





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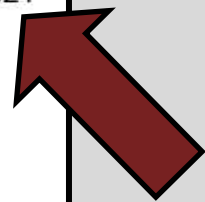
Gregg Hawkins, Athletics/Asst. Principal

### SENIOR PARENTS: The deadline is fast approaching!

Palisade High School

**DEADLINE: 02/11/2021**

Dear Parent or Student,  
Yearbook recognition ads are a great way for parents, families and friends to commemorate student achievements and important milestones. In addition, revenues from recognition ads help our school to create a better yearbook. To purchase your ad online, follow the instructions on the form below. Jostens is managing your school's yearbook ad sales so please do not contact or send materials to the school. Please take into account our school's ad content guidelines on the bottom of this form during the creation of your ad online. All ad orders must be placed online by 02/11/2021



**ORDER YOUR YEARBOOK RECOGNITION AD TODAY!**



ORDER BY 02/11/2021

**COLOR AD**

Full Page	\$320.00
1/2 Page	\$165.00
1/4 Page	\$85.00
1/8 Page	\$50.00

**EASY PAYMENT PLAN AVAILABLE\***

\*Credit card installment plan available for orders of \$30 or more.

**DON'T MISS THE OPPORTUNITY TO RECOGNIZE YOUR GRADUATE IN A SPECIAL WAY!**

**IT'S EASY! Create your ad online at [www.jostensadservice.com](http://www.jostensadservice.com)**

1. Choose your ad size and layout.
2. Enter your text and upload your photos.

**Important information about Yearbook Recognition Ads**

- Our school reserves the right to edit ads per our guidelines.
- We retain the right to remove any explicit text, graphic photos or copyright-protected imagery or photos.
- For the ad to appear in the yearbook, your ad must be purchased by the order deadline.
- Color photographs uploaded for black-and-white ads will appear in black and white.
- We will make every effort to use your layout and text as indicated. A proof will not be provided and no changes can be made after purchase.

**GUIDELINES SURROUNDING RECOGNITION AD CONTENT.**

Our school reserves the right to edit ads per our guidelines. Please make sure all submitted materials are appropriate for school publication.

**Frequently Asked Questions**

**How are the ad prices determined and what is the money used for?**

Ad prices are determined by our school. The revenue from Recognition Ads helps support our yearbook and keep it affordable for everyone.

**How is the ad deadline determined?**

The ad deadline is set by our school based on the production schedule for the yearbook.

**Can I create my student's ad on my mobile device?**

Yes, yearbook ads can be created online from both desktop and mobile devices.

**Can I send my materials to the school?**

No, please do not send your materials to our school. Our school has selected Jostens to assist with our ad program. Please call our customer service number (800-358-0800) if you have questions or need assistance in creating your ad.

**More questions? Call Jostens at (800) 358-0800.**

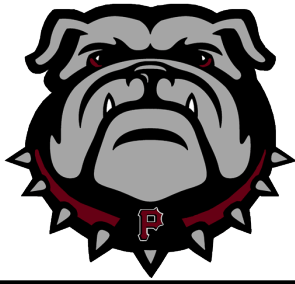
[www.jostensadservice.com](http://www.jostensadservice.com)



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Please call Hannah Martinez at 970-254-4800 ext. 25242 or email [Hannah.Martinez@D51schools.org](mailto:Hannah.Martinez@D51schools.org) with any questions!





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## ATTENTION 8TH Graders !!

Applications opening for the

IB Diploma Programme

Class of 2026

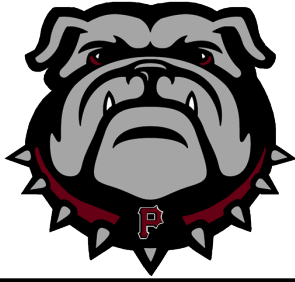


**Opening: December 1st, 2021**

**Deadline: February 19th, 2022**

**For more information go to:**

**[www.palisadeib.org](http://www.palisadeib.org)**



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**Tired of this cold weather?  
Stay warm with a Bulldog hoodie  
in the PHS Athletic Office**

**(Sizes SM to 3XL)**

*Trucker hats - \$25*

*T-shirts - \$15*

*Long sleeve - \$20*

***Maroon hoodie (cotton) - \$30***

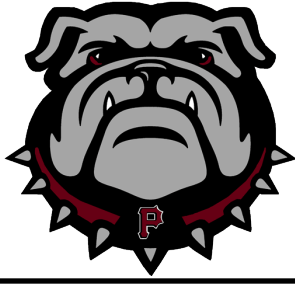
***Gray hoodie (poly/cotton with zipper pocket) - \$40***

*Lanyard - \$3*

*Nerf football - \$10*

Looking for a way to support students? Join the PHS Booster Club!

Please email [palisadebooster@gmail.com](mailto:palisadebooster@gmail.com) for more information!



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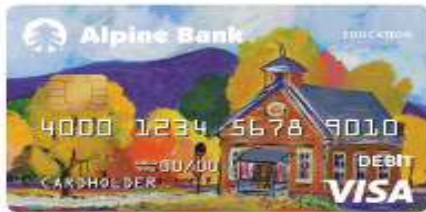
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### OUR EDUCATION LOYALTY DEBIT CARD & YOU: MAKES PERFECT CENTS!



With every one of your Alpine Bank EDUCATION Loyalty Visa Debit Card\* transactions, Alpine Bank donates 10 cents to Mesa County schools and educational enrichment programs. Use your card, shop locally, and remember: The change starts with you!

\*Alpine Bank debit cards are available with no annual fee to individuals with an Alpine Bank checking account.

**YOU ARE MESA COUNTY** *So are we!*



**Alpine Bank**

INDEPENDENCE - COMMUNITY - COMPASSION - INTEGRITY - LOYALTY

ALPINEBANK.COM - MEMBER FDIC