

Make the healthy, economical choice!

FEBRUARY 2022

K – 12th Grade

Students eat **FREE**
for Breakfast and Lunch

AVAILABLE DAILY:
Variety of Milk with Breakfast and Lunch
Juice offered with Breakfast
Breakfast Meal Choice:
Cereal, Toast, & Fruit

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST

Sausage Biscuit
Fruit

1

LUNCH

Taco Wrap
Mexican Rice
Pinto Beans
Fruit
OR Easy Jammer Lunchable Box

BREAKFAST

Cinnamon Bun
Fruit

2

LUNCH

BBQ Chicken Sandwich
Sweet Potato Fries
Lima Beans
Fruit
OR Pepperoni Pizza

BREAKFAST

Breakfast Pizza
Fruit

3

LUNCH

Roast Turkey and Gravy
Diced Potatoes
Collard Greens
Fruit
OR Cheeseburger

BREAKFAST

Chicken Biscuit
Fruit

4

LUNCH

Fajita Chicken Wrap
California Vegetables
Mexican Beans
Fruit
OR Corn Dog

BREAKFAST

Sausage Biscuit
Fruit

7

LUNCH

Sweet & Sour Chicken
Egg Roll
Fried Rice
Fruit
OR Chicken Sandwich

BREAKFAST

French Toast & Sausage
Fruit

8

LUNCH

Cheese Sticks w/ dipping sauce
Baby Carrots
Buttered Broccoli
Fruit
OR Easy Jammer Lunchable Box

BREAKFAST

Breakfast Bagel
Fruit

9

LUNCH

Corn Dog
Lima Beans
French Fries
Fruit
OR Pepperoni Pizza

BREAKFAST

Ham & Cheese Biscuit
Fruit

10

LUNCH

Vegetable Beef Soup/Cheese Toast
Buttered Carrots
Sweet Peas
Fruit
OR Cheeseburger

BREAKFAST

Grits, Sausage, Toast
Fruit

11

LUNCH

Pepperoni Pizza
Garden Salad
Corn on the Cob
Fruit
OR Corn Dog

BREAKFAST

Chicken Biscuit
Fruit

14

LUNCH

Teriyaki Chicken
Egg Roll
Fried Rice
Fruit
OR Chicken Sandwich

BREAKFAST

Pancakes & Sausage
Fruit

15

LUNCH

Cheeseburger
Tater Tots
Baked Beans
Fruit
OR Easy Jammer Lunchable Box

BREAKFAST

Sausage Biscuit
Fruit

16

LUNCH

Chicken & Waffles
Hash browns
Garden Salad
Fruit
OR Pepperoni Pizza

BREAKFAST

Breakfast Pizza
Fruit

17

LUNCH

Lemon Pepper Chicken
Turnip Greens
Buttered Carrots
Fruit
OR Cheeseburger

BREAKFAST

Ham & Cheese Slider
Fruit

18

LUNCH

Turkey & Cheese Sub
Sweet Potato Fries
Green Beans
Fruit
OR Corn Dog

BREAKFAST

Egg & Cheese Slider
Fruit

21

LUNCH

Corn Dog
Lima Beans
French Fries
Fruit
OR Chicken Sandwich

BREAKFAST

Waffles & Sausage
Fruit

22

LUNCH

Beef Nuggets
Mashed Potatoes
Green Beans
Fruit
OR Easy Jammer Lunchable Box

BREAKFAST

Scrambled Eggs, Ham, & Toast
Fruit

23

LUNCH

Chili Fritos w/ Cheese
Garden Salad
Buttered Corn
Fruit
OR Pepperoni Pizza

BREAKFAST

Grits, Sausage, Toast
Fruit

24

LUNCH

Chicken Pot Pie
Buttered Carrots
Sweet Peas
Fruit
OR Cheeseburger

BREAKFAST

Sausage Biscuit
Fruit

25

LUNCH

Sloppy Joe
Fresh Broccoli
French Fries
Fruit
OR Corn Dog

BREAKFAST

Breakfast Pizza
Fruit

28

LUNCH

BBQ Rib Sandwich
Sweet Potato Fries
Green Beans
Fruit
OR Chicken Sandwich



Online: Add money to your child's account, check their balance, and apply for free/reduced priced meals at www.paypams.com

Menu is subject to change due to Food Delivery/Availability