

Newtown

2022

Your Lifelong Learning Hub



Fall Brochure

Continuing Education

STUDIO ART, CARTOONING, KNITTING ...



YOGA, PILATES, BELLY DANCE FITNESS, ...



PHOTOGRAPHY BOOTCAMP, COMPUTER ANIMATION, MICROSOFT OFFICE ...



CANNING 101, CAT HERDING, FALL PLANTING ...



TRIVIA NIGHT, WELLNESS CLASSES,
FUTURE & FINANCIAL PLANNING & MORE

Register Online: newtown-ce.revtrak.net
P: 203.270.6190 | newtowncontinuinged.org



Newtown High School
12 Berkshire Road
Sandy Hook, CT 06482

25% Discount for Adults Ages 62+ OR 10% Early Registration Discount

Discounts Exp: 10/28/2022

Discounts cannot be combined. Discounts can be applied online, but must be applied before processing payment.

If you do not apply your discount before payment processes, then you forfeit your discount.

LITTLE ISLAND ST. JOHN THE DIVINE

NEW YORK CITY

Little Island is a 2.4-acre public park in Hudson River Park on the West side of Manhattan. Components of the pier, nestled among more than 350 species of flowers, trees and shrubs, include a 687-seat amphitheater and an intimate stage and lawn space, along with dazzling views of other portions of Hudson River park, New York City and the Hudson River. We'll enjoy a delicious lunch at Carmine's Upper West Side, a legendary family-style restaurant. Menu to include Salad, Appetizer, Pastas, Entrees, and Dessert.



The Cathedral of St. John the Divine is our last stop on the tour. This 121,000 square foot church is one of the 4 largest churches in the WORLD. Explore the many highlights of the cathedrals history, artwork ,and architecture.

*Please check travel restrictions and or COVID State regulations prior to travel.

No Discounts Apply.

Course #F22L11 **Price:** \$149
 Saturday Oct 15, 2022
Departs: 9 AM from NHS **Estimated Return:** 6 PM

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SCAN ME

REGISTER ONLINE/VIEW LISTINGS

NOW:

1. Open your mobile's camera & < scan the code to your left
2. Watch the link appear at the top of your phone
3. Click the link & you'll be brought to our registration website

KIDS CORE AFTER SCHOOL PROGRAM SCHEDULE:

PROGRAM HOURS: 3:45PM - 4:30PM **FREE**

The PEAC Committee presents, **Kids Core**. An after-school, mindfulness program which aims to cultivate the social and emotional well-being of students in grades K-2, 3-4 and 5-6. The program provides a safe and welcoming environment for students to unplug and unwind, one day a week, after school. Mindfulness and team building will be practiced and encouraged, with time to get creative during this 45-minute, (7) week session, led by Newtown Public School staff, with knowledge of practices in alignment with social-emotional skill development. The program is at no-cost to those who wish to attend.



Policies & Procedures: (Please view our online listing for a full description)

- In an effort to ensure all who are interested receive an opportunity to attend, please only register for one (7-week) session.
- Attendance is encouraged:continuinged@newtown.k12.ct.us
- If your child is not in attendance during the regular school day, they will not be admitted to the program on that session date.
- If your child is in school, but is not attending the program on a session date, please notify **Newtown Continuing Education** in writing to continuinged@newtown.k12.ct.us **and your child's school** to ensure a smooth dismissal transition.

**SESSIONS AT SHS, HAW, MGS, HOM & RIS! THIS FALL SPRING & WINTER—DATES ONLINE AT
 NEWTOWN-CE.REVTRAK.NET**

Online Registration: www.newtown-ce.revtrak.net

By Mail: Newtown Continuing Education
at Newtown High School
12 Berkshire Road, Sandy Hook, CT 06482

By Phone: (203) 270-6190



SCAN ME

Hablamos Español

Tel: (203) 270-6190

Si tiene preguntas sobre los cursos que ve en nuestro catálogo, llámanos y estaremos encantados de ayudarle.

Contact Information

Office Hours: Monday - Friday 8:30 a.m. to 3:30 p.m.

In an effort to minimize traffic throughout our building, **all office hours are by phone only**. We encourage you to use our **online** or **mail-in** registration options to register.

Contact Us:

Phone: (203) 270-6190 Email: ContinuingEd@newtown.k12.ct.us

Give us a Like on Facebook!

[@Newtown Continuing Education](#)



Ed 2 Go

We offer a wide range of highly interactive courses that you can take entirely over the Internet. All of our courses are led by expert instructors, many of whom are nationally known authors. Our online courses are affordable, fast, convenient, and geared just for you. Offering courses for personal skill development *or* advanced career training.

Discounts for Ed 2 Go courses do not apply.

Explore *Advanced Career Training/ Certification Catalog:*

www.careertraining.ed2go.com/newtown/
Prepare for industry certification or a new career. Start anytime & receive in-depth study materials. *Many complete in 6mo or less.*

Explore the *Personal Skill Development Online Catalog:*

www.ed2go.com/newtown/
Interactive, instructor-led or self-paced, courses.

Courses In:

- Arts & Design
- Construction & Trade
- Business
- Language
- Hospitality
- Health & Fitness
- Legal
- Math & Science
- Teacher Development
- Professional Development



DISCOVER SIGN LANGUAGE

Gain confidence in your ability to sign with the Deaf community. This course immerses you in silence to help you gain an understanding of the perspective of the hearing impaired and uses videos to demonstrate not only how to make signs, but how to communicate with facial expression.

6 Weeks Access / 24 Course Hrs
Classes starting Monthly
Instructor Led Course: \$96

BEGINNING CONVERSATIONAL FRENCH

Proper pronunciation is essential for excellent communication. So, whether you intend to travel abroad or simply want to learn a fun new skill, the Beginning Conversational French course will help you master the basics of French pronunciation.

The first lesson introduces the basics needed for conversations and pronunciation. You will then learn conversation lessons to navigate transportation and talk to hotel and restaurant staff. From numbers to currency and communication and more, upon course completion, you will be ready to apply your new skills in the real world.

The course includes cultural tips for traveling in France and introduces unique aspects of other French-speaking countries. The lessons also provide audio examples of pronunciation and vocabulary words that are written out phonetically.

6 Weeks Access / 24 Course Hrs Classes Starting Monthly Instructor Led Course: \$96



ART CLASSES

CARTOONING

Various styles of cartooning are welcome in this exciting course. Emphasis will be placed on the development of original characters and the universes they inhabit. The fundamentals of general art techniques, character development, and storytelling with emphasis on narrative art techniques, penciling, inking, lettering, and coloring (both traditionally and digitally), are the foundations of this class. It is recommended that participants have a sketchbook to work in regularly outside of class. *Up to 25% Discount Applies.*

Course# F22AC1 6 - 7:15 PM NHS 6 Classes **Price:** \$99
 Tuesday's Sept 6, 13, 20, 27, Oct 4 & 11, 2022
 Mike Obre

STUDIO ART

Studio Art is structured like a traditional high school or undergraduate foundational art course and includes content in traditional drawing, painting, sculpture and mixed media. Students will experiment with a variety of media in each discipline, with emphasis on foundation, building, problem solving, and conceptual exploration. Studio Art is ideal for beginning artists seeking regular studio time, students seeking to develop their portfolios, and/or for anyone looking for a fun and engaging general art experience. *Up to 25% Discount Applies.*

Course# 6 - 7:15 PM NHS 6 Classes **Price:** \$99
F22AS1: Tuesday's Oct 18, 25, Nov 1, 15, 29 & Dec 6
 *No 11/8 or 11/22
W22AS1: Tuesday's Jan 3, 10, 17, 24, 31, Feb 7, 2023
 Mike Obre

POTTERY STUDIO TIME

Welcome to my home studio! The studio will be open from 6:30 - 8:30 PM on Wednesday's. Students will get an opportunity to throw on the wheel and hand build ceramic. The instruction will be catered to suit the skill level and interest of the student. Fee includes all materials.

No discounts on single classes 30% discount For the 5 Week Series

Course# 6:30 - 8:30 PM 1 Class **5 Series:** \$215
F22C1: Wednesday Sept 21, 2022 **Price:** \$62
F22C2: Wednesday Sept 28, 2022 **Price:** \$62
F22C3: Wednesday Oct 12, 2022 **Price:** \$62
F22C4: Wednesday Oct 19, 2022 **Price:** \$62
F22C5: Wednesday Oct 26, 2022 **Price:** \$62

Class Location: Roberta Ahuja Studio, 1 Great Ring Rd. Sandy Hook, CT
 Roberta Ahuja

ADULT KNITTING CIRCLE: INTERMEDIATE +

For those who can cast on and knit garter stitch, and are ready to build more skills (or have completed the beginner course). For intermediate students, projects will be created starting with an "oh so cute" hat that can be made in sizes from children to adults, as well as a seamless project "knitting in the round" on circular needles. In this comprehensive, step-by-step, fun class, you'll learn to read patterns, check gauge, master more difficult stitches (including cables) and more! Students need to bring in **size 10 (longer length, preferably)** straight needles and one skein (150 yards) of worsted weight yarn of their choice to start. Other materials needed are discussed in class. Advanced projects available, as well as students can bring independent projects for help and instruction, as well. *Apply a 10% Discount.*

Course# 8 Classes **Price:** \$135
F22K11:
 Thursday's Sept 22, 29, Oct 13, 20, 27, Nov 3, 10 & 17, 2022
 6:45 - 7:45 PM *No 10/6
F22K12:
 Wednesday's Sept 21, 28, Oct 12, 19, 26, Nov 2, 9 & 16, 2022
 12:15 - 1:15 PM *No 10/5
Class Location: Teen Center, 53 Church Hill Rd
 Nicole Christensen

ADULT BEGINNERS KNITTING CIRCLE

Make time for yourself and learn to knit! If you've always wanted to knit, but didn't know where to start, or need to brush up on the basics, this course is for you! Learn to cast on, knitting, purling, shaping and more, creating a fashionable project to start! Knitting is a great hobby that can be transported with you- knit at sports events, waiting rooms...using snippets of time! It's a very calming hobby. Learn about different fibers, try out different types and sizes of needles, and more! Crochet will also be taught. *Students need to bring in a skein of SUPER bulky-weight yarn (recommended: Lion brand Wool-Ease "Thick N Quick" available at Joanns, Michaels, or Amazon) of their choice, and US size 13, or 15 knitting needles to start. *Apply a 10% Discount.*

Course# 8 Classes **Price:** \$135
F22BG1:
 Wednesday's Sept 21, 28, Oct 12, 19, 26, Nov 2, 9 & 16, 2022
 6:45 - 7:45 PM *No 10/5
F22BG2:
 Wednesday's Sept 21, 28, Oct 12, 19, 26, Nov 2, 9 & 16, 2022
 11 AM - 12 PM *No 10/5
Class Location: Teen Center, 53 Church Hill Rd
 Nicole Christensen

DANCE CLASSES

CHAKRADANCE - 7 KEYS TO FREEDOM CYCLE

Get fit in a way only YOU can imagine! Burn calories, unwind, and find your inner compass, discovering your body-mind-spirit connection. Through guided imagery, spontaneous movement, and mandala art, each session restores balance to your energy Chakras, which regulate your physical organs and emotional attitudes toward safety, sacral, power, love, communication, intuition and self-realization. *Bring a cushion or yoga mat. No discounts apply.*

Course# 6 - 7 PM NHS 1 Class/5 Series

One Session Price: \$29 **5 Series Price:** \$119

F22CD1: Wednesday, Sept 14, 2022 Introduction
F22CD2: Wednesday, Sept 21, 2022 Root (Safety)
F22CD3: Wednesday, Sept 28, 2022 Sacral
F22CD4: Wednesday, Oct 12, 2022 Solar Plexus (Power)
F22CD5: Wednesday, Oct 19, 2022 Heart (Love)

Audra Mace

RHYTHMS

Fun-fit light cardio. Review of basic dance rhythms. No partner needed. Learn Dance Choreography for week 1, Salsa for week 2, Samba for week 3, Jazz for week 4, Jive for week 5 and also learn Cha-Cha! *Apply a 10% Discount.*

Course# 8:30 - 9:25 PM NHS 5 Classes **Price:** \$89

F22LD1: Tuesday's, Sept 6, 13, 20, 27 & Oct 4

F22LD2: Tuesday's, Oct 11, 18, 25, Nov 1 & 15

*No 11/8

Cheryl Carpio

COUNTRY WESTERN LINE DANCING: Beginner

Learn four to five classic country western dances. No partner or dance experience needed. Fun and simple instruction for all. This is great cardio exercise! Once you get moving you may not be able to stop! Dance all the dances that you have learned the last week. Comfortable clothing and flat dance shoes recommended. *Apply a 10% Discount.*

Course# 6:30 - 7:25 PM NHS 5 Classes **Price:** \$89

F22BLD1: Tuesday's Sept 6, 13, 20, 27 & Oct 4

F22BLD2: Tuesday's Oct 11, 18, 25, Nov 1 & 15

*No 11/8

Cheryl Carpio



BELLY DANCE FITNESS

Calling all shapes and sizes! Strengthen your core and sculpt your trunk, arms and legs while learning the basics of Middle Eastern Belly Dance! Basic choreography, along with Pop and traditional Middle Eastern music, will have you dancing away the calories. Beautiful hip scarves and silk veils provided. *Workout clothes are recommended. Please bring a refillable water bottle. Apply a 10% Discount.*

Course# F22BD1 6:30 - 7:30 PM NHS 8 Classes **Price:** \$110

Tuesday's Sept 13, 20, 27, Oct 11, 18, 25, Nov 1 & 15, 2022

*No 10/4 or 11/8

Suzanne Candee

COUNTRY WESTERN LINE DANCING: Intermediate

Once you get moving, you will not be able to stop! This is a great cardio exercise. If you took this series already, some dances will be repeated, but there are always additional dances to learn! We will also talk about Country Dance technique and dance floor etiquette. Comfortable clothing and flat dance shoes are recommended. *Apply a 10% Discount.*

Course# 7:30 - 8:25 PM NHS 5 Classes **Price:** \$89

F22LD1: Tuesday's Sept 6, 13, 20, 27 & Oct 4

F22LD2: Tuesday's Oct 11, 18, 25, Nov 1 & 15

*No Nov 8, 2022

Cheryl Carpio



SCAN ME

REGISTER ONLINE NOW:

1. Open your mobile's camera & < scan the code to your left
2. Watch the link appear at the top of your phone
3. Click the link & you'll be brought to our registration website

MIND & BODY PERSONAL GROWTH

TOOLS FOR TRANSFORMATION: 7 FOUNDATIONS WORKSHOP

Easy-to-access, practical tools for life's everyday challenges. Dive into an experiential 7-week workshop focusing on creating health and harmony. Using simple, yet powerful tools that activate your self-healing abilities. Using the wisdom of science combined with the sacred spiritual practices of the indigenous, earth-based cultures, we will explore: 1. **Body's Energy Centers:** The Luminous Energy body, chakras and auras. Energy Medicine using muscle testing and pendulums. 2. **Creating Sacred Space:** Space clearing, personal clearing techniques for strengthening your nervous system, removing heavy energy & techniques to contain your energy (prana or chi). 3. **Shamanic Journeying for guidance** as well as discovering your personal Power Animal & Spirit Guide. Cord Cutting to remove unhealthy attachments and individuals who are no longer beneficial to your well-being. 4. **Ayurveda, Tapping & Transfiguration:** Discover your dosha, an analysis tool for determining your current state of health. Use Long Distance Healing (Transfiguration) to heal yourself and/or change the world. 5. **Crystals, Colors & Chakras:** Crystals are a powerful tool. Learn how to tap into their power using color and the chakras. 6. **Divination with the I-Ching, Manifesting & Oracle Cards:** The I-Ching (a book of prophecy) can answer any pressing questions. Using that, learn to manifest what you want into being. 7. **Clearing Ancestral Karma, Fire Ceremony & Rites of the Womb:** Ancestral Karma is transferred in the DNA and we have the power to clear out these imprints and heal our family patterns. *Participants have said these classes are deep, transformative and life changing. This is an invitation to discover your fullest potential and fulfill your sacred destiny. No Discounts Apply.*

Course#	7 - 9 PM	7 Week Series:	\$199
F22TT1:	Tuesday	Sept 20, 2022	Price: \$39
F22TT2:	Tuesday	Sept 27, 2022	Price: \$39
F22TT3:	Tuesday	Oct 4, 2022	Price: \$39
F22TT4:	Tuesday	Oct 11, 2022	Price: \$39
F22TT 5:	Tuesday	Oct 18, 2022	Price: \$39
F22TT 6:	Tuesday	Oct 25, 2022	Price: \$39
F22TT 7:	Tuesday	Nov 1, 2022	Price: \$39
Class Location:	Karen Pierce's Home Studio, 11 Nettleton Ave. Newtown, CT		

PILATES WITH ROSE: Mat Pilates Class

Capture all the benefits of mind-body exercise in this whole body movement mat class originally developed by Joseph Pilates. This method of exercise strengthens and conditions muscles with the added benefit of improved memory, vigor and flexibility, so you can move throughout each day with an improved sense of well being! For this class you must be able to come down to the mat and stand without assistance. Bring a mat and optional magic circle or exercise ring. Wear flexible, fitted clothing. *No Discounts Apply.*

Course#	6 - 7 PM	NHS	5 Classes	10 Session Price:	\$220
F22PRM1:	Thursday's	Sept 8, 15, 22, 29 & Oct. 6, 2022	Price:	\$115	
F22PRM2:	Thursday's	Oct. 13, 20, 27, Nov. 3 & 10, 2022	Price:	\$115	
	Rosemary Larkin, <i>Licensed Instructor</i>				

Personal Pilates with Rose: Mat or Reformer Virtual or in-studio

A personalized mat or Reformer Pilates method session. Special attention given to form and proper alignment with the teacher's eyes on you for a successful execution of Pilates exercises. All levels are welcome. Offered virtually (with or without Pilates equipment) or in studio. **By appointment only.** To register for this class or for more info, contact Rosemary Larkin, Certified Pilates Instructor, directly at (203) 417-6026 or rizzzi001@gmail.com.

YOGA WITH KAREN

Unwind from a stress-filled day with a relaxing evening of yoga. Transform from tense and tight to mellow and limber. This yoga practice is designed to lengthen and stretch the body, breath and brain! *Karen is a master yoga teacher, yoga therapist, and yoga teacher trainer; she will teach you how to create an authentic personal practice. Sweatpants encouraged and bring an exercise/yoga mat (as well as a yoga strap and yoga blocks if needed. Apply a 10% Discount.*

Course#	6:30 - 7:30 PM	NHS	
F22YK1:	Wednesday's	10 Classes	Price: \$100
	Sept 7, 14, 21, 28, Oct 12, 19, 26, Nov 2, 9 & 30, 2022		
	*No 10/5, 11/16 or 11/23		
F22YK2:	Wednesday's	5 Classes	Price: \$55
	Sept 7, 14, 21, 28 & Oct 12, 2022		*No 10/5
F22YK3:	Wednesday's	5 Classes	Price: \$55
	Oct 19, 26, Nov 2, 9 & 30, 2022		*No 11/16 or 11/23
	Karen Pierce		

PILATES WITH ROSE: Buff Bones

Buff Bones® is a medically-endorsed, full body workout for bone strengthening and balance. It integrates Pilates, strength training, functional movement and rehabilitative exercise to improve the health and longevity of your bones and joints. It's adaptable to varying levels and is safe for those with osteoporosis. *Bring a mat and light weights (2-3 lbs.), wear flexible, fitted clothing. No Discounts Apply.*

Course#	5:45 - 6:45 PM	NHS	5 Classes	10 Session Price:	\$220
F22PRB1:	Monday's	Sept. 12, 19, Oct. 3, 10 & 17, 2022	Price:	\$115	
	*No 9/26				
F22PRB2:	Monday's	Oct. 24, 31, Nov. 7, 14 & 21, 2022	Price:	\$115	
	Rosemary Larkin, <i>Licensed Buff Bones® Instructor</i>				

For Yoga/Pilates classes: Classes involve laying down, knee movements, use of hands, and back. Though we do try to modify the routines, it may not be appropriate for some with bad backs and or knees. You may want to consult with your doctor before registering if you have any concerns.

SHIFT TO CLARITY SERIES FOR WOMEN

Are you looking to make a change but don't know where to begin? This course is about giving yourself the time, space and intention to learn about who you are, find your voice, and take action. Together through this curated series of guided experiences, we will explore the idea of reconnection within ourselves and one another in a small community. We will uplift one another on this journey to re-discovering personal empowerment. *No Discounts Apply.*

Course # F22SC1	6 - 8 PM	NHS	6 Classes	Price:	\$219
	Wednesday's	Sept 7, 14, 21, 28, Oct 12 & 19, 2022	Price:	\$219	
	*No 10/5				
	Jenai Fitzpatrick				

MIND & BODY/ PERSONAL GROWTH

THE 5 ELEMENTS OF CHINESE MEDICINE

All about Chi, Yin/Yang, the meridians and the five elements of Chinese Medicine, with applications to daily living, plus acupuncture points for health and wellness. *Up to 25% Discount Applies.*

Course# F22CM1 6 - 7:30 PM NHS 6 Classes **Price: \$115**
Monday's Oct 3, 10, 17, 24, 31 & Nov 7, 2022
Dr. Michael Sabbarese

INSTANT INSIGHT WITH NUMEROLOGY

Gain instant insight into the disposition of acquaintances, co-workers, your beloved friends, and family. Learn to calculate personality and forecast numbers revealed by birth name and date using simple addition. Ideal for supervisors, teachers, therapists, police officers, personal trainers, retailers, parents, speed daters, and anyone wanting to understand and relate to people better. Numerology is an ancient metaphysical science that reveals the blueprint of every human being's life and is still one of the most accurate and powerful self-help tools available today. Go home with resources that expose your daily relationship with numbers. *No discounts apply.*

Course# F22IN1 6 - 7:30 PM NHS 1 Class **Price: \$39**
Tuesday Oct 18, 2022
Audra Mace

THE FIVE TIBETANS

Mirror, mirror on the wall...who's that?! Stem the aging process by mastering five vital, dynamic, and continuously moving yoga-like exercises practiced by Tibetan lamas for generations. Explore the treasure of deep breathing, kundalini and YogaNidra meditation. Rhapsodize as the "fountain of youth," fully integrating these moving and meditation practices into your daily life offer profound and lasting increases in stretch, energy and mental alertness. Bring a Yoga mat. *No discounts apply.*

Course# F22FT1 5:30 - 6:45 PM NHS 4 Classes **Price: \$99**
Wednesday's Oct 26, Nov 2, 9 & 30, 2022
*No 11/16 or 11/23
Audra Mace

SIMPLY STRETCH

A class designed for flexibility and mobility means that you will move with greater ease, range of motion, and less back and body pain. Learn to stretch hard to reach hard to reach muscles while increasing flexibility and relaxation. Modifications are made for every level. This class involves laying down, knee movements, use of hands, and back and though we do try to modify the routines, it may not be appropriate for some with bad backs and or knees. You may want to consult with your doctor before registering if you have any concerns. *Up to 25% Discount Applies.*

Course# F22SSM1 6:30 - 7:30 PM NHS 6 Classes **Price: \$70**
Monday's Sept 19, Oct 3, 10, 17, 24 & 31, 2022
Mary Sireci



INTRODUCTION TO TAI CHI EASY AND QIGONG

Self-care health-care is becoming the new normal. Learn playful ways to get in and stay in the best shape of your life. Activate "the healer within" using traditional Chinese reflexology, breathing, gentle movement, and meditation. Become balanced, flexible, and graceful while relieving pain, reducing stress, and healing disease, enjoying mental clarity, peace, and relations. *No discounts apply.*

Course# 6 - 7:30 PM NHS 1 Class/5 Series
5 Series Price: \$119 One Session Price: \$29

(+\$20 materials fee payable to instructor)

F22TCQ1: Tuesday, Sept 13, 2022 The Healer Within
F22TCQ2: Tuesday, Sept 27, 2022 5 Animal Frolics Qigong
F22TCQ3: Tuesday, Oct 11, 2022 10 Minute Tai Chi Easy Formulas
F22TCQ4: Tuesday, Oct 25, 2022 8 Silk Brocades
F22TCQ5: Tuesday, Nov 15, 2022 5 Tai Chi Easy Forms
Audra Mace

REIKI I (For Certification, must attend both sessions)

Help heal the people you love. Learn about the universal life force energy, become attuned to the energy in a spiritual ceremony, practice hands-on self-healing techniques, and go home with a robust toolkit to further develop your skills. Once attuned, you may experience improved confidence, relaxation, sleep, digestion, concentration, and patience or a reduction of pain, anxiety, or cravings. Using your newfound skills and intention, harness Reiki to heal yourself, adults, children, pets, plants, and more. This gift of healing remains with you for the rest of your life. You will leave enlightened and begin to see the world differently. *No discounts apply.*

Course# 6 - 9 PM NHS 1 Class **Price: \$99**
(+\$50 materials fee payable to instructor)

F22R1: Tuesday Sept 20, 2022
F22R2: Tuesday Oct 4, 2022

*With Certification, Prerequisite Session 1
Audra Mace



MICROSOFT OFFICE & QUICKBOOKS CLASSES

QUICKBOOKS DESKTOP FOR WINDOWS

This class will cover the key features of this still very popular business finance software. Among the topics to be covered are setting up income and expense categories; adding balance sheet accounts; income and expense tracking; checking and cash accounts; credit card accounts; accounts receivable and accounts payable; customer and vendor lists; invoicing; reports; and more. *(Please note that this course covers QuickBooks Desktop, not QuickBooks Online). Up to 25% Discount Applies.*

Course# F22QB1 6:30 - 8:30 PM NHS 3 Classes **Price:** \$115
Monday's Nov 7, 14 & 21, 2022
Mike Ingber, *Upward Business Systems*

POWERPOINT FEATURES

This hands-on session picks up where the Basics class leaves off. We will cover adding pictures and shapes to your slides; adding "SmartArt" to your slides; adding tables and charts to your slides; setting up a slide show (including transitions and animations); and printing your presentation. The skills learned in this class will allow you to create much more dynamic presentations *Up to 25% Discount Applies.*

Course# F22PP2 6:30 - 8:30 PM NHS 1 Class **Price:** \$45
Thursday Nov 10, 2022
Mike Ingber, *Upward Business Systems*

EXCEL PART 2

Continue to learn more about the most popular spreadsheet product on the market. In this second part you will work with multiple sheet workbooks, charts, advanced formatting capabilities, filtering, validating, scenarios, and much more. Excel Part 1 or equivalent is a prerequisite. *Up to 25% Discount Applies*

Course# F22CE2 6:30 - 8:30 PM NHS 2 Classes **Price:** \$79
Thursday's Oct 13 & 20, 2022
Mike Ingber, *Upward Business Systems*

WORD FEATURES

Explore some of the most used features in MICROSOFT WORD. In this class, we will dive deeper into the many useful features of Microsoft Word: bullet lists, number lists, headers and footers, custom tabs, multiple column layouts, page borders, watermarks graphics and more. Some prior knowledge of the Microsoft Word program is helpful for this class. *Up to 25% Discount Applies.*

Course# F22WF1 6:30 - 8:30 PM NHS 2 Classes **Price:** \$79
Monday's Oct 3 & 10, 2022
Mike Ingber, *Upward Business Systems*

POWERPOINT BASICS

PowerPoint is the most commonly used presentation program available, in school, business and for personal use. This hands-on session covers PowerPoint basics, which includes: adding slides; selecting slide layouts; choosing a presentation design and color scheme; using slide sorter to organize your presentation; adding text and bullet lists to your slides; formatting text and bullet lists; adding speaker notes; and more. Even if you have been using PowerPoint for a while, you are very likely to enhance your knowledge of the program with this course. *Up to 25% Discount Applies.*

Course# F22PP1 6:30 - 8:30 PM NHS 1 Class **Price:** \$45
Thursday Nov 3, 2022
Mike Ingber, *Upward Business Systems*

EXCEL PART 1

Learn to use Excel, the spreadsheet most used by businesses, students and home-users. Spreadsheets are the best tool for working with rows and columns of information. We will cover working with text, numbers and dates. We will learn how to use formulas and functions, as well as many other features. You will be surprised at how versatile Excel can be and how easy it is to learn. *Up to 25% Discount Applies.*

Course# F22CE1 6:30 - 8:30 PM NHS 3 Classes **Price:** \$139
Thursday's Sept 15, 22 & 29, 2022
Mike Ingber, *Upward Business Systems*

WORD BASICS

Learn the basics to successfully use Microsoft Word, the best-selling word processing software. Learn how to create and edit documents, how to format your document, how to use spell-check and thesaurus, how to cut/copy/paste, and more. No prior word processing knowledge is necessary, but a basic knowledge of computers is helpful. *Up to 25% Discount Applies.*

Course# F22WB1 6:30 - 8:30 PM NHS 2 Classes **Price:** \$79
Monday's Sept 12 & 19, 2022
Mike Ingber, *Upward Business Systems*

COMPUTER APPS & SOFTWARE COURSES



COMPUTER ANIMATION

Computer Animation is a creative studio art course that will teach you the basic concepts and methods for creating two-dimensional animations and as a means of expression in the visual arts. You will learn the process that is used for creating moving animated images. This course will involve learning about character design, storyboarding, and the program Adobe Animate. We will take a look at traditional animation, and stop motion animation and learn how to make your own animations on the computer. *No Discounts Apply.*

Course# 6 - 7:30 PM NHS 8 Classes **Price:** \$144

F22CA1: Tuesday's & Thursday's

Sept 6, 8, 13, 15, 20, 22, 27 & 29, 2022

F22CA2: Tuesday's & Thursday's

Oct 4, 6, 11, 13, 18, 20, 25, 27

Melissa Brostek

PHOTOGRAPHY BOOTCAMP

Do you have a digital camera that you have no idea how to use in any setting other than auto? Then THIS CLASS IS FOR YOU! In one session, learn how to shoot in manual mode to unleash the camera's potential and your artistic control. This action-packed workshop covers W/B, ISO, Aperture (f-stop), and Shutter Speed, and how they work together under your control to get the artful shots that you want. *Participants should bring a DSLR camera to class with a fully charged battery and memory card. A Nikon D5200 camera will be provided for participants without a DSLR for each class session.. Up to 25% Discount Applies.*

Course# NHS 1 Class **Price:** \$55

F22PB1: Thursday Oct 13, 2022 6 - 8 pm

W22PB2: Thursday Jan 12, 2023 6 - 8 pm

Mike Obre

GOOGLE DOCS AND SHEETS

Do you know a little about word processing and about spreadsheets? If so, you have likely been using Word and Excel for these capabilities. Google offers free versions of word processing and spreadsheet capability called GOOGLE DOCS and GOOGLE SHEETS. These products are becoming quite popular. Come to this one-night class to expand your knowledge of these free cloud-based services. *Up to a 25% Discount Applies.*

Course # F22GD1 6:30 - 8:30 PM NHS 1 Class **Price:** \$45

Monday Oct 24, 2022

Mike Ingber, *Upward Business Systems*

USING AND MAINTAINING GOOGLE CHROME

Internet Browsers let us enjoy the wealth of content available on the Internet. The most popular browser in the world is Google Chrome. We will discuss important Google Chrome features, including: browser tabs, bookmarks, history, setting a homepage, incognito mode, hyperlinks, and more. We will also discuss maintenance and safety features of Chrome, such as: clearing browser data, cookies, extensions, pop-up blocker, and safety check. Join us for this class to get the most out of Google Chrome! *Up to 25% Discount Applies.*

Course# F22GC1 6:30 - 8:30 PM NHS 1 Class **Price:** \$45

Thursday Dec 1, 2022

Mike Ingber, *Upward Business Systems*

COMPUTER ACCESS:

Each computer course participant (Pgs. 8 & 9) will be provided with a desktop computer to use in class, along with a login for access. All classes take place at Newtown High School.



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2. Watch the link appear at the top of your phone
3. Click the link & you'll be brought to our registration website



RESEARCHING OUR ROOTS: Digging Deeper

Genealogical research is both rewarding and challenging. Have you hit a roadblock in your ancestral research? Are you not sure how to find more generations of your family? Join instructor Sarah Miller as she shares tips and tools to help you dig deeper into your family's past. Sarah will present a case study of how she solved a difficult family mystery, and will introduce international research. She will also discuss strategies to feel confident in sourcing your research. Please bring any family documents and information you have, as well as a tablet or laptop, for guided research time. *No discounts apply.*

Course# F22DD1 6 - 8 PM NHS 1 Class **Price: \$45**
Thursday Nov 10, 2022
Sarah Miller

THE GOLDEN AGE OF COMEDY (1930's - 1960's)

Learn the story of how Early Hollywood invented the popular form of movie entertainment known as comedy. We will not only discuss the early movie comedies, but also talk about the film stars that made these movies the classics that we know them to be today. *Up to 25% Discount Applies.*

Course# F22GC1 6:30 - 8:30 PM NHS 1 Class **Price: \$44**
Tuesday Nov 15, 2022
Leon DiMartino

THE HISTORY OF GANGSTERS AND MOBSTERS OF THE CATSKILLS

Learn how a region became a getaway home to many of the gangster's mobsters & corrupt politicians of the 1920's - 1940's. Stories of corrupt towns and cities such as Saratoga and the mobsters, gangsters, corrupt politicians that made these towns and places, a popular place on our local regional map. *Up to 25% Discount Applies.*

Course# F22GM1 6:30 - 8:30 PM NHS 1 Class **Price: \$44**
Tuesday Oct 4, 2022
Leon DiMartino

RESEARCHING OUR ROOTS: An Introduction to Genealogy

Are you interested in building your family tree? Join instructor Sarah Miller as she presents strategies to begin your ancestral research using a variety of online sources. We'll focus on American records available and how to locate them. The presentation is followed by guided research time with access to several paid genealogical subscriptions. Please bring family documents and information, as well as a tablet or laptop. This class is designed for those just beginning their ancestral research. *No discounts apply.*

Course # F22RR1 6 - 8 PM NHS 1 Class **Price: \$45**
Monday Oct 17, 2022
Sarah Miller

THE LIFE AND TIMES OF MEL BROOKS

A gifted comedian, script writer, producer and director, these are only some of the things Mel Brooks is known for. We will not only discuss these items but will also relate his career in films and television from the 1950's onward. A classroom presentation for those who would like to learn more about Mel Brooks. *Up to 25% Discount Applies.*

Course# F22MB1 6:30 - 8:30 PM NHS 1 Class **Price: \$44**
Tuesday Nov 1, 2022
Leon DiMartino

THE HAUNTED HISTORY & FOLKTALES OF NEW YORK STATE

This course will discuss haunted sites and legends in relation to famous people and sites from the historical past of New York State. We will also discuss how a New York State Supreme Court ruling outlined what a haunted place is in relation to the sale of a homestead. Unique in that New York State is the only state in the nation to have such a ruling on its books. An interesting and fun class for those that love haunted folktales and legends. ***Part 1 was offered in the Spring, but is not a prerequisite.** *Up to a 25% Discount Applies.*

Course# F22H6 6:30 - 8:30 PM NHS 2 Classes **Price: \$85**
Wednesday's Sept 14 & 21, 2022
Leon DiMartino

THE STORY OF BUFFALO BILL AND THE WILD WEST SHOW

Learn the story of how the Buffalo Hunter, Indian Scout, Civil War Soldier would go on to become a world class showman and entertainer in the later part of the 1800's and create his famous Wild West Show. This is an interesting look at Buffalo Bill Cody as an Entertainer, Businessman and how he created a show out of the various friends and acquaintances that he would meet in the American West. *Up to 25% Discount Applies.*

Course# F22BB1 6:30 - 8:30 PM NHS 1 Class **Price: \$44**
Tuesday Sept 20, 2022
Leon DiMartino

MEDIA & ENTERTAINMENT

INSTANT PIANO: For Hopelessly Busy People

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do—using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands-on instruction and partly lecture demonstration. *No Discounts Apply.*

Course# 6:30 - 9:30 PM Zoom 1 Class **Price:** \$59

F22IP1: Monday Oct 24, 2022

F22IP2: Monday Nov 21, 2022

Craig Coffman, *Just Once Classes*

INSTANT GUITAR: For Hopelessly Busy People

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands-on instruction and partly lecture/demonstration. For ages 13+. *No Discounts Apply.*

Course# 6:30 - 9 PM Zoom 1 Class **Price:** \$59

F22IG1: Tuesday Oct 25, 2022

F22IG2: Tuesday Nov 22, 2022

Craig Coffman, *Just Once Classes*

TRADEMARK TRIVIA THURSDAYS

Join us for one or all Trivia Thursdays! Answer questions about insignificant (or significant) facts pertaining to history, legends, pop culture, and music! Join us for one session or all sessions! Didn't finish placing your stickers during Trivia? Continue the book at home, as you get to take your sticker book with you (materials included in the price). Make it a family affair, a perfect evening for anyone age 16+. *No Discounts Apply.*

Course# 6 - 7:30 PM NHS 1 Class **4 Series:** \$105

F22SBM1: Music: Sept 22, 2022 **Price:** \$28

F22SBH1: US History: Sept 29, 2022 **Price:** \$28

F22SBL1: Legends: Oct 6, 2022 **Price:** \$28

F22SBI1: Icons: Oct 13, 2022 **Price:** \$28

Moderated by: David Plaue, *Sticker Book Publishing*



INTRODUCTION TO VOICEOVERS

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, "I could do that"? If so, then you could have what it takes to begin working as a professional Voiceover Artist. Being a Voiceover Artist is a fun and rewarding job! The current Voiceover trends have made it easy and affordable for just about anyone to get involved. In this fun and empowering 90 minute Introductory workshop, you will learn about the different types of voiceovers and what tools are needed in order to find success in the voiceover industry. Your instructor will coach you in this 1:1 video chat setting as you read from real scripts, taking notes on your performance so you can receive a professional voice evaluation later. After the class, you will have the knowledge necessary to help you decide if this is something you'd like to pursue. This class is taught via video chat via Zoom, Skype or Facetime, by one of VFA's professional voice acting producers/coaches. (If you do not have a webcam, an audio chat or phone call can be arranged). *No Discounts Apply.*

Course# F22IVO1 Virtual 1 90 minute Class **Price:** \$49

Register online & you will be contacted by Voices for All, LLC to schedule your 90 minute session. Voices for all is available for appointments 7 days a week, (9 am - 6 pm). *You will book your time slot directly with Voices for All, LLC.*



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REGISTER ONLINE/VIEW LISTINGS

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FUTURE & FINANCIAL PLANNING

(UNDER FUTURE & FINANCIAL PLANNING COURSES ONLINE)

PROTECT YOURSELF WITH TRUSTS:

Asset Protection Trusts & Revocable Living Trusts

Avoid probate, minimize estate taxes, protect assets from Medicaid, preserve IRA funds, provide for disabled family members, and protect your estate from your children's creditors. Trusts keep you in control: You say what goes in, what comes out, and who does what. Avoid conservatorship during incapacity, litigation over your estate, costs of probate, and Medicaid forfeitures. Topics to be covered include: Revocable Living Trusts, Asset Protection Trusts, IRA Trusts, Special Needs Trusts, and Testamentary Trusts. *Up to 25% Discount Applies.*

Course# F22APT1 6:30 - 8 PM Google Meet 1 Class **Price:** \$29
 Thursday Sept 22, 2022
 Thomas E. Murphy Esq. & Michele F. Murphy RN, MSN, Esq.,
Danbury Estate Planning & Elder Law Attorneys

MEDICAID AND PLANNING FOR LONG TERM CARE

We will learn about the cost of long term care in CT and how to plan to protect assets and pay for long term care costs. We will review the Medicaid program in CT and how to qualify. *Up to 25% Discount Applies.*

Course# F22MP1 6 - 7:30 PM NHS 1 Class **Price:** \$29
 Thursday Oct 20, 2022
 Nicole Camporeale, *Hoekenga Machado & Lyon, LLC*

ESTATE PLANNING

We will learn about the estate planning documents everyone should have to properly plan ahead. These include a Will, Powers of Attorney, Living Will, and Revocable Living Trusts. We will also touch briefly on avoiding Probate and asset protection. *Up to 25% Discount Applies.*

Course# F22EP1 6 - 7:30 PM NHS 1 Class **Price:** \$29
 Thursday Sept 29, 2022
 Nicole Camporeale, *Hoekenga Machado & Lyon, LLC*

SOCIAL SECURITY PLANNING:

Do You Know What Strategy is Best For You? (Online)

When should you take your Social Security? How do you apply? What impact does your spouse's Social Security have on what you collect? This ninety-minute virtual presentation covers not only the basics of Social Security but also reveals strategies for maximizing your benefits. We will discuss how to minimize taxes on Social Security benefits and how to coordinate your Social Security with your other sources of retirement income. We welcome your questions about Social Security benefits as you explore your own personal options in making this financial decision. *Up to 25% Discount Applies.*

Course# 6:30 - 8:00 PM Virtual 1 Class **Price:** \$29
F22SS1: Monday Sept 19, 2022
F22SS2: Tuesday Oct 11, 2022
F22SS3: Wednesday Nov 9, 2022
 Charles Yannich & Al D'Agosto, *Retirement & Money Strategies*

MEDICARE BASICS

Designed for those approaching 65 and or those new to Medicare, this educational workshop will cover many aspects of this somewhat daunting and complex subject. A few of the topics included are Medicare Part A, B & D, benefits, costs and various related Medicare solutions. "Medigap," plans (Medicare Supplements), Medicare Health Plans (Medicare Advantage/MAPD), Medicare Savings Plans, Extra Help, discount drug cards and how Medicare works with other health insurance. The goal is to learn about Medicare and to reduce the cost of healthcare. *Up to 25% Discount Applies.*

Course# 6:30 - 8 PM NHS 1 Class **Price:** \$29
F22MB1: Thursday Sept 15, 2022
F22MB2: Thursday Oct 13, 2022
F22MB3: Thursday Nov 10, 2022
 Suzanne Candee, *HIQS Group*



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FUTURE & FINANCIAL PLANNING

(UNDER FUTURE & FINANCIAL PLANNING COURSES ONLINE)

ELDER LAW: PROTECT YOUR ASSETS AS YOU AGE

Anyone can require long-term care as we age, and it can be financially ruinous. Learn how to protect your home and life's savings from Medicaid (Title 19) in case you need long-term care. These urgent questions will be addressed:

If I don't plan, what will Medicaid "take"?

How can I protect my assets and still keep control over them?

How can a trust protect my assets?

How can I get income from Veterans Affairs?

How can I avoid probate? Preserve your life's savings and lifestyle, and protect your assets as you age. Attorneys Murphy explain using trusts and other techniques to protect your assets and income and qualify for Medicaid benefits (for home care, assisted living, or nursing home), VA Aid & Attendance pension (up to \$2,431/month) and Probate Avoidance through Revocable Living Trust. *Up to 25% Discount Applies.*

Course# F22EL1 6:30 - 8 PM Google Meet 1 Class **Price:** \$29
Tuesday Nov 15, 2022

Thomas E. Murphy Esq. and Michele F. Murphy RN, MSN, Esq.,
Danbury Estate Planning and Elder Law Attorneys

FINANCIAL STRATEGIES FOR SUCCESSFUL RETIREMENT

With financial independence, retirement can be the most fulfilling time of your life. This class covers important money management concepts and issues that are valuable to people near or at retirement. Topics include how to reduce pressure on your retirement income and which assets are appropriate for retirement income. A "hear it, see it, read it, write it" teaching method makes it easy for you to understand and remember the practical information. No products or investments will be promoted or offered. By condensing up-to-date financial information into three classroom sessions, this seminar gives you the answers you need. A \$30 material fee is payable to the instructor at the first class. **You may bring a spouse for, "free," please include their name under "Special Considerations" when registering so we can get an accurate attendance number.** *Up to 25% Discount Applies.*

Course# F22SR1 6:30 - 8:30 PM NHS 2 Classes **Price:** \$29
Monday's Nov 7 & 14, 2022

Steven Jacques, *Lighthouse Financial*



FOUR CRITICAL COMPONENTS TO A SUCCESSFUL RETIREMENT

Inflation: Can erode the "purchasing value" of your money for everyday needs if you are not keeping pace.

Social Security: When do I elect, how can I maximize? What is the solvency of social security, and will benefits exist or be reduced?

Taxes Now & In Retirement: Taxes in retirement accounts can eat away at the value when I need it most. Will taxes rise in the future and will that change the success of my retirement?

Market Volatility and Income Needs: Loss in the market and creating lifetime income can have a big impact. *Up to 25% Discount Applies.*

Course# F22SR1 6 - 7:30 PM NHS 1 Class **Price:** \$29
Wednesday Oct 19, 2022

Michael Alimo, *USA Financial & Tax Services*

TAXES: Upcoming Changes & The Effect on Your Retirement

Taxes have been a concern for many Americans for decades now. With rising deficits, debt on the federal, state and municipality level where does that leave the taxpayer? As we head towards retirement most Americans have squirreled away a fair amount of assets "tax-deferred". At this educational workshop you will learn how taxes can change the outcome of your retirement. We will discuss current tax law, potential changes to tax law and strategies to get as close to "tax-free" in retirement as you can. Samples of retirement analysis and strategies to transition to a more favored tax position with your savings and "tax-free" legacy concepts to consider. *Up to 25% Discount Applies.*

Course# F22TX1 6 - 7:30 PM NHS 1 Class **Price:** \$29
Tuesday Sept 27, 2022

Michael Alimo, *USA Financial & Tax Services*



HOUSEPLANTS 101

Cooler temperatures will be here before you know it and gardening outside will have to wait. Why not do some indoor gardening? We're talking houseplants! Do you have a hard time with indoor plants? Already a houseplant enthusiast? Expand your knowledge and know how. We will cover all sorts of houseplant situations and offer advice on how to keep your houseplants happy, what plants to choose (and what to avoid), where to place them, and how to maintain and overwinter indoor potted plants. From common houseplants to orchids, African violets, and everything in between, we'll tackle the different challenges of indoor gardening and learn how to make your houseplants work for you! *Up to a 25% Discount Applies.*

Course# F22GAR3 6:30 - 8:30 PM NHS 1 Class **Price:** \$39
Monday Oct 24, 2022
Nicole Christensen

CANNING 101:

A Comprehensive Beginner Guide to Canning and Preserving

Do you love to garden and find yourself with a bounty? Do you feel giddy at farmer's markets in summer and come home with more than you can possibly eat? This class is for you! We will cover everything the beginner canner and preserver needs to know. Learn what tools you need, how to choose the best vegetables and fruits, how to safely preserve your bounty, along with great tips, recipes, and more! *Up to 25% Discount Applies.*

Course# F22BC1 6:30 - 8:30 PM NHS 1 Class **Price:** \$39
Monday Sept 19, 2022
Nicole Christensen

IT'S NOT OVER YET... FALL PLANTING

It's not over yet! In this class, we'll plan a "fall garden", discussing what to plant now to extend your growing season in both vegetable and flower beds, with tips and tricks. We will also talk about perennials, containers, adding fall color, and thinking of spring with bulb planting tips. Both beginner and seasoned gardeners will benefit from this class with great tips! *Up to 25% Discount Applies.*

Course# F22GAR1 6:30 - 8:30 PM NHS 1 Class **Price:** \$39
Monday Sept 12, 2022
Nicole Christensen

FALL GARDEN TIPS FOR SPRING GARDEN SANITY...

In this class, we will discuss how to put your garden and flower beds "to bed" for the end of the season, how to properly store tools and other garden items, and how and what to prune, and how and what to sanitize. Avoid many preventable garden and yard issues, including diseases and other pests throughout the year by doing a few simple things before cold weather sets in. You'll walk away with some great tips! *Up to 25% Discount Applies.*

Course# F22GAR2 6:30 - 8:30 PM NHS 1 Class **Price:** \$39
Monday Oct 3, 2022
Nicole Christensen

EVERYTHING YOUR CAT WANTS YOU TO KNOW

What does it take to keep your cat happy? The #1 behavior problem in cats is inappropriate elimination. Learn how to set up a litter box the way cats prefer to prevent issues. Tips on everything from feeding your cat to playtime. *There is no need to bring your pet (cat) to this class. We are unable to admit pets to the building. Up to 25% Discount Applies.*

Course# NHS 1 Class **Price:** \$30
F22C1: Tuesday Sept 20, 2022 6 - 7:30 pm
F22C2: Wednesday Oct 12, 2022 6:30 - 8 pm
Susan Johnson

CAT HERDING

Yes, you can train a cat. You can teach your cat to sit. Learn how to make vet visits and car rides easier. Have you ever tried to give a cat a pill? Imagine putting your cat into a carrier with ease. Tips, tricks and training will help. Training a cat will enrich its life, and make your life with a cat easier. *There is no need to bring your pet (cat) to this class. We are unable to admit pets to the building. Up to 25% Discount Applies.*

Course# F22CH1 6 - 7:30 PM NHS 1 Class **Price:** \$30
Wednesday Sept 28, 2022
Susan Johnson

SECURITY OFFICER TRAINING COURSE (Blended Learning)

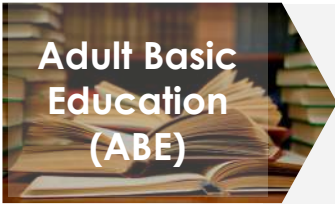
The essential class everyone needs to become a security office in the State of CT. Prepare for your Security Guard License. This dynamic course covers information about the Security Industry, how to be a Security Office and job exploration. CT laws pertaining to self-defense, the use of force, and citizen's arrest will be reviewed. Learn about the use of force continuum, fire safety, the history of security and work place violence, terrorism, communication skills and more. Upon successful completion of this course, you will be issued a training certificate, required to accompany your license application, to the Connecticut Department of Emergency Services and Public Protection. *No Discounts Apply.*

Course#
F22SO1 2 Classes **Price:** \$125
 Saturday, Oct 1, 2022 8 AM - 3 PM (Online) &
 Thursday, Oct 6, 2022 6 - 7 PM at NHS

F22SO2 2 Classes **Price:** \$125
 Saturday, Oct 29, 2022 8 AM - 3 PM (Online) &
 Tuesday, Nov 1, 2022 6 - 7 PM at NHS

F22SO3 2 Classes **Price:** \$125
 Sunday, Nov 20, 2022 8 AM - 3 PM (Online) &
 Monday, Nov 21, 2022 6 - 7 PM at NHS
 Louis Bonito, *LJB Security*

WERACE: WESTERN CT REGIONAL ADULT & CONTINUING ED



Adult Basic Education (ABE)

For adult learners who need basic reading, writing and numeracy skills. Classes are offered in math and reading. ABE classes begin Monday, February 8th (Evening Classes)



Citizenship

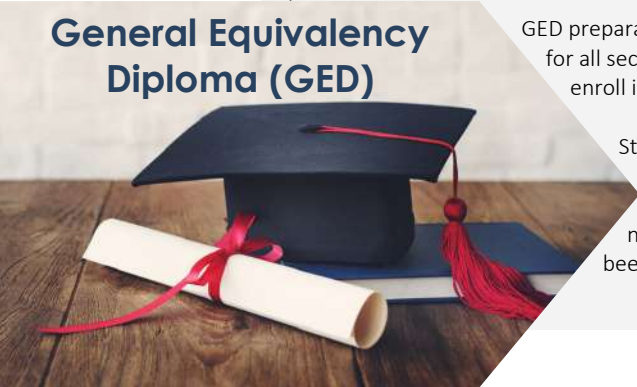
Prepares students to pursue citizenship through the prescribed Immigration and Naturalization Service process.

- ◆ Valid photo ID, proof of residency, and social security number are required.
- ◆ Registration for all new students includes a placement test. Please plan on a two-hour visit.
- ◆ New Students are encouraged to set up a pre-registration appointment prior to registering.
- ◆ All students will be required to attend a virtual, student orientation.

For more information visit:
www.Danbury.k12.ct.us

To Register for classes:
Step 1: Download the *Registration* Forms from the Danbury.k12.ct.us website under **Schools > Adult Education/WERACE**
Step 2: Complete the Registration Forms - found online.
Step 3: Call (203) 797-4731 to complete your registration. All students must attend a virtual orientation. Registration is first come, first served. **Register early.**

Registration, textbooks & materials are **FREE** for mandated classes.

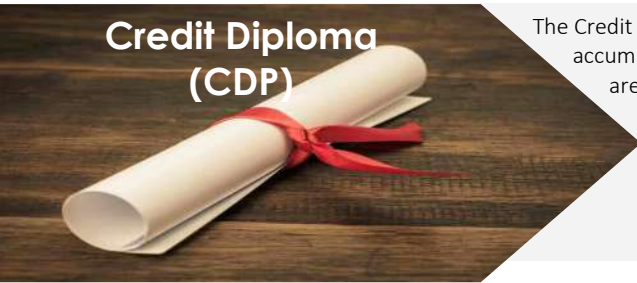


General Equivalency Diploma (GED)

GED preparation program to help students prepare for the GED examination. Classes prepare students for all sections of the exam with a focus on reading, writing and mathematics. Students may also enroll in Adult Basic Education (ABE) classes then progress to GED classes when ready.

Students who are 17 years old must submit documentation that a parent or guardian has signed them out of a CT high school and that they have been out of school at least six months. Students who are 18 years old must submit an official letter from the last Connecticut high school attended certifying that their class has graduated, or that they have been withdrawn from school for at least 6 months.

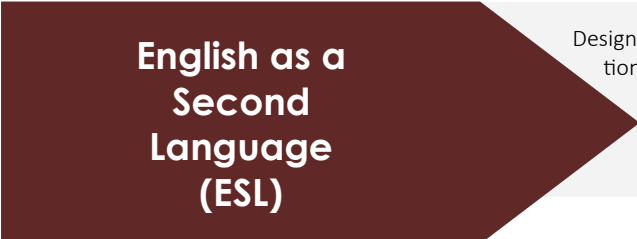
GED Testing (Evening & Day Classes)



Credit Diploma (CDP)

The Credit Diploma Program offers students the opportunity to earn a high school diploma through the accumulation of credits. WERACE graduates must earn 23 credits in specific academic and elective areas and may transfer earned credits from other high schools. Students have the opportunity to participate in teacher-facilitated classes, as well as earn credits through online platforms. Credits for work, military experience, job training, or community service may also be awarded.

CDP Testing (Evening & Day Classes)



English as a Second Language (ESL)

Designed for adults who have limited English language skills. There are three levels of ESL instruction: Beginning, Intermediate and Advanced. ESL classes help students to improve their listening, speaking, reading and writing skills so they are better able to find employment, become involved with their children's schooling, and make use of community resources.
 (Evening & Daytime Classes)

NHS SAT PREP CLASS

This 24-hour program is given by certified teachers who have been carefully screened for their SAT expertise and ability to present the information and test-taking skills in a professional manner.

Knowledge of the test format and a review of test material are very helpful for your student's success. Emphasis will be on basic test-taking techniques, to aid students with the test taking process.

Math Overview: Beginning with sample questions and progressing through Math itself. Discussion includes strategies and pinpointing the common mistakes students fall into when purposely "tricked" by the SAT.

English Overview: Sample writing, vocabulary and approaches to narrowing down answers. Familiarizing students with the vocabulary and reading content in the SAT. Focus on increasing reading speed. Barron's Books strategies are outlined.

Prepare for the Nov SAT Price: \$275

Tue/Thur Prep: Sept 13 - Nov 3, 2022 6 - 7:30 PM
Tuesdays, Sept 13, 20, 27, Oct 4, 11, 18, 25 & Nov 1, 2022
Thursdays, Sept 15, 22, 29, Oct 6, 13, 20, 27 & Nov 3, 2022

Saturday Prep Class: Sept 10 - Oct 29, 2022 9AM - 12 PM
Sept. 10, 17, 24, Oct. 1, 8, 15, 22 & 29, 2022

***In the event of inclement weather or school closure, classes will resume via Google Meet at the scheduled date/time. Classes are not given over Google for illness or absences.**

*This course is in preparation for the SAT exam, and does not include the SAT Testing. You must enroll to take the SAT through proper channels of registration. *No discounts apply.*

COLLEGE BOUND & SAT PREP

THE PRINCETON REVIEW SAT ESSENTIALS COURSE

Led by a Princeton Review expert, you will receive 18 hours of live instruction and three scheduled practice tests. Additional online resources are given to help you achieve a higher score, guaranteed.

Promo Code: Newtown25%

Prepare for March SAT: 505295 (Ref # When calling Princeton Review)

Classes are held at Newtown High School

Course# F22PR7	Feb 11 - Mar 6, 2023
Mondays & Wednesdays	6 - 9 PM
Mondays	Feb 13, 27 & Mar 6, 2023
Wednesdays	Feb 15, 22, Mar 1, 2023
Saturdays, (Remote Testing)	Feb 11, 25 & Mar 4, 2023

Price: ~~\$999~~ \$749.25 if you use **PROMO CODE** for 25% OFF

Princeton Review Ref #505295 (Ref When calling Princeton Review)



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Princeton
Review®

**The Princeton Review
and Newtown Cont. Ed.
have partnered to help
get you into your
dream school.**

**Presented by Rob Franek March 29, 2023
Finding Your Dream Colleges:**

There is a college out there for everyone, and thousands of colleges across the country.

This presentation will help students discover what a dream college means for them, and help them find their best fit. *(at NHS, in-person event)*

PRACTICE TESTS:	VIRTUAL	FREE FOR NHS
SAT for Juniors		Oct 1, 2022
ACT for Juniors		Sept 24, 2022

TUTORING: Private SAT & ACT Tutoring. Customized tutoring for every level, such as SAT 1500+ & ACT 34+ Guarantee. *Visit online for pricing. Don't forget to use our Promo Code.*

PROMO CODES:
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Please visit the Princeton Review's website for schedule, fees and to enroll.

Website:
PrincetonReview.com

Phone: 800-2REVIEW

THE PRINCETON REVIEW PRESENTATIONS WITH EXPERTS

Below are all Virtual Presentations

HS ACADEMICS & COLLEGE ADMISSIONS

The transition from high school to college can be daunting, but The Princeton Review is here to help! We will discuss the major components of college applications: how and why high school grades will be the most important element, what a good transcript looks like, how standardized test scores fit in the big picture, what test-optional admissions means, and tips for writing the college essay. **October 6, 2022**

ADVANCED PLACEMENT 101: Over 1 million students take AP Exams every year. For students and parents, and covers why the AP program works the way it does, how the tests are made, and strategies to get a great score. **October 13, 2022**

SAT, ACT, OR BOTH? Should I take the SAT, ACT, or both? In this program, we will discuss the truths and misconceptions, similarities and differences, and the strategies that improve scores on both tests. **February 16, 2023**

SAT STRATEGY SESSION: In this presentation, we give students some simple, basic strategies that will make sure scores improve on their next practice or official exam. These are excellent follow up programs to our SAT or ACT Practice Tests. **March 2, 2023**

ADVANCED PLACEMENT STRATEGY SESSION: AP students who have succeeded all year long in their classes still need to prepare for the actual exam. Students will learn about the strategies for AP Exams that earn a score that earns college credit. **April 27, 2023**

SAT PREP

LENTZ & LENTZ SAT PREP

Designed to benefit students of all ability levels, this program is divided equally between English and Math and covers all facets of the SAT and PSAT. **Class features:** test taking techniques, practice SAT(s), advanced math and shortcut math, vocabulary development, speed-reading and online podcasts for supplemental review. The **podcasts** are extremely helpful to all students, especially those with cognitive and perceptual disabilities. Previous SAT and PSAT type problems are used in conjunction with our own copyrighted curriculum. Lentz & Lentz teachers have been specifically trained to teach this program and all of our instructors have a background in teaching. Lentz & Lentz also allows students the *flexibility to attend live makeup classes*. Positive scores on the SAT and PSAT could translate into thousands of dollars in scholarships and savings. *Extra help at no charge*, course materials and complimentary refresher sessions are included in the tuition.

For information or to register call **Lentz & Lentz** at:
1-845-638-2826 or visit www.LentzSATPrep.com

Course# F22LL1 6:30 - 9:30 PM NHS 8 Classes Price: \$475
Wednesday's, Sept 14, 21, 28, Oct 6 (Thur), 12, 19, 26 & Nov 2, 2022
Lentz & Lentz



DRIVER'S EDUCATION

Need Help with your Permit Test?

Take the **FREE** practice test with questions straight from DMV's database. Each time you take the test, you'll get 25 new questions, so keep taking it. If you can take it 3 times, scoring at least an 80%, you're ready for the DMV.

Access the Practice Test:

Thenextstreet.com/practice

Most Popular*

Full Driver Education

Full Driver Education Course

(Popular Choice) Price: \$679

30 Hours of Classroom Instruction & 8 Hours of Private Driving Lessons

This course typically qualifies you for an insurance discount through your insurance company and there is only a 4 month waiting period for your license. This is the most popular course available for HS students.

THE NEXT STREET DRIVER'S EDUCATION: *The Full Driver's Ed Course typically earns you a discount with your insurance company and you can even add on the option to take the test with The Next Street.*

Add-on to the Safe Driving Course License Testing:

Test at The Next Street:

Avoid the DMV completely and take your license test with The Next Street. To qualify for this option you must enroll in the full program OR purchase at least (2) driving lessons for the Safe Driving Course.

New Offering*

Safe Driving Course

Safe Driving Course:

Price: \$139

8 Hours of Classroom Instruction

This is an affordable option created just for you. This course meets the state requirements, however, there is a 6 month waiting period for your license. This course typically does not qualify you for an insurance discount and does not include driving lessons (can be purchased separately).

***Adult course**

Driving Lessons: *(call for pricing)*

These private driving lessons are (2) hour appointments. Driving lessons are available and protocols to ensure the safety of clients and staff are being taken.



Enroll

Online:

Thenextstreet.com/newtownhs

Call:

(860) 631 - 4292

Let them know **Newtown**

Continuing Education sent you and that you are a **Newtown HS student**.

Courses are being given over ZOOM.

Driving Lessons are in person.

Safety Protocols are being taken to ensure client and staff safety.

To Review Safety Protocols in Place Visit:
thenextstreet.com/health-safety-protocol

POLICIES

Cancellations: In order to provide the best program possible, we need a commitment at least **two weeks prior** to your scheduled class. **Refunds will not be given without two weeks' notice.**

Refund Policy:

- A \$15 processing fee is assessed to all refunds. Refunds are issued with two weeks' notice.
- Cancellations accompanied by a doctor's note will be considered. Please contact us as soon as possible. **Email:** continuinged@newtown.k12.ct.us

(Please be sure to review our procedures for Make Up Classes).

Discounts: The Senior Discount and Early Registration discounts may not be combined, and are for use on select programs. *Discounts do not apply to Ed2Go online classes, Driver's Ed, SAT Prep Courses, or Bus Trips. Discounts must be applied prior to payment processing, otherwise you forfeit your discount.*

Fees:

- A \$15 fee will be assessed for any and all cancellations, regardless of reason.
- Returned checks are subject to a \$10 charge.

Make Up Classes: Make up classes will be offered, either in-person or virtually, depending on circumstance. Neither refunds, credits, nor proration's will be given for your absence in a make-up class; regardless of reason. Make up classes are usually added on to the last week of your session date, or moved to another date.

Arrival for Programs:

- Please arrive no earlier than 5 minutes prior to your scheduled class. Should you arrive earlier; please wait in your car.
- There is no on-site registration, please pre-register online or via phone.
- Please do not wander the building.

Age Requirements:

- Most classes are open to students ages **16 and older**, unless otherwise noted.
- Bus Trips are offered to anyone over 14 years of age, unless otherwise noted or with special permission from NCE.
- Please consult with your primary care physician if you have any concerns attending classes.

Web Courses:

- You are to provide your own device. All Newtown Board of Education policies should be complied with while attending online courses.
- Materials will not be provided, unless previously specified.
- If you are asked to leave due to inappropriate behavior, neither a credit nor refund will be issued.

COVID-19 Response: *We take the safety of our participants and staff seriously. We have implemented safety guidelines and cleaning procedures in response to the COVID-19 circumstance. Please take a moment to review.*

Face Coverings: Face coverings are currently optional. Should circumstances change, you will be notified via email.

Visitors: Visitors will not be permitted in the building. Only those that have **pre-registered** for a program or are instructing, will be given admittance into the building. Childcare is not provided and children are not allowed to sit in on classes, nor outside in the hallway for their safety.

We appreciate your continuous support, understanding and cooperation during these unprecedented times.

School Closings & Policies

Weather Related:

- If day time classes are cancelled because of inclement weather, there will be NO evening classes. (please see make up sec).
- WLAD Danbury 800, FM WDAQ 98.3, FM WEZN 99.9 and WTNH News Channel 8 broadcast school closings.
- Our **Facebook Page:** *Newtown Continuing Education* is updated with closures.

Extenuating Circumstances:

- If schools are closed to the public at the discretion of the Board of Education or State of Connecticut, make up classes *will be* given. At times make up classes will be given virtually or in a blended learning style (computer, PSAT/SAT, Mind and Body, Personal Development, Communication, Photography, History, Driver's Ed, and crafting classes, etc.).
- We are not responsible for providing devices to attend virtual classes, some instruction will be given on access to the virtual "classroom," through Zoom or Google Meet, prior to your scheduled class. For seminars, you can join in via phone if another device is not available.
- Bus excursions are subject to cancellation, and will be at the discretion of Friendship Tours or any of their participants. *Refunds for bus trips will be on a case-by-case basis.*

Smoking & Board of Education Policies:

All public school buildings and grounds are non-smoking areas, per policy of the Newtown Board of Education. This policy also applies to virtual courses. Participants are expected to adhere to all District policies, regardless of whether they are attending programs in-person or virtually; with the exception of wearing a mask and social distancing for virtual programs.

Non Discrimination Policy:

Newtown Continuing Education does not discriminate on the basis of ethnicity, race, color, age, marital status, gender, disability, sexual orientation or religion, mental or physical disability or any other legally recognized protected status in any of its employment practices, school activities, or educational programs.

Register for an Adult Ed Class by Mail

Full Name:

Date of Birth (MM/DD/YY):

Address:

[Register Online at:](http://newtown-ce.revtrak.net)
newtown-ce.revtrak.net

Email: City State Zip

*We send email notifications for updates/cancellations

Phone#:

Alt. Phone#:

Designated Emergency Contact:

Name:

Phone:

Course Registration: **25% Discount for Adults Ages 62+ OR 10% Early Registration Discount on select courses. Exp.: 10/28/2022—*Discounts Cannot be Combined**

Course#/Name: Fee:

Course#/Name: Fee:

Course#/Name: Fee:

Course#/Name: Fee:



Grand Total:

BY REGISTERING YOU AGREE TO THE FOLLOWING: (Please review all policies)

Liability Waiver: I, undersigned, assume all risks and hazards incidental to such participation in the Newtown Adult Continuing Education activity; and I hereby, waive, release, absolve indemnity, and agree to hold harmless the Newtown Adult Continuing Education Department and the program instructors, organizers, sponsors, etc. for any claim arising out of injury to myself. Participation is at my own risk. There is no medical coverage. In voluntarily agreeing to in-person participation in a Newtown Continuing Education program, participants understand that they are assuming sole responsibility for any illness or injury, the participant and/or his/her family or others in the Participant's household, including serious illness, damage, loss, temporary or permanent disability, and death, that may occur as a result of in-person participation in the Activity. The District/Newtown Continuing Education is not responsible for any injury, illness, loss, or damage to the Student and/or his/her family or others in the Student's household, whether resulting from acts or omissions of third parties, or other persons not under the control of Newtown Continuing Education nor the District, from the operation or condition of facilities or premises, from acts of war or terrorism, or from acts of God or nature (including, but not limited to, COVID-19), except to the extent that the injury, loss, or damage is caused by the sole negligence or reckless, wanton, or intentional misconduct of the District, its officers, trustees, faculty, employees, agents, or representatives. Please review our cancellation/refund policy.

All cancellations, regardless of reason are assessed a \$15 fee.

Signature: _____

Date: _____

SEND US YOUR REGISTRATION:

Email: continued@newtown.k12.ct.us or Mail Check/Form: 12 Berkshire Rd. Sandy Hook, CT 06482

Payment Information: Payment Method: Credit Card (Visa/MasterCard/Amex/Discover) CHECK

Credit Card Number:

CVV:

Exp.:

Signature: _____

Checks Payable to: Newtown Continuing Education

Mailed to: 12 Berkshire Rd. Sandy Hook, CT 06482

We will email you a receipt for your payment. No other confirmation is provided.

All Registrations are first come, first served, and registration based, you will be contacted in the event a class is full or canceled.

Newtown Continuing Education
Located in Newtown High School
12 Berkshire Road | Sandy Hook, CT | 06482
Phone: (203) 270-6190

Nonprofit Organization
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Newtown, CT 06470
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Postal Customer



FALL 2022 Adult & Continuing Education Catalog

Listings are updated Regularly via the Online Webstore:
Newtown-ce.revtrak.net



SHARE YOUR TALENT WITH OUR COMMUNITY ...

DO YOU HAVE A TALENT OR INNOVATIVE IDEA?

Do you have a **new** or **exciting** course you would like to bring to the Newtown Community through Newtown Continuing Education?

We are always looking for innovative instructors to bring their talent to us. We offer a *competitive salary*, as well as an opportunity to meet and engage with other members of our community and provide the space to do so.

Email Your Idea: continuinged@newtown.k12.ct.us with the following information, or mail this form to us!

Full Name: _____ Phone: _____

Email: _____

Program Name: _____ Dates/Times: _____

Brief Description: _____

Submit this form through Mail: (203) 270-6190

Mail to: Newtown Continuing Education at Newtown High School - 12 Berkshire Rd. Sandy Hook, CT 06482