



Fall 2021 Catalog Newtown

Continuing Education

Your Lifelong Learning Hub



Returning Courses, New Classes & Previous Favorites!

**Fused Glass
Computer Classes
Pilates
College Prep**

**Fitness
Mind & Body
Wellness
Art & More**



25% Discount for Adults Ages 62+
10% Early Registration Discount -
Discounts Exp: 10/30/2021

Discounts cannot be combined, and may be used except where noted that discounts do not apply.
Discounts can be applied online.

Register Online: newtown-ce.revtrak.net
P: 203.270.6190 | newtowncontinuinged.org



Newtown High School
12 Berkshire Road
Sandy Hook, CT 06842

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BUS TRIPS:

Before booking please consider:

Friendship Tours makes every effort to provide the trip as written.

- ◆ All Trips are non-refundable; canceled trips will receive a credit on account for future use.
- ◆ All trips must be booked 2 weeks in advance of departure date.
- ◆ We are not responsible for any changes made in the arrangements, for delays, and or cancellation of trips.

Some of the measures being taken by Friendship Tours in ensuring a "Safe Journey," are detailed below.

- ◆ Tours are **limited to fewer passengers**. Empty seats allow for a more comfortable experience and better social distancing.
- ◆ **Use of Face Masks:** Face masks *will be required* when on the coach as well as in the indoor/outdoor establishments visited while on tour (including drivers, Tour Directors, servers, and hospitality staff).
- ◆ (2) signed forms will be required to travel: a **Wellness Declaration Form** and a **Travel Liability Waiver**. Forms will be provided prior to your departure and must be submitted to NCE before travel.
- ◆ If you are **not feeling well**, have symptoms, or have been exposed to COVID-19, please **DO NOT travel**. Your wellness and the health of everyone on board is dependent on this commitment we make to each other. Please visit FriendshipTours.net for detailed info on their policies.

Registering Made Easy

Online Registration: newtown-ce.revtrak.net

By Mail:

Newtown Continuing Education at Newtown High
12 Berkshire Road. Sandy Hook, CT 06482

By Phone: (203) 270-6190

Hablamos Español

Si tiene preguntas sobre los cursos que ve en nuestro catálogo, llámanos y estaremos encantados de ayudarle.

Contact Information

Office Hours:

Monday - Friday 8:30 a.m. to 3:30 p.m.

In an effort to minimize traffic throughout our building, all office hours are by phone only. We encourage you to use our **online** or **mail-in** registration options to register.

Contact Us: Phone: (203) 270-6190

Email: continuinged@newtown.k12.ct.us



Give us a Like on Facebook!

[@NewtownContinuingEducation](https://www.facebook.com/NewtownContinuingEducation)

For a Full Itinerary, or to reserve your seat

visit: newtown-ce.revtrak.net

or give us a call at (203) 270-6190

NY BOTANICAL GARDENS:

Dec 4, 2021 \$115 PP

Enjoy a full day at the NY Botanical Garden. You'll enjoy time at the train show and shopping on Arthur Ave Italian Market. Enjoy the beautiful sights.

MOHEGAN SUN:

Nov 6, 2021 \$105 PP

The Christmas Festival at Mohegan Sun is a blockbuster event! The award winning show is the largest crafts festival in New England. Shop, play and enjoy specialty foods. Departs NHS at 8am returns approx. 7:30PM

Ed 2 Go Online Classes:

We offer a wide range of *highly interactive courses* that you can take entirely over the Internet. All of our courses are led by expert instructors, many of whom are nationally known authors. Our online courses are affordable, fast, convenient, and geared just for you. Offering courses for personal skill development *or* advanced career training.

Discounts do not apply.

Courses In:

Arts & Design	Construction & Trade
Business	Language
Hospitality	Health & Fitness
Legal	Math & Science
Teacher Development	& More

Personal Skill Development Online Catalog:

ed2go.com/newtown/
Interactive, instructor-led or self-paced, courses.

Advanced Career Training/ Certification Catalog:

careertraining.ed2go.com/newtown/
Prepare for industry certification or a new career. Start anytime and receive in-depth study materials.
Many complete in 6 months or less.

DO YOU HAVE A TALENT OR INNOVATIVE IDEA?

Do you have a **new** or **exciting** course you would like to bring to the Newtown Community through Newtown Continuing Education?

We are always looking for innovative instructors to bring their talent to us. We offer a *competitive salary*, as well as an opportunity to meet and engage with other members of our community and provide the space to do so.

Email Your Idea: continuinged@newtown.k12.ct.us

Full Name: _____ Phone: _____

Email: _____

Program Name: _____ Dates/Times: _____

Brief Description: _____

Submit this form through Mail or Email

Questions? (203) 270-6190

Mail to: Newtown Continuing Education at Newtown High School - 12 Berkshire Rd., Sandy Hook, CT 06482

Email: continuinged@newtown.k12.ct.us

WHY PREP FOR THE SAT?

SAT/ACT/PSAT Test prep is important to help your student gain test-taking techniques, expand their knowledge and to help provide confidence when going into the actual test.




The Princeton Review and Newtown Cont. Ed. have partnered to help get you into your dream school.

**THE PRINCETON REVIEW:**

The Ultimate course is our most popular comprehensive prep course. Led by a Princeton Review expert, you'll review all the content tested on the SAT® and master our exclusive test-taking strategies through extensive in-class practice & drills. This course includes 18 hours of live classroom prep, plus three full-length practice tests.

Prepare for the December SAT at NHS

Saturdays: Oct 16, Nov. 6, 27 (Suggested Test Dates)

Wednesdays: Oct 20, 27, Nov. 3, 10, (Tue) 16, Dec 1, 8 6-9 PM

Tuition: \$674.25 (with promo code NEWTOWN20%)

THE LENTZ AND LENTZ PSAT/SAT PREP

Designed to benefit students of all ability levels. The 24-hour program is divided equally between English and Math, covering all facets of the new SAT and PSAT.

Class features: Test taking techniques, preparation for the essay, practice SAT(s), advanced math and shortcut math, vocabulary development, speed-reading, grammar tips, and online downloads for supplemental review. The downloads are extremely helpful to all students, especially those with cognitive and perceptual disabilities. Extra help at no charge, course materials and complimentary refresher sessions are included in the tuition. Previous SAT and PSAT type problems are used in conjunction with our own copyrighted curriculum. Teachers have been specifically trained to teach this program and all of our instructors have a background in teaching. We also allow students the flexibility to attend live make up classes at any of our nearby locations. Positive scores on the SAT and PSAT could translate into thousands of dollars in scholarships and savings.

Prep for the November SAT**Price: \$415****Classes at NHS:** 6:30 - 9:30 PM**Wednesdays:** Sept 15, 22, 29, Oct. 6, 13, 20, 27, Nov. 3 (10/4 is a rain date)**Prep for the October SAT: Virtual****Session 1:****Sundays:** 5:30 - 7 PM English & 7:30 - 9 PM Math

Aug. 15, 22, 29, 31, Sept 12, 19, 26

Prep for the November SAT: Virtual**Price: \$415****Session 1:****Mondays:** 6 - 7:30 PM English & **Tuesdays:** 6 - 7:30 PM Math

Sept. 13, 14, 20, 21, 27, 28, Oct. 4, 5, 11, 12, 18, 19, 25, 26

Session 2:**Sundays:** 5:30 - 7 PM English & 7:30 - 9 PM Math

Sept. 19, 26, Oct. 3, Oct 9 (9am -12:30pm), Oct. 10, 17, 24

Session 3:**Saturdays:** 9 - 10:30 AM English & 11 AM - 12:30 PM Math

Sept. 18, 25, Oct. 2, 3 (Sunday 9am-12:30pm), Oct. 9, 16, 23

Session 4:**Tuesdays:** 6 - 7:30 PM English & **Wednesdays:** 6 - 7:30 PM Math**December SAT Prep dates are online:**

Begins October 19/20, 2021

For more information or to register

Call Lentz & Lentz at: (845) 638-2826 or visit www.lentzSATPrep.com

Register Online: newtown-ce.revtrak.net
 P: 203.270.6190 | newtowncontinuinged.org



Newtown High School
 12 Berkshire Road
 Sandy Hook, CT 06842

NEWTOWN HIGH SCHOOL SAT PREP COURSE

This 24-hour program is given by teachers who have been carefully screened for their SAT expertise and ability to present the information and test-taking skills in a professional manner. Knowledge of the test format and a review of test material are very helpful for your student's success. Emphasis will be on basic test-taking techniques that will aid students with the test process.

Tuition for this program is \$250. For more information or to enroll, call Newtown Continuing Education (203) 270-6190 or visit newtown-ce.revtrank.net

Prepare for the Nov SAT (Nov 6, 2021)

Price: \$250

Session 1: Weekdays - Tuesday & Thursdays

Thursday Sept 2 - Tuesday Oct 19, 2021
6 - 8pm (no classes on Sept 7, 16)

Session 2: Saturdays

Sept 11 - Oct 30, 2021 (No Sept 5)
8:30 - 10 AM Math & 10:15 - 11:45 English

Prepare for the March SAT (March 12, 2022)

Session 3: Weekdays - Tuesday & Thursdays

Tuesday Jan 4 - Mar 1, 2022
6 - 7:30pm (no classes Feb 22)

Session 4: Weekend - Saturdays:

Jan 8 - March 5, 2022 (No Feb 19)
8:30 - 10 AM Math & 10:15 - 11:45 English

Prepare for the June SAT (June 4, 2022)

Session 5: Tuesday & Thursdays

Mar 8 - May 10, 2022 (No class Mar 17)
6 - 7:30 PM



WRITING FOR REACH COLLEGES: SHOW DON'T TELL!

Learn how to write dynamite college admission essays. This two-night class offers the powerful, attention-getting *Show! Don't Tell!* Techniques for writing narratives that LEAP off the page. Examples and appropriate handouts guide students to write effective compositions. Copies of the book *Show! Don't Tell! How to Personalize College Applications* with 75 actual student writing samples will be available for perusal and purchase. *Students and parents are encouraged to attend together.* Private editing sessions may be arranged for a fee when students complete their essays.

Course# F21CP1

Thursday, September 9, 2021 1 Class
6 - 8:30 PM NHS Price: \$29

Susan Berescik

STUDENT SUCCESS:

STRATEGIES TO ORGANIZE YOUR SPACE

Organization, planning, prioritization and focus are important executive function skills for student success, but they don't come easily for all teens. Sue Duval of The Organized Hive, Certified Professional Organizer and parent of two college-aged students, will offer top tips for students to set themselves up for success (and for parents to support them). Learn to organize your stuff, your space AND your schedule and spend less time searching for things, getting distracted, and cramming to meet assignment deadlines. Gain strategies to get organized, stay focused, and manage schoolwork and study more effectively.

No Discounts Apply

Course# F21OR1

Thursday, September 30, 2021 1 Class
7 - 8:30 PM NHS Price: \$25

Sue Duval, *Certified Professional Organizer*
The Organized Hive

PHOTOGRAPHY BOOTCAMP FOR BEGINNERS

Do you have a digital camera that you have no idea how to use on any setting other than auto? Then THIS CLASS IS FOR YOU! In one session, learn how to shoot on manual mode to unleash the camera's potential and your artistic control. This action-packed workshop covers W/B, ISO, Aperture (f-stop), and Shutter Speed, and how they work together under your control to get the artful shots that you want. Participants should bring a DSLR camera to class with a fully charged battery and memory card. *A Nikon D5200 camera will be provided for participants without a DSLR for each class session.*

Course#: 6 - 8:30 PM 1 Class NHS **Price:** \$55
F21DP1: Session 1: Tuesday, October 26, 2021
F21DP2: Session 1: Tuesday, December 7, 2021
Michael Obre

SMARTPHONE PHOTOGRAPHY: BEGINNER

Learn how to use your smartphone (iPhone or Android) to create beautiful photographs. This class will take you from the fundamentals of how to use your smartphone camera to how to do basic editing to capture the most vivid and beautiful photographs. Please download the *Snapseed App*, prior to attending the class. *An iPhone or Android is required.*

Course#: F21SP
 Mondays, September 27, Oct 4th 2 Classes
 6 - 8:30 PM NHS **Price:** \$55
Uma Bode

**DIGITAL PHOTOGRAPHY: INTERMEDIATE**

For those who know the basics of DSLR camera and want to explore more in depth ways to improve their photos, this class is for you. During this virtual class, we will explore external flashes to improve lighting in photos, focus modes, light metering types, white balance, understanding aperture and all sorts of photography gear. IN addition, ways to edit photos using Photoshop and Lightroom will be included. Questions and discussion is encouraged. If you have photos you would like some ideas on how to edit, I can set aside time to do that with the group.

No Discounts Apply

Course# F21SCC1
 Tuesdays, September 14, 21, 28 Oct. 5 4 Classes
 7 - 8 PM Virtual, Google Meet **Price:** \$45
Melissa Bilotta

CLASS REQUIREMENTS:

You will also need access to a device to connect via Google Meet for this class. It is helpful to have access to a DSLR camera and an external flash unit, though it is not necessary.



EXCEL PART I

Learn to use Excel, the spreadsheet most used by businesses, students and home-users. Spreadsheets are the best tools for working with rows and columns of information. We will cover working with text, numbers and dates. We will learn how to use formulas and functions, as well as many other features. You will be surprised at how versatile Excel can be and how easy it is to learn.

Course#: F21CE1

Mondays, Sept. 20, 27, Oct. 4
6:30 - 9 PM NHS
3 Classes
Price: \$139
Mike Ingber, *Upward Start*

EXCEL PART 2

Continue to learn more about the most popular spreadsheet product on the market. In this second part you will work with multiple sheet workbooks, charts, advanced formatting capabilities, filtering, validating, scenarios, and much more. Excel Part 1 or equivalent is a prerequisite.

Course#: F21CE2

Mondays, Oct. 11, 18
6:30 - 9 PM NHS
2 Classes
Price: \$99
Mike Ingber, *Upward Start*

POWERPOINT

PowerPoint is the most commonly used presentation program available, both in school and for business. PowerPoint allows you to create dynamic presentations that can include text, bullet lists, tables, charts, graphics, transitions, and animations. This hands-on workshop shows you how to get the most out of PowerPoint using all of the features just mentioned.

Course#: F21PP1

Wednesdays, Nov. 3 & 10
6:30 - 8:30 PM NHS
2 Classes
Price: \$45
Mike Ingber, *Upward Start*

WORD: FEATURES

Explore some of the most used features in MICROSOFT WORD. In this class, we will dive deeper into the many useful features of Microsoft Word: bullet lists, number lists, headers and footers, custom tabs, multiple column layouts, page borders, watermarks graphics and more. Some prior knowledge of the Microsoft Word program is helpful for this class.

Course#: F21W2

Wednesdays, Sept. 22 & 29
6:30 - 9 PM NHS
2 Classes
Price: \$99
Mike Ingber

WORD: THE BASICS

Learn the basics to successfully use Microsoft Word, the best-selling word processing software. Learn how to create and edit documents, how to format your document, how to use spell-check and thesaurus, how to cut/copy/paste, and more. No prior word processing knowledge is necessary, but a basic knowledge of computers is helpful.

Course#: F21W1

Wednesdays, September 8 & 15
6:30 - 9 PM NHS
2 Classes
Price: \$99
Mike Ingber, *Upward Start*

MAIL MERGE

Mail Merge is a powerful feature built into Word that allows you to create customized letters, envelopes, and mailing labels for distribution to many people, rather than typing each letter, envelope or label separately. In this class, we will use data (such as names and addresses) from both Word and Excel, some prior knowledge of both programs is helpful.

Course#: F21MM1

Monday, November 15, 2021
6:30 - 9 PM NHS
1 Class
Price: \$59
Mike Ingber, *Upward Start*

WINDOWS 10: AN OVERVIEW

Microsoft Windows has been around for decades, and Windows 10 has been available for a quite a while now. This class will highlight some of the new features included in Windows 10 (such as Cortana, Notifications, the Start Screen, Edge Browser, etc.) as well as discussing some of the ongoing important elements of Windows (such as the Desktop, the Taskbar, and the System Tray). So, if you are looking for some insights and guidance to help you understand more about Windows, come and join us for this class.

Course#: F21W10

Thursday October 28, 2021
6:30 - 9 PM NHS
1 Class
Price: \$59
Mike Ingber, *Upward Start*



PILATES WITH ROSE: BUFF BONES®

Buff Bones® is a medically-endorsed, full body workout for bone strengthening and balance. It integrates Pilates, strength training, functional movement and rehabilitative exercise to improve the health and longevity of your bones and joints. It's adaptable to varying levels (not high intensity) and is safe for those with osteoporosis. Rosemary Larkin is a licensed Buff Bones® Instructor. Bring a mat and light weights (2-3 lb), wear flexible, fitted clothing.

***No Discounts Apply**

Course# 5:30 - 6:30 PM 6 Classes NHS **Price:** \$130
F21PRB1: Session 1: Mondays, Sept. 13, 20, 27, Oct 4, 11, 18
F21PRB2: Session 2: Mondays, Oct 25, Nov 1, 8, 15, 22, 29
 Rosemary Larkin, *Certified Pilates Instructor*

**PERSONAL PILATES WITH ROSE
 MAT OR REFORMER VIRTUAL OR IN-STUDIO**

A personalized mat or Reformer Pilates method session, originally created by Joseph Pilates as Controlology. Together we'll build your strongest balanced body keeping the spine flexible, the core strong and the mind focused. Special attention given to form and proper alignment with the teacher's eyes on your for a successful execution of Pilates exercises. All levels are welcome. Benefits include the teacher's eyes on you for proper form and alignment. Offered virtually (with or without Pilates equipment) or in studio.

By appointment only. To register for this class or for more info, contact Rosemary Larkin, Certified Pilates Instructor, directly at 203-417-6026 or rizzzi001@gmail.com.

EXPRESS MAT PILATES (VIRTUAL)

Originally created by Joseph Pilates as Controlology, this mat class works on building our strongest balanced body to keep the spine flexible, the core strong and the mind focused. Special attention is given to form and proper alignment. All levels welcome. Benefits include improved posture, strength, balance and ease of movement in daily living.

*** No Discounts Apply**

Course#: 9 - 9:45 AM Virtual 6 Classes **Price:** \$90
F21PWR1: Session 1: Tuesdays, September 14, 21, 28, Oct 5, 12, 19
F21PWR2 Session 2: Tuesdays October 26, Nov. 9, 16, 23, 30, Dec 7
 Rosemary Larkin, *Certified Pilates Instructor*

YOGA WITH KAREN PIERCE

Unwind from a stress-filled day with a relaxing evening of yoga. Transform from tense and tight to mellow and limber. This yoga practice is designed to lengthen and stretch the body, breath and brain! Karen is a master yoga teacher, yoga therapist, and yoga teacher trainer; she will teach you how to create an authentic personal practice. Wear sweatpants and bring an exercise/yoga mat. A yoga strap and yoga blocks are options.

Course# 6:30 - 7:30 PM 5 /10 Classes NHS
F21YK1- 10 Classes: **Price:** \$100
 Wednesdays, Sept. 22, 29, Oct. 6, 13, 27, Nov. 3, 10, Dec. 1, 8, 15
F21YK2- 5 Classes: **Price** \$55
 Wednesdays, Sept. 22, 29, Oct. 6, 13, 27,
F21YK3- 5 Classes: **Price** \$55
 Wednesdays, Nov. 3, 10, Dec. 1, 8, 15
 Karen Pierce

BELLY DANCE FITNESS

Calling all shapes and sizes! Strengthen your core and sculpt your trunk, arms and legs while learning the basics of Middle Eastern Belly Dance! Basic choreography, along with Pop and traditional Middle Eastern music, will have you dancing away the calories. Beautiful hip scarves and silk veils provided. Workout clothes are recommended. Please bring a refillable water bottle. **No Discounts Apply**

Course# 6:30 - 7:30 PM 8 Classes/5 Classes NHS
F21BD1: Session 1: Tuesdays, Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 9
F21BD2: Session 2: Tuesdays, Nov. 16, 23, 30, Dec. 7, 14
Suzanne Candee

Price: \$99
Price: \$60

WHAT TO BRING:

- Refillable Water Bottle
- Wear Comfortable Clothing
- Comfortable Sneakers - Sneaker or flat shoes for Salsa
- A workout towel (for you)
- You can bring your own scarves/silk for Belly Dancing

SALSA (Single Dancing)

This Salsa class will prepare you to look great on the dance floor alone or with a partner. No partner necessary. Great cardio and a fun way to get in shape. Learn and practice basic rhythm, basic patterns and figures, with dance technique. Sneakers or flat shoes recommended and wear comfortable clothing. **No Discounts**

Course# 7 - 8 PM 6 Classes NHS **Price:** \$95
F21SSC1: Session 1: Wednesdays, Sept. 8, 15, 22, 29, Oct. 6, 13
F21SSC2: Session 2: Wednesdays, Oct. 27, Nov 3, 10, Dec. 1, 8, 15
Cheryl Carpio

COUNTRY WESTERN LINE DANCING

Once you get moving, you will not be able to stop! This is a great cardio exercise. If you took this series already, some dances will be repeated, but there are always additional dances to learn! We will also talk about Country Dance technique and dance floor etiquette. Comfortable clothing and flat dance shoes are recommended. **No Discounts Apply**

Course# 6 - 7 PM 6 Classes NHS **Price:** \$95
F21LD1: Session 1: Wednesdays, Sept. 8, 15, 22, 29, Oct. 6, 13
F21LD2: Session 2: Wednesdays, Oct. 27, Nov 3, 10, Dec. 1, 8, 15
Cheryl Carpio



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 P: 203.270.6190 | newtowncontinuinged.org



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 12 Berkshire Road
 Sandy Hook, CT 06842



LOSE WEIGHT LIKE A GUY

You're not imagining things, while you struggle to shed weight, eating the same items as your male counterpart; you gain the weight, while they shed it. Want to find out the secret to men's weight loss and why they slim down faster? Join Certified Personal Trainer and Life Coach, Linda, as she helps you realize the optimal steps to shed the weight like a guy. Learn about the seven habits that will help you feel slimmer and healthier.

Course#: F21LW1
 Thursday, December 2, 2021 1 Class
 6 - 8 PM Virtual **Price:** \$18
Linda Gottlieb, Certified Health Coach

SIMPLY STRETCH WITH MARY

Do you want to move comfortably and reduce pain? Set aside some time for a stretch class that lengthens muscles and aids in mobility. Move with greater range of motion, and less back and body pain. Learn to stretch hard to reach muscles. Students in the class will learn how to increase flexibility as well as when to use dynamic and static stretches. This class is for any interested person as modifications are made for each level.

Course# 6:30 - 7:30 PM 6 Classes NHS **Price:** \$70
F21SSM1: Session 1: Mondays, Sept 20, 27, Oct. 4, 11, 18, 25
F21SSM2: Session 2: Mondays, Nov 1, 8, 15, 22, 29, Dec. 6
Mary Sireci

KARATE : JUST FOR KICKS!

The karate class you always wanted to take, just without the uniform! For tough guys, small fries and warrior princesses - at last, a traditional karate workout building physical and mental balance, strength, and endurance for those who want to sweat, glisten, or just gloat! Plus, all the confidence and self-discipline stuff! (For anyone over 18, no contact)

Course#: 7 - 8 PM 5 Classes NHS **Price:** \$59
F21KK1: Session 1: Tuesdays, Sept 14, 21, 28, Oct 5, 12
F21KK2: Session 2: Tuesdays, Oct 19, 26, Nov 9, 16, 23
Audra Mace

QIGONG AND TAI CHI EASY™

Discover a playful way to practice Self-care with Five Animals Qigong while learning the Five Element theory (wood, fire, earth, metal, and water) a Chinese philosophy explaining the relationship between the organs and the way Qi, life energy travels to them.

Course# 5:30 - 6:30 PM NHS 1/5 Classes
F21QG1: Session 1: Tuesday, October 5, 2021 **Price** \$29
F21QG2: Session 2: Tuesdays, Oct. 19, 26, Nov. 9, 16, 23 **Price** \$79
Audra Mace

EAT! MOVE! & SLEEP!

More than a NY Times, Best Selling book, Eat, Move & Sleep is a new way to live! This one-time, online workshop will help you improve the three biggest measurements of optimal health - the impact of choices around eating, moving and sleeping.

- With every bite you take, you will make better choices
- You will move a lot more than you do today
- And you will sleep better than you have in years.

Get proven and practical ideas that are comprehensive yet simple to help you put YOUR customized plan in place to take immediate action.

Course#: F21EM1
 Thursday, November 18, 2021 1 Class
 6 - 8 PM Virtual **Price:** \$18
Linda Gottlieb, Certified Health Coach

QUESTIONING WORKING OUT?

If you are questioning whether to participate in physical activity, please consult with your physician.

CHAKRADANCE™ - CHANGE OF HEART

Break The chains that bind. Exonerate grief, loss, rejection, betrayal, traumas, and brokenness. Leave pulsing a new frequency that will attract wonderful new situations, opportunities and people in your life.

Course# NHS 1 Class
F21CD1: Freedom: Wednesdays, September 15, 2021
 6:30 - 7:30 PM **Price:** \$29
F21CD2: Awakening: Wednesdays, October 13, 2021
 6:30 - 8 PM **Price:** \$39
F21CD3: Journeying: Wednesdays, November 10, 2021
 6 - 8 PM **Price:** \$45
Audra Mace

LIVE THE LIFE YOU LONG FOR

This program will help you realign with your heart & soul; develop self-compassion, connect to inner wisdom, trust your own unique process of practical awakening; and discover a deep, abiding faith that you can create the life you long for. Through a series of exercises, class participants will learn a new way to think about their life and what's possible for them. Through class discussion, participants will gain a sense of community and sharing.

Course# F21LLF1
 Mondays, Nov. 8, 15, 22, 29 4 Classes
 6 - 8:30 PM NHS **Price:** \$75
Uma Bode



IMPLEMENTING THE GENIUS CREATIVE SKILLS OF LEONARDO DA VINCI

As a recognized and published researcher in the area of cognitive psychology, I have completed a manuscript of Leonardo's 'mental operacy'. I would like to share some of the unknown secret skills that Leonardo developed that produced an incredible new understanding of scientific phenomena and remarkable works of art. This seminar could help you seek out new insights and perceptual skills that develop creative thinking. It is imperative that we use innovative methods to provoke our minds to raise 'the quality of our thinking.' No Discounts

Course# 6 - 7:30 PM NHS 3 Classes **Price** \$99
F21GLL1: Session 1: Wednesdays , Oct. 6, 13, 27
S22GLL2: Session 2: Wednesdays , April 20, 27, May 4
Dr. Rudy Magnan

INSTANT INSIGHT WITH NUMEROLOGY

Get instant insight into the disposition of acquaintances, co-workers, your beloved friends and family. Learn to calculate personality and forecast numbers revealed by birth name and date using simple addition. Ideal for supervisors, teachers, therapists, police officers, personal trainers, retailers, parents, speed daters, and anyone wanting to understand and relate to people better. Numerology is an ancient metaphysical science that reveals the blueprint of every human being's life and is still one of the most accurate and powerful self-help tools available today. Go home with resources that expose your daily relationship with numbers.

Course#: F21IN1
 Thursday, October 20, 2021 1 Class
 6 - 7:30 PM NHS **Price:** \$39
Audra Mace

INTUITIVE TAROT READING

Develop your ability to use your intuition to interpret tarot cards. Learn to interpret and understand the cards without getting bogged down in over thinking or memorization. Appropriate for all levels and geared toward the beginner. Anyone can learn! The class will also focus on community-building and new friendships. Recommended: Obtain Osho Zen Tarot Deck prior to class (or different tarot deck). Bring the book that came with your deck to the first class.

Course#: F21TR1
 Mondays, Oct. 18, 25, Nov. 1 3 Classes
 6 - 8:30 PM NHS **Price:** \$69
Uma Bode



FUSED GLASS**HOLIDAY ORNAMENT/SUNCATCHER WORKSHOP**

Get a jump start on your holiday gift-making by joining me in my home-based glass studio for a festive ornament/suncatcher making workshop! Take inspiration from a variety of patterns or use pre-cut glass bases to build your own unique holiday gift or keepsake. Expect to complete two or three projects. Materials are provided. Basic glass cutting skills covered. No previous experience is necessary. Ornaments will be ready for pick up approximately one-week following the workshop. Hot cider is served. An \$8 Materials fee is collected by the studio. Optional specialty glass is available for purchase. Studio is not handicap accessible (stairs). **Limited to 8 students. Please wear long pants and closed toed shoes. Safety measures in response to COVID-19 are taken.** ***No Discounts Apply**

Course#: 1 Class **Price:** * \$60 Holiday Special
F21FGH1: Session 1: Thursday, October 7, 2021 6:30 - 9:30 PM
F21FGH2: Session 2: Saturday, November 6, 2021 10:30 AM - 1:30 PM
Kelly Makuch
Location: Kelly Makuch Studio, 222 Brushy Hill Road, Newtown, CT

FUSED GLASS SNOWFLAKES

While guided by a pattern and using strips and bits of fusible glass you will create 2 beautiful snowflakes. These make wonderful seasonal decorations for any home and are a fabulously, unique gift. No previous experience necessary. Snowflakes will be ready for pick up approximately one week following the workshop. Hot cider will be served. Don't miss this very popular workshop. An \$8 Materials Fee is collected by the studio. **Limited to 8 students. Please wear long pants and closed toe shoes. Safety measures in response to COVID-19 are taken.**

***No Discounts Apply**

Course #: 1 Class **Price:** * \$60 Holiday Special
F21FGS1: Session 1: Monday, November 1, 2021
 6:30 - 9:30 PM
F21FGS2: Session 2: Wednesday, November 10, 2021
 6:30 - 9:30 PM
F21FGS3: Session 3: Wednesday, December 1, 2021
 10:30 AM - 1:30 PM
Location: Kelly Makuch Studio, 222 Brushy Hill Road, Newtown, CT

FUSED GLASS JEWELRY SAMPLER

Give glass jewelry making a try in this abbreviated time sampler style workshop. You will create your own wearable art pieces using opalescent, transparent, and dichroic glasses. Basic cutting techniques as well as various fusing techniques will be exemplified. You will create (3) pendent cabochons and a pair of earrings. Glue on bail, organza necklace and earring findings included. Additional specialty glass and findings will be available for purchase if you wish to make additional pieces. There is a materials fee of \$8.00 payable to the instructor at the class. The studio is not handicap accessible (stairs). **Limited to 6 students. Please wear long pants and closed toe shoes. Safety measures in response to COVID-19 are taken.** **No Discounts Apply**

Course#: 1 Class **Price:** \$75
 Tuesday, September 14, 2021
F21FGJ1: Session 1: 10 AM - 1 PM
F21FGJ2: Session 2: 6:30 - 9:30 PM
Kelly Makuch
Location: Kelly Makuch Studio
 222 Brushy Hill Road, Newtown, CT



IT'S NOT OVER YET, FALL PLANTING!

It's not over yet! In this class, we'll plan a "fall garden", discussing what to plant now to extend your growing season in both vegetable and flower beds, with tips and tricks. We will also talk about perennials, containers, adding fall color, and thinking of spring with bulb planting tips. Both beginner and seasoned gardeners will benefit from this class with great tips!

Course#: F21GAR1

Monday, September 13, 2021

6:30 - 8:30 PM

NHS

1 Class

Price: \$39.00**Nicole Christensen****HOUSEPLANTS 101:**

Cooler temperatures will be here before you know it and gardening outside will have to wait. Why not do some indoor gardening? We're talking houseplants! Do you have a hard time with indoor plants? Already a houseplant enthusiast? Expand your knowledge and know how. We will cover all sorts of houseplant situations and offer advice on how to keep your houseplants happy, what plants to choose (and what to avoid), where to place them, and how to maintain and overwinter indoor potted plants. From common houseplants to orchids, African violets, and everything in between, we'll tackle the different challenges of indoor gardening and learn how to make your houseplants work for you!

Course#: F21GAR2

Monday, October 18, 2021

6:30 - 8:30 PM

NHS

1 Class

Price: \$39.00**Nicole Christensen****ADULT KNITTING CIRCLE: INTERMEDIATE+**

For those who can cast on and knit garter stitch, and are ready to build more skills (or have completed the beginner course). For intermediate students, projects will be created starting with an "oh so cute" hat that can be made in sizes from children to adults, as well as a seamless project "knitting in the round" on circular needles. In this comprehensive, step-by-step, fun class, you'll learn to read patterns, check gauge, master more difficult stitches (including cables) and more! Students need to bring in size 10 (longer length, preferably) straight needles and one skein (150 yards) of worsted weight yarn of their choice to start. Other materials needed discussed in class. Advanced projects available, as well as students can bring independent projects for help and instruction, as well. Make up classes (remaining or all classes) will be done virtually and or a make up date will be given.

Course #: FK12

8 Classes

Price:\$135**F21KI1: Session 1:**

Thursdays, Oct 7, 14, 21, 28, Nov. 4, 11, 18, Dec. 2

6:45 - 7:45 PM

*No class Nov 25

Location: Teen Center, 53A Church Hill Rd. Newtown**F21KI2: Session 2:**

Wednesdays, Oct 6, 13, 20, 27, Nov. 3, 10, 17, Dec. 1

12:15 - 1:15 PM

*No class Nov 24

Nicole Christensen**Location:** Teen Center, 53A Church Hill Rd. Newtown**FALL GARDEN TIPS FOR****SPRING GARDEN SANITY...**

In this class, we will discuss how to put your garden and flower beds "to bed" for the end of the season, how to properly store tools and other garden items, and how and what to prune, and how and what to sanitize. Avoid many preventable garden and yard issues, including diseases and other pests throughout the year by doing a few simple things before cold weather sets in. You'll walk away with some great tips!

Course#: F21GAR4

Monday, October 4

6:30 - 8:30 PM

1 Class

NHS

Price: \$39.00**Nicole Christensen****ADVANCED CHICKEN KEEPING**

You've got your flock ... and more questions! This course is designed to address that next level of chicken-keeping such as: hatching eggs (machine incubation vs. broody hen), health flock management & biosecurity, identifying common poultry illnesses and treatments for them, what to keep in your chicken "first-aid kit" and troubleshooting. This course is taught by Michelle Nardozi, owner of Flockboss of Newbury Farms, LLC, a small farm/homestead in Newtown, CT. **No Discounts**

Course#: F21CK1

Wednesday, October 6, 2021

6:30 - 8:30 PM

NHS

1 Class

Price: \$39.00**Michelle Nardozi****ADULT BEGINNERS KNITTING CIRCLE**

Make time for yourself and learn to knit! If you've always wanted to knit, but didn't know where to start, or need to brush up on the basics, this course is for you! Learn to cast on, knitting, purling, shaping and more, creating a fashionable project to start! Knitting is a great hobby that can be transported with you- knit at sports events, waiting rooms...using snippets of time! It's a very calming hobby. Learn about different fibers, try out different types and sizes of needles, and more! Crochet will also be taught. *Students need to bring in a skein of SUPER bulky-weight yarn (recommended: Lion brand Wool-Ease "Thick N Quick" available at Joann's, Michaels, or Amazon) of their choice, and US size 13, or 15 knitting needles to start. Eight classes, if there any town cancellations, remaining (or all) classes will be done virtually.

Course #

8 Classes

Price: \$135**F21BG1: Session 1:**

Wednesdays, Oct 6, 13, 20, 27, Nov. 3, 10, 17, Dec. 1

6:45 - 7:45 PM

*No class Nov 24

Location: Teen Center**F21BG2: Session 2:**

Wednesdays, Oct 6, 13, 20, 27, Nov. 3, 10, 17, Dec. 1

11 AM - 12 PM

*No class Nov 24

Nicole Christensen**Location:** Teen Center, 53A Church Hill Rd. Newtown



TAX FREE IN RETIREMENT:

Many Americans assume that their taxes in retirement will stay the same or go down. Unfortunately, for most, this may not be the case. Historically, federal tax rates have been as high as 91% in the 50's and 50% in the 80's. Upon retirement, social security may be taxable as high as 85% to the recipient, and required minimum distributions from retirement accounts can also create substantial taxable income. This course will address the current tax law, where they may go in the future and how higher taxes can change your retirement. You will also learn the concepts on how to eliminate taxes on social security. Join us to learn about strategies that can help you get closer to a tax free retirement.

Course#: F21FPR1

Thursday, September 23, 2021 1 Class
6 - 7:30 PM NHS FREE
Michael Alimo, *USA Financial & Tax Services*

SOCIAL SECURITY PLANNING: DO YOU KNOW WHAT STRATEGY IS BEST FOR YOU?

When should you take your Social Security? How do you apply? What impact does your spouse's Social Security have on what you collect? This ninety-minute virtual presentation covers not only the basics of Social Security but also reveals strategies for maximizing your benefits. We will discuss how to minimize taxes on Social Security benefits and how to coordinate your Social Security with your other sources of retirement income. We welcome your questions about Social Security benefits as you explore your own personal options in making this financial decision.

Course#: 6:30 - 8 PM 1 Class Virtual Price: \$29

F21FPSS1: Session 1: Monday, September 20, 2021

F21FPSS2: Session 2: Tuesday, October 5, 2021

F21FPSS3: Session 3: Wednesday, November 10, 2021

Charles Yannich and Albert D'Agosto,
Retirement & Money Strategies

ESTATE PLANNING 101

This course will review the basic estate planning documents everyone should have, including a Last Will & Testament, durable Financial Power of Attorney, Healthcare Power of Attorney, and Revocable Living Trusts. We will also discuss how to "avoid" probate and protect assets.

Course#: F21EEP1

Monday, October 11, 2021 1 Class
6 - 7:30 PM NHS Price: \$29
Nicole Camporeale, *Wiley Etter Doyon*

MEDICARE BASICS

Designed for those approaching 65 and/or new to Medicare. This educational workshop will cover many aspects of this somewhat daunting and complex subject. A few of the topics included are Medicare Part A, B & D, benefits, costs, and various related Medicare solutions-- "Medigap" plans (Medicare Supplements) Medicare Advantage Plans, Medicare Savings Plans, Extra Help, discount drug cards, and how Medicare works with other health insurance. The goal of this class is to learn about Medicare, and to reduce the cost of healthcare.

Course#: 6:30 - 8 PM 1 Class NHS Price: \$29

F21MB1: Session 1: Thursday, September, 23, 2021

F21MB2: Session 2: Thursday, October 14, 2021

F21MB3: Session 3: Thursday, November 11, 2021

F21MB4: Session 4: Thursday, December 2, 2021

Suzanne Candee, *HIQS Group*

ELDER LAW STRATEGIES: HOW TO KEEP MEDICAID FROM “TAKING IT ALL”

Whether you are planning for future long-term care or confronting a loved one’s current long-term care, you can structure your legal documents, assets and income to use Medicaid’s technical rules for you instead of against you. Protect your assets and income from Medicaid (Title XIX) exposure whether you need care in the future or right now. Topics include: asset and income limits, spousal protections, exempt assets, trusts, annuities, spend-down, avoiding 5-year look-back, and avoiding recoveries.

Course#: F21EL1

Thursday, November 4, 2021 1 Class
 6:30 - 8:00 PM Virtual, Google Meet **FREE**
 Estate Planning and **Elder Law Attorneys: Thomas E. Murphy Esq. & Michele F. Murphy RN, MSN, Esq.**

PROTECT YOURSELF & YOUR FAMILY WITH TRUSTS

Avoid probate, minimize estate taxes, protect assets from Medicaid, preserve IRA funds, provide for disabled family members, and protect your estate from your children’s creditors. Trusts keep you in control: You say what goes in, what comes out, and who does what. Avoid conservatorship during incapacity, litigation over your estate, costs of probate, and Medicaid forfeitures. Topics to be covered include: Revocable Living Trusts, Asset Protection Trusts, IRA Trusts, Special Needs Trusts, and Testamentary Trusts.

Course#: FFPT1

Thursday, September 23, 2021 1 Class
 6:30 - 8 PM Virtual, Google Meet **FREE**
 Estate Planning and **Elder Law Attorneys: Thomas E. Murphy Esq. & Michele F. Murphy RN, MSN, Esq.**

FINANCIAL STRATEGIES FOR SUCCESSFUL RETIREMENT

With financial independence, retirement can be the most fulfilling time of your life. This class covers important money management concepts and issues that are valuable to people near or at retirement. Topics include how to reduce pressure on your retirement income and which assets are appropriate for retirement income. A “hear it, see it, read it, write it” teaching method makes it easy for you to understand and remember the practical information. No products or investments will be promoted or offered. By condensing up-to-date financial information into three classroom sessions, this seminar gives you the answers you need. A \$30 material fee is payable to the instructor at the first class.

Course#: F21FPR1

Mondays, Oct 25, Nov 1, 8 3 Classes
 6:30 - 8:30 PM NHS **Price: \$39**
Steven Jacques, CETERA Advisor Networks, LLC

DISCLOSURE:

You should consult with your own financial advisor or attorney prior to making any investments and or decisions based on specific information or examples used by our instructors.

EMPOWERING WOMEN IN RETIREMENT:

Learn how to plan for retirement as a single, widowed, divorced or separated woman. There will be discussions on social security benefits, income needs and the risk of running out of money. Join us to increase your knowledge and confidence; which will assist you in making the best decisions for a stress-free environment.

Course#: F21FPR2

Thursday, September 9, 2021 1 Class
 6 - 7:30 PM NHS **Price: \$29**
Michael Alimo, USA Financial & Tax Services



EMPOWERED RETIREMENT PLANNING

Empowered Retirement Planning helps answer: Do I have enough money to retire? How can I protect and enhance my retirement? Topics will Include: Social Security Overview with a Complimentary customized report. Recent legislation-effect on retirees. Chronic & critical illness—legal & insurance strategies. Succession planning, What is needed, complimentary family planning kit. Tax planning strategies. How to deal with the 3 biggest risks to successful retirement—stock and bond market, fluctuation, inflation and longevity.

Course#: F21EEP1

Tuesdays, Sept. 14, 21 & 28 1 Class
 7 - 8 PM NHS **Price: \$29**
Joseph Knudsen, HIQS Group



FIRST AID

Want to learn what to do during emergencies? Do you know that you have the power to save someone’s life in medical situations? Positively Shocking LLC can teach you skills and provide you with a 2-year American Red Cross Certification in First Aid in an easy and fun environment. This course is designed so that lay persons will react with confidence in an emergency situation. In addition, you can also register for a one-night class in CPR.

Course# F21FA1

Thursday, October 14, 2021 1 Class
6 - 9 PM NHS **Price: \$99**

Mary Sireci, Certified Instructor, Positively Shocking

ADULT AND PEDIATRIC CPR/AED

Want to learn what to do during emergencies? Do you know that you have the power to save someone’s life in cardiac, breathing and medical situations? Positively Shocking LLC can teach you skills and provide you with a 2-year American Red Cross Certification in CPR in an easy and fun environment. This course is designed so that lay persons will react with confidence in an emergency situation. In addition to the one-night CPR/AED Class you can also register for a one-night First Aid Class.

Course# F21AID1

Thursday, October 7, 2021 1 Class
6 - 8:30 PM NHS **Price: \$99**

Mary Sireci, Certified Instructor, Positively Shocking

SECURITY OFFICER LICENSE TRAINING

The essential class everyone needs to become a security office in the State of CT.

Prepare for your Security Guard License. This dynamic course covers information about the Security Industry, how to be a Security Office and job exploration. CT laws pertaining to self-defense, the use of force, and citizen’s arrest will be reviewed. Learn about the use of force continuum, fire safety, the history of security and work place violence, terrorism, communication skills and more. Upon successful completion of this course, you will be issued a training certificate, required to accompany your license application, to the Connecticut Department of Emergency Services and Public Protection.

No Discounts Apply

Course# FSO Hybrid (Online & Testing in Person at NHS)

F21SO1 Session 1: 2 Classes **Price: \$139**

Saturday, October 30 (online 8AM -3PM) & November 1 (6-7PM at NHS)

F21SO2 Session 2: 2 Classes **Price: \$139**

Sunday, December 12 (online 8AM -3PM) & December 13 (6-7PM at NHS)

Louis Bonito



BLENDED LEARNING:

In the event these classes (First Aid/CPR/AED) are disrupted and a “make up” class is needed, the classes will be given in a blended learning format (online and in person).

CANASTA FOR BEGINNERS

Bring your friends and gather around the card table to learn Canasta! This six week program will introduce you to the game that everyone is playing. Two decks of cards, paper and pen, and the desire to activate your brain is all you need. Learn to play from certified instructor, Diane Gelbwaks. In this class you will learn to play both in person and online. A \$20 material fee is payable to the instructor at the first class.

Course#: F21C1
 Wednesdays, Sept. 14, 21, 28, Oct. 5, 12, 19
 6:30 - 8:30 PM NHS **Price: \$110**
Diane Gelbwaks

MAH JONGG FOR BEGINNERS

Learn to play American Mah Jongg from Diane Gelbwaks, an experienced teacher, in a safe, fun, interactive atmosphere. Mah Jongg is a game of skill, strategy, and chance. It is easy to learn, fun to play, and very social. In this class you will learn to play both in person and online. It is a perfect fit if you are new to the game, or want to brush up on your skills. Please purchase the 2021 Mah Jongg Cards, or bring to class.

Course#: F21MJ1
 Tuesdays, Oct. 26, Nov. 9, 16, 23, 30, Dec 7
 6:30 - 8:30 PM NHS **Price: \$110**
Diane Gelbwaks

CLASS INFORMATION:

Classes take place at Newtown High School. For Mah Jongg it is recommended that you bring your own playing cards, but they are available for purchase through the instructor for an additional fee.

Ed 2 Go Online Classes:

We offer a wide range of *highly interactive courses* that you can take entirely over the Internet. All of our courses are led by expert instructors, many of whom are nationally known authors. Our online courses are affordable, fast, convenient, and geared just for you. Offering courses for personal skill development or advanced career training. **Discounts do not apply.**

Many Courses are offered in the areas of personal development and career enhancement, visit Page 3 of this brochure for more information



Register Online: newtown-ce.revtrak.net
P: 203.270.6190 | newtowncontinuinged.org



Newtown High School
 12 Berkshire Road
 Sandy Hook, CT 06842



LIFE DRAWING

Working from a costumed model, our life drawing sessions are structured traditionally with a series of gestural warm-ups, followed by 20 min poses, and concluding with one long pose. Beginners are encouraged to attend and instruction will be provided; advanced artists may work in any media they chose. Basic drawing materials (pencils, paper, charcoal) will be provided. Life Drawing is ideal for beginners, art students developing portfolios, and advanced artists looking to stay sharp. *A \$25.00 models fee is payable to the instructor at the first class.

Course# F21AR2

Mondays, Nov 8, 15, 22, 29, Dec 6, 13

6 - 7:30 PM

NHS

6 Classes

Price: \$99

Michael Obre

CARTOONING

Various styles of cartooning are welcome in this exciting course. Emphasis will be placed on the development of original characters and the universes they inhabit. The fundamentals of general art techniques, character development, and storytelling with emphasis on narrative art techniques, penciling, inking, lettering, and coloring (both traditionally and digitally), are the foundations of this class. It is recommended that participants have a sketchbook to work in regularly outside of class.

Course#: F21AR3

Thursdays, September 30, Oct. 7, 14, 28, Nov. 4, 11

6 - 7:30 PM

NHS

6 Classes

Price: \$45

Michael Obre

STUDIO ART

Studio Art is structured like a traditional high school or undergraduate foundational art course and includes content in traditional drawing, painting, sculpture and mixed media. Students will experiment with a variety of media in each discipline, with emphasis on foundation, building, problem solving, and conceptual exploration. Studio Art is ideal for beginning artists seeking regular studio time, students seeking to develop their portfolios, and/or for anyone looking for a fun and engaging general art experience.

Course#: F21AR1

Wednesdays, September 8, 15, 22, 29, Oct. 6, 13

6 - 7:30 PM

NHS

6 Classes

Price: \$99

Michael Obre

CLASSES:

Basic Materials are provided. If you would like to bring your own sketchbook, it is encouraged.

A Models Fee is paid directly to the instructor for the Life Drawing class.

The instructor is a certified, art instructor.

Register Online: newtown-ce.revtrak.net
P: 203.270.6190 | newtowncontinuinged.org



Newtown High School
12 Berkshire Road
Sandy Hook, CT 06842

THE AMAZING WORLD OF HARRY HOUDINI

An Escape Artist, magician and so much more! Learn the story of this talented and gifted man and how he has influenced American culture and History. There is also one surprise that few people know about to be revealed in class!

Course#: F21HIS

Monday, October 25, 2021 1 Class
6:30 - 8:30 PM NHS Price: \$44
Leon DiMartino

THE AMAZING WORLD OF

JULES VERNE AND H.G. WELLS

Join us for a fun and educational discussion about the French writer Jules Verne and the Englishman H. G. Wells, who remain, arguably, the two most famous writers of science fiction. Both men are credited as the Fathers of Science fiction writings. Learn how these two imaginative men wrote about and predicted the future in an earlier time. We will discuss each of their backgrounds and a few of their famous novels.

Course#: F21JV

Tuesday, November 9, 2021 1 Class
6:30 - 8:30 PM NHS NHS Price: \$44
Leon DiMartino



RESEARCHING OUR ROOTS:

DIGGING DEEPER

Genealogical research is both rewarding and challenging. Have you hit a roadblock in your ancestral research? Are you not sure how to find more generations of your family? Join instructor Sarah Miller as she shares tips and tools to help you dig deeper into your family's past. Sarah will present a case study of how she solved a difficult family mystery, and will introduce international research. She will also discuss strategies to feel confident in sourcing your research. Please bring any family documents and information you have, as well as a tablet or laptop, for guided research time.

No Discounts Apply

Course# F21GE2

Thursday, November 11, 2021 1 Class
6 - 8 PM NHS Price: \$35
Sarah Miller

THE LIFE & TIMES OF THOMAS PAYNE

Learn the story of how this American patriot born in England would become a hero of the American Revolutionary war. Wanted for treason by the British and almost beheaded in France. This is a true comeback story!

Course#: F21LLT

Tuesday, December 7, 2021 1 Class
6:30 - 8:30 PM NHS Price: \$44
Leon DiMartino

THE HISTORY OF TELEVISION WESTERNS OF THE 1950's – THE 1960's

This time period is often considered the golden age of television cowboy westerns. The period between the 1950's and the 1960's sparked a whole range of weekly television shows that were enjoyed by the American public. Learn the story of how many of the earlier TV westerns got their start as radio programs to an earlier generation and how they were developed into TV programs. We will also discuss the career of the interesting TV stars of the television westerns as well.

Course: F21HTW

Tuesday December 14, 2021 1 Class
6:30 - 8:30 PM NHS Price: \$44
Leon DiMartino

THE LIFE AND TIMES OF AARON BURR

Some call him a patriot and some call him a scoundrel. Learn the story about the career of one of America's little known leaders of the revolutionary war generation.

Course#: F21HAB

Tuesday, November 30, 2021 1 Class
6:30-8:30 PM NHS Price: \$44
Leon DiMartino

RESEARCHING OUR ROOTS:

AN INTRODUCTION TO GENEALOGY

Are you interested in building your family tree? Join instructor Sarah Miller as she presents strategies to begin your ancestral research using a variety of online sources. We'll focus on American records available and how to locate them. The presentation is followed by guided research time with access to several paid genealogical subscriptions. Please bring family documents and information, as well as a tablet or laptop. This class is designed for those just beginning their ancestral research.

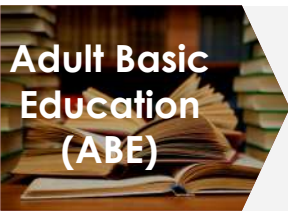
No Discounts Apply

Course# F21GE1

Thursday, October 7, 2021 1 Class
6 - 8 PM NHS Price: \$35
Sarah Miller

WERACE : WESTERN CT REGIONAL ADULT & CONTINUING EDUCATION

Registration, textbooks & materials are **FREE** for *mandated classes*.
Must be a Newtown Resident and present a valid ID.



Adult Basic Education (ABE)

For adult learners who need basic reading, writing and numeracy skills.

Classes are offered in math and reading.
ABE classes begin Monday, February 8th
(Evening Classes)



Citizenship

Prepares students to pursue citizenship through the prescribed Immigration and Naturalization Service process.

- ◆ Valid photo ID, proof of residency, and social security number are required.
- ◆ Registration for all new students includes a placement test. Please plan on a two-hour visit.
- ◆ New Students are encouraged to set up a pre-registration appointment prior to registering.
- ◆ All students will be required to attend a virtual, student orientation.

For more information visit:

www.Danbury.k12.ct.us

To Register for classes:

Step 1: Download the *Registration Forms* from the Danbury.k12.ct.us website under **Schools > Adult Education/WERACE**

Step 2: Complete the Registration Forms - found online.

Step 3: Call **(203) 797-4731** to complete your registration. All students must attend a virtual orientation. Registration is first come, first served. **Register early.**

General Equivalency Diploma (GED)



GED preparation program to help students prepare for the GED examination. Classes prepare students for all sections of the exam with a focus on reading, writing and mathematics.

Students may also enroll in Adult Basic Education (ABE) classes then progress to GED classes when ready.

Students who are 17 years old must submit documentation that a parent or guardian has signed them out of a CT high school and that they have been out of school at least six months. Students who are 18 years old must submit an official letter from the last Connecticut high school attended certifying that their class has graduated, or that they have been withdrawn from school for at least 6 months.

GED Testing Begins Aug 16 - 20 *(Evening & Day Classes)*

Credit Diploma (CDP)



The Credit Diploma Program offers students the opportunity to earn a high school diploma through the accumulation of credits. WERACE graduates must earn 23 credits in specific academic and elective areas and may transfer earned credits from other high schools. Students have the opportunity to participate in teacher-facilitated classes, as well as earn credits through online platforms. Credits for work, military experience, job training, or community service may also be awarded.

CDP Testing Begins Aug 16 - 20 *(Evening & Day Classes)*

English as a Second Language (ESL)

Designed for adults who have limited English language skills. There are three levels of ESL instruction: Beginning, Intermediate and Advanced. ESL classes help students to improve their listening, speaking, reading and writing skills so they are better able to find employment, become involved with their children's schooling, and make use of community resources.

(Evening & Daytime Classes)

THE NEXT STREET : The Full Driver's Ed Course typically earns you a discount with your insurance company and you can even add on the option to take the test with The Next Street.

Need Help with your Permit Test?

Take the FREE practice test with questions straight from DMV's database. Each time you take the test, you'll get 25 new questions, so keep taking it. If you can take it 3 times, scoring at least an 80%, you're ready for the DMV.

Access the Practice Test:
[Thenextstreet.com/practice](http://thenextstreet.com/practice)

Courses & Enrollment:

New Offering*

Safe Driving Course

Safe Driving Course: Price: \$119
8 Hours of Classroom Instruction

This is an affordable option created just for you. This course meets the state requirements, however, there is a 6 month waiting period for your license. This course typically does not qualify you for an insurance discount and does not include driving lessons (can be purchased separately).

Add-on to the Safe Driving Course

License Testing:

Test at The Next Street: \$129

Avoid the DMV completely and take your license test with The Next Street. To qualify for this option you must enroll in the full program OR purchase at least (2) driving lessons for the Safe Driving Course.

Driving Lessons: (call for pricing)

These private driving lessons are (2) hour appointments. Driving lessons are available and protocols to ensure the safety of clients and staff are being taken.

Most Popular*

Full Driver Education Course

Full Driver Education Course
(Popular Choice) Price: \$599
30 Hours of Classroom Instruction &
8 Hours of Private Driving Lessons

This course typically qualifies you for an insurance discount through your insurance company and there is only a 4 month waiting period for your license. This is the most popular course available for HS students.



Safety Protocols are being taken to ensure client and staff safety.

Spring 2021 courses are being given over ZOOM.

To Review Safety Protocols in Place Visit:
thenextstreet.com/health-safety-protocol

Enroll

Online:
[Thenextstreet.com/newtownhs](http://thenextstreet.com/newtownhs)
Call:
(860) 631 - 4292

Let them know
Newtown Continuing Education
sent you and that you are a
Newtown HS student

Cancellations: In order to provide the best program possible, we need a commitment at least two weeks prior to your scheduled class. Refunds will not be given without two weeks' notice; regardless of reason.

Refund Policy:

- A \$15 processing fee is assessed to all refunds. Refunds are issued with two weeks' notice.
- Cancellations accompanied by a doctor's note will be considered. Please contact us as soon as possible.

Email: continuinged@newtown.k12.ct.us

(Please be sure to review our procedures for Make Up Classes).

Discounts: The Senior Discount and Early Registration Discount may not be combined, and are for use on select programs. *Discounts do not apply to Ed2Go online classes, Driver's Ed, SAT Prep Courses, or Bus Trips.*

Fees:

- A \$15 fee will be assessed for any and all cancellations, regardless of reason.
- Returned checks are subject to a \$20 charge.

Make Up Classes: Make up classes will be offered, either in-person or virtually, depending on circumstance. Neither refunds, credits, nor proration's will be given for your absence in a make-up class; regardless of reason.

Arrival for Programs:

- Please arrive no earlier than 10 minutes prior to your scheduled class. Should you arrive earlier; please wait in your car.
- There is no on-site registration, please pre-register online or via phone.
- Please do not wander the building.

Age Requirements:

- Most classes are open to students ages 16 and older, unless otherwise noted.
- Bus Trips are offered to anyone over 14 years of age, unless otherwise noted or with special permission from NCE. .

Virtual Courses:

- You are to provide your own device. All Newtown Board of Education policies should be complied with while attending online courses.
- Materials will not be provided, unless specified.
- If you are asked to leave due to inappropriate behavior, neither a credit nor refund will be issued.

COVID-19 Response: *We take the safety of our participants and staff seriously. We have implemented safety guidelines and cleaning procedures in response to the COVID-19 circumstance. Please take a moment to review.*

Face Coverings: All instructors and participants are required to wear and supply their own face covering that completely covers the nose and mouth, unless doing so would be contrary to his or her health or safety due to medical conditions, for which a medical note for exemption will be required in advance of attending a program. Neither credits, nor refunds will be issued for classes missed due to not having a face covering.

Maximum Class Size: All in-person classes will be limited to 12-15 students or less, and one instructor.

Visitors: Visitors will not be permitted in the building. Only those that have **pre-registered** for a program will be given admittance into the building.

We appreciate your continuous support, understanding and cooperation during these unprecedented times.

School Closings & Policies

Weather Related:

- If day time classes are cancelled because of inclement weather, there will be NO evening classes.
- WLAD Danbury 800, FM WDAQ 98.3, FM WEZN 99.9 and WTNH News Channel 8 broadcast school closings.
- Our **Facebook Page:** *Newtown Continuing Education* is updated with closures.

Extenuating Circumstances:

- If schools are closed to the public at the discretion of the Board of Education or State of Connecticut, make up classes *will be* given. At times make up classes will be given virtually or in a blended learning style (computer, PSAT/SAT, Mind and Body, Personal Development, Communication, Photography, History, Driver's Ed, and crafting classes, etc.).
- We are not responsible to provide devices to attend virtual classes, some instruction will be given on access to the virtual "classroom," through Zoom or Google Meet, prior to your scheduled class. For seminars, you can join in via phone if another device is not available.
- Bus excursions are subject to cancellation, and will be at the discretion of Friendship Tours or any of their participants. *Refunds for bus trips will be on a case-by-case basis.*

Smoking & Board of Education

Policies: All public school buildings and grounds are non-smoking areas, per policy of the Newtown Board of Education. This policy also applies to virtual courses.

Participants are expected to adhere to all District policies, regardless of whether they are attending programs in-person or virtually; with the exception of wearing a mask and social distancing for virtual programs.

Non Discrimination Policy: Newtown Continuing Education does not discriminate on the basis of ethnicity, race, color, age, marital status, gender, disability, sexual orientation or religion, mental or physical disability or any other legally recognized protected status in any of its employment practices, school activities, or educational programs.

Newtown Continuing Education: Registration

Full Name:

Date of Birth (MM/DD/YY):

Address:

Register Online at:
newtown-ce.revtrak.net

City State Zip

Email:

Phone#:

Alt. Phone#:

Course Registration :

Course#/Name:

Fee:

Course#/Name:

Fee:

Course#/Name:

Fee:

Course#/Name:

Fee:



Grand Total:

BY REGISTERING YOU AGREE TO THE FOLLOWING: (Please review all policies)

Liability Waiver: I, undersigned, assume all risks and hazards incidental to such participation in the Newtown Adult Continuing Education activity; and I hereby, waive, release, absolve indemnity, and agree to hold harmless the Newtown Adult Continuing Education Department and the program instructors, organizers, sponsors, etc. for any claim arising out of injury to myself. Participation is at my own risk. There is no medical coverage. For information regarding COVID-19 please visit the CDC’s website at: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>. In voluntarily agreeing to in-person participation in a Newtown Continuing Education program, participant(s) understand that they are assuming sole responsibility for any illness or injury, as described above, to the participant and/or his/her family or others in the Participant’s household, including serious illness, damage, loss, temporary or permanent disability, and death, that may occur as a result of in-person participation in the Activity. The District/Newtown Continuing Education is not responsible for any injury, illness, loss, or damage to the Student and/or his/her family or others in the Student’s household, whether resulting from acts or omissions of third parties, or other persons not under the control of Newtown Continuing Education nor the District, from the operation or condition of facilities or premises, from acts of war or terrorism, or from acts of God or nature (including, but not limited to, COVID-19), except to the extent that the injury, loss, or damage is caused by the sole negligence or reckless, wanton, or intentional misconduct of the District, its officers, trustees, faculty, employees, agents, or representatives

Signature: _____

Date: _____

Send Us Your Registration:

Email: continuinged@newtown.k12.ct.us or Mail: 12 Berkshire Rd. Sandy Hook, CT 06482

Payment Information: Payment Method: Credit Card (Visa/MasterCard/Amex/Discover) or Check

Credit Card Number:

CVV:

Exp.:

*Please read our policies on cancellations and refunds.

Checks Payable to: Newtown Continuing Education

Mailed to: 12 Berkshire Rd. Sandy Hook, CT 06482

We will email you a receipt for your payment, no other confirmation is provided.



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Fall 2021

Adult & Continuing Education Catalog

*Listings are updated
Regularly.*

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Newtown-ce.revtrak.net**



Newtown Continuing Education

Located in Newtown High School

12 Berkshire Road | Sandy Hook, CT | 06482

Phone/Fax: (203) 270-6190