

Exemplar Schedule 2022/2023

Secondary		
Block		
0	8:10-8:20 10 min	Arrival & Flag/SEL ***
1	8:20-9:10 50 min	Core
2	9:10-10:00 50 min	Core
	10:00-10:10 10 min	Break
3	10:10-11:00 50 min	Core
4	11:00-11:50 50 min	Core
	11:50-12:20 30 min	Lunch
5	12:20-1:10 50 min	Elective
6	1:10-2:00 50 min	Elective
7	2:00-2:50 50 min	Elective
	2:50-3:00 10 min	Sharing/Closing/Dismissal

Elementary	
8:10-8:15 5 min	Arrival & Flag/*** Announcements
8:15-8:25 15 min	Morning Meeting
8:25-9:25 60 min	Block 1
9:25-9:35 10 min	Recess
9:35-11:05 90 min	Block 2
11:05-11:35 30 min	Lunch/Recess
11:35-12:50 75 min	Block 3
12:50-1:15 25 min	Block 4
1:15-1:25 10 min	Recess
1:25-2:10 45 min	Block 5
2:10-2:50 40 min	Block 6
2:50-3:00 10 min	Sharing/Closing/Dismissal

Secondary Early Release		
Block		
0	8:10-8:20 10 min	Arrival & Flag/SEL ***
1	8:20-9:10 50 min	Core
2	9:10-10:00 50 min	Core
	10:00-10:10 10 min	Break
3	10:10-11:00 50 min	Core
4	11:00-11:50 50 min	Core
5	11:50-12:20 30 min	Lunch
6	12:20-12:50 30 min	SEL
	12:50-1:00 10 min	Sharing/Closing/Dismissal

Elementary Early Release	
8:10-8:15 5 min	Arrival & Flag/*** Announcements
8:15-8:25 15 min	Morning Meeting
8:25-9:25 60 min	Block 1
9:25-9:35 10 min	Recess
9:35-11:05 90 min	Block 2
11:05-11:35 30 min	Lunch/Recess
11:35-12:50 75 min	Block 3
12:50-1:00 10 min	Sharing/Closing/Dismissal

*** Student's report to the flagpole (weather providing) upon arrival to school in the morning.

This schedule is subject to change throughout the school year.

Updated: 8/4/2022 7:43:30