Occupational Therapy in Carlisle Public Schools



What is OT?



- The profession of Occupational Therapy is concerned with a person's ability to participate in desired daily life activities or "occupations."
- A School-based Occupational Therapist (OTR/L) is a highly trained professional who is experienced in assessing and treating:
 - Fine motor skills
 - Visual-motor and visual-perceptual skills
 - Handwriting and keyboarding
 - Sensory Processing
 - Activities of Daily Living as related to school participation



"Daddy said when he was a kid THIS was his computer. Is he joking?"

Education and Credentials

- Post-professional Masters degrees in Occupational Therapy.
- Completion of course work inclusive of:
 - Human Growth and Development across the lifespan
 - Human Anatomy and Physiology (with lab)
 - Statistics
 - Neurology and Neuroanatomy
 - Sociology and Psychology
 - Pathology
 - Successful completion of a minimum of 32 weeks of supervised clinical internship.

Requirements to Practice

- Certification by the National Board for Certification in Occupational Therapy (NBCOT) after successful completion of national competency exam.
- Maintaining certification is contingent on successful completion of a minimum of 36 contact hours (continuing education) every 3 years.
- Massachusetts state OT licensure with requirements for professional development hours to maintain currency.



The American Occupational Therapy Association, Inc.

OT services in the school

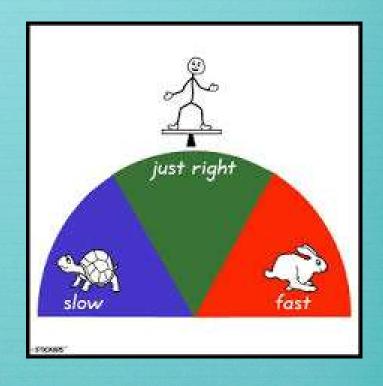
- Direct service:
 - Provided to enable students to access the curriculum, participate, and make effective progress.
 - Services take place in the general education setting when possible.
- **Consultation:**
 - Scheduled weekly or bi-weekly meetings with teachers and team members to assist the student in achieving his/her education goals.
- Modification:
 - A change to the general education curriculum or other material being taught.
- Accommodation:
 - A support or service provided to help the student to fully access the general education curriculum or subject matter.

Programs Used to Address Sensory Processing and Self-Regulation

Zones of Regulation

Alert Program





Classroom Learning Tools













More Classroom Learning Tools













