

Registration Process

ATHLETICS REGISTRATION

All Las Lomas High School students who want to tryout and participate in athletics during the 2018-2019 school year must complete our mandatory Athletics Registration process. This is a new process and includes the following three steps:

STEP 1: PRE-REGISTRATION/PHYSICAL EXAM

STEP 2: REGISTRATION,

STEP 3: CONFIRMATION.

STEP 1: PRE-REGISTRATION/PHYSICAL EXAM

All students who want to tryout and participate in sports must print out the Athletic Physical Clearance form, complete it, and get it signed by a doctor after a physical exam. You will upload this completed and signed form during Step 2 of the registration process.

Download the form [HERE](#)

STEP 2: REGISTRATION

Parents who have not secured a physical exam: You may begin the registration process now, however clearance to participate will not be granted until signed and stamped physical form is uploaded and approved.

REGISTER ONLINE AT SPORTS NET

You will need to create an account for this new online registration process. Make sure you have the following prior to attempting to register your child:

- Your child's student identification number
- The exact spelling of your child's first and last name as it appears in official school records
- A scanned copy of your child's completed Pre-Participation Physical Exam on your computer (to be uploaded during registration)
- Your child's active health insurance coverage information, including the name of the provider and the policy ID

[Click here](#) to begin online registration at SPORTSNET.

STEP 3: CONFIRMATION

You will receive an email from SPORTSNET verifying you have registered on their site. However, **in order for your child to tryout you must receive this confirmation email from the Athletic Department.** Until you **GET THE FINAL CONFIRMATION EMAIL**, your child cannot tryout for athletics.