



# Blackstone Valley Tech Athletics

Incoming Freshmen Athletic Orientation  
Wednesday, June 8, 2016

Michele S. Denise

Director of Athletics & Student Activities

# Tonight's Agenda

6:00pm Welcome

Athletic Overview

Introduction of Coaching Staff

6:30pm Meeting with Fall Sports Coaches

6:50pm Meeting with Winter Sport Coaches

7:15pm Meeting with Spring Sport Coaches



# BVT Athletics Overview

*League – Colonial Athletic League*

*Valley Tech Teams*

*Varsity – 20 Teams*

*Junior Varsity – 15 Teams*

*Freshmen – 6 Teams*



# Fall Sports Teams

## *Girls Volleyball*

- ⑩ *Varsity*
- ⑩ *Junior Varsity*
- ⑩ *Freshmen*

## *Boys & Girls Cross Country*

- ⑩ *Varsity & JV*

## *Golf*

- ⑩ *Varsity*
- ⑩ *Junior Varsity*

## ⑩ *Field Hockey*

- ⑩ *Varsity & Junior Varsity*

## *Boys Soccer*

- ⑩ *Varsity*
- ⑩ *Junior Varsity*

## *Girls Soccer*

- ⑩ *Varsity*
- ⑩ *Junior Varsity*

## *Cheerleading*

- ⑩ *Varsity*
- ⑩ *Junior Varsity*

## *Football*

- ⑩ *Freshman*
- ⑩ *Junior Varsity*
- ⑩ *Freshmen*

# Winter Sports Teams

## *Boys Basketball*

- ⑩ *Varsity*
- ⑩ *Junior Varsity*
- ⑩ *Freshmen*

## *Girls Basketball*

- ⑩ *Varsity*
- ⑩ *Junior Varsity*
- ⑩ *Freshmen*

## *Cheerleading*

- ⑩ *Varsity*
- ⑩ *Junior Varsity*

## *Hockey*

- ⑩ *Varsity*
- ⑩ *Junior Varsity*



# Spring Sports Teams

## Baseball

- ⑩ Varsity
- ⑩ Junior Varsity & Freshmen

## Softball

- ⑩ Varsity
- ⑩ Junior Varsity

## Boys & Girls Lacrosse

- ⑩ Varsity
- ⑩ Junior Varsity

## Boys & Girls Track and Field

- ⑩ Varsity

## Boys Volleyball

- ⑩ Varsity & Junior Varsity



# Athletic Documents

## Required Documentation

- Emergency medical – online
- Parental consent – online
- Physical exam
  - Valid for 13 months after exam date
  - Must have current physical on file prior to tryout date to be eligible



# Dates to Remember

## *Fall Tryouts*

- Fall 2016 Fall Cheerleading June 14 & 15, 2016 3pm-6pm  
August 23 & 24, 2016 3pm-6pm
- Freshmen Football Friday, August 19, 2016
- Girls & Boys Soccer Thursday, August 25, 2016
- Field Hockey, Golf Thursday, August 25, 2016
- Girls Volleyball Thursday, August 25, 2016

## *Freshmen Orientation Cookout*

*Thursday, August 18, 2016*



# Supports Provided to Activities

⑩ *Late Buses*

*Tues/Thurs 3:15pm*

*Sports Days 5:45pm*

⑩ *Lockers - Locks provided by Athletes*

⑩ *Uniforms & Equipment*

⑩ *Fitness Center Hours*

⑩ *Fundraising Activities*



# Athletic Trainer

## *Athletic Trainer*

- ⑩ *Training Facility*
- ⑩ *Conditioning Techniques*
- ⑩ *Game /Practice Injuries*
- ⑩ *Parent Communication*
- ⑩ *Reporting Injuries during the School Day*



# Baseline Concussion Testing

## ⑩ *ImPACT Concussion Software*

### *Baseline Screening*

*All new athletes*

*All Freshmen athletes*

*All Junior athletes*

## ⑩ *Testing Dates & Times*

⑩ *August 22-26*

⑩ *Consent Forms – online agreement when you complete the registration*



# “Captain’s Practices”

⑩ *What are they...*

⑩ *Senior players may organize a series of dates & times to practice*

⑩ *They are optional*

⑩ *They are a good way to get out, meet other kids and get in shape*

⑩ *They are not used as a criteria for making a team*

⑩ *Usually is no adult supervision*



# Chemical Health Policy

## Chemical Health/Alcohol/Drugs/Tobacco

*Section 62.1 From the earliest fall practice date, to the conclusion of the academic year or final athletic event (whichever is latest), a student shall not, regardless of the quantity, use, consume, possess, buy/sell, or give away any beverage containing alcohol; any tobacco product; marijuana; steroids; or any controlled substance. This policy includes products such as "NA or near beer".*

*It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by his/her doctor.*



# Chemical Health Policy

## Chemical Health/Alcohol/Drugs/Tobacco

### Penalties

**First violation:** When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contests totaling **25%** of all interscholastic contests in that sport. No exception is permitted for a student who becomes a participant in a treatment program. It is recommended that the student be allowed to remain at practice for the purpose of rehabilitation.

**Second and subsequent violations:** When the Principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for the next consecutive interscholastic contests totaling **60%** of all interscholastic contests in that sport.



# Hazing & Harassment

## **HARASSMENT**

**Harassment on the basis of race, color, religion, sex, national origin, age, sexual orientation or disability in any form will not be tolerated. Such harassment includes unsolicited remarks, gestures or physical contact, display or circulation of written materials or pictures derogatory to either gender or to racial, ethnic, religious, age, sexual orientation or handicapped individuals or groups.**

## **HAZING**

Hazing is defined as any conduct or method of initiation into any student organization, which willfully or recklessly endangers the physical or mental health of any student or person. Incidents of hazing must be reported to the appropriate law enforcement officials as soon as reasonably practicable.



# Parent Considerations

- *All Registrations & Physicals must be completed prior to any practice sessions*
- *Athletic Fee \$50.00 per season*
- *Student Athletic Handbook – online*

## **Vacations**

*Both Winter and Spring Seasons encompass Vacation Weeks, but teams will practice and play games during these periods.*



# Helpful Websites

**[www.valleytech.k12.ma.us](http://www.valleytech.k12.ma.us)**

*(Game Schedules, Dates & Times, Scores)*

**[www.miaa.net](http://www.miaa.net)**

*(Directions, Rules & Regulations)*

**@BVTBeavers**



# Coaches' Meetings

## 6:30pm Meeting with Fall Sports Coaches

Girls Volleyball – Competition Center B  
Boys Soccer – Library  
Girls Soccer – Competition Center A  
Football – Cafeteria  
Cross Country – Old Gym  
Cheerleading – Cafeteria Annex  
Golf – Competition Center  
Field Hockey – Room 501

## 6:50pm Meeting with Winter Sport Coaches

Boys Basketball – Competition Center A  
Girls Basketball – Competition Center B  
Ice Hockey – Cafeteria  
Cheerleading – Cafeteria Annex

## 7:15pm Meeting with Spring Sport Coaches

Boys Volleyball – Cafeteria Annex  
Track & Field – Old Gym  
Boys Lacrosse – Cafeteria  
Girls Lacrosse - Library  
Softball – Competition Center A  
Baseball – Competition Center B

