Counseling Corner

November Dates to Remember:

- → November 3 Registration deadline for December SAT
- → November 5 **SAT**
- → November 8 **ELECTION** Day
- November 10 Progress Grades (If you are struggling with your grades and need help with your assignments, attend Academic Outreach M,T,TH after school in the RISE Center.)
- → November 11 **Veterans Day** No School
- → November 12 Black College Expo (CSUS)
- → November 15 **Seal of BiLiteracy Exam**
- → November 16 **College Application Workshop** in the Raider Cafe 1:30 2:30 pm. Bring your Chromebook!
- → November 17 Career Fair during both Lunches
- → November 21-25 Thanksgiving Break
- → November 30 College Applications Due at CSU and UC

Reminders

- Students should check their emails for communications from their Counselor and Teachers.
 Students who wish to meet with their Counselor should email, requesting an ehall pass.
 Check your ehall dashboard for your scheduled appt. time.
- It is advisable to check the **Daily Announcements** for timely information including athletics, club meetings, deadlines, service learning opportunities, and more!
- Schedule changes are only available if there is a mistake on your schedule. Please
 review the guidelines for schedule changes on the Scheduling tab. Final Spring schedules
 will not be available until after Christmas as class balancing and teacher assignments may
 have changed.

Mid Term Graduates - Make sure to complete your Senior Check out form and take the Online Senior Exit Survey with Mrs. Clark in the Counseling Office *prior* to turning in your Chrome Book.

The **SCC** application for Fall 2023 is open. Our SCC Outreach representative will be presenting in person this year in all English 12 and US Government / Economics classes for November and December to reach all the 2023 RCHS graduates. The SCC representative will have a presentation in the library for the 2023 graduates who are not in Fall English 12 or US Government / Economics. The SCC Outreach Department has so much valuable information to share with our students about their futures. After the presentations are complete SCC will be facilitating a Los Rios application workshop in the library. Please see the checklists on the next pages for what to bring to the application workshop.

RISE CENTER Counselor of the Day - November				
Monday	Tuesday	Wednesday	Thursday	Friday
Ms. Straessler	Ms. Price	Mrs. Clark	Mrs. Ozeroff	Mrs. Cramer



Creating an Open CCC Account/ SCC Application

Step 1: Checklist - What you need

Personal Email - (ex. gmail, yahoo, outlook) *DO NOT - use your school email *Required
Know Social Security (SSN)- 9-digit number 'Required If you know you do not have a SSN: - Use a valid Individual Taxpayer Identification Number (ITIN) - OR Decline to provide one 'If you do not submit your app w/ a SSN, you will need to come to the SCC Campus (Student Services Building - STS 103) Admissions Office w/ a photo ID so staff can push your app manually through the system
Transcript - Overall Cumulative High School GPA *Required
Highest English and Math taken and Grade Received *Required
Estimated Household Income (Optional)
Parent's Education (Optional)

Need Help?



ADMISSION AND RECORDS

Phone: (916) 558-2351

Email: Admissions@scc.losrios.edu

Student Services Building, STS 103 3835 Freeport Boulevard Sacramento, CA 95822 Open CCC Application/SCC Application



Rev. 10/15/22

Term: SU/FA/SP ____

Remember!

Step 2: Don't forget your Open CCC Account/SCC Application information

OpenCCC Account WEBSITE: https://home.cccapply.org/en/apply

openece Account Website. https://	<u>унотыссеарыдыг дусту аррід</u>			
OpenCCC Account	SCC Application			
Email/Phone # ***Use Personal email, not school email**	Answer to Password Security Set Up #1			
Password	Answer to Password Security Set Up #2			
CCC Apply Contact: Any issues logging into	CCC ID#:			
OpenCCC Account, please contact CCC Apply support@openccc.zendesk.com	Application #:			
Within 1 hour after completing your SCC application (Step 2), you will receive an email providing you with your W- "student 7-digit ID # ", from there proceed onto STEP 3 If for some reason you do not receive an email w/ your W-ID number, you may have to check with the SCC Admissions Office (STS -103) Accessing e-Services				
Step 3: New Students Creating Password for e-Services				
Student ID W				
1 Los Rios Website-> "Stu	udent Login" -> "eServices"			
Select "Password Manag set up your account (St	gement" and use your ID# to udent ID- "W")			
	SWERS to the 2 Password; use a SCC application; see above in step 2			
Password				

5 Ways to Find Career Ideas

Learning more about yourself is a great way to begin the career-planning process. Your passions, hobbies, and experiences can all help you find your path.

Many high school students feel that they need to have their whole lives planned out before graduation. That's a lot of pressure to take on, and it really isn't practical because your goals and desires change over time. At this point, the best way to prepare for the process of career planning is to take some steps to get to know more about yourself.

Start by considering your options. You can take many paths, and you may discover new talents and passions in the process of exploring. The quick exercises below can help lead you in the right direction.

1. Think About What You Love

What classes have you found especially inspiring? What activities keep you so absorbed that you don't even notice how much time has passed? Listing 10 things you love can help reveal possible paths.

Can you make connections between elements on your list? Are a group of items related to the arts or social activities or technology? What can you build by combining your passions?

2. Identify Defining Experiences

Think about three experiences that taught you something about yourself. Choose the one that gave you the greatest sense of satisfaction and write a sentence that explains why that was so. If you can pinpoint what makes you happy, you can aim toward a career that will provide those types of experiences.

3. Create a Self-Portrait

Are you friendly, creative, impatient, funny, organized? Try writing down a list of 10 qualities you feel describe your personality. Ask your friends and family to name some of your qualities — sometimes other people see us more clearly than we see ourselves. Add their suggestions to your list. Now think about what sort of career fits the person your list describes.

4. Consider Your Strengths and Weaknesses

Make a list of your five top strengths and weaknesses. What sorts of employers would be interested in your strengths? If you're a good public speaker, for example, explore what types of careers call for that skill.

Your weaknesses can also tell you a lot about where you might go. You can either steer away from careers that require skills you're not confident about or work to improve weaknesses that may keep you from your goals.

5. Explore Careers

What do actuaries or archaeologists really do? What sorts of opportunities will there be in the future for architects or art directors? Imagine yourself in different roles.

Remember, even if you know someone who has been planning to be a doctor since the age of seven, most young people don't know what they want to do or be. Many adults actually work in a few different jobs before selecting a career path. You have time to get to know yourself and find a career that suits you.