#### CHINO VALLEY UNIFIED SCHOOL DISTRICT

#### INSTRUCTIONAL GUIDE

#### CHILD DEVELOPMENT 1

Course Number 5866

Department Home Economics Career Technology

Length of Course One (1) Semester

Grade Level 9-12

Credit 5 units/semester credits of Practical Arts

Prerequisite None Repeatable No

Board Approved July 27, 2000

**Description of Course -** Child Development I is a study of human growth and development from conception through infancy.

**Rationale for Course** - This course is the second course in the Child Development and Education career pathway sequence leading to a District Career Concentration Certificate in child care. This is a specialized content area course which provides students interested in a career in the field of human development and education, a foundation for working with children. The course content reflects knowledge, skills and attitudes outlined in the California Home Economics Careers and Technology Content Standards.

# **Standard 1** - Responsible Parenting

- 1.1 Objective: Students will understand the decisions and responsibilities of parents.
  - 1.1.1 Performance Indicator: Describe parenting responsibilities.
  - 1.1.2 Performance Indicator: Explain parenting skills that meet the physical, emotional, social and intellectual needs of the child.
  - 1.1.3 Performance Indicator: Summarize the major decisions and responsibilities of being a parent.

#### **Standard 2** - Studying and Understanding Children

- 2.1 Objective: Students will understand the importance of studying the development of children and methods used in child development research.
- 2.1.1. Performance Indicator: Describe the benefits of studying child development.
- 2.1.2 Performance Indicator: Observe children's behavior and interpret findings.

2.1.3 Performance Indicator: Describe the history of the study of child development.

### **Standard 3** - Prenatal Development

- 3.1 Objective: Students will understand the stages of pregnancy from conception to birth, and the implications of the environment and heredity on the health and well-being of the child.
  - 3.1.1 Performance Indicator: Explain the stages of prenatal development.
  - Performance Indicator: Relate the perspective parents' nutrition, health, medical care, environment, and lifestyle to prenatal development.
  - 3.1.3 Performance Indicator: Evaluate factors relating to at-risk pregnancies.
  - 3.1.4 Performance Indicator: Describe the relationship between genetics and human development.
  - 3.1.5 Performance Indicator: Identify the effects of heredity and environment on prenatal development.
  - 3.1.6 Performance Indicator: Explain the costs, ethics, and risk of prenatal medical treatment.
  - 3.1.7 Performance Indicator: Compare various methods of child birth.

### **Standard 4** - Child Growth and Development

- 4.1 Objective: Students will understand the stages of child growth and development and the value of providing children with developmentally appropriate activities.
  - 4.1.1 Performance Indicator: Discuss the stages of growth and development and selecting developmentally appropriate activities.
  - 4.1.2 Performance Indicator: Interpret the effects of heredity and environment on the physical, social, emotional, and intellectual development of children.
  - 4.1.3 Performance Indicator: Identify theories regarding human growth and development.

### **Standard 5** - Guidance and Discipline

5.1 Objective: Students will understand positive guidance and discipline techniques that promote feelings of self-worth as they apply to the developmental stages of children.

- 5.1.1 Performance Indicator: Interpret the relationship of a child's self-worth and behavior to principles of child growth and development.
- 5.1.2 Performance Indicator: Describe and compare various approaches to child guidance.
- 5.1.3 Performance Indicator: Identify techniques used to provide positive reinforcement with children.

# **Standard 6 -** Child Abuse and Neglect

- 6.1 Objective: Students will understand the factors that contribute to child abuse and neglect from conception through infancy.
  - 6.1.1 Performance Indicator: Review factors that contribute to child abuse and neglect.
  - 6.1.2 Performance Indicator: Describe characteristics of the abused and the abuser.
  - 6.1.3 Performance Indicator: Identify agencies and programs that provide services for abused and neglected children.
  - 6.1.4 Performance Indicator: Explain child abuse laws and reporting procedures.

### **Standard 7** - Health and Safety

- 7.1 Objective: Students will understand the factors and practices that promote the health and safety of children.
  - 7.1.1 Performance Indicator: Describe methods for maintaining the health and ensuring the safety of children.
  - 7.1.2 Performance Indicator: Identify common childhood illnesses and accidents.
  - 7.1.3 Performance Indicator: Define practices and precautions that can be taken to prevent childhood illnesses and accidents.
  - 7.1.4 Performance Indicator: Describe the relationship of a diet to optimum health.
  - 7.1.5 Performance Indicator: Explain sanitation practices to maintain the health of a child.
  - 7.1.6 Performance Indicator: Investigate public laws that deal with the health and safety of children.

- 7.1.7 Performance Indicator: Develop plans for emergencies and disasters.
- 7.1.8 Performance Indicator: Plan a nutritionally balanced diet that is appropriate for a child.

# **Standard 8** - Learning, Play, and Recreation

- 8.1 Objective: Students will understand the value and methods of providing children with learning, play, and recreational activities.
  - 8.1.1 Performance Indicator: Identify and describe the purposes of play in relation to the physical, social, emotional, and intellectual development of children.
  - Performance Indicator: Identify factors to consider when selecting and purchasing equipment
  - 8.1.3 Performance Indicator: Select or create materials that are appropriate to the developmental levels of children.
  - 8.1.4 Performance Indicator: Evaluate facilities, equipment, and materials that contribute to a child's development, including toys, stories, games, play spaces, computers, and computer applications.
  - 8.1.5 Performance Indicator: Describe the care giver's role.
  - 8.1.6 Performance Indicator: Plan, conduct, and evaluate activities for creative development.
  - 8.1.7 Performance Indicator: Plan, conduct, and evaluate various learning activities.

#### **Standard 9 -** Cultural Diversity

- 9.1 Objective: Students will understand the child-rearing tradition and customs of various cultures as it relates to a child's behavior and learning the importance of considering children's backgrounds when interacting with families and children.
  - 9.1.1 Performance Indicator: Recognize the roles and responsibilities of family members from various cultures.
  - 9.1.2 Performance Indicator Identify the influence of culture on a child's behavior and learning.

#### **Standard 10** - Children With Special Needs

- 10.1 Objective: Students will understand the contributions and considerations for the care of children with special needs, including children with physical disabilities, learning disabilities and the gifted and ways in which the child's needs can be met to enhance self-concept and self worth.
  - 10.1.1 Performance Indicator: Define the term, "special needs."
  - 10.1.2 Performance Indicator: Identify characteristics of children with special needs.

### **Standard 11 -** Changes That Impact Children

- 11.1 Objective: Students will understand how change affect children.
  - 11.1.1 Performance Indicator: Analyze how change and crisis affects children.

# **Standard 12 -** Careers Related To Child Development and Education

- 12.1 Objective: Students will understand careers related to child development and education.
  - 12.1.1 Performance Indicator: Identify characteristics of effective child development and education professionals.
  - 12.1.2 Performance Indicator: Compare personal interest, aptitudes, and abilities to those required in child development and education careers.
  - 12.1.3 Performance Indicator: Evaluate career options related to child development and education including labor market projections, education requirements, job responsibilities, salary benefits, expectations, and working environment.