



# The Blazer Post

Jennifer Randel, Principal

Jim Curtis, Assistant Principal



February 2019



## School Office Hours

Mon - Fri

7:45am - 3:45 pm

## No School

Presidents Days

Friday 2/15

Monday 2/18

## Useful Links

[School Website](#)

[School Calendar](#)

[Lunch Menus](#)

[School Handbook](#)

[Peach Jar Flyers](#)

## Upcoming Friday Spirit Assemblies

February 1st

March 1st

at 8:30am

in the

amphitheater



## School Notes

Buchanan Families,



#Kindnessmatters - 1000 Strong

Good things are happening at Buchanan Elementary!

Jennifer Randel and Jim Curtis

Did you know...

- The District Spelling Bee is Tuesday, Feb 5th at 6:00pm at Thompson Middle School MPR.
- National Counselor week is February 4th - 8th.
- February 5th is the 100th Day of School
- Jump Rope for Heart Jump Days are Feb. 11th & 12th

Growth Mindset Quote

*"Don't worry about failure. Worry about the chances you miss when you don't even try."*

—Sherman Finesilver



## Kindergarten News

We were excited to welcome our TK/Kinders back in the New Year - - Happy 2019! This time of the year is always exciting because our little ones truly start to "take off" - learning and growing by leaps and bounds. TK is finishing up an NGSS unit on technology and robots and continuing another unit on Weather Over Time. Our Kinders have been working on building reading and writing skills, reading Rainbow Words, and learning addition concepts. All classes are enjoying counting the days until Day 100 when we will celebrate with a special day filled with activities about the number 100. Our Kinder classes are busy practicing for their Annual Love Bug show coming up on Tuesday, Feb. 12<sup>th</sup> at Murrieta Mesa High School at 6:00pm. This is an adorable show and you won't want to miss it (TK will get to do this next year). Our growth-mindset for this month: No matter how big, no matter how small, I can try my best and give it my all!



## First Grade News

The first grade students came back from the winter break full of excitement and ready to learn. They continue to work hard at meeting their goal of completing i-Read by the end of first grade along with striving to complete addition 0-9 on Fast Math. They embraced the Great Kindness Challenge and demonstrated many acts of kindness toward one another. KINDNESS MATTERS! February will be a busy month as the students learn about the presidents, celebrating the 100th Day of School, Groundhog's Day, and also Valentine's Day. Remember, today is a great day for a great day & always do the right thing even when no one is watching! Way to go, First Graders!



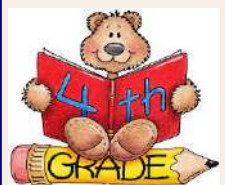
## Second Grade News

Happy 2019! We are excited to be beginning our second semester with our ballroom dancing lessons with Ms. Samantha. We will be showing off our dancing skills at our March 6 & 7th evening performances. We are keeping in mind Theodore Roosevelt's quote "Believe you can and you're halfway there" while learning our ballroom dancing. Our second graders have also done a great job working hard on our new iReady computer math program. They just completed an assessment on iReady and have shown great growth over all.



## Third Grade News

The third grade team has been very busy this month working with IREADY math scores so we can better service all students. During our Universal Access time we are using their IREADY math test results to focus on improving all math skill sets. The kindness challenge is making our campus character soar towards greater acts of thoughtfulness. We have accepted the challenge and are working hard on our 50 acts of kindness. Benchmark has transitioned into non-fiction reading again studying technology and how it has affected our lives. We have just finished writing Valentines for Vets project. We wrote and sent Veterans many beautiful cards full of kindness.



## Fourth Grade News

As we continue into our second semester of the year, please nurture your 4th grader's responsibility and independence and encourage them to show their Growth Mindset. This is especially important as math concepts continue to be more challenging, new research papers are explored and projects are assigned. Students are learning division strategies and will start working with fractions in math. Please encourage the use of fraction strips if your child brings some home! We are trying to earn funds for our Mission Field Trip by recycling water bottles. If you would like to help, please send empty, clean plastic bottles in secured trash bags to your child's classroom. Thank you for your continued support!





## Fifth Grade News

The fifth graders have been hard at work since returning from Winter Break. The kids have been reading about the Revolutionary War and the Civil War. Students have been analyzing text to determine point of view, figurative language, locating key details, and summarizing. Students have read a variety of genres including primary source journal entries, experts from The Red Badge of Courage, and poetry. Our next LA unit will be The US Constitution - then and Now. New Math UA groups have been established. The students will continue to work on mastering their Math standards in UA and Math class. Students are all encouraged to be on iReady 15 minutes each night at home in addition to the time spent at school. In Science the students did an investigation to see what earthworms eat and observed worm behavior. In addition some of the classes have been researching the possible reasons dinosaurs became extinct.



## Educational Specialists

We hope that you had a wonderful winter vacation! We are now in the second half of the school year and things are in full swing. We have our Special Olympics in March and all your paperwork should have been submitted by the end of last month to your child's case carrier. This month I would like to share with you a new member to our Buchanan Special Education Team; Cari Walworth. Mrs. Walworth is our upper 3-5<sup>th</sup> Special Day Class Teacher. She has extensive knowledge in various areas of Special Education and a passion for working with students who have Dyslexia. She has been teaching for over 8 years and we are so happy to have her on board! Our Other Special Day Class Teacher is Mrs. Sarah Caskey. She is a longtime Blazer and supports students in grades k-2. Mrs. Caskey has a program different from others and focuses on inclusion and collaborative teaching with General education teachers.

**It does not matter how slowly you go so long as you do not stop. Confucius**

## National Counseling Week

National School Counseling Week will be celebrated from February 4-8, 2019 to focus public attention on the unique contributions of professional school counselors within U.S. school systems. Here at Buchanan, we are fortunate to have part-time school counselors who are actively engaged in helping students to support academic success. Our counselors teach guidance lessons and facilitate small groups on social skills, anger management, grief and loss, and military support. They also provide individual responsive services, interventions and referrals as the need arises. If you would like to make a counseling referral for your child, please contact your child's teacher or administration.



## Presidents Day Holidays

No School

February 15 - 18, 2019



## 5th Grade Honor Band

Congratulations to the following student who were selected for the District Elementary Honor Band! The Honor Band is comprised of only 55 students from the 600 band members in the 11 elementary schools.

Caitlin Turner	Flute
Student	Flute
Michael Lazo	Alto Sax
Julia Ortiz	Trombone
Maika Dittmar	Trombone
Student	Trombone

The directors want to thank all the students who tried out and gave their best effort.

Mr. Newton



# Buchanan's Reading Round-Up!

For the month of December, Buchanan read a total of 234,785 minutes. To date, our grand total is 751,489 minutes read! Way to Go Blazers! In just 3 months, Buchanan students have exceeded their half-way goal of 750,000 minutes. As promised, Mrs. Randel and Mr. Keith will be swapping jobs for the day. Being the school Principal and being a school Custodian are equally important and challenging jobs! Later this month, be on the lookout for our new Principal Mr. Keith and our new Custodian, Mrs. Randel.

January Reading logs are due the first week of February! Every minute counts! So be sure to keep reading and turn in your reading logs on time for your chance to win prizes.

Happy Reading!

Good Luck Blazers and Happy Reading!  
The Reading Team!



## Yearbook Cover Art Contest

For those that sign-up, your artwork entry is due by 12:00pm on Thursday, Feb 7th.

Sorry, late entries cannot be accepted as they are being sent for judging.



## 5th Grade Dedications

Parents/Guardians,



Congratulate your 5th grade student with one free Buchanan 5th Grade Dedication to be published in the yearbook! The form has been sent home with your student. Dedications are limited to one per student and are due on February 28, 2019.

## Student Lunches and Cafeteria Meals

**Parents - please clear up any negative balances on your student's lunch account before the end of school.**

*Due to parent concerns and health/food allergies, students and parents should not share lunches with other students. Parents who join their student during lunch time will eat with their student at the tables under the blue canvas cover.*

Student Meal Prices:	Breakfast - Full Pay \$1.75	Reduced price \$.30
	Lunch - Full Pay \$2.75	Reduced price \$.40
	Milk or Juice - \$.50	Bottled Water - \$.75

Parents can make payments to lunch accounts at [www.myschoolbucks.com](http://www.myschoolbucks.com)

Special Meal Requests—(Gluten Free/Allergies) (click link for informational page and form)

The Nutrition Services Department is happy to provide gluten free/special meals to students with a MEDICAL STATEMENT signed by a Physician. Please contact the district Registered Dietitian PMohammad@murrieta.k12.ca.us or (951) 696-1600 ext 1165 for individual accommodations.



## MVUSD Health Services - Head Lice



It is common at this time of year to have outbreaks of head lice in the community. The following information can help to prevent the spread of head lice.

Head lice are small insects that are generally found on the scalp, around the ears, and at the back of the neck. The adult louse is about the size of a sesame seed, and can be the color of your hair. Nits (eggs) are smaller and silver in color. Nits stick to the hair shaft and do not easily flake off hair.

Head lice do not transmit disease. Head lice are not a sign of poor hygiene. Lice cannot jump and cannot fly. Lice may spread from one person to another if there is direct head to head contact, or by sharing of personal items such as combs, brushes, hats, or helmets. Lice usually die within two days without a human host.

The most common symptom of head lice is itching and head scratching, particularly at night. Redness or sores from scratching may also be noticed. If you suspect that your child has head lice, we suggest you contact your health care provider. Safe and effective products to treat head lice are available both over the counter and by a doctor prescription. It is important to follow the directions carefully. In addition, use a fine-tooth comb or special nit comb to help remove the nits. You can also check your child's scalp weekly when the hair is wet to see if there are any new head lice. Wash in hot water all recently worn clothing, hats, used bedding and towels. Personal care items such as combs, brushes and hair clips should be washed in hot water. Toys, such as stuffed animals, can be put in a tightly closed plastic bag for fourteen days or placed in a hot dryer for 30 minutes.

Notify the School Health Office if your child has head lice. The best treatment is prevention.

### **Coffee and Conversation with Our EL Families**

Join us on Wednesday,  
February 6, 2019 at 8:30am in Room E03



**Topic:** ELA Fluency

**Make it & Take it activity:** Basic Fact Fluency Cups

Únase a nosotros el miércoles,  
6 de febrero de 2019 a las 8:30 am en la sala E03.

**Tema:** Fluidez ELA

**Hazlo y llévalo a la actividad:** Copas de fluidez de hecho básico

## **Harmony Choir**

Under the direction of Dr. Garvin, on Monday February 25th, 2019 from 7-7:30pm, our own Harmony Choir will perform a Parent Concert at the Murrieta Mesa High School Theater. In addition, special education choir students (Legato) from across the district will also perform their own selections!



Together, both groups will perform a grand finale. Friends and family are welcome to attend!

Please arrive a few minutes early as we will start on time for this wonderful unity event. Admission is free.

**Thomas Garvin, Ed.D**

Murrieta Valley Unified School District | Music |





## Upcoming ELAC Meeting

Please Join us Thursday, March 7, 2019  
4 to 5 pm in the library.

Come and learn how Buchanan supports  
your students and how you can be a part-  
ner in your students education.

Por favor únete a nosotros el jueves 7 de  
marzo de 2019  
4 a 5 pm en la biblioteca.



Give your child the best start  
to the day— Be a H.E.R.O.  
Here, Everyday, Ready, On time



## Author and Artist of the Month Winners



The following students were honored at our  
February 1st Friday Spirit Assembly. Their  
work is being showcased in our library.



### Artist of the Month

TK: A Student in (McKenzie)  
1<sup>st</sup>: Olivia Olesky (Davis)  
3<sup>rd</sup>: None  
5<sup>th</sup>: Ruby Helton (Lyda)

Kinder: Students in (McWhorter & Aspan-Martin)  
2<sup>nd</sup>: A Student in (Knott)  
4<sup>th</sup>: David Vo (Kirk)

### Author of the Month

TK: A Student in (McKenzie)  
1<sup>st</sup>: Ellie Taylor & Graham Lee (Fitch)  
3<sup>rd</sup>: Isabella Arellano & a student in (Morgan)  
5<sup>th</sup>: Austin Butterfield (Lyda)

Kinder: A Student in (McWhorter)  
2<sup>nd</sup>: Kaiulani Crawford (Knott)  
4<sup>th</sup>: Lucca Caban (Kirk)

# Let's Save Lives Together!



On **February 11 and 12, 2019** Buchanan is proud to partner with the American Heart Association through **Jump Rope For Heart!** This community service project teaches our students the importance of heart health (exercise, nutrition and living tobacco free) while having a great time jumping rope. Students also have the opportunity to raise funds for the **American Heart Association** to fund research and educational materials to lower the risks of America's #1 and #5 killers: heart disease and stroke.



American Heart Association Mission: *to build healthier lives free from cardiovascular disease and stroke*

You can go to <http://american.heart.org/kidsheartchallenge/> and register online to donate today! Just type in 'Buchanan' to the Find Your School search engine and look for Buchanan Elementary in Murrieta, CA.



## **African American Parent Advisory Council (AAPAC)**

### **Meeting**

**Thursday, February 7, 2019**

**6:00-6:30 pm Dinner/ 6:30-7:30pm Meeting**

**Murrieta Valley USD – District Support Center  
(41870 McAlby Court Murrieta, CA 92562)**

### **Agenda**

#### **Introductions**

**Communication tool being used by AAPAC -(5 min.)**

**Overview of MVUSD Professional Development Day Equitable Practices**

**Motivational Speakers DJ Batiste and Donna Porter- video clip (5 min.)**

**Where We Are and Where We Are Going - (5 min.)**

**Arts Program in MVUSD "Horizon Unlimited"- Carol Hernandez (15 min.)**

**HBCU Opportunities - Tanya Maddox (15 min.)**

**Open Discussion: Concerns/Goals (10 min.)**



# Spring Assessments Update

Happy New Year to all in the Blazer community. For schools, as the calendar turns to a new year, it is a symbol of our upcoming assessment season. All of our hard-working students will be engaged in computer-based tests that are meant to gauge how much they have learned in their young academic careers. The assessments outlined below are our California assessments.

**Continuing in February and March** – Students, grades 3-5, complete Interim Assessments.

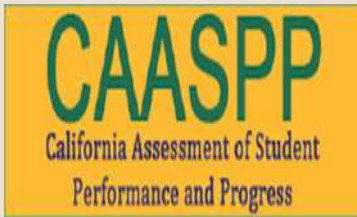


These assessments are on the short side, six to eighteen questions and assess specific skills. As an example, students might take an assessment in writing revision or math fractions. The results and data from these assessments will guide instruction for teachers so that students are as prepared as they can be for the spring summative assessments. As an added bonus, students get to practice using the same computer program as they will use on those same spring summative assessments.

**Starting February 11** - ELPAC: English Language Proficiency Assessment for California. This assessment is taken by ALL Buchanan designated EL students grades K-5. Its purpose is to measure an English learner's progress in learning English and to identify the student's English Language Proficiency (or ELP) level. It is completed annually.



**Starting April 15** - CAASPP ELA and Math: California Assessment of Student Performance and Progress. This assessment is taken by ALL Buchanan students grades 3-5. These assessments are based upon the California Common Core State Standards. They include different types of test questions in English Language Arts and Math. They are meant to assess the whole student and what they have learned over their entire academic career. Though they are designated in the subjects of Language Arts and Math, students will be using skills across all subject areas during these assessments.



More information will later this spring as to the specific weeks and assessments for each grade level, 3-5.

In the meantime, if you want them to see the types of questions your child will be asked, you can view practice tests online at the California Department of Education web page at <http://www.caaspp.org/practice-and-training/index.html>

**Also, this spring** – CAST: California Science Test. This assessment is taken by 5<sup>th</sup> graders only at the elementary level. Its purpose is to measure what students know and can do using the California Next Generation Science Standards (CA NGSS), which focus on understanding the concepts across such scientific areas as life science, earth and space science, and physical science.

We thank you ahead of time for your efforts in preparing your students for these state assessments. We know it looks like a lot, but we make every effort to space it out so that every student can do his or her very best. Our goal is that each student shows growth in his or her learning. In living the Growth Mindset, any struggles we may have we will embrace and we hope that each student's performance is a reflection of their effort.





# Positive Behavioral Interventions Supports Moment

## Be a Trail Blazer. Be a leader

In January, we celebrated 'The Great Kindness Challenge' with a weeklong focus on encouraging kindness amongst Buchanan students. During that week, many of our students sought out opportunities to do kind acts for their fellow Blazers. It seems a natural transition to take advantage of this type of student initiative and promote leadership. Forbes Magazine once did a web article listing their top 10 qualities of leadership. Some are very specific to business, but there are a few that can be applied to Buchanan students and the Blazer Way.

**Positive Attitude:** Here at Buchanan we take a positive attitude and make it more specific. We ask our students to have a Growth Mindset. We ask them to keep trying even in the eyes of a struggle. When we have a positive attitude, we do not fail, rather we learn from our struggles.

**Honesty:** ...is the best policy. In business and in school it is how you gain trust from those you work with every day. At Buchanan it is a big part of the Blazer Way and Being Responsible.

**Communication:** Talk things through. Use your words. Clearly state what is on your mind. The more leaders in this we have, the better our campus would be. Think of all the disagreements that could be solved peacefully if we all used our words.

**Creativity and Intuition:** Forbes lists these as two different qualities. For our elementary school students, one would be good enough. If we had some students who thought up new ideas, while others had instincts that helped them with good decisions; 'Oh the places we would go,' to quote Dr. Seuss.

**Commitment:** This might look a little different for an elementary school student than for a business person. For a Buchanan student this means seeing things through. Finish a project or homework assignment, listening and completing all directions, and attend school every day; these are the qualities of commitment at Buchanan.

**Confidence:** Yes, we can see confidence in students even as young as our kindergartners. What is really special is when that confidence is a reflection knowing right from wrong, completing all tasks as instructed, and from the friends we make during our elementary school career. When students see these qualities in another, they will follow, and so will the next student, so on, and so on.

Leadership, if we just tell a young student to do it, they may not know what to do. But, if we instill leadership qualities through the following of the Blazer Way, well then, we truly have a campus full of Trail Blazers.





# counselor's corner

Ms. Richardson & Dr. Rieger, RAIN Counselors

## ***Responding to Stress with Mindfulness***

BY Eileen Hanning posted on [www.maginationpressfamily.com](http://www.maginationpressfamily.com)

In *Mind Over Basketball* by Dr. Jane Weierbach and Dr. Elizabeth Phillips-Hershey, Tuck benefits from Coach Watson's tips for dealing with his parents' divorce, trying out for the basketball team and dealing with a bully. Your child might also benefit from the mindfulness techniques Tuck learns to apply to stressful situations on and off the court.

### **Breathing**

Breathing deeply and slowly helps both the mind and the body. With every deep breath, your lungs put oxygen into your blood and take carbon dioxide out. More oxygen to your brain helps you think more clearly. More oxygen to body helps muscles relax. Breathing slowly also slows the heart rate, helping you feel more calm.

To breathe mindfully, put your hands on your chest, take a deep breath in, feeling your chest expand and filling up with air. Concentrate just on your breath, coming in and filling your chest. Let the breath out slowly, feeling how your hands move as the air moves out. This breath calms the body and the mind, allowing you to do your best.

### **Visualization**

Visualization is a way of practicing something in your mind. Imagining yourself, in detail, doing a challenging task well lets you practice the skill before you do it. This is a common approach for athletes. If you watch the winter olympics, you can see skiers and snowboarders, with their eyes closed before their run, visualizing their performance.

Visualization takes practice. Close your eyes and take a deep breath, focusing on your breath. Picture yourself in a video doing your challenging task well. Imagine the beginning, middle, and end. Pay attention to the details. Ask yourself "What am I doing well? What am I saying to coach myself? What parts of this picture should I change so I could ace it?" Now, edit your video to make improvements and then play it again in your head. Repeat often.

### **Positive self-talk**

We all talk to ourselves. Sometimes we just walk ourselves through a process, like reading a recipe in our head, but sometimes we tell ourselves we can't. We're not good enough. We should have.... This negative self-talk causes stress and makes you feel bad about yourself, which can impact your performance.

Coach yourself with positive self-talk. For example, "I've done this in practice many times and my skills are strong. I can do this." "Everyone feels a little nervous when meeting new people. Once I start talking with someone, I'll relax. I will ask questions and listen carefully to get to know people." "This is hard for me now, but I know if I take my time and keep working at it, I'll get better." Positive self-talk can allow your child to coach himself to success instead of focusing on what went wrong.

You and your child don't need to be athletes to use the strategies for success. Indeed, learning to coach yourself and practice these mindfulness techniques are great life skills, useful on and off the court.

Adapted from *Mind Over Basketball: Coach Yourself to Handle Stress*, by Jane Weierbach, PhD,

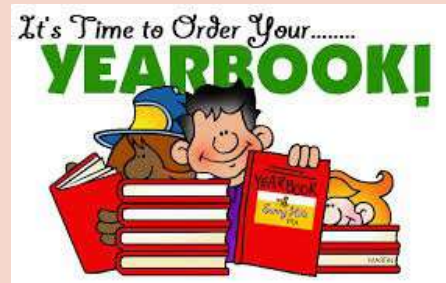
**Hey BLAZERS! Get your YEARBOOK**

**Order envelopes will be out soon! Order your yearbook NOW,  
it's only \$25! Cash or Checks accepted until March 29th.**

**(Make checks out to Buchanan PTA).**

**After March 29th, CASH ONLY will be accepted.**

**A limited number of yearbooks have been  
ordered for print, so order yours before  
they're sold out!**



A promotional advertisement for a Valentine's Day sale. On the left, a woman with blonde hair is smiling, wearing a maroon V-neck shirt with a "SCHOOL SPIRITWEAR" logo. The background is a solid red color with faint heart patterns. To the right of the woman, the text "Valentines Day" is written in a white cursive font. Below it, "10% OFF" is written in large, bold, white capital letters, followed by "SALE" in even larger, bold, white capital letters. At the bottom, it says "Use Coupon Code SWEETEST10" in bold white capital letters, and "from 01/26/19 through 02/10/19. Certain restrictions apply." in a smaller white font.



# February

## PTA NEWS

### Mother/Son



Friday, February 8<sup>th</sup>

TK-2<sup>nd</sup> Grade: 5:30-7:00pm

3<sup>rd</sup>-5<sup>th</sup> Grade: 7:30-9:00pm

For more information,  
Please look for invitation that was sent  
home with your student!

### Cooks Night Off

At



Wednesday, February 13<sup>th</sup>

Please look for flyer  
coming home soon!

### Father/Daughter



Friday, February 22<sup>nd</sup>

TK-2<sup>nd</sup> Grade: 5:30-7:00pm

3<sup>rd</sup>-5<sup>th</sup> Grade: 7:30-9:00pm

For more information,  
Please look for invitation that will be  
sent home with your student the week  
of the 11<sup>th</sup>!

### Our School PTA Needs you!!!

Make a difference...

Buchanan PTA has executive board  
positions for the

2019-2020 school year OPEN and  
are ready to be filled!

Elections take place in MARCH!

If you have any questions about  
positions/and or anything PTA  
related please reach out to Christy  
Neilson at

[buchananpta.president@gmail.com](mailto:buchananpta.president@gmail.com)



Murrieta Valley Unified School District  
**2019-2020 SCHOOL YEAR REGISTRATION  
TIMELINE**

- November 5 School Sites Accept **NEW** Intra-District Trans requests.  
*\*Intra-District = A transfer between schools in the MVUSD*
- January 7 District accepts **New** and **Renewal** Inter-District Transfers
- February 4 Online Pre-enrollment begins for all students new to the Murrieta Valley Unified School District, including Transitional Kindergarten and Kindergarten students.
- February 12 Final day of Open Enrollment for New or Renewal of **Inter**-District transfer requests.
- February 12 Final day to submit **(NEW) INTRADISTRICT** transfer requests at the School Site.
- March 4 Onsite enrollment appointments begin for Transitional Kindergarten, Kindergarten and **New** enrollees. Please contact the school site to make an appointment to complete registration and turn in documents *such as*, birth certificate/verification of age, immunization records, verification of residency and more depending on the grade level of your student.
- June 10 Open Enrollment **INTRA**-district and **INTER**-district Transfer notifications to parents will be sent no later than this date.

**\*All other transfers that are turned in after 2/13/19 will be considered case by case**

**NOTE:** Intra Transfer Requests between schools within the Murrieta Valley School District are processed at the school site. Please submit the request at the school site that you are requesting.

Please check the [district website](#) for Enrollment/Registration Information.

We hope that this information will help in your planning for the 2019-2020 school year. If you have any questions, please contact your school office.

Thank you,

**Administrative Team**  
**Murrieta Valley Unified School District**

## Important Safety Reminders

**Drop-off** is 8:00-8:25am for grades 1-5.  
Morning TK/K begins promptly at 8:20 am,  
Afternoon TK/K begins promptly at 11:00am.

Each morning when the **8:25am TARDY BELL rings**, staff members will be at each entry gate to give out tardy slips and teachers will send any student not in class or on their line to the office for a tardy slip.

**Pick-up** is 2:35 pm for grades 1-3.  
Grades 4-5 is 2:40 pm. Afternoon K is 2:35 pm. **No staff** is available to watch students **before** 8:00am and **after** 3:00pm.

**Students need to be picked up by 3:00pm.**  
If you need supervision after 3pm, child care is available on campus for a fee. Please call our Family Services at 951-304-1623 for more information if you are interested in before or after school child care.

### Safety in the Loop

Please remember to keep moving up in the loop as cars leave and do not leave your car unattended. Our goal is to keep our children safe!



**Give your child the best start to the day— Be a H.E.R.O.**

**Here, Everyday, Ready, On time**

Remember, the bell rings to line up at 8:20 am each morning for grades 1-5. Please be sure to drop your children off at school on time. Prompt attendance is crucial to maximize student learning. Arriving to school just five minutes late each morning adds up to nearly *three full days* of missed instruction over the course of the school year! Thank you for your support.



## Box Top Contest

Remember to turn in your Box Tops.

The next contest has started.

The winning classroom from each grade will win the opportunity to play a nation ball game with Mrs. Randel and Mr. Curtis.

**Next contest ends 2/22/19**

**Who is going to win?**

[Check the Box Tops for Education website](#)

## Celebration Policy

Per MVUSD policy regarding food allergies, any food brought on campus to be shared with other students needs to have prior approval from school personnel.

As an alternative suggestion to food for student celebrations (i.e. birthdays), you may donate a book to the classroom or school library honoring your student.

Another idea is to bring in a goody bag (**with no food items**) or a **non-food treat** for each student in the class.

Thank you for adhering to this policy for the safety of all students and staff.



## Field Trip Chaperones and Volunteers

All volunteers and chaperones must register in the office and get their tag **BEFORE** they may volunteer in a classroom or chaperone on a field trip. Please bring your government issued ID as the office needs to run it through the RAPTOR system **each time you volunteer or are on campus.**

Thank-you for taking the time to volunteer!

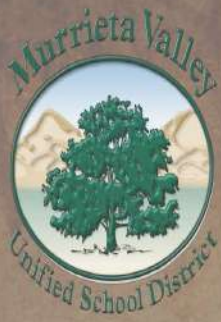






# Buchanan Elementary

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>  <div>February 8th PreK - 2nd Grade 5:30-7:00pm 3rd - 5th Grade 7:30-9:00pm</div> </div> <div>  <div>February 22nd PreK - 2nd Grade 5:30-7:00pm 3rd - 5th Grade 7:30-9:00pm</div> </div>					1 Spirit Assembly 5th Grade Band Harmony Choir 4th Grade Recorders	2
3	4 Early Release	5 Running Club 100th Day of School	6 5th Grade Band Coffee and Conversation with EL families	7 Running Club Drama Club	8 5th Grade Band Harmony Choir 4th Grade Recorders Mother/Son Dance	9
Turn in Reading Logs this week to the library						
10	11 Early Release Jump Day for TK/K students  ELPAC Testing Begins	12 Running Club 6pm Kindergarten Love Bug Show at Murrieta Mesa HS  Jump Day for 1st— 5th grade students	13 5th Grade Band PTA Cook's Night Off at Extreme Frozen Yogurt  District's Social Emotional Supports Fair at VMHS	14 Running Club Drama Club  	15 President's Day Holiday—No School  	16
17	18 President's Day Holiday—No School  	19 Running Club	20 5th Grade Band	21 Running Club Drama Club	22 5th Grade Band Harmony Choir 4th Grade Recorders Father/Daughter Dance	23
24	25 Early Release	26 Running Club	27 5th Grade Band	28 Running Club Drama Club		



# Annual Social-Emotional SUPPORTS FAIR

**WEDNESDAY, FEBRUARY 13<sup>TH</sup>, 2019 – 6:00PM UNTIL 8:00PM**

*"Learn to Navigate the Community to find Supports for Social-Emotional Health"*

## Participating Agencies...

A Step in the Right Direction  
Alternatives to Domestic Violence  
CoParenting Solutions  
Inland Regional Center  
Kids Court and Counseling Center  
Loma Linda Behavioral Medical Center  
MFI Recovery Center  
Novell and Novell Counseling Services  
Project 99  
Riverside University Health System  
SAFE Alternatives for Everyone  
Victor Community Support Services  
and our special partner...



*Pack up the whole family  
and join us for a time of fun while  
meeting local agencies and  
vendors who support the  
social and emotional well-being  
of our children, teens,  
and young adults.*



## Location:

**VISTA MURRIETA HIGH SCHOOL**

28251 Clinton Keith Rd, Murrieta, CA 92563



The entrance to the fair will be through the doors of the **Performing Arts Theatre** indicated by the **RED** arrow on the map above. Look for signage directing you to both the designated parking areas and to the event itself.





## Free ESL Classes

Learn to Read, Write, and Speak English

Mt. San Jacinto College Adult Education is partnering with Murrieta Valley Unified School District to offer **Free** ESL classes!

Our ESL classes will provide you with fun activities to practice real life conversations and situations. You will develop your listening, speaking, reading, and writing skills. You will learn skills to help you reach your goals in education and employment.



**Rail Ranch  
Elementary School**

25030 Via Santee Rd.  
Murrieta, CA 92562



**ESL Multi-Level**

Tuesday / Thursday  
Jan 29 - May 21  
8:30AM-12:30PM

### Important Information

- Registration occurs in class during the weeks of January 29—February 7
- Early registration will not be taken at Rail Ranch Elementary School
- Bring your friends! However, due to high demand, all classes are offered on a first-come, first-served basis
- Students will be evaluated to determine their level at time of registration



**MSJC Continuing Education**

For more information call (951) 487-3707 or visit our webpage at [msjc.edu/adulted](http://msjc.edu/adulted)



## Clases gratuitas de inglés como segundo idioma

Aprenda a leer, escribir y hablar inglés

El departamento de educación para adultos de Mt. San Jacinto se está asociando con el Distrito Escolar Unificado de Murrieta Valley para ofrecer clases de inglés como segundo idioma **¡gratis!**

Nuestras clases de inglés como segundo idioma le proporcionarán actividades divertidas para practicar conversaciones y situaciones de la vida real. Desarrollará sus habilidades de comprensión auditiva, expresión oral, lectura y escritura.

Aprenderá habilidades que le ayudarán a alcanzar sus metas en educación y empleo.



**Escuela Primaria  
Rail Ranch**

Salón 168  
25030 Via Santee Rd.  
Murrieta, CA 92563



**Inglés como segundo  
idioma multinivel**

martes y jueves  
29 de enero - 21 de mayo  
8:30AM - 12:30PM

### Información importante

- Las inscripciones se llevarán a cabo en clase durante las semanas del 29 de enero al 7 de febrero
- **No** se aceptarán inscripciones hechas con anticipación en la Escuela Primaria Rail Ranch.
- ¡Traiga a sus amigos! Sin embargo, debido a la alta demanda, todas las clases se ofrecerán conforme al orden de llegada.
- Los alumnos serán evaluados para determinar su nivel en el momento de inscribirse.



**Educación Continua de MSJC**

Para más información o si tiene cualquier pregunta, llame al (951) 487-3707 o visite nuestro sitio de internet en [msjc.edu/adulted](http://msjc.edu/adulted)