

Physical Education Syllabus

THE SPARTAN CODE

Spartans value honor and courage, embrace the code, and put service to others before individual needs.

SPARTANS

- *Are kind and respectful to others.*
- *Are dressed appropriately.*
- *Use language that is honorable and worthy of pride.*
- *Are on time and ready for the task at hand.*
- *Strive always for excellence through:*
 - *Superior performance in academics, athletics, & arts*
 - *Excellence in character and behavior*
 - *Willingness to serve the community*
 - *Acceptance of personal responsibility*

MBJH PHYSICAL EDUCATION DESCRIPTION:

Is a course designed to facilitate the cognitive, physical, social, and emotional development of every participating student. The main focus of physical education is to establish the utilization of sports and life skills to improve the quality and longevity of life.

MATERIALS

1. MBJH uniform

- a. Shorts (\$25.00) – Purchase through school
- b. Shirt (\$15.00) – Purchase through school
- c. White or Black Solid Athletic Socks
- d. Athletic Shoes

* Students WITHOUT proper footwear WILL NOT participate in the class activity. These students will be walking during the class time.

* Students WITHOUT proper footwear WILL LOSE points for that day.

* ON THE THIRD DAY of improper footwear the students will be assigned DETENTION.

-- Starting over only at the beginning of second semester weeks

2. Locker Maintenance Fee and Activity Fee (\$10.00)

GRADING

Daily Points

Regular Day

Participation and Behavior	4 Points
Dressing Out	1 Point

Long Day

Participation and Behavior	8 Points
Dressing Out	2 Point

Project Points

Disclosure Document	20 Points
Bowling	20 Points
Dance Performance	20 Points
Fishing Assessment	20 Points

PHYSICAL EDUCATION'S POLICIES AND PROCEDURES:

1. NOTES/PARTICIPATION:

* Students WILL participate if they forget their uniform. Everybody WILL participate in physical education EVERYDAY except for the following reasons:

- *Notes from home:*
 - Do not dress out. Only TWO days are allowed PER SEMESTER.
 - Students will be expected to observe the daily lesson and will be responsible for the daily information.
- *Notes from doctor*
 - Do not dress out. Students with doctor's notes longer than a week will have a plan designed by the student's physical education teacher, counselor, and parent. Doctor's notes must have a start and end date (until further notice will not be accepted).
 - *Doctor's notes will not be accepted from the parent, who is a doctor.*
 - Students will be expected to observe the daily lesson and will be responsible for the daily information.
 - Students will be allowed to complete any make up work per the guidance office referral.
- *No Shoes*
 - Students will not participate in the daily lesson and will lose ALL of their daily points. These students will be walking during the class time.

2. UNIFORMS:

* The students MUST have their OWN MBJH uniform. The uniforms will be checked periodically. Violating the rule will result in DETENTION. This goes for uniforms where the name has been MARKED OUT and their name has been written over or on top of the marked out name.

3. LOCKERS/LOCKER ROOM:

- All students will be responsible for remembering their combination, putting uniform away, and securing their locker.
- Items not secured in locker will be taken to the lost and found.
- Students will receive a warning for items not locked in locker. The second violations will result in DETENTION
- There will be NO EATING AND DRINKING in the locker rooms
 - When policy is broken students will lose all points for that day, and will be given locker clean up duty.

4. TARDIES:

The students will be tardy to physical education if they are not seated and ready to participate by FIVE minutes after the tardy bell.

- On the fourth tardy, two days of detention are assigned.
- On the fifth tardy, four days are assigned
- On the sixth tardy, a parent conference is held
- On the seventh tardy, the student is suspended.

5. GUM

GUM IS NOT ALLOWED... Students will be assigned DETENTION for chewing gum.

6. CLASS DISMISSAL:

Students must be in the gym or locker room until the bell sounds. Violation will result in DETENTION.

7. ELECTRONIC DEVICES:

NO Electronic devices will be allowed in the gym or locker rooms. Violations will result in DETENTION and the devices will be taken to an administrator office.

PARENT/STUDENT SIGNED FORM

I have thoroughly read and understand the procedures outlined in the physical education disclosure document presented by the physical education department.

PERIOD: _____

DATE: _____

TEACHER: _____

STUDENT'S SIGNATURE: _____

PARENT'S SIGNATURE: _____