



### T.I.S. Digital Backpack

October 29, 2018

#### PRINCIPAL'S CORNER

#### **Unity Day**

Thank you to the entire T.I.S. Community for participating in our first Unity Day. The school was brightly adorned with the color orange as students and staff wore orange to show our support and solidarity in our stance against bullying. Thank you to our wonderful counselor, Mrs. Ashly Bishopric for organizing our community Unity Day.



#### **Results from the Hawks Against Hunger Food Drive**

We would like to take a moment to thank everyone for your participation in Hawks Against Hunger! Our Tolland Intermediate School Community collected SO much food to donate to the Tolland Food Pantry. In total, our community collected 1,083 items (approx. 40 boxes of food). Special thanks to students in Mrs. Bishopric's community service WIN block who helped promote and organize our food drive.

And now to announce the top contributing homerooms:

In fifth place overall... Mrs. Williams' Class!

In fourth place... Mrs. Cyr's Class!

In third place... Ms. Yaglowski's Class!

In second place... Mrs. Arner's Class!

And finally, the overall winner who will be able to choose a whole class Hawk reward is... Mrs. Grabowski's class!



#### **Results from the Box Tops Collection Contest:**

The following three students will be receiving a \$15 SPARE TIME gift certificate courtesy of the Tolland Elementary PTO:

Grade 5 – Tyler Faria (Mrs. Jensen)

Grade 4 – Aubry Peters – Mrs. Hurley

Grade 3 – Evan Martens (Mrs. Fischer)

Congratulations to the winners and a big THANK YOU to all the students and parents that helped the PTO raise over \$1,000 this fall.



#### T.I.S. CALENDAR

#### October

| 26        | EARLY RELEASE                   |
|-----------|---------------------------------|
| 29        | BOOK FAIR BEGINS (THRU 11/2)    |
| 29        | SIKOSKI, FISCHER TO CHARTER OAK |
| 31        | WILLIAMS, CYR AND SOLET TO      |
|           | CHARTER OAK                     |
| NEW DATE! | WACKY TACKY DAY MOVED TO 10/31  |

#### November

- 1 PARENT/TEACHER CONFERENCES (EARLY RELEASE)
- RELEASE)
  2 PARENT/TEACHER CONFERENCES (NO SCHOOL

# The annual TIS **Wacky Tacky Day** has been moved to:

WEDNESDAY, OCTOBER 31st

Dress your in you wackiest and tackiest attire. Please, no costumes!

### **News from Student Services**

#### Who is the School Counselor?

Hello! My name is Ashly Bishopric and I am the School Counselor at Tolland Intermediate School. I can be reached at (860) 870-6885 ext. 40905, or <a href="mailto:abishopric@tolland.k12.ct.us.">abishopric@tolland.k12.ct.us.</a>



#### What does a school counselor do?

Elementary school counselors implement a comprehensive school counseling program which addresses standards in the personal/social, academic, and career domains. Through classroom lessons, small groups and individual counseling services, school counselors help students develop decision-making, communication and life skills, as well as character values.

#### **Classroom Guidance**

All students will participate in classroom guidance throughout the school year. Each homeroom will participate in guidance classes approximately once per month. Topics include:

- Problem solving and conflict resolution
- Bullying prevention
- Goal setting and academic success skills
- Career awareness, exploration and planning
- · Peer relationships, coping strategies and social skills
- Teamwork, responsibility and kindness



#### Small Group Counseling/Individual Counseling

Students are referred by parents or school staff to participate in individual counseling or small group counseling. Individual counseling is typically offered on a short-term basis (6-8 sessions). Small group counseling is based on teacher and parent referral and usually lasts 6-8 weeks. If you believe your child may benefit from a small group or individual counseling, please feel free to reach out!

## **Guidance Classes**

#### **Third Grade**

In third grade guidance, students learned all about their school counselor, Mrs. Bishopric. The school counselor is here to provide support to your children. Students were encouraged to make an appointment with Mrs. Bishopric if they are having difficulties with friends, family, school, or themselves.



Third grade students will also be participating in the Bullying Prevention Unit Second Step curriculum through guidance classes. In the introductory lesson, students will be reviewing rules that will help everyone feel safe and respected (our HAWK community expectations). Objectives for this lesson include identifying safe and respectful actions and words that help students follow class rules, and connect following class rules with helping everyone feel the way they want to feel in class.

In Lesson One of the Bullying Prevention Unit, students will learn that bullying is mean or hurtful behavior that keeps happening. It is unfair and one-sided. Recognizing bullying is the first step in getting it to stop. Third grade students will complete this lesson in October and November.



#### **Fourth Grade**

In fourth grade guidance this year, students will also be participating in the Second Step Bullying Prevention Unit. In the introductory lesson, students learned that being a respectful student helps everyone stay safe and be a better learner. In addition, students learned that being a responsible student helps create a calm, focused classroom climate where everyone can learn.

In Lesson One of the Bullying Prevention Unit, students will begin to understand that bullying is different from conflict. Students will recognize and identify different types of bullying behaviors and understand that there are different ways to refuse to let bullying happen. In addition, students will demonstrate assertively reporting and refusing bullying. Students will complete lesson one in October and November.

#### Fifth Grade

In fifth grade guidance this year, students will also be participating in the Second Step Bullying Prevention Unit. In Lesson One of the Bullying Prevention Unit, students learned that bullying is mean or hurtful behavior that keeps happening. It is unfair and one-sided. At the end of the lesson, students were able to understand that bullying differs from conflict, recognize and identify different types of bullying behaviors, understand that there are different ways to refuse bullying, and demonstrate assertively reporting and refusing bullying. Fifth grade students will complete lesson one in October.



In Lesson Two of the bullying prevention unit, fifth grade students will learn about the concept of bystanders, and will identify ways that bystanders can help stop bullying. Lesson two will be completed in November.

# **Hawk Community Student Ambassadors**

Introducing our new group this year! The group formerly named "Student Council" will now be called the Hawk Community Student Ambassadors! Our Student Ambassadors will be serving as student leaders, who will be leading various school-based projects throughout the school year. Each homeroom has chosen two students to be student ambassadors. Our focus will be on kindness, leadership, and promoting and practicing our Hawk expectations. 5th grade Student Ambassadors will also represent our school as

leaders for our second grade visits in the Spring. Our first Student Ambassadors meeting will be held October 22nd, during each grade level's lunch time.



# **5th Grade WIN Block: Community Service**

Students assigned to the 5th grade Community Service Friday WIN block have been working with Mrs. Bishopric to complete our first whole-school community service project for the year. This group did an amazing job leading <a href="Hawks Against Hunger">Hawks Against Hunger</a>, our annual food drive to benefit the Tolland Food Pantry. WIN Block students spent time learning about why community service is important. We spent time making posters, writing morning announcements, and even writing, directing and starring in a commercial to promote our food drive that was viewed by our entire school community! Students also helped deliver boxes to homerooms to collect food, as well as picking up donations from each homeroom each day and keeping track of how many items were collected. It has been wonderful to see how excited students get when helping others in our community!



# **Helping Kids Cope with Stress**

(Adapted from <u>www.kidshealth.org</u>)

To adults, childhood can seem like a carefree time. But kids still experience stress. Things like school and their social life can sometimes create pressures that can feel overwhelming for kids. As a parent, you can't protect your kids from stress — but you can help them develop healthy ways to cope with stress and solve everyday problems. Kids deal with

stress in both healthy and unhealthy ways. And while they may not initiate a conversation about what's bothering them, they do want their parents to reach out and help them cope with their troubles.

#### Here are a few ideas:

Notice out loud. Tell your child when you notice that something's bothering him or her. If you can, name the feeling you think your child is experiencing. ("It seems like you're still mad about what happened at the playground.") Be sympathetic and show you care and want to understand.



Listen to your child. Ask your child to tell you what's wrong. Listen attentively and calmly — with interest, patience, openness, and caring. Avoid any urge to judge, blame, lecture, or say what you think your child should have done instead. The idea is to let your child's concerns (and feelings) be heard. Try to get the whole story by asking questions like "And then what happened?"

Comment briefly on the feelings you think your child was experiencing. For example, you might say "That must have been upsetting," "No wonder you felt mad when they wouldn't let you in the game," or "That must have seemed unfair to you." Doing this shows that you understand what your child felt, why, and that you care.

**Put a label on it.** Many younger kids do not yet have words for their feelings. If your child seems angry or frustrated, use those words to help him or her learn to identify the emotions by name. Putting feelings into words helps kids communicate and develop emotional awareness — the ability to recognize their own emotional states.

Help your child think of things to do. If there's a specific problem that's causing stress, talk together about what to do. Encourage your child to think of a couple of ideas. You can start the brainstorming if necessary, but don't do all the work. Your child's active

participation will build confidence. Support the good ideas and add to them as needed.



Listen and move on. Sometimes talking and listening and feeling understood is all that's needed to help a child's frustrations begin to melt away. Afterward, try changing the subject and moving on to something more positive and relaxing. Help your child think of something to do to feel better. Don't give the problem more attention than it deserves.

Limit stress where possible. If certain situations are causing stress, see if there are ways to change things. For instance, if too many after-school activities consistently cause homework stress, it might be necessary to limit activities to leave time and energy for homework.

Just be there. Kids don't always feel like talking about what's bothering them. Sometimes that's OK. Let your kids know you'll be there when they do feel like talking. Even when kids don't want to talk, they usually don't want parents to leave them alone. You can help your child feel better just by being there — keeping him or her company, spending time together. Take a walk, watch a movie, shoot some hoops, or bake some cookies. Isn't it nice to know that your presence really counts?

Be patient. As a parent, it hurts to see your child unhappy or stressed. But try to resist the urge to fix every problem. Instead, focus on helping your child, slowly but surely, grow into a good problem-solver — a kid who knows how to roll with life's ups and downs, put feelings into words, calm down when needed, and bounce back to try again.



Parents can't solve every problem as kids go through life. But by teaching healthy coping strategies, you'll prepare your kids to manage the stresses that come in the future.



### Happy Fall from the nurse's office!

Hope everyone is enjoying our beautiful fall. We have been busy at the nurses' office with allergies, colds, stomach bugs. Illness with common viruses can be prevented or lessened with healthy handwashing practices.

Here is a link to the CDC with great information on preventing the spread of germs.

https://www.cdc.gov/handwashing/show-me-the-science-handwashing.html

As the weather is getting colder or more blustery we recommend warmer attire for outdoors. During recess we do see kids shivering outside and coming in from recess.

I also wanted to share some important links that may help parents as the year progresses:

Tolland Intermediate School Nurse's information for absences and calls and helpful links

http://www.tis.tolland.k12.ct.us/contacts /nurse

Medication administration in schools

http://www.tis.tolland.k12.ct.us/contacts\_/nurse/medication\_administration\_in\_school

Guidance for excused and unexcused absences

http://www.attendanceworks.org/wp-content/uploads/2017/08/CT-

guidelines\_excused\_and\_unexcused\_absences.pdf

Head lice facts (This is the time of year we see cases)

http://www.tis.tolland.k12.ct.us/contacts\_/nurse/head\_lice\_fact\_sheet\_for\_parents\_guardians

Headlice Clinics of America services website (services families for a cost and has a guarantee

https://www.lcaconnecticut.com/glastonbury-one-hour-lice-removal/

# **Band Home Practice Log**

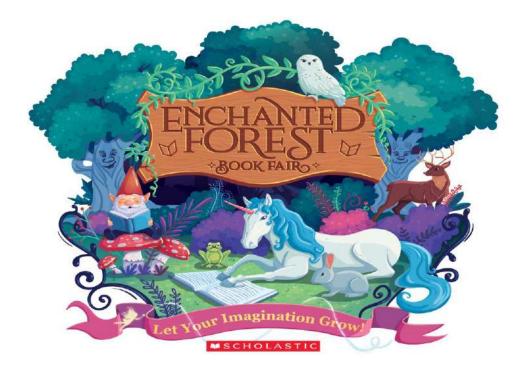
Inside front cover of:

# Red Book 1 Standard of Excellence Goal: 60 minutes per week

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | Total | Parent<br>Initial |
|--------|---------|-----------|----------|--------|----------|--------|-------|-------------------|
|        |         |           |          |        |          |        |       |                   |
|        |         |           |          |        |          |        |       |                   |
|        |         |           |          |        |          |        |       |                   |
|        |         |           |          |        |          |        |       |                   |



- Practice goal: Example: 10 minutes per day x 6 days = 60 minutes; 15 minutes x 4 days = 60 minutes
- 2. Write down # of minutes practiced each day. Use a "0" if you did not practice.
- 3. Write the total # of minutes: the Total should be 60 minutes or more.
- 4. Have your parent or guardian initial the log.
- 5. Plan for and maintain a regular home practice schedule.
- Questions? Concerns? Contact Mrs. Marchesani: nmarchesani@tolland.k12.ct.us 860-870-6885 x 40226



Permission to reproduce this item is granted by Scholastic Book Fairs

© 2018 Scholastic Inc. All rights reserved. 14835 F18 • 400015

# T.I.S. "Enchanted Forest" Book Fair Hours Save The Date!!

Monday, October  $29^{th} - 9:00am - 6:00pm$ Tuesday, October  $30^{th} - 9:00am - 6:00pm$ Wednesday, October  $31^{st} - 9:00am - 4pm$ Thursday, November  $1^{st} - 9:00am - 5pm^*$ Friday, November  $2^{nd} - 9:00am - 3:30pm^*$ 

\*open during parent-teacher conferences!



#### **Calling all Volunteers!!**

TEPTO is looking for volunteers to help students create wish lists and assist with student/parent purchases during the Fall Book Fair. If you are willing to help for an hour or two please see this online Sign-Up for details and to sign-up for the time that works best for you. Thank you in advance!

Sign-up to volunteer for TIS Enchanted Forest Book Fair: <a href="http://signup.com/go/rNFBzps">http://signup.com/go/rNFBzps</a>



MOMS CLUB OF TOLLAND, STAFFORD, STAFFORD SPRINGS & UNION

# TRUNK OR TREAT

### At Crandall's Lodge

Come join us for our annual Halloween party and meet the MOMS Club of Tolland, Stafford, Stafford Springs & Union.

Email us if you would like to decorate your car at tollandmomsclub@gmail.com, or just come to get the

Trunk-or-treating will begin at 5:30pm in the paved parking lot, and we will have food and crafts inside!

This year we will be supporting Connecticut Children's Medical Center by collecting new toys for the children there.

Please park in the dirt lot for general parking. The paved lot next to the lodge will be only for cars participating in the trunk or treat, in order to keep this event as safe as possible. Monday, 10/29 5pm-7pm

120 Cider Mill Road, Tolland CT

Safe event for the whole family!

Host a trunk!

Bring an unwrapped toy donation for CCMC!

Interested in becoming a member of our MOMS Club? Join us at our open house at the Tolland Library 11/9 from 1030-1130 to see what our club is all about!

tollandmomsclub@gmail.com

Email us if you would like to meet us at another event!



# SAAC-O-LANTERN



All elementary school children welcome!

Trick-or-treating, games, and activities!





Featuring student-athletes from all sports!

UCONN Huskies Community Initiative



When? 10/29, 6:30-8:00 PM (kick-off at 7:00)
Where? East Entrance of Gampel Pavilion



All proceeds go to the American Foundation for Suicide Prevention \*Donations are accepted\*

Questions? Email: saac.huskies@gmail.com

Dear Parents/Guardians,

As Veterans Day approaches, we would like to honor those brave Americans who have served in the United States military by inviting your family to share precious memories of loved ones. The origins of Veterans Day can be traced to 1954 when President Dwight D. Eisenhower signed a bill proclaiming November 11<sup>th</sup> as Veterans Day. The President called upon Americans everywhere to rededicate themselves to the cause of peace. He issued a Presidential Order directing the head of the Veterans Administration, now the Department of Veterans Affairs, to form a Veterans Day National Committee to organize and oversee the national observance of Veterans Day. Veterans Day is intended to thank and honor all those who have served honorably in the military - in wartime or peacetime. In fact, Veterans Day is largely intended to thank living veterans for their service, to acknowledge that their contributions to our national security are appreciated, and to underscore the fact that all of those who served have sacrificed and done their duty.

With your help and support, we would like to create a display to honor the veterans in our community. Attached you will find a very short form that will provide a snapshot biography depicting the service that your loved one provided to our nation. Additionally, if you have a picture of your loved one, please attach a copy of it in the space provided. For those families who wish to participate, but do not have a loved one who served in the military, you can help by creating a thank you card for veterans who have served or for a member of the military who is currently serving our nation. All of the cards that are received will either be sent to the American Red Cross program entitled Holiday Mail for Heroes or to the Veterans Medical Center in Newington, Connecticut. We have provided you with an example of a card on the back of this letter to use as a model. Please return your biographies and cards to your teacher by Monday, November 5, 2018. Thank you for your support of this worthy project.

Sincerely,

Jim Dineen Tolland Intermediate School

http://www.redcross.org/support/get-involved/holiday-mail-for-heroes



# Happy Veterans Day

Thank you for the sacrifices your family has made in the service of our country.

We as a nation stand beside you to strengthen you and your loved ones.

# **EXAMPLE**

#### **VETERANS DAY OBSERVATION ACTIVITY - DIRECTIONS FOR COMPLETION**

- 1.) Complete the name of your hero.
- 2.) Describe the military branch that they served in or are currently serving in.
- 3.) What do you want other people to know about your loved one?
- 4.) If you have a picture, please attach a copy of it. The picture should be placed inside of the star and will not be returned to you.
- 5.) If you do not have a picture, you may choose to draw a picture or write the name of your hero in the space provided inside of the star.
- 6.) Please complete and return to your teacher by Monday, November 5<sup>th</sup>.
- 7.) If you do not wish to complete the biography, perhaps you would consider a thank you card. Please find the directions for completion of a thank you card found in the attached letter.

# Detach and return by November 5, 2018. **Veterans Day Biography** Student Name Teacher\_\_\_\_\_ Name of Your Hero MY HERO What branch of the U.S. military did they serve in? What would you like people to know about your loved one?

#### STOP AND SHOP REWARDS PROGRAM FOR

#### **TOLLAND INTERMEDIATE SCHOOL, ID #07843**

Welcome back to the start of a new school year and to a new year of A+ School Rewards! This year's A+ Program runs from September 7, 2018 through March 16, 2019.

Our school <u>Tolland Intermediate School</u>, ID#: 07843 has the opportunity to participate in and earn CASH from A+ School Rewards, a great fundraising program run through your local Stop & Shop!

<u>PLEASE NOTE</u>: You DO NOT need to re-register your card if your school selection(s) remains the same as last year.

#### **New Supporters or Existing Supporters Wishing to Make Changes:**

- Beginning August 3, 2018, visit stopandshop.com and select SIGN IN at the top right to log into your online account. Once logged in, select MY ACCOUNT, MANAGE MY ACCOUNT, then REWARDS & SAVINGS to select your school.
- If you do not have an online account, visit <u>stopandshop.com</u> and click **REGISTER**. Follow
  the prompts to create your online account. Once logged in, follow the instructions
  listed above.
- You'll need your 13-digit STOP & SHOP CARD number and the School ID # OR, if you need assistance call 1-877-366-2668 OPTION #1

#### **To Earn Points:**

- Use your registered STOP & SHOP CARD each time you shop at any Stop & Shop, and you
  will earn CASH for our school. You can confirm your school selection by logging into your
  account.
- At the end of each month, your points are calculated and converted to CASH rewards.
   These CASH rewards for our school are updated hly. You can track our progress when you sign in to your online account.
- Our school will receive one CASH rewards check at the end of the program and can use this cash for any of our educational needs.

Also, please encourage your family members and friends to support our school. This could result in more CASH REWARDS! Thank you for supporting our school.

**UPDATE:** As of 10/17/2018 your school has:

- Earned a total of 189,350 Education Express points
- 189,350 Education Express points are currently available
- 113 shopper(s) have designated your school to receive their points

#### C.E.R.T. Training Schedule Announced

You are invited to join your friends and neighbors as they participate in Community Emergency Response Team (C.E.R.T.) training classes. Tolland Emergency Management is pleased to announce the newest C.E.R.T. class training schedule:

5\* – Tuesday Classes: 6:30 pm to 9:00 pm

February 20th, March 6th, March 20th, March 27th, April 3rd

and

3\* - Saturday Classes: 8:00 am to 12:00 pm

February 17th, March 3rd, March 17th

\*Please Note: Participants must attend all classes

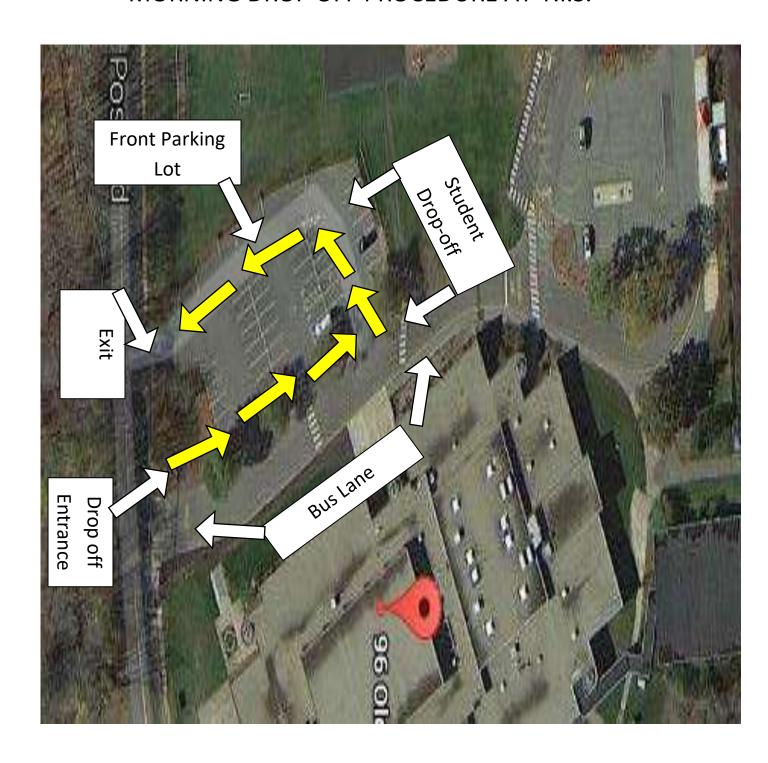
C.E.R.T. participants learn valuable skills such as: How to recognize hazards that are most likely to affect your home, workplace, and neighborhood, steps you can take to prepare for a disaster, identifying and reducing potential fire hazards in your home and what to do when disaster strikes.

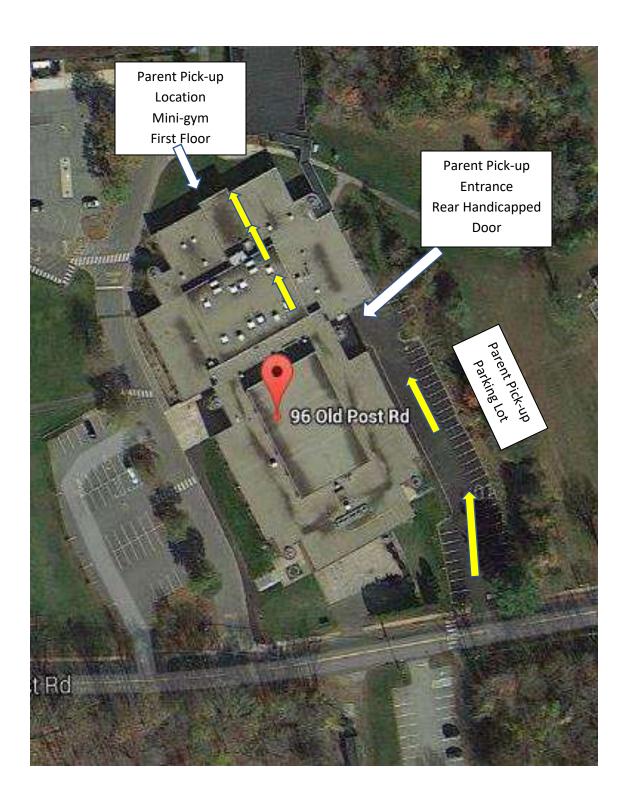
C.E.R.T. participants also learn how to: Assist Emergency Management and First Responders in meeting the needs of the community during disasters and learn to be part of an important team serving the community.

If you are interested in this exciting opportunity please email <a href="mailto:btanner@tolland.org">btanner@tolland.org</a> with your name, address and telephone number to reserve your seat. Class size is limited, be sure to reserve your seat by February 14th.

All classes will be held at the Tolland Fire Department Training Center located at 191 Merrow Road, Tolland, Connecticut.

### MORNING DROP OFF PROCEDURE AT T.I.S.





# Friday Fun Days

Looking for something fun and safe for your child to participate in during the scheduled Friday half days? The Tolland Recreation Department has the program for you. Come and join us for games, crafts, and more. Open to boys and girls in grades 3rd – 8th. We are happy to be able to offer this program as an alternative to your child going home alone.

Our program runs out of the Recreation Center and participants will be met at the Tolland Intermediate School and be walked up to our building. Program participants will have the opportunity to work on homework, enjoy some quiet time, have a snack and then expend energy participating in games and sports either in the gym or outside.

Instructor: Tolland Recreation Staff

Day: Fridays

Date: October 26, 2018

December 7, 2018 December 21, 2018 January 11, 2019 February 1, 2019 February 22, 2019 March 22, 2019 April 5, 2019 April 26, 2019 May 10th, 2019

Time: School Dismissal-6:00pm

Ages: Grades 3–5 and 6-8; Tolland residents only

Fee: \$30.00 per day; register online at www.tollandrec.com

Location: Tolland Recreation Center



# www.tollandrec.com

# CHIL DREN'S MUSEUM

247 South Main Street Manchester, CT 06040 860-643-0949 www.LutzMuseum.org

#### **MUSEUM HOURS**

Tursday=Friday 9.00AM=5.00PM Seturday=Sunday 12.00=5.00PM

#### CLOSED

Thunkagiving - Thursday, Nevember 32

#### **MUSEUM ADMISSION**

| Mambara  | <br> | Fran   |
|----------|------|--------|
| Adulta   | <br> | \$7,00 |
| Children |      | \$7.00 |

#### MUSEUM STAFF

But Brisel Security Course water (\$1,400,000,000,00)

Lauren Pripr Bilinden Deurstrater Brier Stelemannung

Fanger Hell Are Separate Insuran Chambers and

Photodo Dearing Interior Fragient Measter rates in Control on the

teleser Bopte Floris Fregrent Browner (paper) Rate Pervises Voter James Pengar Standard Sciences Surger

Breds Virtuals Program Panager process (Systemseum erg.

Author Eate Author Little Whiteen Broth Annu Pregnan Saft

> Brian Gellielli Jan Hambeire Leans Planen Belliel Saft

#### BOARD OF TRUSTEES

Officers
Ballo Virtuality
Positive Rudols
Vis Positive
Positive Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Positive
Po

Section

Ex Omilia

Hambars-Ni-Large Plants Alejandra Jati Garrey Bill Garley Cantilas India Juny Radibas Santa Ballons



FALL 2018

#### BOSTON TRIP

join as for a fee day in Saan Town, Comfortable expenses your will betreport you to the Sector Children's Placeary, where these with a restarcial

manipurable darid will receive helf-orige estimates. Then My a cleanant work stone Agrees. Where to the Pow Seatend Assertion and Colory Harles.



Naisc and lasve the drivine to us! Only 920 our payses for door-to-door transportation, Departs Planchester 9:00 AM, Departs Scoton 3:00 PM,

Sisterstay, October 27.

#### HALLOWEEN PARTY

Visit the museum in costume on Helicones for a Treat or healthr exact, alternative: Paint a free mini-currentle to take home and distance.

### POETRY

We are excited to assessment our methodological Peaters hitest at the manuary. This event revolutes as economical for incoming the states of sides and economic days. Economic revolutions to a baseline author. Contest days. Economic revolutions in a baseline author. Contest days. Economic revolutions are recommended to be accepted to the contest of the acceptance and age. And the title of their name. In our or the event is free and open to the outlier. Please just up as a conformation or and open to the outlier. Please just up as a conformation or an open to the outlier.

#### FAMILY PAINT AFTERNOON

Join on for an afternoon of hardy for and learn about Austrian previously cointer, Guetav Kürnt. Using aprofession statems rise will recreate your vary term admits of Kirnt's The Sunfavour with a solution of the program, creditors, and John. Radistration to excurred for this program, and space is firefeed. Your contribution by the mouseum and fees the decimal for the counter, and fees already to the measure. Please dress for a mass. Asso 2 and so, \$20 Mandaer for guess; \$26 Non-Namour (for one guess); \$27 Non-Namour (for one guess); \$28 Non-Namour (for one guess); \$20 Non-Namour (for one guess); \$20

#### SCHOOL AND COMMUNITY OUTREACH PROGRAMS

All of your favorite measure educators are contains to visit our actual or community consciously. The filteries state of the contains to the contains and the community of the contains to come for the contains at our metalts community, and or such as a substantial our metalts community, and or such as a substantial of the contains and the contains a contains a substantial of the contains and the contains and the contains and the contains a contains and the contains a contains and the contains an

#### HOT A HEMBER YET?

Receive the Remainder of \$218 free! Become a reciprocal member for only \$120. That includes yearshap free applications to LCPI, free classes, PLUS free or reduced admissions or LCPI, free classes, PLUS free or reduced admission of burnings of science applications and admission measures perfectly.

#### BLACK FRIDAY BLOWGUT!

Receive a 25% observed on all envelopes to the envelopes of the envelope of the and educations of the envelopes of the envelo



#### VOLUNTEER THANKSGIVING DINNER



All correct, past, and properties future manager valueties are invited to into an first a fractional Theologicities feat. This is fast one little way for us to tar "bhanks you" as all of the venderful excels with hore contributed their time to the research this rest. We have ever one hundred televisors who passed the manager in many different when the passed with the solution, the different when long with the solution, different work in

the offer, audit in clause, build soldlife, marker events, or releads traffs. Please contact Kate Playment at invertices@cateroscomons or 240-442-0147 First would like to ettend the director for two environments about heterologic reliables.

### Fall Classes at LCM

Classes are free with admission but they are on a first come first sorve basis, so please arrive on time! Hease dress your child in play clothes since many sotivities will be meany. Parents are not required to stay for classes, unless otherwise noted. Please advise us if your child has any food allurgies.

#### TODDLER & PRESCHOOL

#### ages 2-5

#### Art and Artifacts

#### The Most Extreme

Strongth, speed, behavior, anatomy; and sites are very appetite animal features. In this series, left work segether to discover the various animals that portray sources or unusual examples of these qualities.

Tuesdaye: September 11, 12, 25; October 2, 9, 16............ ID:00-10:45AM

#### Dancing a Story

Join us for Dancing a Story! Where a love for reading fairy tales and story books mosts stance and movement education. Each class will begin with a new story and follow up with games, movement activities, and a dance to match.

#### Puppetry

Each week will give your attident the opportunity to try their hand at a different form of Puppetry VM, will make shadow puppets, hand puppets, and not puppets. The end of each class will culminate in a brief leason in how to animate the puppet. Your attident gets to take a new puppet home after each leason!

#### Songs and Stories

What botter way to learn about animals than through song, dance, and theater! Together, we will sing and perform underwater, rainforces, and several thorness songs to learn about the blo of the animals that the three. Thursdays: September 13, 20, 27; Detoker 4, 11, 18....... 18:00-19:45AM



#### **Connecticut Animals**

#### Songs of Our Past

Let's explore Connecticus history through music and theatre! We will learn how this circle affected communities, confort the music used in the song and put it on stage for a final performance.

#### **SCHOOL AGE**

ages 5-10

#### The Most Extreme

Earth is a visit copense containing an array of ecceysterra, from the tallest mountain peaks to the darkest occur basin. Within these environments live some of the world's most fascinating, and dangenous, animals. Lock see how these wold animals stack up against survival by using extreme or unusual features portaining to strongth, speed, or behavior.

Tuestaps. 6:00-4:41PM September 11, 18, 25; October 2, 9, 16, 23, 30; Hovereber 6, 13, 20, 27

#### I Can Make My Own Tree ID Book

Treat are an integral part of our Connecticut occayatem. Each week we will explore arefacts from native treat and through soveral art processes we will create pages to our own treat identification book.







| Sanday                                   | Monday | Teesday  | Wednesday                                | Thursday  | Friday                     | Setorday |
|--|--------|--|--|---|----------------------------|----------|
| 2  | 3      | 4  | 5  |   | 1                          | ٨        |
| 0  | 10     | Most Entracte Age 2-2 (1892) Age 2-10 A0079              | 12<br>Danking a Story                    | 13 Songs & Stories<br>Ages Int. 180004<br>Art & Arthurs<br>Ages Int. 18079<br>Tree ID Book<br>Ages Int. 18079 | Puppetry<br>dge 1-6 -00660 | 15       |
| 16                                       | 17     | Most Extractor<br>Ages 5-3, 1885541<br>Ages 2-16, 168771 | Dancing a Story                          | 26 Songs & Stories Age 1-5, 1800AM Art & Artifacts Age 3-6, 1807M Tree ID Book Age 2-16, 4007M                | Puppetry                   | 22       |
| 23                                       | 24     | Most Extrama   | 26<br>Dancing a Story<br>Age 1-b. (SRIGH | 27 Songs & Stories Age 2-to 100000 Art & Artifacts Age 1-t 10000 True ID Book Age 2-11-100000                 | Puppetry                   | 29       |
| SO<br>FAMILY PAINT<br>AFTERNOON<br>2-4PM |        |  |  | SEPT  | EMBER                      | 2018     |

| Sanday | Monday | Teesday  | Wednesday  | Thursday   | Friday                     | Saturday              |
|--------|--------|--|--|--|----------------------------|-----------------------|
|        | 1      | Most Estrama   | 3<br>Dancing a Story<br>dga kili 1000001                   | 4 Songs & Stories Sprike 1900er Art & Artifacts Sprike 198 19870 True ID Book Sprike 198 19870               | Fuppetry<br>day in lesson  | 6                     |
| 7      | 8      | 9<br>Most Extrame<br>Age 24 (1994)<br>Age 211 Appre                | Dancing a Story  | 11 Sunga & Stories April A. 1800An Art & Artifacts April 10 18077 True ID Book April 11 18077                | Puppetry                   | 13                    |
| 14     | 16     | Most Extreme<br>dgm 1-2 (1955)<br>dgm 2-15 (1957)                  | Dancing a Story  | 18 Songs & Stories<br>Age-2-b 180004<br>Art & Artifacts<br>Ages 2-b 18074<br>Tree (D Book<br>Ages 2-b, 18074 | Puppetry<br>dyn his resser | 20                    |
| 21     | 22     | 25<br>CT Animals<br>Age 14 (8854)<br>Most Extrama<br>Age 115 (887) | Dancing a Story  | 25 Sangs of Past<br>don Fil. 1800am<br>Art & Artiflects<br>don Fil. 18070<br>Tree ID Book<br>don Fil. 18070  | 26                         | BOSTON<br>TRIP<br>RAM |
| 26     | 29     | CT Animals<br>age 0.0 (0000)<br>Most Estrama<br>age 1-15 400m      | 31 Danning a Story don t-0. 16000H  MALLOWEEN PARTY 12-3PM | OCT  | OBER 2                     | 2018                  |

#### **DIRECTOR'S COLUMN**

Farm Day was a huge success thanks to the support of our friends and supporters. The children and families who attended will remember the sunshine, animals, and music. Don and Sharon Fish invite us back to their beautiful farm each year. They work extra hard to prepare the farm and make enough ice cream to serve thousands of visitors. Over three hundred volunteers helped the museum staff at Farm Day. They served ice cream, directed traffic, guided hay rides, and assisted in a thousand other ways. Some of the volunteers came in groups like sports teams or community organizations. Others came by themselves, with a friend, or as a family. Local businesses and individuals helped to sponsor the event by providing financial support or in-kind services. Thanks to everyone who made this memorable event possible.

Best Regards, Bob reckert@lutzmuseum.org



NON-PROPET ORG. U.S. POSTAGE PAID HAPTPORD, CT PERMIT # 1754



FALL 2018

| Sunday | Monday | Tuesday  | Wednesday                            | Thursday   | Friday                              | Saturday |
|--------|--------|--|--------------------------------------|--|-------------------------------------|----------|
| ı      | NOVEM  | BER 201  | 8                                    | 1 Songs of Past<br>Ages 2-5; 10:00AM<br>Art & Artifacts<br>Ages 2-5; 3:00PM<br>Tree ID Book<br>Ages 5-10; 4:00PM                         | 2                                   | 3        |
| 4      | 5      | 6<br>CT Animals<br>Ages 2-5; 10:00AM<br>Most Extreme<br>Ages 5-10; 4:00FM  | Dancing a Story<br>Ages 2-5; 10:00AM | 8 Songs of Past<br>Ages 2-5; 10:00AM<br>Art & Artifacts<br>Ages 2-5; 3:00FM<br>Tree ID Book<br>Ages 5-10; 4:00PM                         | POETRY<br>NIGHT<br>6-7PM            | 10       |
| 11     | 12     | 13<br>CT Animals<br>Ages 2-5; 10:00AM<br>Most Extreme<br>Ages 5-10; 4:00PM | Dancing a Story Ages 2-5; 10:00AM    | 15 Songs of Past<br>Ages 2-5; 10:00AM<br>Art & Artifacts<br>Ages 2-5; 3:00PM<br>Tree ID Book<br>Ages 5-10; 4:00PM<br>Volumeer Dinner 6PM | 16                                  | 17       |
| 18     | 19     | 20<br>CT Animals<br>Ages 2-5; 10:00AM<br>Most Extreme<br>Ages 5-10; 4:00FM | Dancing a Story<br>Ages 2-5; 10:00AM | HAPPY THANKSGIVING! (museum is closed)   | BLACK FRIDAY<br>BLOWOUT!<br>9AM-5PM | 24       |
| 25     | 26     | 27<br>CT Animals<br>Ages 2-5; 10:00AM<br>Most Extreme<br>Ages 5-10; 4:00FM | Dancing a Story Ages 2-5; 10:00AM    | 29 Songs of Past<br>Ages 2-5; 10:00AM<br>Art & Artifacts<br>Ages 2-5; 3:00PM<br>Tree ID Book<br>Ages 3-10; 4:00PM                        | 30                                  |          |

#### **FRC October News**

All of our programs are up and running! Before and After School Care, Preschool, playgroups including enrichment Spanish and Art classes for children, English as a Second Language classes for adult learners, Childcare Provider trainings and on-line parenting classes. Wow, we are busy at the FRC.

Special thanks to The MOMS Club of Tolland, Stafford and Union and those that came out to support their Bake Sale and Craft Fair on September 15. Local Vendors joined us on the back blacktop at Birch Grove School! The MOMS Club and vendors will be sharing proceeds with the FRC. Together they raised \$1500 for local non-profits. \$750.00 will be donated to the FRC!! **Thank you so much** to all who came out to shop, the wonderful vendors and the hardworking members of the Mom's Club.

The Tolland Family Resource Center strives to help families receive the resources they need.

FREE online parenting classes sponsored by the Tolland Family Resource Center and Tolland Youth Services. Register at PeaceAtHomeParenting.com/Tolland-login TownPeace2018

The Lion's Club will be offering FREE Vision Screening. All children ages 1-6 are invited to be screened. It is fast, easy and non-invasive. PediaVision scans for astigmatism, misalignment of the eye, farsightedness, near sightedness, pupil and size anomalies in a 20 second scan. Nearly 20% of children ages 2-5 are found to have a problem that needs a referral for treatment.

It is recommended to screen every year! Call to sign up for a screening (860) 870-6750 x 30215 or drop in at the times and places listed below.

#### Open dates:

9/25/18 at the Tolland Public Library 11:00-2:00 PM after our Library /FRC playgroup 10/1/18 BGP at 9:45 AM after Monday Morning Fun Playgroup in the first grade hallway book room  $10/4/18 \approx 8:45-10:00$  AM BGP in the first grade hallway book room.

 $10/5/18 \sim 8:45-10:00$  AM BGP in the first grade hallway book room. Children attending Babies, Toddlers and Twos can be screened during playgroup time!

\*\*\* FRC preschoolers can have their vision screened during preschool time!

FRC offers FREE developmental screenings for all children ages 0-5 enrolled in our program as well as all Tolland residents. We have reserved several weeks for screening this year, the first being October 1-

**5.** We use ASQ (Ages and Stages Screening Tool) which is a parent-completed questionnaire that is used to screen general development in children in the first 5 years of development. This screening can be completed at home or at school with the support of myself or Karen Bradford. We are both Parent Educators. Please call for an appointment today, (860) 870-6750 x 30215.

#### Save the dates:

Our next Family event will be held on October 19<sup>th.</sup> Please join us for our Family Harvest Night 6:00-7:00 PM in the BGP Cafeteria. Children are invited to come and have fun dressed in child friendly/non-scary costumes (no masks please). There will be fun activities for all. Advanced registration is required, \$5 fee per family.

Planning ahead!! We are planning a Pot Luck and Art Show on Wednesday, November 14, 2018 from 6:15-7:30 PM at Birch Grove School. Last year we had quite a few young artists show there work! Hopefully this year will be just as successful. Watch for signups, as the time gets closer.

#### **Program Updates:**

All of our programs have been enjoying as much time outside with the children as possible. Please remember as the weather cools it is chilly outside on our playgrounds and fields. Please send children in sturdy footwear.

#### Reminders -

There are still a few openings to sign your child up for Tuesday, October 9, 2018. We will be open from 7:00AM-6:00PM. We will be going to Foster Farm from 12:00-3:00 PM.

Friday, October 26, 2018 is our first early release day. Only those children that are registered in the After School Program on Fridays are allowed to attend. Just as a reminder there are several early release days this year. Children that are registered for the day on which an early release falls may attend. Due to the high number of children, we will not be able accommodate any additional children. Students will be dismissed to the FRC at 12:50 PM. Pick up time is still 6:00 PM. There is an additional fee of \$10.00 for half days, it will be on your monthly bill.

November 2 – No School- Parent Teacher ConferencesFRC-SAC open advance registration required (Must have 15 children registered to open)

#### Before and After School Program (SAC)

Our before and after school programs at Birch Grove and TIS are off to a great start. Kim Evans has taken over as Group Leader Coordinator at Birch Grove, and is doing an amazing job. The children are doing a

wonderful job learning everyone's names. We are all enjoying getting outdoors when the weather cooperates. After our outdoor play the children have been enjoying their snack break. They also have time to do any homework that they may have and then they have free time to play games and have fun at different centers.

At TIS the children in both the before and after school program have started decorating the room and bulletin boards for fall. They have snack, then homework time or quiet activity time and then get outside or go to the gym.

If you have any concerns, please let us know. We are available to talk at pick up time or you can email Kim Evans at Birch Grove <a href="kevans@tolland.k12.ct.us">kevans@tolland.k12.ct.us</a> or call 860 870-6750 #6, or Carol Hiller at TIS (860) 870-6885 x 3 or <a href="chiller@tolland.k12.ct.us">chiller@tolland.k12.ct.us</a>.

Please remember to communicate with FRC when your child is absent or will be arriving late to FRC. The nurse, office and teachers at the schools do not tell the FRC when a child is absent or if they are staying after for detention, to participate in a club, or work with a teacher. It is your responsibility as parents to let us know!

You can email tollandfrc@tolland.k12.ct.us

or call Birch Grove (860) 870-6750 #6, or TIS (860) 870-6885 x 3

Reminder: tuition payments are due on the first of the month. Have you paid yours?

#### Preschool is off to a wonderful start!

Our 3's and 4's will explore fall, community helpers, fire prevention and pumpkins. The children are meeting new friends and learning classroom rules and routines.

The 3's have welcomed a new staff member, Mrs. Cecilia Klember. We are very excited to have Mrs. Klember join our FRC family as a staff member. Her children have all been involved in FRC programming.

#### **Preschool Enrichment:**

We welcome Ms. Laura Cassenti, "Mrs. C" to Preschool Enrichment as our long term sub. She is overjoyed to work with the children in the Preschool Enrichment program. She simply adores helping preschoolers learn through playing, although she also enjoys teaching people of all ages. For the past five years, Laura has been a substitute teacher in the Tolland Public School district, teaching preschool through high school. Prior to that, while taking some time off to raise her three children, she also volunteered teaching people of all ages about paleontology and natural history. She also spent time as an engineer and programmer, working in robotics. She hopes to use her prior experiences to help children learn about the world around them.

The children are doing a great job of knowing the daily routine and learning their new friends' names. All of the children are working and playing well together. We had a special enrichment visit from Two Right Feet, a father and daughter musical duo that bring music and literature to life! The children are excited to learn new things and explore the school.

If you have any questions or concerns please call Ms Cassenti at 860 870-6750 #6 or speak to her at the end of the day. You can also email Laurel Leibowitz at <a href="mailto:leibowitz@tolland.k12.ct.us">leibowitz@tolland.k12.ct.us</a>.

Our 4 year olds and Preschool Enrichment friends will have an in-house field trip from Lutz Museum on October 3.

### Playgroups are underway, but it is not too late to join!

Call to register today! (860) 870-6750 x 30215 This year we will be charging a yearly fee of \$25 for out of town participants.

Monday: 9:00-9:45AM Morning Fun at BGP PS with Miss Karen

Tuesday: FRC/Library Playgroup at the Library 10:15-11:15AM

Wednesday: Grow with Me for 2's and 3's 9:00-10:30 AM FULL

Little Chefs Cooking Fun 9:00-10:30 AM

Thursday: Artist in Me at BGP PS 1:30-3:00 PM

After School Adelante Espanol K-5 at BGP 3:30-4:30 PM FULL

Friday: Babies Toddlers and Twos at BGP PS 9:00-10:30 AM

#### **Community News:**

The **MOM's Club** is Hosting their annual trunk or treat it at Crandall Lodge on Oct. 29th from 5-7.

Come join us for our annual Halloween party including "trunk-or-treat" and meet the MOMs Club! Everyone welcome!

Sign up to decorate your car (send us a message if you want to host a trunk), or just come to get the treats!

Trunk-or-treating will begin at 5:30 in the parking lot, and we will have food and crafts inside!!

This year we will be supporting Connecticut Children's Medical Center by collecting toys for the children there. Please bring a new toy to donate! (No latex items.)

\*\*Please park in the dirt lot for general parking. The paved lot next to the lodge will be only for cars participating in the trunk or treat, in order to keep everyone safe! Thank you!

RSVP to and reach out to the MOMS club if you want to host a trunk!

Here is our facebook link: https://www.facebook.com/events/235896377269967/

#### A Message from Arts from the Heart:

Did you know that music learning starts before birth? Don't wait until school starts to begin your little one's musical journey! Classes are held in Tolland, Mansfield, Ellington, Manchester, Windsor and South Windsor. Call 860-338-3038 or e-mail jane@artsfromtheheart.net for more information!

#### Upcoming dates to keep in mind!!

#### October

October 1-5- **Free** Child Developmental Screening Week for ages 1 month to  $5 \frac{1}{2}$  years old. Call to schedule appointment 860-870-6750 ext. 30215.

October 1- Childcare Provider Training upstairs teacher's lounge 6:00-8:00 PM

October 2- Grade 1 Curriculum Night

Picture Day at TIS

October 3- Grade 2 Curriculum Night

October 4 and 5 Lion's Club Vision Screening 8:45-10:00 FRC

October 8- FRC Closed - Columbus Day

October 9- No school Faculty In-service FRC SAC open- advance registration required (Must have 15 children registered to open) Field Trip to Foster Farm

October 17- School Spirit Rainbow Day wear your favorite colors.

October 19- FRC Family Harvest Night 6:00-7:00 PM BGP Cafeteria

October 26-Early Release Day- Faculty In-Service: NO Preschool

Afterschool Program opens at the end of school for those children enrolled on Friday afternoons (additional \$10.00 fee)

October 29- MOM's CLUB Trunk or Treat 5-7 PM at Crandall Lodge

#### November

November 1 – Early Release Day – Parent Teacher Conferences

- Afterschool Program opens at the end of school for those children enrolled on Thursday afternoons (additional \$10.00 fee)

November 2 – No School- Parent Teacher Conferences

-SAC open advance registration required (Must have 15 children registered to open)

November 5 - Child Care Provider's Training 6:00-8:00 PM BGP (Nov. 12 reschedule date)

November 6 – Election Day.don't forget to VOTE!

Music Together Family Night with Miss Jane PS 3's and PS 4's 6:00-8:00 PM cafeteria/music stage

November 12- Veteran's day School in session

November 14- FRC Family Night Let's be Thankful Pot Luck and Art Show 6:15-7:30 PM (alternate date 11/15)

November 28- TERAC meeting 6:30-7:30 Media Center

November 21-23- No School FRC Closed-Thanksgiving

Thank you for sharing your children with us. FRC has an amazing, dedicated and talented staff! It is our joy to see your families grow! We are always looking for substitutes for our programs, so if you or someone you know enjoys working with wonderful children and staff, let us know! We have preschool (hrs. between 9:00AM -3:00 PM) before school (7:00-8:30 AM) and after school (3:15-6:00 PM) opportunities available. Please feel free to contact me at any time with questions, concerns, suggestions or compliments! Enjoy your children!

Laurel Leibowitz

lleibowitz@tolland.k12.ct.us

(860) 870-6750 x 30215

Building strong families is our goal!

Laurel Leibowitz
Vice President CT FRC Alliance
Tolland Family Resource Center Coordinator
Birch Grove Primary School
247 Rhodes Rd.
Tolland, CT 06084
(860) 870-6750 X 30215
www.tolland.k12.ct.us/community/family\_resource\_center

