Walnut Ridge Elementary

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Day 6 Instructions:

- Reading and Science: Read the passage and complete the questions that follow.
- Math: Complete math problems.
- Writing: Complete the writing prompt with at least 5-7 sentences if not more.

Reading & Science

Name:	

Germ-o-rama

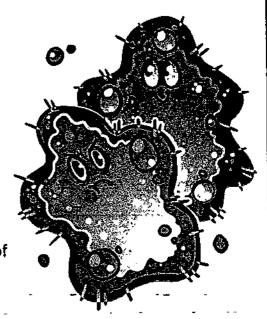
by Lydia Lukidis

Greetings! My name is Mr. Ash and I'm an itsy bitsy germ. At first I was living in Marcia's body. She didn't wash her hands after she went to the bathroom. Then she hugged her friend Sally. That's when I jumped into Sally's body.

Atchoo!! Now I made Marcia and Sally sick!

Everybody gets sick sometimes. It's because of me and all the other germs. But what are germs?

How do we make people sick?



Germs are everywhere. They are at your house. They are also in your school and even at the park. They are tiny and you can't see them with your eyes. You would need a microscope to see them. Some germs spread diseases. There are two main types. They are viruses and bacteria.

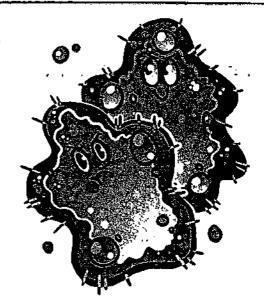
Bacteria are little creatures. They can live outside your body. They can also live inside you. Some bacteria are really nasty. They can cause infections. They can cause a sore throat, tonsillitis, ear infections or pneumonia.

Not all bacteria are bad though. Some kinds of bacteria are actually good for your bodies. They keep you balanced. For example, good bacteria lives in your intestines. They help your body digest food. Good bacteria are sometimes called "probiotics".

Viruses are a bit different. They can only live inside you to survive. They can also live in a plant or animal. Whatever they live in is called the "host."

They can spread and make you sick. They can cause yucky diseases like the flu, measles, and chicken pox. Good thing viruses don't live long.

So how do we germs get around? Easy! We surf around in the air through sneezes, coughs, or breaths. We also travel in sweat, saliva, and blood. Some of us, like me, can travel from one person to another if they touch each other. We can live on objects for a while, like a doorknob. When the next person touches that doorknob, poof! I jump into their body.



So how can you protect yourself against me and all my buddies? The best way is to practice good hygiene. This means keeping yourselves clean. That way you have less chance of getting sick. Here are some good tips for keeping us germs away: wash your hands with soap often; cover your nose and mouth when you sneeze; cover your mouth when you cough; use tissues to clean your nose.

If you do all these things, you will be prepared to battle germs like me!

About the Author



Lydia Lukidis is a published children's author with a multidisciplinary background that spans the fields of literature, theater and puppetry.

Lydia's picture book, Gerbs in the House: The Dilly Dally Bedtime Routine, is now available. Find out if Mocha will ever get his silly son to sleep!

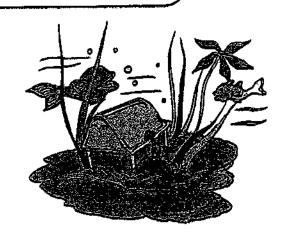
Lukidis, Lydia. Gerbs in the House: The Dilly Dälly Bedtime Routine ISBN: 978-0-9917402-7-7

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	n di gestion. od bacteria ar	e also know	n as "probi	otics".			
	Germs travel around in a lot of ways. In the box below, circle all the ways that germs are spread according to the article.						
	coughs	vitamins	sleeping	saliva			
1							
	sneezes	vaccines	breaths	showering			
	sneezes sweat	vaccines blood	breaths objects	showering smiles			
Give one wo		blood	objects	smiles	complete		

Name:

Addition with 4-Digit Addends)

Find the sums.



- k. A scuba diver finds a treasure chest in the ocean. When she opens it up, she discovers that it is filled with 3,567 gold coins and 1,793 silver coins. How many coins does the chest contain in all?
- 1. The treasure chest also contains pearls! There are 1,356 white pearls and 562 black pearls. How many pearls are there altogether?

Writing

Name:	
Smile	
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Write about something that always puts a smile on your face.	