

Welcome to Mountain Brook High School!

We are anxiously awaiting your arrival but we need to select your classes first!

Here are a few helpful hints to guide you through the registration process:

Sophomore Counselor: Rebecca Goodson

Contact Information: goodsonr@mtnbrook.k12.al.us or 414-3800

High School Schedule Info:

- Tenth grade students are also known as sophomores...just checking to make sure you know.

How the day is structured: School begins 8:00AM and ends at 3:19PM.

The high school has 8 periods. Make sure when you are selecting courses that you select enough to fill 8 periods. One of those periods can be a free period.

- **Free Period (Independent Study):** You may have one “free period”. This will actually show up as Independent Study but everyone calls it a “free period”. You may eat lunch, visit in the mall, go to the library, sit in the outside mall, or visit available teachers during this time (by appointment).
- **Lunch:** The lunchroom is open from 7:15 to 2:15 daily. You will find anything from a plate lunch and salad bar to grab and go snacks to a wide assortment of drinks. The high school does not have a specific lunch period like the junior high. Crazy but true...many teachers will allow you to eat in their classrooms! If you are taking Advanced Chemistry, you may also have time after Chemistry lab is over.
- **“The Mall”:** is an open area as you enter the high school where the lockers are located and student are allowed to sit and study, eat lunch, or just hang out with friends...did we mention study? The only shop located in the mall is the school store, “The Spot”. We also now have an “outside mall” located outside the lunchroom.

Course Selection: Important Notes:

- **Alternates:** ALL students ***must*** select 4 alternate elective courses. These are courses that serve as back-up selection in the event that courses initially requested (and circled on the sheet) are not available or conflict with other classes. If students do not select alternate courses, then the administration will select courses for them.
- **Athletic Eligibility:** To remain eligible to participate in athletic teams, students must complete 6 credits per school year. Only one PE course can count for this requirement (this is especially important for the football players also taking the 2 period Advanced Chemistry course). PE Weight Training is a PE course. You may read more about athletic eligibility on page 11 of the course selection guide located on our website.
- **Summer School:** Summer school registration will begin on March 1. Summer school registration information and forms will be available on the web by March 1. Summer school dates will be June 1-July 10. Sophomore options include Driver’s Ed and Health but could also include Career Prep courses and Geometry if a set number of students register.
- **iNow:** Please do not forget to input all course selections in iNow. Please see the additional handout for instructions.

Diploma Options-Class of 2018

	Advanced with Honors	Advanced	Regular
Math	4 Alg I, Geo, Alg II with Trig; Precalculus or Discrete Math or beyond	4 Alg I, Geo, Alg II with Trig Plus one additional	4 Alg I, Geo, Algebraic Connections, Alg II
Science	4 All Group 1- Bio and Chem or Physics Plus two additional	4 3-Group 1 1-Group 1 or 2 Bio and Chem or Physics Plus two additional	4 Bio and a Physical Science Plus two additional
English	4	4	4
Social Studies	4	4	4
Foreign Lang	3 -Same Language	2 - Same Language	0*
CTE/FL/Fine Arts (3 credits total)	0	1	3
Fine Art	1	1	-
Career Prep A & B	1	1	1
PE Life	1	1	1
Health	0.5	0.5	0.5
Electives	2.5	2.5	2.5
Total Credits	25	25	24

*Many colleges require at least one year of a foreign language.

Requirements for All Diploma Types:

- **Core Four:** Each year you will select four required academic courses: English, Social Studies, Math, and Science. We call these the “Core Four.”
- **Additional Requirements:** Health (one semester), Career Prep A & B. These courses do not have to be completed during freshman or sophomore year but are required before graduation. Health is also offered in summer school. Career Prep courses may be offered in summer school if a minimum amount of students enroll.
- **Fine Art/Foreign Language/Business Category:** Students must earn a total of 3.0 credits within these 3 categories. For students choosing the Advanced with Honors Diploma or the Advanced Diploma, an additional 1.0 credit of fine art must be earned.

Course Selection:

Course Selection: Four Core Sophomore Year:

*Current ninth grade teachers will be providing counselors with a list of recommendations and your course selections will be verified by a counselor. If you have a question about a recommendation you may want to contact the ninth grade teacher for further information.

English

- Everyone will circle **English 10 (regular)**
- Placements for Advanced English will be made by the end of February due to the portfolio process. Schedules will then be changed accordingly by the high school administration. Your current English teacher will guide you through this process.
- Additional option for regular English—American Studies (see description below in Social Studies).
- The additional courses listed under English are elective courses.

Social Studies

- All sophomores must take **U. S. History to 1877 (regular or advanced)**. This is a required course for all 10th grade students. To parent place in Advanced US History, you must schedule a meeting with the high school social studies department chair, Leah Kilfoyle. You will contact her to arrange a meeting: kilfoylel@mtnbrook.k12.al.us.
- **American Studies** is a blended English and US History course for 10th grade students. This course is taught as a double period course with the regular English and US History classes scheduled during back to back periods. The focus of the American Studies course is to engage with the core curriculum in a unique way by learning early US History simultaneously with literature from the period. More information will be sent home regarding the registration for this course in the English placement letter that is sent home in February.

Math

- If you are currently in **Algebra I, you will circle Geometry**. Essential Geometry is for students who have struggled in Algebra I. Placement in Ess Geo is by teacher recommendation only.
- If you are currently in **Geometry, you will circle Algebra II with Trig (regular or adv)**. Placement in the advanced course is by teacher recommendation only.
- If you are currently in **Algebra II with Trig, you will circle Precalculus (regular or adv)**. Placement in the advanced course is by teacher recommendation only.

Science (placement based on math classes and grades)

- If you are currently in **Algebra I and made below an 80, you will circle Physical Science**.
- If you are currently in **Algebra I and made an 80 or above, you will circle Chemistry**.
- If you are currently in **Geometry or Alg II/Trig, you may circle Advanced Chemistry**. Registering for Advanced Chemistry is not required, but students who will be taking Algebra II/Trig or Precalculus are prepared for the rigor of math in Advanced Chemistry.
- Remember, when you choose your science course: Regular Chemistry is a one period course and Advanced Chemistry is a 2 period course (really a period and a half so you will have at least a half of a period break daily).

Course Selection: PE Life:

- This credit is REQUIRED by the state of Alabama for graduation.

*******All students MUST register for *one* of these PE Life Options*******

- PE Life (gym class with a health course component)
- PE Athletics-fall and PE Athletics-spring (AHSAA Approved Sports Teams)
- Men's Concert Choir or
- Women's Concert Choir
- Band
- Cheerleading
- Dorians (Dance Team & Color Guard)

- **All 10th graders must meet the PE Life requirement.**
- Please make sure to fill out the PE Life information at the bottom of the course selection sheet. If by some chance you do not make your PE Life team, we need to know how you are going to complete this credit.
- All students enrolled in an option other than the PE Life course will be required to complete an additional short PE Life course via Moodle as well as fitness testing as supervised by their coach or director. This meets the curriculum requirements specified by the state to receive PE Life credit.
- Sophomores who, for whatever reason, drop their PE Athletic Course (sports team) after the fall semester will be placed in the PE Life course for the spring semester.

Miscellaneous Information regarding Electives:

- **Foreign Language.** We strongly recommend taking at least one year of a foreign language even if you are planning to earn a Standard Diploma because many colleges require at least one year.
 - The Advanced with Honors diploma requires 3 consecutive years of a foreign language (for example, Spanish I, II, and III).
 - The Advanced diploma requires 2 consecutive years of a foreign language (for example French I and II)
- **Football.** If you are on the football team, you will register for PE Football and PE Advanced Weight Training for both fall and spring semesters.
- **Track.** If you are on the track team, you will register for PE Track and may also take Advanced Conditioning with coach approval.
- **Driver's Ed** is not a required class but many students decide to take it because it helps with the cost of automobile insurance. Fall birthdays will take the course in the fall. Spring birthdays will take it in the spring. Driver's Ed is also offered in summer school.

Sample Sophomore Schedules

These are only a few of the possibilities. The possibilities are endless! Customize to fit the student.

(Courses are not listed in period order; numbers are just listed to remind we have 8 periods to fill)

Football Player taking Adv. Chemistry:

- 1-English 10
- 2-US History
- 3-Math
- 4-Adv. Chemistry
- 5-Adv. Chemistry (only select once in iNow)
- 6-Foreign Language*
- 7-PE Adv. Weight Training
- 8-PE Football/PE Basketball

Football Player taking one period science:

- 1-English 10
- 2-US History
- 3-Math
- 4-Physical Science or Chemistry
- 5-Foreign Language*
- 6-PE Adv. Weight Training
- 7-PE Football/PE Baseball
- 8-Independent Study (Free Period)

Track Student:

- 1-English 10
- 2-US History
- 3-Math
- 4-Chemistry
- 5-Foreign Language*
- 6-Adv. Conditioning *
- 7-PE Track
- 8-Independent Study (Free Period)

Choir Student with additional activity:

- 1-English 10
- 2-US History
- 3-Math
- 4-Physical Science
- 5-Foreign Language*
- 6-Men or Women's Concert Choir (fulfills fine art requirement)
- 7-Dorians (fulfills PE Life requirement)
- 8-Independent Study (Free Period)

Band Student:

- 1-English 10
- 2-US History
- 3-Math
- 4-Chemistry
- 5-Photo I-Photo II*
- 6-Driver's Ed/Art I-A*
- 7-Marching/Symphonic Band (fulfills PE Life requirement)
- 8-Independent Study (Free Period)

Student Interested in Art:

- 1-English 10
- 2-US History
- 3-Math
- 4-Physical Science
- 5-Driver's Ed/Health*
- 6-Draw Paint/Adv Draw Paint*
(can jump to these courses if Art Foundations or Art I taken at the JH in 8th or 9th grade)
- 7-PE Life requirement
- 8-Independent Study (Free Period)

* Or other elective-Foreign Language, Fine Art, Business, or other elective course (see course selection guide for requirements and the numerous options)