

Counseling and Resources in the Grand Junction Area

The Alpha Center

1170 Colorado Ave
970-241-2948

Saul Tompkins: (Ph.D) Certified addiction counselor, substance abuse professional
Wendy Tompkins: (M.S.W) Addictions counselor
Michael Costello: (M.S.) Certified addictions counselor, registered psychotherapist, mediation
Jen Sharp: (Masters Candidate) Registered psychotherapist, certified addictions counselor
Anna Hage: (Masters Candidate) Registered psychotherapist, certified addictions counselor
Michael Penkaty: (LPCC) Registered psychotherapist

Associates in Behavioral Counseling

518 28 Road Suite A207

Barbara Kinkeelaar: (MED) Older children/adolescents (Not accepting Medicaid)
Timothy Landis: (MSW) Children/families (Accepts Medicaid)
Matt Pettit: Works with children (May accept Medicaid)
Susan Goudzwaard: Works with children (Accepts Medicaid)
Londa Cox: Works with children (Accepts Medicaid)
Love and Logic Parenting Classes offered here (\$100/family for 6 week class)

Behavioral Clinical Services

2004 North 12th St. Suite 47
970-241-6500

Behavioral Health and Wellness

3150 North 12th Street
Office: 970-242-5707

If your child is a patient through Western Colorado Pediatrics, they can offer a counselor that will come to work with your child for 6 sessions covered through Medicaid in the Pediatrics Office.

Cheryl Young: (MA, LMFT) Play therapy (not accepting new clients at the moment)
Rickelle Hicks: (LMFT, CACIII) Child therapy utilizing behavioral, systematic and play therapy approaches, abuse, trauma, divorce, or other family related issues
Kymberly Maestas: (LPC, CACIII) Children 7 years and older, families/adults dealing with substance abuse, sexual victimization, self-esteem, physical and emotional trauma, adoption issues, anxiety and blended family interactions
Dr. Chris Young: (PhD, Psychologist) ADD/ADHD testing, older adolescents
Dr. Kent Snowbarger: (Ed.D, Psychologist) ADD/ADHD testing, counseling for younger children
Raul DeVillegas-Decker: (PsyD), Bilingual (Spanish) Works with children 2 and up
Gary Miller: (LCSW) Works in treating families and children

BEing There Counseling

225 North 5th Street
Office: 970-245-6502

Tycee Belcastro: (MA, LMFT) Trained in family systems interventions, conscious parenting, equine assisted psychotherapy, suicide prevention and crisis intervention, post-traumatic stress disorder and treating trauma, human sexuality and treating sexual compulsions, self-image and body-image treatment, and more for families with young adolescents.

Donna Be: (MA, LPC, BCPC, CRS) Teaches tangible emotional skills to help guide you through relationship problems, and give you the tools to reestablish the lost connection you feel with your partner- for adults.

Counseling and Education Center

2708 Patterson Road
Office: 970-243-9539

Sister Faye Huelsmann (MA, LPC): Clinical Director/Works with: children, adults, couples, families.

Sister Pat Lewter (C.S.J., MA, LPC): Intern Supervisor Works with: adolescents, families and individuals.

Carmen Hickman (MA, LPC): Bilingual: Spanish-English. Works with adults and Spanish-speakers

Linda Manchester (MSW, LCSW): Cognitive Behavioral Therapy, Systemic Family Therapy, and Brief, Solution Focused Therapy.

Michelle Trosclair (BA, MA): Trained in the Hakomi method of psychotherapy, and also draws from experiential modalities and mindfulness practices.

John Isaacs (BA, MA): Mindfulness and self-compassion based treatments, Somatic Experiencing, emotionally-focused couples' therapy, and EMDR (eye movement desensitization reprocessing)

Sydney Elks (BA, MA, LPCC): Works with children, adolescents, and adults.

Lynn Olson (MSW, LCSW): Works with: adults, couples, families, and children over 10-years-old

Katie Salazar-Schuckman (BS, MA): Works with children and adolescents

Lisa Anne Swinger (MA, LPC): Dialectical Behavioral Therapy (DBT) and Solution Focused Therapy

Grand Junction Counseling

115 North 5th Street Suite 401
970-640-2428

Stephen Anthony (LPC): Anxiety, depression, trauma, marriage/relationship, and addictions

Cori Pearl (Psychotherapist): Women's issues, couples, teen girls, eating disorders, parenting

Lotus Counseling

420 North 8th Street

970-773-4691 or 970-260-2867

Lotus Counseling is unique from other counseling centers for many reasons. We work with a multidisciplinary team of therapists, medical doctors, nutritionists, practitioners of movement therapies, and experts in spirituality.

Krista Carpenter (MS, LPC): Adults and adolescents with eating disorders, depression, LGBTQ

Bret Phillips (NLC): Kids of all ages, life crisis, relationships, anxiety, addiction, LGBTQ

Robin Levitt (MA, NLC, LPCC): Anxiety, depression, chronic pain, PTSD, substance abuse

Laura Blair (MA, NCC, NLC): Addictions, depression, anxiety, ADHD, autism

Lea Ayer (MA, LPC, NCC): EMDR, teens and adults with anxiety, depression, trauma, chronic illness, caregiver stress

Marillac Clinic

2333 North 6th St

970-298-1782

Follows a team-based model of care in which medical and behavioral health providers partner to facilitate the detection, treatment, and follow-up of mental health of behavioral disorders. (For those who don't qualify for Medicaid, but do not have insurance either. Low cost.

Kelly Duncombe (PSYD): Works with children, adolescents, and adults

Rody Pyland (LCSW): Certified Acupuncture Detoxification Specialist. Addictive behaviors, emotional balance and sleep.

Pamela Shannahan-Sturgon (LPC): Works with children, adolescents, and adults

Mind Springs Health (Accepts MEDICAID)

Main Campus: 515 28 ¾ Rd. Office: 241-6023 (Outpatient) Crisis Line: 1-888-207-4004 or 970-241-6022

West Springs/Transitions (Inpatient Hospital) Office: 970-263-4918 Admissions: 970-201-4299

Wide range of services (all ages) including: outpatient therapy/groups/psychiatry, detox/substance abuse, inpatient, crisis evaluations, and peer services.

Individual Therapists

Nancy Tanner (LCSW): 970-242-3897 Play therapy and works with children

Natalie Ivey (MA, LPC): 970-245-7489 Works with children/specializes in eating disorders

Connie Robins-Brady (MC, LPC): 970-216-5400 Art therapy (expressive art sessions for individuals/groups)

Jessica Stone (PhD): 970-589-2525 Short and long term therapy, play therapy, and psychological testing

Scott Aber (LPC): 970-315-3776 Certified addictions counselor. Marriage/Family, children, grief counseling, substance abuse, Christian counseling.

Bill Wimsatt (LCSW, CAC III): 970-462-7717 trauma, evaluations, anger management, substance abuse, general counseling

Steve Landman (LCSW, LMFT, CAC III): 790-254-6624 Children and adults
Chelsea Yamaguchi (MA, LPC): 970-812-0136 Individual child and adult counseling

Other Organizations

Latimer House: 970-241-0324 (Domestic Violence Children's Group, Wednesdays 4:00, open to join at any time 1129 Colorado Ave)

Al-Anon Grand Junction Support Group: 970-242-1075 (Family support groups dealing with alcoholism, 2754 B Rd, Grand Junction)

HopeWest: 970-241-2212 (Grief support-Child and Teen Center)

The Parenting Place: 970-254-8240 (Parenting classes and support through counseling, 422 White Ave.)

Hilltop: 970-242-4400 (Provides support for families through groups, classes, etc.)

Western Slope Center for Children: 970-245-3788 (Support for children of sexual abuse, 2350 G Rd)