

## **MIDDLE SCHOOL AFTER SCHOOL ENRICHMENT OPTIONS**

## LATE FALL 2017

Session Dates: November 27<sup>th</sup> to January 29<sup>th</sup>

Needham Community Education is pleased to offer high quality after school enrichment opportunities for High Rock and Pollard Middle School students. NCE Middle School classes are taught by Needham Public School staff, community members, as well as other qualified professionals, and are designed to give students a chance to connect and learn beyond the classroom in a fun, engaging, and relaxed environment. Classes will be held at POLLARD Middle School. Have a sixth grader attending High Rock Middle School? No problem! NCE offers transportation to Pollard. Come join the fun!

REGISTRATION opens November 1<sup>st</sup> at 7am. www.schoolpay.com/link/NCELateFall2017Middle Registration closes on Friday, November 17<sup>th</sup>, at 12pm

## **Needham Public Schools**

### SUPERINTENDENT Daniel E. Gutekanst

#### NEEDHAM SCHOOL COMMITTEE

Heidi Black, Chair	Susan B. Neckes
Aaron Pressman, Vice Chair	Andrea Longo Carter
Michael J. Greis	Matthew Spengler
Connie S. Barr	

## Needham Community Education

Needham Community Education (NCE) is an office of the Needham Public Schools and combines a number of out-of-school time programs into one administrative office. Programs are self-sustaining and include elementary and middle school after school programs, Adult Education, Summer Explorations and other summer programs, Kindergarten Enrichment (KASE) and more.

Through **NCE MIDDLE SCHOOL** we hope to provide quality lifelong learning experiences that are accessible to middle school students. We seek to offer interesting educational, cultural, and skill-building classes at a reasonable cost. To view this catalog online, please visit our website at www.needham.k12.ma.us (click on Community Ed). Call us at 781-455-0400 x235 for more information, or to offer suggestions for courses or teachers.

Contact Information: School Administration Building, 1st Floor

1330 Highland Avenue Needham, MA 02492

Telephone: 781-455-0400 x235

Fax: 781-455-0417

Website: rwd1.needham.k12.ma.us/community\_education/

Office Hours: 8am-4pm, Monday-Friday

## NEEDHAM NON-DISCRIMINATION POLICY

The Needham Public Schools do not discriminate on the basis of age, race, color, sex, gender identity, religion, national origin, sexual orientation or disability, and ensure that all students and employees have equal rights of access and equal enjoyment of the opportunities, advantages, privileges and courses of study.

## Fall 2017

## November 27, 2017 to January 29, 2018

Mondays: November 27, December 4, 11, 18, January 8, 22, 29 Tuesdays: November 28, December 5, 12, 19, January 2, 9, 16, 23 Wednesdays: November 29, December 6, 13, 20 January 3, 10, 17, 24 Thursdays: November 30, December 7, 14, 21 January 4, 11, 18, 25

Fridays: December 1, 8, 15, 22, January 5, 12, 19, 26

## CLASS DETAILS (in alphabetical order)

## **CROSSFIT KIDS**

Grades: 6, 7 & 8

ONE Nation Fitness Staff Member

Using a combination of calisthenics, running, rowing, jumping, throwing, carrying, pushing, pulling, climbing and lifting (the stuff we used to call 'playing') we encourage kids to LOVE exercise. We use age-appropriate skills, challenges, and loads. Some of our favorite games, American Ninja, relay races, obstacle courses, dodge ball, and capture the flag are blended with traditional fitness movements to make class fun for the kids! We challenge kids in a progressive way that builds their confidence!

#### **POLLARD**

WEDNESDAYS: 8 weeks, 2:55-3:55pm

Dates: November 29, December 6, 13, 20 January 3,

10, 17, 24 Code: 30140.2 **Fee: \$145** 

OR:

#### **POLLARD**

FRIDAYS: 8 weeks, 2:55-3:55pm

Dates: December 1, 8, 15, 22, January 5, 12, 19, 26

Code: 30140.25 **Fee: \$145** 

# ENGINEERING DESIGN WOODSHOP: BEGINNERS AND ADV BEGINNERS

Grades: 7-8

Dan Cournoyer, Engineering Design Teacher & Instructional Technology Specialist, and Chuck Dowe, Pollard Special Education Teaching Assistant

If you enjoy creating things, using tools, and working with wood, join us for this woodworking and design class to develop your skills and work on projects of your own choosing. You will gain basic woodworking skills as well as engineering design skills as you tap into your creativity to design and build unique projects in this fully hands-on class. Each student will learn tool and shop safety as they gain confidence in handling first hand tools and then power tools. To ensure safety, students must be able to follow directions carefully, and handle tools as instructed. As you work on your projects, you will learn about various building materials, and use math, science and engineering processes to aid your work. Join us to build, create, and learn! Limited to 10 students.

#### POLLARD, Room 224

TUESDAYS: 6 weeks, 2:50-4:50pm

Dates: November 28, December 5, 12, 19, January

2, 9

Code: 30222.2 **Fee: \$195** 

<sup>\*</sup>Please note the start and end dates for some classes differ as noted in the class descriptions.

## **GREEN POWER**

Grades: 6, 7 & 8

Right Brain Curriculum Instructor

In this social studies and critical thinking program, students discover that they have just been named the new Director of the EPA (Environmental Protection Agency). As they are briefed on clean water laws, pollution, car pool lanes, endangered species, overpopulation and other environmental issues, students will begin to prepare a report and presentation to a fictitious president, outlining the EPA's new policy in each area. Students will design a city, considering how to best make it "green," in terms of trash collection, recycling, electrical power and pollution. Our students will be challenged to think critically and creatively in this informative and contemporary class.

#### **POLLARD**

THURSDAYS: 6 weeks, 3:00pm-4:30pm

Dates: November 30, December 7, 14, 21 January 4,

11

Fee: \$155

## HATCH AMERICA: Teaching Kids Java Script Code

Grades: 6, 7 & 8

Hatch America Instructor

With the guidance of trained Coaches, Hatch After School provides students with the chance to learn 21st century skills through student-centered, self-paced, mastery-based learning. Students learn computer languages while having fun.

#### **POLLARD**

TUESDAYS: 4 weeks, 2:55-3:55pm Dates: November 28, December 5, 12, 19

Fee: \$115

## HOOP! THERE IT IS: Hula Hooping

## Extravaganza

Grades: 6, 7 & 8

Owner & Instructor, Carolyn Brancato

What is Hoop There It Is? It is an opportunity of self expression, with the ability to find yourself within the hula hoop by connecting your body and mind through exercise, movement therapy, dance, fun and so much more!

#### **POLLARD**

## **THURSDAYS: 8 weeks**

Dates: November 30, December 7, 14, 21, January 4,

11, 18, 25 **Fee: \$185** 

## **LEGO CIVICS PROJECT**

Grades: 6, 7 & 8

Right Brain Curriculum Instructor

As our students build a fully-planned and intricately-designed model Lego city, they also learn to govern it. Students learn about elections, constitutions, flags, currency, budgets and the environment as they serve on a city council which must make key governing decisions about the city. Students have the opportunity to run for mayor, open their own business, debate city issues and respond to natural disasters and citizen concerns. Social studies, history and civics have never been so fun!

#### **POLLARD**

Mondays: 6 weeks, 5:00pm-6:30pm

Dates: November 27, December 4, 11, 18, January 8,

15

Fee: \$155

## **LOTUS YOGIS**

Grades: 6, 7 & 8

Blue Lotus Healing Arts Instructor

Movement, thus yoga, is essential for preteen's fast-growing bodies. Yoga provides this age group with essential life tools: fosters body awareness; gives them a sense of achievement and empowerment; helps them to discover themselves, bolsters self-belief; provides them with connections/relationships, communication and trust; boosts their self-esteem and self-confidence. This class is alive with cool upbeat music, partner and group poses, and creativity, ending with relaxation and massage.

## **BLUE LOTUS HEALING ARTS**

945 Great Plain Ave, 2<sup>nd</sup> Floor

MONDAYS: 7 weeks, 3:00-4:00pm

Dates: November 27, December 4, 11, 18, January 8,

22, 29 **Fee: \$155** 

## THE KIDS' NEWSROOM

Grades: 3-6

Right Brain Curriculum Instructor

Extra! Extra! Read all about it...In the Kids' Newsroom, our students learn the craft of journalism. Our classroom transforms into a working newsroom, complete with editorial staff, reporters, columnists and headline writers. Each student plays multiple roles and works together to create an e-newspaper, as well as a hard copy, with real stories about their local school and community. These reporters learn techniques for crafting news stories, writing persuasive editorial essays and interviewing newsmakers. Students edit each other's work, take photographs and publish their newspaper. Have an idea for a news story? Call our Newsroom Hotline today! Limited to 15 students.

## **POLLARD**

Tuesdays: 6 weeks, 3:45pm-5:15pm

Dates: November 28, December 5, 12, 19, January 2,

9

Code: 30332.2 **Fee: \$155** 

## **PLAY CHESS**

Grades: 6, 7 & 8

Valery Frenklah

Taught by chess masters, the NCE chess instructor will prepare you for competitive play. Whether you have only recently learned how to play, or if you are already a competent competitor, your skills will be further advanced and your love for the game will blossom.

#### **POLLARD**

MONDAYS: 6 weeks, 2:55-3:55pm

Dates: November 27, December 4, 11, 18, January

22, 29 **Fee: \$125** 

#### WRITING CIRCLE

Grades: 6, 7 & 8

Instructor: Ibby Tarshis, Pollard English Teacher
Writing Circle is a creative writing group that will
build a safe, supportive space, by using a circular
setup, and respectful feedback to honor each
student's words. In this course, you will read a poem
each day, as a model for inspiration. Then you will
experiment and take risks, by using a variety of
creative writing prompts in response. In the process
of sharing your work in a comfortable environment,
you will learn to value your own writing, as well as
develop confidence with public speaking. Limited to
12 students.

## **POLLARD**

WEDNESDAYS: 6 weeks, 2:55-3:55pm

Dates: November 29, December 6, 13, 20 January 3,

10

Code: 30333.2 **Fee: \$90** 

## PROGRAM INFORMATION

**Registration** opens November 1<sup>st</sup> at 7am. All registrations (with the exception of scholarship registrations) must be made online through School Pay: <a href="www.schoolpay.com/link/NCELateFall2017Middle">www.schoolpay.com/link/NCELateFall2017Middle</a>. Please note that some classes fill quickly. Registrations are taken on a first-come, first-serve basis. Register early to avoid being closed out. **No refunds will be made once a registration is processed.** Classes may be cancelled by NCE due to low enrollment, so please register early. Classes cancelled by NCE will be refunded in full. Refunds will be made by check and may take up to three weeks.

**Scholarship assistance is available** to students who are eligible for free or reduced lunch (one class per student each session). To request a scholarship, please contact NCE at 781-455-0400 x235.

Wait Lists: If you would like to add your child to a wait list for a full class, please email Alyssa Handler, at Alyssa\_Handler@needham.k12.ma.us. Include the class name, location, your child's name, and your best daytime phone number(s).

Please note that no nurse will be on duty during NCE Middle School programs, and staff members have no access to medications, including EpiPens and inhalers. If your child requires an EpiPen, please deliver an EpiPen and a copy of your child's Allergy Action Plan to the NCE Middle School On-Site Coordinator on the first day of the program. If these items are not provided, staff will call 911 in the event of an apparent allergic reaction. If your child will be bringing his/her inhaler, please provide the On-Site Coordinator with a note indicating 1) that your child can self-administer and 2) that you have provided the school nurse with a copy of the medical order for the inhaler.

If the Needham Public Schools are closed or released early due to inclement weather, after-school classes will be cancelled. Make-up classes will be scheduled if possible.

All school policies outlined in the school Student Handbook apply to NCE Middle School classes.

## ARRIVAL AND DISMISSAL INFORMATION

High Rock students attending NCE Middle School Enrichment Programs are eligible for bus transportation to Pollard. If a student possesses a bus pass, he/she should ride his/her assigned bus to Pollard. If a student does not possess a bus pass, he/she will be advised (at dismissal time) as to which bus to board.

Students must check in with the NCE On Site Coordinator at Pollard. An on-site coordinator will be available each day of class to provide support for the classes and to ensure an orderly dismissal. The coordinator will greet students in the Pollard Lobby and escort them to the cafeteria to await the start of the NCE program. There, they are free to relax, enjoy a snack (brought from home), and begin homework, if they choose. Students may walk home or be picked up at the end of class.

If you have any questions regarding registration, please feel free to contact: Needham Community Education Office, 781-455-0400 x 235 or x222 e-mail: <a href="mailto:Alyssa\_Handler@needham.k12.ma.us">Alyssa\_Handler@needham.k12.ma.us</a>