

BREAKFAST FOR OUR NEIGHBORS



A FREE Breakfast is being offered to our Neighbors in Jewett City and surrounding area. This once a month celebration is being served on the last Saturday of each month.

You Are Invited To Join Us

The First Congregational Church of Griswold and the Senior Center of Griswold are presenting a free breakfast to families in Griswold.

Date: January 25, 2020

Time: 9:00 AM to 11: AM

Location: Griswold Senior Center, 22 Soule Street
Jewett City CT 06352

For more information please call the Senior Center at (860) 376-2604



The Magic of Therapy Dogs

February 4, 2020

Slater Library @ 6:30

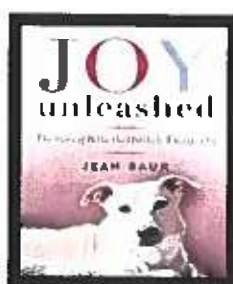
An Adult/Teen Topic

THE GIFT OF THERAPY DOGS: REMEMBERING BELLA, WELCOMING RUDY

Jean has worked as a therapy dog handler for eight years--first with Bella, and now with Rudy. She is amazed by the ways these well-trained dogs know exactly what each person needs. Her book about Bella: "Joy Unleashed: The Story of Bella, the Unlikely Therapy Dog," reveals these everyday miracles that took place as Bella and Jean visited nursing and hospital patients, and special needs students in the schools. Bella died in early January, 2018, just shy of her 11th birthday. Rudy, who was certified by Pet Partners as a therapy dog in March of 2018, is also really good at his job. Jean initiated a new program at the local courthouse and Rudy now comforts victims before trial.

Jean's talk incorporates personal experience as well as the results of scientific studies that prove how therapy dogs make a difference. But the best is Rudy himself. He gives audiences a first-hand experience of his grace, humor and power to make us feel connected and comforted. He also does some really neat tricks. Invite Jean and Rudy to your next event if you want an uplifting presentation that proves the many gifts of therapy dogs.

To Reserve a seat for this event please visit Slater Library at 26 Main St. in Jewett City or call 860-376-0024



Tuesday Topics are brought to you with funding from "Friends of Slater Library"

Take Your Child to The Library Day

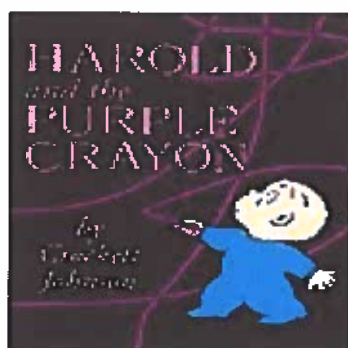
Saturday, February 8, 2020

Join us @ Slater Library for

Purple Crayon Day

Drop in @ 11 am for a reading of
"Harold and the Purple Crayon" and receive
your own copy of the book as a gift!

Stay and make a Harold-inspired
art project to take home!



Slater Library, 26 Main St. Jewett City, CT 06351
(860) 376-0024

AMERICAN GIRL Tea Party



Saturday, February 15th, 2020 @ 2:00PM

Ages 4-10

@ SLATER LIBRARY

26 MAIN ST. JEWETT CITY, CT. 06351

Phone: (860) 376-0024

Registration and Library Card Required.

Registration begins:

January 27th for Griswold and Lisbon residents

Feb 10th for non-residents as space allows

Festive dress and a favorite doll
or stuffed animal are welcome!

*This event made possible thanks to the generous
support of Friends of Slater Library and
CT Humanities.



Norwich Youth Lacrosse Registration Now Open!



Norwich Youth Lacrosse is open to boys and girls from Norwich and surrounding towns in **Grades 1-8**. Lacrosse is a fast-paced, high energy sport, where having FUN is stressed in a safe and fun environment while emphasizing individual skill development, sportsmanship, teamwork, and respect. Honoring these principals gives youth within our program a positive, character-building experience through the game of lacrosse.

<< An annual \$30 US Lacrosse membership is required for each player >>

Winter Clinic (Feb/Mar) (for beginners as well as those brushing up on skills)

Cost: \$60.00*

Clinic Location: Summit Fitness & Sports Center – 2 Wisconsin Ave. Norwich, CT

Clinic Dates: Sundays – February 2nd, 2020 – March 8th, 2020

Times: (Girls – Grades 5-8) 8:00 – 9:00AM*

(Boys & Girls – Grades 1-4) 9:00 – 10:00AM*

(Boys – Grades 5-6) 10:00 – 11:00AM*

(Boys – Grades 7-8) 11:00 – 12:00AM*

**Times are subject to
change based on
participation totals.*

Limited equipment available to borrow for new players – girls and boys

Spring Season (Mid-March to Mid-June) (Open to boys and girls Grades 1-8)

Cost: \$90.00* *Instructional (Grades 1-2) = \$40.00**

Late Registration: 2/21/20 - \$50 fee for Grades 3-8

Practices: Held twice a week from mid-March to mid-June. *Instructional meets once per week*

Games & Tournaments: Held evenings and weekends

NYLA Uniforms: – Required for Grades 3-8. May only order during registration if needed, numbers will be assigned.
(Uniforms must be ordered by Feb. 21, 2020)

Lacrosse Required Equipment: (Girls) Eye protection, stick, and mouth guard
(Boys) Helmet, stick, mouth guard, gloves, elbow pads, athletic supporter, and shoulder pads

Registration: Online at www.norwichyouthlacrosse.org

**NYLA financial assistance is available if there is a need. Please refer to the NYLA website*

For more information contact any of the following:

NYLA President: David Poore - nylapresident@gmail.com

Boys Coordinator: James Lightner – james.lightner1989@gmail.com

Girls Coordinator: Scott Caron – toxnorak@gmail.com



Donate Your Gently Worn, Used and New Shoes to GHS Class of 2020 Project Safe Graduation!

Help us raise funds for our organization by donating your shoes.

We are accepting clean and dry dress shoes, slippers, sandals, flip flops, sneakers, boots, sport shoes and dance shoes.

Donations will be accepted until January 31st

The collected shoes are used to support micro-enterprise vendors in developing nations.



Shoe Drop Locations include:

Griswold Elementary School

Griswold High School

Griswold Town Hall

Griswold Senior Center

2 Sisters Shipping

Voluntown Town Hall

*Pick-up can be arranged

Please contact Kim (860)204-1722 or Melissa (860)227-5187 for more information

GRISWOLD BBALL PHOTOSHOOT TIMES - GES CAFÉ

(no team reshoots, all players & coaches must attend time below)
(ALL PLAYERS GET A FREE PLAYER PHOTO! ALL MUST ATTEND)

SATURDAY - JANUARY 25TH

<u>TIME:</u>	<u>TEAM:</u>	<u>DIVISION:</u>
8:15 AM	COBRAS BLAZERS	BOYS 9/10
8:30 AM	PISTONS BULLS	BOYS 11/12/13
8:45 AM	CELTICS LIONS	BOYS 7/8
9:00 AM	HOT SHOTZ SPARKS	GIRLS 11/12/13
9:15 AM	DRIBBLERS	BOYS 6
9:30 AM	RANGERS GOLDEN STATE	BOYS 7/8
9:45 AM	CELTICS SHOOTING STARS	BOYS 11/12/13 GIRLS 11/12/13
10:00 AM	SONIC VAGABONDS T-REX	GIRLS 6/7/8 COED 5
10:15 AM	UCONN LAKERS	GIRLS 9/10 BOYS 11/12/13
10:30 AM	LAKERS PANTHERS	BOYS 9/10
10:45 AM	LITTLE BULLS PANTHERS	GIRLS 9/10
11:00 AM	UCONN CELTICS	BOYS 6
11:15 AM	BLUE DEVILS WOLVERINES LAKERS	GIRLS 6/7/8 BOYS 11/12/13
11:30 AM	MAGIC CLIPPERS	BOYS 11/12/13 BOYS 6 (time changed)
11:45 AM	THUNDER BABY BULLS	COED 5

PLEASE GET A ORDER FORM FROM YOUR COACH, AND BRING TO PHOTOSHOOT FILLED OUT.



AMERICAN
PROFESSIONAL
EDUCATIONAL
SERVICES

860.886.2737
One Thames Street
Norwich CT, 06360



AMERICAN SAFETY & HEALTH INSTITUTE

CHILD & BABYSITTING SAFETY (CABS)

The New Child and Babysitting Safety (CABS) program from ASHI gives teenagers and young adults everything they need to know for safe and successful babysitting!

From getting started with their business, to dealing with parents and children, to key safety, caregiving, and first aid tips.

REGISTER TODAY

\$50 Per Person

**Thursday January 30th
4pm - 8pm**

**Hosted at:
Griswold Youth Center**

For More Information:
CALL: 860.886.2737

Or Visit:
americanprotraining.com

afterschool
IN THE SCHOOL



BUILD A MARS COLONY

3:30 - 4:30 PM @ GES

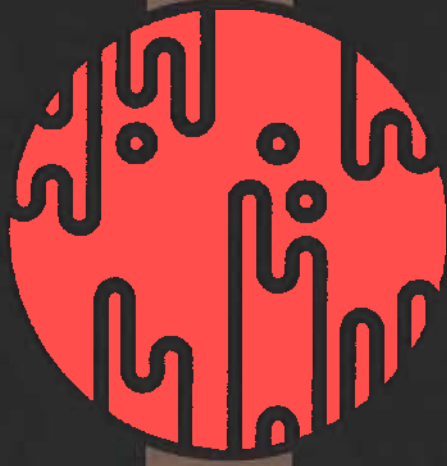
Grades 2 - 4: February 20
Grades K and 1: February 27

SIGN UP AT:
GRISWOLDREC.ORG
(FREE, RESIDENTS ONLY)



after school IN THE SCHOOL

Mission: Mars @ S.T.E.M. space adventure!



GES: K1234

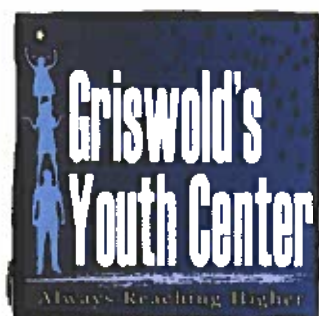
03.05.20



Will you accept the mission?
griswoldyfs.com



after school
IN THE SCHOOL



Program a Mars Rover!

February 6th
3:30-4:30 PM
Grades K-4 @GES

griswoldrec.org



GRISWOLD PARK & REC. DEPT'S YOUTH BASKETBALL LEAGUES

TEAM NAME

COED 5

T-REX'RS
THUNDER
BABY BULLS

Dawson Entertainment
Campbell's Farm Stand
Sacred Heart

TEAM NAME

GIRLS 6 7 8

SONICS
BLUE DEVILS
WOLVERINES
VAGABONDS

Valentine Lawn Solutions
Nurturing Kids Childcare
Steinhagen Pottery
Boundaries LLC

TEAM NAME

GIRLS 9 10

UCONN
LITTLE BULLS
PANTHERS
LAKERS

The Nutmeg Companies Inc.
Continental Realty Associates
Campbell's Farm Stand
UCFS Healthcare

TEAM NAME

GIRLS 11 12 13

SHOOTING STARS
HOT SHOTZ
SPARKS

The Healthy Computer
Latham Corp Firewood
Allegiance Tattoos

TEAM NAME

BOY AGE 6

DRIBBLERS
UCONN
CLIPPERS
CELTICS

RE/MAX / G's Country Barn
Tina Luft, Kazantzis Real Estate
East Coast Auto Sales & Service Center / Sean Brackett - Massachusetts Pirates QB
Jewett City Saving Bank / Griswold P.R.I.D.E. Drug Free Community

TEAM NAME

BOY 7 8

CELTICS
RANGERS
GOLDEN STATE
LIONS

Exxon PetroMax & Dell / Winton Automotive
MLC Plumbing / Trahan Insurance
Putnam Bank / 1000 Degrees Pizza
Quintal Agency

TEAM NAME

BOY 9 10

LAKERS
PANTHERS
COBRAS
BLAZERS

Eastern CT Savings Bank / Sullivan Contracting
Cole's Cold Summertime Drinks / Sullivan Contracting / Chelsea Groton Foundation
G & S Auto Sales LLC
Irish Springs Pool Water LLC / Boom Shaka Laka / Cole's Cold Summertime Drinks

TEAM NAME

BOYS 11 12 13

CELTICS
PISTONS
LAKERS
BULLS
MAGIC

Benolt Signs, LLC
Mystic Transportation
The Healthy Computer
Sacred Heart
Griswold Dental Associates, PC



MOTHERSMEETUP

06351 Stroller Club

Griswold Youth & Family Services FACEBOOK Group





Griswold 06351

Griswold and its borough, Jewett City, is located in New London County. It is one of the 35 towns comprising the Quinebaug River Valley and Shetucket River Valley.



Griswold is a special place with a blend of nature, quality development and people who live and work in the community. It has been blessed with countless natural features such as the Pachaug State Forest, and there are large tracts of land available for development. Griswold retains much of its agricultural roots and sustainable agriculture is still encouraged.

The Southeastern Economic Region to which Griswold belongs has identified six clusters considered key to the region's economic future and Griswold is concentrating their efforts on them. They are: agriculture, defense, creative bioscience, maritime, and tourism.

Griswold is accessible from all directions. Exits 85 and 86 off I-395 provide access to Route 138, Route 164, and Route 201. I-395 links with I-95 in East Lyme and with the Massachusetts Turnpike. Local attractions are plentiful: Stone Bridge Alpaca Farm; River Ridge Golf Course; Buttonwood Farm Ice Cream; and Pachaug Pond. Griswold is also home to Pachaug and Hopewille State Forests. At Hopewille

State Park, you'll find a campground, beach and boat launch. In both Pachaug State Forest and Hopewille State Park, visitors enjoy hiking trails that wind through lovely meadows, along scenic brooks, over wooden bridges and deep into the cool, welcoming woods.



www.griswold-ct.org

Griswold Town Hall, 28 Main St., Griswold

Phone: (860) 376-7060

Fax: (860) 376-7070

Animal Control: (860) 383-3993

Assessor: (860) 376-7060 x105

Building: (860) 376-7060 x110

Fire Marshal: (860) 376-7060 x107

Library: (860) 376-0024

Parks & Recreation:
(860) 376-7026

Planning: (860) 376-7060 x112

CT State Troop E Montville:
(860) 848-6500

Borough Resident State Troopers:
(860) 376-2583

Public Works: 148 Voluntown Road,
Route 138, (860) 376-7080

Senior Center: 22 Soule St., Jewett
City: (860) 376-2604

Selectman's Office:
(860) 376-7060 x201

Tax Collector: 28 Main St., Jewett City
x102/x104

Fax: (860) 376-7070

Town Clerk: (860) 376-7060 x101

TEEN/ADULT WELLNESS FITNESS PROGRAMS



KOKONDO KARATE
MONDAYS @ 7:30 PM
THURSDAYS @ 7:00 PM
CALL TOM: 860.376.5680

@GMS



MIXXEDFIT
MONDAYS & WEDNESDAYS
6:00 - 7:00 PM
CALL KRISTIN: 860.334.9341

@GES



AEROBICS/WEIGHTS/PILATES
TUE'S & THUR'S @
6:00 PM
CALL TORY: 860.859.7922

@GES



YOGA
MONDAYS: 6:30 PM
WEDNESDAYS: 5:15 PM
CALL ERICA: 860.608.2449



H.I.I.T. CLASS
HIGH INTENSITY INTERVAL TRAINING
FRIDAYS @ 6:00 PM
CALL CHRIS: 860.303.6400

**HELD AT: YC
WELLNESS
STUDIO
68 ASHLAND
STREET IN
JEWETT CITY**

LEARN MORE: GRISWOLDREC.ORG

KOKONDO KARATE PROGRAM



Traditional Martial Arts At It's Best!



KOKONDO KARATE provides a **SAFE, Realistic Approach** to martial arts training with the emphasis on **Self Defense**. Students develop true self confidence in themselves and a sense of pride that comes from doing their best. This is **not** sport karate, there is no sparring or competition for trophies. Self defense is not a sport!

**No Contracts
No Hype**

**No Competitions
Join Anytime**

CO-ED YOUTH / TEEN / ADULT CLASSES



Kokondo Karate Promotes
Authenticity Self Confidence
Self Discipline Responsibility
Safety Mutual Respect

YOUTH CLASS BEGINS SEPT. 9TH

Youth Class: Mondays 6:30 - 7:30pm

Ages 8 to 12 Only \$35 (10 week sessions)

Teen/Adult Classes: In Progress

Mondays: 7:30 - 9pm Thursdays: 7:00 - 8:30pm

Teen: \$30/month (2 classes/wk)
 \$16/month (1 class/wk)

Adult: \$45/month (2 classes/wk)
 \$23/month (1 class/wk)

NON-RESIDENTS ADD \$5.00 to all Programs

I.K.A. Certified Instructors:

Master Thomas Phelps (Chief Instructor)
860-376-5680

E-Mail: kokondogris@comcast.net

Website: www.kokondo.org

Dan Sadowski: Assist. Instructor - 4th Dan
Paul Perkins: Cert. Instructor - 4th Dan

griswoldREC.org

Traditional Martial Arts Training in Griswold Since 1994

GRISWOLD MIDDLE SCHOOL CAFETERIA

YOGA

At The YC Wellness Studio

5:15 - 6:15 PM | WEDNESDAY

6:30 - 7:30 PM | MONDAY



**UPSTAIRS AT GRISWOLD
YOUTH CENTER**

68 ASHLAND STREET, JEWETT CITY

griswoldREC.org



Low Impact Aerobics, Weights & Pilates WITH TORY

September - June
**TUESDAYS &
THURSDAYS**
6 - 7 pm @ GES Cafe
AGES 18 AND UP

Any Questions
call Tory
860.376.4741

Enrollment Fees
Per Participant
for One Month Session
Griswold Resident: \$24.00
Non-Griswold: \$32.00

**ALL AGES
WELCOME!**
griswoldREC.org

