



Griswold Travel Basketball



BOY & GIRL PLAYERS WANTED:

We are looking for Motivated, Dedicated, Skilled **Boy & Girl** basketball players in **4th – 8th Grade** who live in the Griswold, Lisbon, Voluntown, Sprague, or Canterbury area to create multiple youth travel basketball teams.

PROGRAM INFO:

- Open to **Boys & Girls**
- Focus on fundamental/skill development
- Prepare for Middle School, High School and beyond
- Teach good sportsmanship, discipline, teamwork, and community service while having fun
- Traveling & competing across Connecticut in the CT Basketball Conference (ctball.org)
- Each team will play on average **20 - 25 games.**

INTERESTED: **OPEN GYM – START FRIDAY NIGHTS SEPT. 6TH**

- 6pm – 8pm at GES & GMS Gyms (may change based on attendance)
- All **4th – 8th Grade Boys & Girls** welcome
- Open Gyms nights are optional for all players
- Players can still tryout without attending Open Gym

TRYOUTS: **Tryouts are mandatory**

- Tryouts will be held on **Friday, Oct. 11th from 6pm – 9pm**
- GES & GMS Gyms
- Parents & players need to arrive 30 min early to tryouts to fill out paperwork and to allow player to warm up.

CONTACTS:

Todd Kazlauskas
toddkaz07@icloud.com
860-303-1646

Kevin Schultze
ksexactk@gmail.com
860-705-5697

Bill Hanley
GMS Boys Head Coach
pgbillh45@sbcglobal.net
860-367-7767

OPEN GYM – FRIDAY NIGHTS

Sept. 6th – Oct. 11th
6pm – 8pm
GES (4,5 grade Boys/Girls)
GMS (6,7,8 grade Boys/Girls)

TRYOUTS – FRIDAY, OCT. 11TH 6PM - 9PM

1. GES GYM:

- 4-8th Grade Girls 6pm-7pm
- 4th Grade Boys 7pm-8pm
- 5th Grade Boys 8pm-9pm

2. GMS GYM:

- 6th Grade Boys 6pm-7pm
- 7th Grade Boys 7pm-8pm
- 8th Grade Boys 8pm-9pm

PRACTICES

October 14th – Mid March
2-4 nights a week
1-1/2hr each practice

GAMES - (weekends only)

CTBALL Season
Mid November – March
• 20-25 games
• Includes End of the Year
March Madness Tourney

Optional Tournaments

- Turkey Shootout Tourney
- Old School Holiday Tourney

what is... a Trunk or Treat?

WHY PARTICIPATE?

- ! Give your kids a fun, safe and amazingly awesome event!
- ! Only Trunkers & Vendors will know exact time of the Trunk or Treat!
- ! It's free & you will have a parking spot
- ! Your kids can be part of the earlier "Trunker Treat"

*A trunk or treat event is a safer way to trick or treat. Participants (aka "Trunkers") bring their cars/trucks to our event decorated in crazy, fun or scary themes. (Lights, music, fog machines, what ever you wish) Each vehicle has a trunk filled with candy (please no homemade food) and the kids go to each vehicle to trick or treat.

This is all done in a safe, supervised event during our Spooktopia event, which will have music, live entertainment, vendors, food, dancing, fun, contest + much more!



Griswold's Youth & Family Services || Park & Recreation Depts

Spooktopia & TRUNK OR TREAT Event



GRISWOLDREC.ORG

WE NEED TRUNKERS

Sign Up Your Family Car/SUV as a Trunker:

- 1) go to www.griswoldREC.org
- 2) on the front page... click: "be a vendor" or "be a trunker"
- 3) fill out quick form (it's free for both, the payment option at the bottom will disappear)

VENDORS:

Yes it is free, but you can't sell any products **BUT** you may share your info with 2k+ who attend!

October 12th
Trunkers Needed 5:30 - 8:00 pm
Veteran's Memorial Park in Jewett City



7th Annual Edgar Fontaine Memorial

Spooktopia & TRUNK OR TREAT Event



"Nothing too scary for the kids, no charge, just foolishness" -edgar

griswoldrec.org

OCTOBER
12

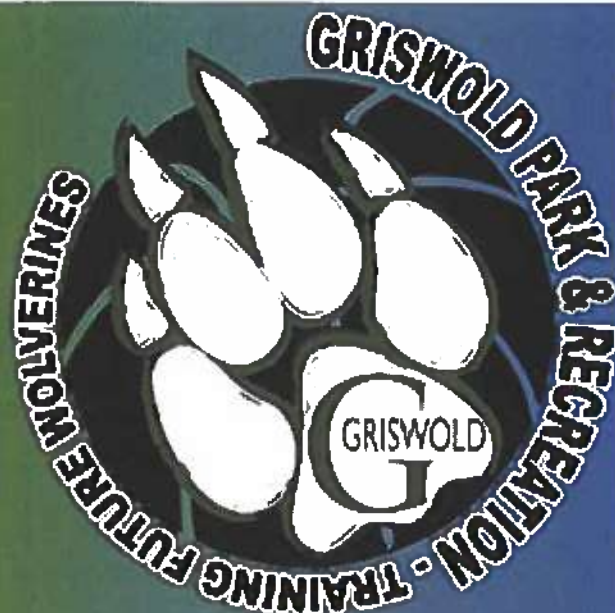
Veteran's Memorial Park
in Jewett City
6 to 8 PM



**YOU ARE INVITED TO A
HUGE TRUNK OR TREAT!!**

(please bring one bag of
candy per family to enter)

**FREE SHUTTLE FROM
GRISWOLD MIDDLE SCHOOL**



HEAD COACHES NEEDED

WHY COACH!?

- One Child Enrolled for Free
- Free Team Photo & Coach Polo
- Training Up Our Future Wolverines
- Creating Childhood Memories

SEASON DETAILS:

EARLY NOV TIL END MARCH

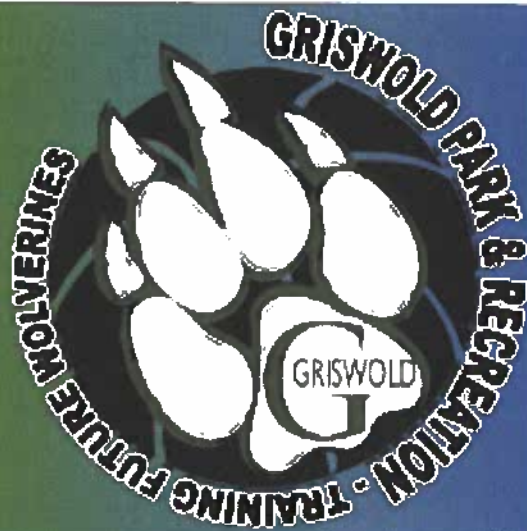
Ages 5 : Thursdays 4:30 - 6:00 (YC Staff Will Assist)

Ages 6 : Fridays 4:30 - 6:00 (YC Staff Will Assist)

Ages 7 & 13 : Saturdays for 2 Hours + One Weekday Night

HOW TO BE A COACH?

TEXT: YOUR NAME, AGE & BOYS OR GIRLS - TO: 860.213.1524



EARLY BIRD DISCOUNT: SAVE \$10 PER PLAYER DEADLINE: OCT. 28TH

Griswold/Jewett City: \$60
Non-Resident Price: \$70
Plus Sibling Discount of \$5 Off
(prices increase \$10 Oct.29!!)

SEASON DETAILS

(may change due to enrollment)

NOV 1 TIL - MARCH 22

Coed Ages 5 : Thursdays 4:30 - 6:00 (YC Staff Will Assist)

Coed Ages 6 : Fridays 4:30 - 6:00 (YC Staff Will Assist)

Not Coed: Ages 7&8, 9&10, 11-13

Boys = Saturday for 1.5 Hours + One Weekday Practice

Girls = Sundays (after 11:30 am) for 1.5 Hours + One Weekday Practice

What's Included?

- Professional jersey

- End of season medal

- \$5 sibling discount

- Professional refereed games

Ages 7+

- A player photo magazine cover included

CHANGES TO LEAGUE

- leagues by age, not grade
- weekday practice for ages 9&Up (7&8 depending on facility space)
- longer player clinics to observe skills to make teams more even
- Youth Center Staff helps with Ages 5 & 6 Coed
- More practice time before games begin
- YC Staff on Game Days

SIGN MY KID(s) UP!

Pay Online:

griswoldrec.org

~ OR ~

@ Griswold Youth Center
68 Ashland St., Jewett City
Monday til Friday 1 - 5 pm

WE NEED COACHES! WHY SHOULD YOU?

- One Child Enrolled for Free
- Free Team Photo & Coach Polo
- Training Up Our Future Wolverines
- Creating Childhood Memories

Want to Coach?

Text: Your Name, Age & Boys or Girls
To: 860.213.1524

GRISWOLDREC.ORG

GRISWOLD PARK & RECREATION DEPTS

SNOWFLAKE PARADE @ 5 PM

SATURDAY, NOVEMBER 16TH
YOUTH CENTER > MAIN ST > SLATER AVE > GMS

AFTER 6:00 PM @ GMS
CRAFTS, CAROLING, TOUR FLOATS,
MEET SANTA & MRS. CLAUSE

BE IN THE NIGHT LIGHT PARADE BY SIGNING UP @

GRISWOLDREC.ORG

TEEN/ADULT WELLNESS FITNESS PROGRAMS



KOKONDO KARATE
MONDAYS @ 7:30 PM
THURSDAYS @ 7:00 PM
CALL TOM: 860.376.5680

@GMS



MIXXEDFIT
MONDAYS & WEDNESDAYS
6:00 - 7:00 PM
CALL KRISTIN: 860.334.9341

@GES



AEROBICS/WEIGHTS/PILATES
TUE'S & THUR'S @
6:00 PM
CALL TORY: 860.859.7922

@GES



YOGA
MONDAYS: 6:30 PM
WEDNESDAYS: 5:15 PM
CALL ERICA: 860.608.2449

**HELD AT: YC
WELLNESS
STUDIO
68 ASHLAND
STREET IN
JEWETT CITY**



H.I.I.T. CLASS
HIGH INTENSITY INTERVAL TRAINING
FRIDAYS @ 6:00 PM
CALL CHRIS: 860.303.6400

LEARN MORE: GRISWOLDREC.ORG



SOCIAL SERVICES RESOURCES

ADDITIONAL QUESTIONS?

VISIT US AT: THE GRISWOLD YOUTH CENTER (GYC)
68 ASHLAND STREET, JEWETT CITY - OFFICE HOURS M-F 2-5 PM

griswoldREC.org
#loveOURresidents

UCFS Healthcare

Well-Being Redefined.



DIAL 860.376.7040 or ucfs.org
medical services - women's health
dental health - behavioral health
school-based health centers - eldercare
pharmacy - billing - insurance
mental health - substance use
case management

DIAL 860.425.6681 or tvcca.org
case management services - childcare
preschool - employment - training
energy assistance - financial education
housing - section 8 rental assistance
senior nutrition program - meals on wheels
senior volunteer services - WIC

DIAL 2-1-1 or 211ct.org
food - mental health - youth
health care - housing - income
substance use - transportation
utility assistance - crisis
older & elderly assistance
legal assistance - re-entry

CHILD CARE

Little Log School House - (860) 376-4975
TVCCA Head Start - (860) 889.1365
Nurturing Kids Childcare Center - (860) 376-1377
Care 4 Kids - 1-888-214-5437
Birth to Three - 1-800-505-1000
GES Before/Aftercare: Carelot: 860-367-2313 or carelot.net
Griswold Youth Center Afterschool Club - 860.376.7026

PARENT INFO

Health Insurance : accesshealthct.com or 1-855-805-4325
Eyeglasses for Children - Lisbon Lions Club on Facebook
Local Addiction Support Group - Matt's Mission : 860.917.6348
Addictive Behavior Smart Recovery - Voluntown YSB - 860.376.2226
Christmas Help or School Supplies @ GYC - 860.376.7026
Read to Grow! Free Books @ GYC - 860.376.7026
Community Services or Internships @ GYC - 860.376.7026
GES Retention Referred Tutoring @ GYC - 860.376.7026
Car Seat Checks: American Ambulance in Norwich or L&M Hospital
Safe-Kids CT: ctsafekids.org

HOME HEATING ASSISTANCE

CT DDS through TVCCA -
860.425.6681 or 860.889.1365 or 211 or ct.gov/staywarm
Soldiers, Sailors & Marines Relief Fund - 860.886.8557
Project Warm-Up - CART or United Way - 860.464.6012
Salvation Army - 860.889.2329
Clergy Fuel Bank - 860.823.3753

WATERFORD COUNTRY SCHOOL

Outpatient Clinic for Children
Ages 3 to 18 - trauma - mental health - behavioral issues
860.886.7500 x310

CT DEPT OF SOCIAL SERVICES

SNAP - Medical - HUSKY - Family Planning
Cash Assistance - Medicare Savings
Apply for Benefits : <https://portal.ct.gov/DSS>

ENERGY ASSISTANCE:

Griswold Senior Center
(Intake for TVCCA) : 860.376.2604

FOOD ASSISTANCE

St. Mary's Food Pantry: 860.376.2044
(2&4th Tuesday of the Month 10-11 am & 3-4 pm)
Gemma Moran Mobile Food Pantry
@ St. Mary's Food Pantry (3rd Wed of Month)
Feed the Need - Lighthouse Church
@ GYC (2&4th Tuesday of the Month)

ALL OTHER RESOURCES NOT RELATED
TO YOUTH & FAMILY SERVICES CALL: TINA FALCK
@ GRISWOLD SENIOR CENTER - 860.376.2604

eastern
connecticut
performing
arts

MOVIN' MUNCHKINS 2019

Register Today!

LEVEL 1 CLASS ~ OCT 2, 9, 23, 30 / NOV 6, 13
(AGES 5-6) @ 7:00-8:00PM IN GHS CAFE

LEVEL 2 CLASS ~ OCT 2, 9, 23, 30 / NOV 6, 13
(AGES 5-12) @ 7:00-8:00PM IN GHS CAFE

AUDITION 101 ~ OCT 21, 28 / NOV 4, 18
(AGES 10+) @ 6:00-7:30PM IN GHS CHORUS ROOM

\$50/STUDENT/CLASS



Instructed by:
Mrs. Keri Danner

FOR MORE INFORMATION,
PLEASE VISIT
WWW.ECPAA.ORG



Student's Name: _____
Student's Age: _____
Parent's Name: _____
Parent's Phone: _____
Parent's Email: _____

Please check the appropriate class that your child will be attending:

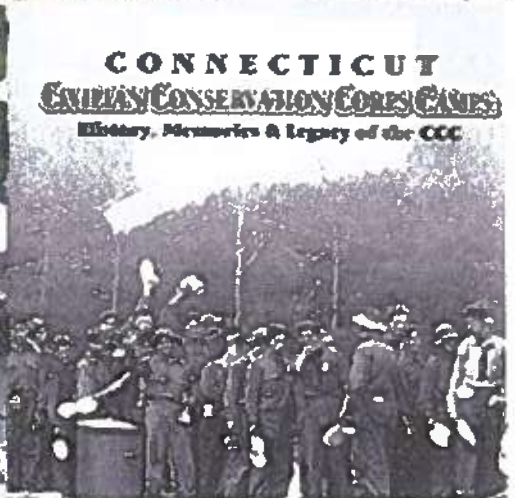
- Level 1 Class (Ages 5-6) - Oct 2, 9, 23, 30 / Nov 6, 13 @ 6-7pm in the Griswold High School Cafeteria (12 students maximum)**
- This class is an introduction to dance movement. Basic fundamentals of posture, positions, and steps will be learned along with stretching and traveling across the floor. Each class will incorporate creative movement time in a safe and positive environment allowing the students to explore the steps learned in class and put together their own routines both on their own. We will dance to upbeat age-appropriate music and utilizing props such as hula hoops, cones, and more. This class is a hour long and is designed for beginner level students with limited or no dance class experience.
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- Level 2 Class (Ages 7-8) - Oct 2, 9, 23, 30 / Nov 6, 13 @ 7-8pm in the Griswold High School Cafeteria (12 students maximum)**
- This class takes the Movin' Munchkins to the next level with a continued focus on stretching and posture, but will also incorporate more terminology and technique. Students will be given a folder and a notebook that they will be expected to bring to class each week to take some very basic notes and bring home pictures, stickers, and other dance-related information. There will be plenty of time for creative movement in each class in a safe and positive environment as well as other learning-through-play and movement-based games. This class is an hour long and is designed for beginner-intermediate students with some dance class experience.
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- *NEW Auditioning 101 for Young Performers (Ages 10+) - Oct 21, 28 / Nov 4, 18 @ 6-7:30pm in the Griswold High School Chorus Room (12 students maximum)**
- Auditioning for a show can be intimidating, overwhelming, and sometimes downright scary. This class will help ease the fears of the audition process by providing the basic tools for a confident, prepared, and memorable performance. Topics to be discussed are how to pick a proper monologue and/or song, presentation in front of the creative team, prepared techniques/terminology, how to handle a dance call, along with many other things. Each student will leave this class with a resume and head-shot. This class is 90 minutes long and is open to any level of experience.

****Scholarships are available for this class. To apply for a scholarship, please attach a letter explaining your financial need to the registration slip.****

Please fill out this form and mail with a a check for \$50 to:

ECPAA
150 Bitgood Rd.
Griswold, CT 06351

Thank you for supporting ECPAA!



FRIENDS OF PACHAUG FOREST

UNVEILING THE CCC STATUE

All are Welcome | Free Event | Food Trucks | Live Music

SATURDAY, SEPTEMBER 21, 2019

10:00AM - 2:00PM

CCC YOUTH FIELD,

PACHAUG STATE FOREST, VOLUNTOWN, CT

GPS: [HTTPS://TINYURL.COM/PACHAUGCCC](https://tinyurl.com/pachaugccc)

Join us to honor the legacy of the Civilian Conservation Corps and commemorate those that were of service at Camp Lonergan, Voluntown, CT.

