# Wednesday Folder



Weekly Newsletter Information for the Town of Griswold



#### **Kindergarten Registration**

#### Griswold Elementary School/Full Day Kindergarten



It is time to register your child for the 2018-2019 school year.

#### Your child must be five years old on or before January 1st, 2019



(Children attending Griswold Public Schools Preschool Program are already registered and you do not have to do anything further.)

WHERE: Griswold Elementary School Office

WHEN: Monday thru Friday 9 am - 2:30 pm or 3:15 - 4:15

PLEASE BRING: Proof of Residency

**Birth Certificate** 

Connecticut State Health Form (Physical)



### It is vitally important that all age-eligible Griswold children are registered ASAP











#### FREE ONLINE PARENTING CLASSES

Reduce Family Stress
Get Kids to Listen and Cooperate
Build Strong Connections
Without Raising Your Voice!

Register at: PeaceAtHomeParenting.com

Use FREE Discount Code: SummerPeace

Sign up for one or all of these classes to Get Ready for Summer

#### Understand Feelings: Raise Caring Kids 12 noon, Thursday, May 31st

- Are you sometimes overwhelmed by your child's emotions?
- Does your child have trouble verbalizing his feelings?
- Do her displays of emotion seem like misbehavior sometimes?

A better relationship with your child starts with emotional intelligence. Emotional intelligence is associated with stronger self-worth, more cooperation, better communication skills, stronger parent-child connection and less family conflict. Learn tools to strengthen your own emotional intelligence and that of your children.

#### Positive Discipline that Works

8:15 PM, Monday, June 11th

- Is your child spending too much time in "time out?"
- Are you concerned you are too strict or too easy?
- Do you sometimes this there must be a better way?

You are not alone. Parents report they want to stop yelling and stop giving in. This live online class will provide simple steps to discipline that works. Win more cooperation and strengthen your child's self-worth.

#### Routines, Chores & Family Meetings

8:15 PM, Monday, June 18th

- Morning routine drive you a little crazy?
- Trash only gets taken out after a zillion reminders?
- Worried that summer will just increase your stress?

Parents who spend time nagging, complaining and punishing tend to have less time to meaningfully connect with their children. Consider Family Meetings and other practical ways to create smoother family routines and support children to be responsible. Plan your summer routine as a family. More connection and more fun!

**ALL CLASSES INCLUDE ONGOING SUPPORT:** You can get questions answered immediately during live classes. After class, participants are invited to join a private Facebook group to connect with other parents working on similar issues. Teachers are available to comment and answer questions. You will also receive a recording of the class to listen to again and with others.

**BONUS:** Participants have access to a free monthly Q&A session at which teachers provide follow-up and guidance as parents apply new approaches.

www.PeaceAtHomeParenting.com

PeaceAtHomeParenting@gmail.com • phone: 860.933.1371



#### **NORWICH SPLASH & DASH**

#### YOUTH AQUATHLON- RUN-SWIM-RUN



Medals to all participants who finish

and trophies for the top 3 male & female finishers in each age group!

Saturday, June 16, 2018

A Triple Crown & High Five Event

Fee Increases: 6/1

\*\*No race day registration

Race Start: 9:00am Check-in:

7:30-8:30am

Mohegan Park, Norwich, CT

For Office Use: Cash

Credit

Check

Date: Saturday June 16, 2018 at Mohegan Park in Norwich, CT

Fee: \$20/ child for Aquathlon.

Fee increases to \$25 on Friday, June 1st.

Race Start: 9am - Check-in opens: 7:30am.

Limited Lifejackets available upon request.

\*\*MUST ALSO HAVE USA TRIATHLON MEMBERSHIP: \$10/year; include membership # below or add in \$10 and we will get you signed up!

Register ONLINE: https://runsignup.com/Race/CT/Norwich/NorwichSplashandDash



Distances

 Ages 5-6
 Run .5 miles
 Swim 50m
 Run .5 miles

 Ages 7-10
 Run .5 miles
 Swim 100m
 Run .7 miles

 Ages 11-17
 Run .5 miles
 Swim 200m
 Run 1.5 miles

USCG Approved life jackets may be worn in water



Total \$



Register ONLINE 24 hours a day!! https://runsignup.com/Race/CT/Norwich/NorwichSplashandDash

OR Drop off or mail your form and entry fee: NL Recreation, 120 Broad Street, New London, CT 06320

Name:	Se	x: M / F Date	e of Birth:_	/_	/	
Address:	Phone: (	)	_ Ag	e on Race	e Day:	
City/ State/ Zip:		Shirt Size: Y	S YM YL	AS AM	AL AXL	
USAT Membership Number: **Email:						
Checks payable to: City of New London						
I acknowledge that I am knowingly and voluntari Rec. Departments'. I acknowledge there are inho hereby release and hold harmless the Cily of Ne and appointed officials, and volunteers from and contact cannot be reached in the event of an em Recreation Department to initiate, order, and per	erent risks associated w London, Ledyard, ( against any and all li ergency, I grant perm	in participating in this Colchester, and Norw ability, claims, injuries sission to the physicia	s activity and a vich, the Recrea s, and property an selected by t	s such I, and ation Departn damage that the New	I on behalf of a minor nents, their employees may occur. If my eme Lone	r child, s, elected ergency

Check Number:

#### cthumanities a special Book Voyagers

Science Tellers presents:



#### The Wild West: The Mystery of the Golden Piano

Grab your spurs and journey with us to the Wild West, where a legendary bank-robbing outlaw is back in town, about to strike again!

After the Sheriff mysteriously vanishes, two young kids must saddle up to foil the heist. Discover how a mysterious piano plays an "instrumental" part in solving the crime.

DATE:

Saturday, June 30, 2018

TIME:

11:00am

PLACE:

**Slater Library** 

26 Main Street

Jewett City, CT 06351

(860) 376-0024



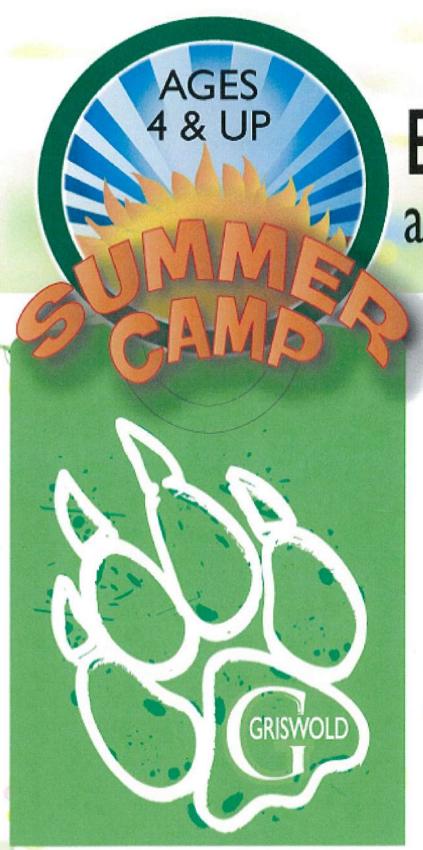






#### Chelsea Groton Foundation

Connecticut Humanities' Book Voyagers programs are made possible through the support of the Carolyn Foundation, the Chelsea Groton Foundation, the Community Foundation of Eastern Connecticut, the Community Foundation of Middlesex County, the Ensworth Charitable Foundation, NewAlliance Foundation, the State of Connecticut and the National Endowment for the Humanities.



## NOW ENROLLING all towns welcome

# Sign Up Online or In Person!

\$90 per week for Residents

\$100 per week for Non-Residents (sign up online = 4% transaction fee)

Did you know... if you sign up in person then there is no fee?

GRISWOLD YOUTH CENTER 68 Ashland Street, Jewett City Monday - Friday: 2 - 5 pm

June 25 - 29 July 2 - 6
July 9 - 13 July 16 - 20
July 23 - 27 July 30 - Aug 3
Aug 6 - 10 Aug 13 - 17

griswoldREC.org





Slater Ave. savings bank

eastern-savin

THANK YOU TO OUR SPONSORS



FOR AL

UGUST 12 to 8:00

EWETT 6

SPONSORED BY:

eastern-savi savings bank eastern

Slater Ave, ewett City







