

Wednesday Folder



Weekly Newsletter
Information for the
Town of Griswold



Kindergarten

Kindergarten Registration

Griswold Elementary School/Full Day Kindergarten



It is time to register your child for the 2019– 2020 school year.

Your child must be five years old on or before January 1st, 2020



(Children attending Griswold Public Schools Preschool Program are already registered and you do not have to do anything further.)

WHERE: Griswold Elementary School Office

WHEN: Monday thru Friday 9 am - 2:30 pm or 3:15 - 4:15 pm

PLEASE BRING: Proof of Residency

Birth Certificate

Connecticut State Health Form (Physical)



**It is vitally important that all age-eligible
Griswold children are registered ASAP**



Please call 860-376-7610 with any questions





GRISWOLD COMMUNITY PRESCHOOL SCREENING

Friday, April 26th

**This date is for next school year's
3 year old children (all children born in 2016)**

(Also, if you missed the previous screening date
for children turning **4 years old (children born in 2015)**
Please come to GES to schedule a screening on this date too.)

Please sign-up in advance at the GES Main Office

All Griswold preschool programs will be invited to present
information on their program during the screening presentation.

*Griswold Elementary Integrated Preschool
Little Log School House*

*GHS Child Labs
Nurturing Kids*

TVCCA Little Learners-Griswold

*If you have questions, please contact:
Sandy Frizzell, Griswold School Readiness Coordinator
860 376-7668 or sfrizzell@griswoldpublicschools.org*

SLATER LIBRARY WINTER/SPRING 2019

Baby and Me

With Melissa Lennon

STORIES AND SONGS

For ages 0 – 24 months

Babies and caregivers will gather for 30 minutes of songs, finger plays, books and nursery rhymes and follow with an open play time.

Tuesdays



10:45 am – 11:15 am

March 5th – May 14th (no class 4/16)

Registration begins February 18th and is open to residents of Griswold and Lisbon through February 23rd. Others may then sign up as space allows. There is no charge for this program. Call 860-376-0024 and ask for the Children's Department to register.

Slater Library, 26 Main St. Jewett City, CT 06351



FREE ADMISSION!

**SATURDAY
APRIL 6**

MEET THE EASTER BUNNY!
(VETERANS MEMORIAL PARK GAZEBO)
11:00 until 12:30 pm

**Bring One Empty
Egg Carton
Per Child (12 eggs)**

EASTER EGG

HUNT DETAILS:

Starts at 11:30 am- Ages 2 to 4
Starts at 12:15 pm - Ages 5 to 9



visit our website: griswoldREC.org

SPONSORED BY:



& Sunny's Supermarket

**DON'T FORGET!
SAME DAY / SAME PLACE**

COMMUNITY YARD SALE

Held at Veterans Memorial Park

April 6th | 7:00 am til 4:00 pm
(\$20 Spots Available, but Not Many!)



Jewett City

Boy Scout
TROOP 20

Turkey Supper

Saturday, April 13, 2019

5pm - 7pm

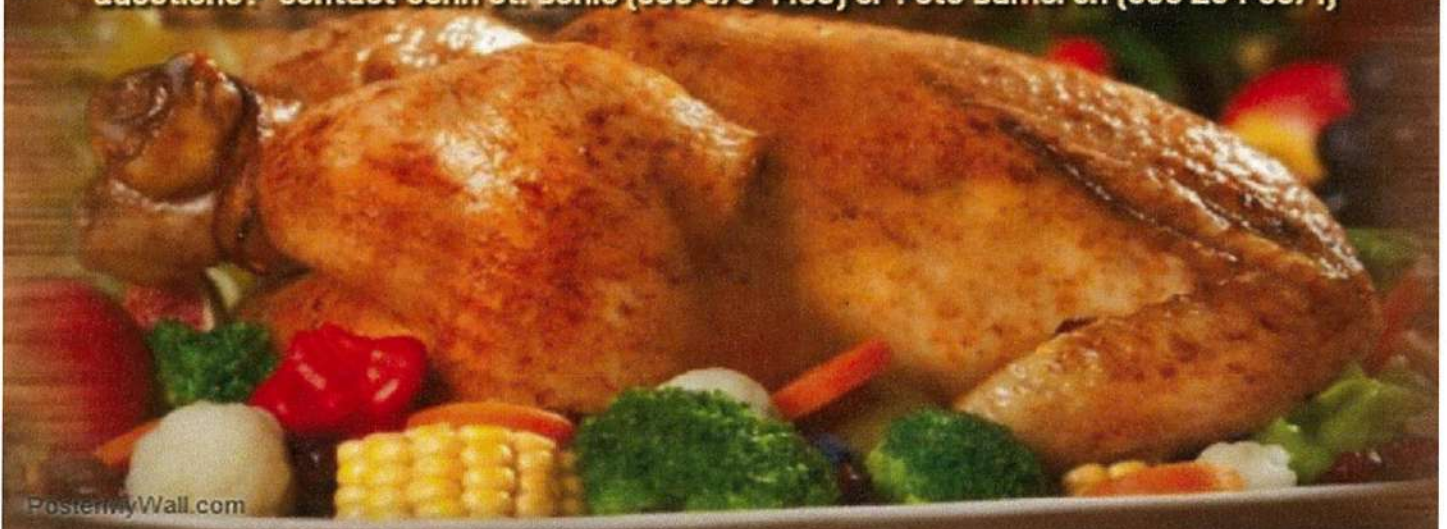
St. Mary's Church

34 North Main Street, Jewett City

Adults \$12 - Seniors \$10 - Children under 3 FREE

Credit cards will be accepted at the door

Questions? Contact John St. Denis (860-576-1430) or Pete Dameron (860-234-8371)



SPRING BREAK FUN @ SLATER LIBRARY!

APRIL 15TH -20TH

DROP IN DURING LIBRARY HOURS
AND CREATE!

MAKE A LEGO CREATION

THEME: SPRING!

CRAFT CORNER!

STOP BY AND SEE WHAT WE ARE
MAKING!

CRAFTS INCLUDE: CUPCAKE LINER BUTTERFLIES,
TULIP PAINTINGS AND CORN CHICKS ☺



Drop in at Slater Library for EARTH DAY!



Make an Egg Carton Bird Feeder

Monday, April 22nd during library hours



Soccer “FUN”damentals

Presented by:

Griswold Soccer Club and UKI Soccer

6 Week Program on Saturdays from April 27th to June 1st

@ Sheldon Field, 211 Sheldon Road, Griswold, CT

Ages	Time	Cost*
9 – 13	9:00 – 10:30 am	\$55
6 – 8	10:00 – 11:30 am	\$55
3 – 5	11:00 – 11:45 am	\$45

* \$5.00 discount for siblings

- Program is open to all players of all skills
- This is a skills based program taught by a professional UKI coach
 - No organized teams
- All participants must wear shin guards and bring a water bottle
 - Please bring a soccer ball if you have one

For up to date information and to register, please visit our website: www.Griswoldsoccer.org

Questions? Contact Ed Conn: 860-367-1182 or email esconn007@gmail.com



Registration for the fall season will open in April

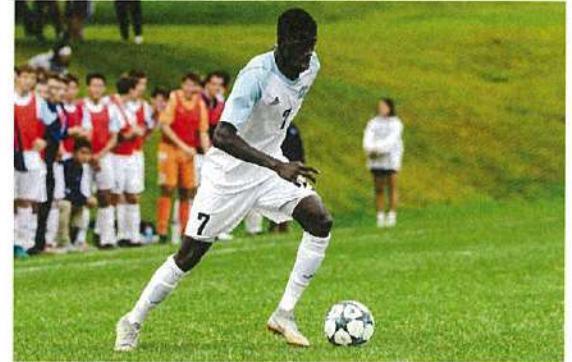


CONNECTICUT COLLEGE SOCCER SPRING BREAK CAMP

April 15-19, 2019

Boys and Girls Ages 5-15

9AM-Noon



CAMP DIRECTOR:

Kenny Murphy – Men's Head Coach, Connecticut College; NSCAA Premier Diploma; USSF B License; Professional Player – NASL

ASSISTANT DIRECTOR:

Reuben Burk – Assistant Coach, Connecticut College

This **fun** camp is designed to teach and refine campers' skills through small-sided games and technical training. Connecticut College soccer team members will be present to interact with and coach the campers. Please note, each camper must provide his/her own ball.

Cost: \$165; \$155 for 2nd child; \$145 for each additional child - Please make checks payable to '**K Murphy Enterprises**', and mail the check and detached registration form below to Kenny Murphy, 270 Mohegan Ave, Box 5245, New London, CT 06320. For more info please email Reuben Burk at rburk@conncoll.edu

Name: _____ Gender: _____ Age: _____ Grade: _____ School: _____

Emergency contact: _____ Phone number(s): _____

Email: _____

I, _____, hereby certify that I am the parent or legal guardian of the camper and understand and agree that Connecticut College Soccer Spring Break Camp does not provide medical insurance covering injuries of any nature. The undersigned hereby releases Connecticut College Soccer Spring Break Camp, K Murphy Enterprises, its successors, officers, agents, and employees from any and all claims, demands and causes of actions resulting from participation in Connecticut College Soccer Spring Break Camp. I hereby authorize the directors of Connecticut College Soccer Spring Break Camp to act within their best judgment in case of an emergency requiring medical attention. Further, I agree to indemnify, defend and hold harmless Connecticut College from any and all claims, demands and causes of action that arise from any negligent acts, conduct or omissions attributable to the camper's participation in the Connecticut College Soccer Spring Break Camp.

Signature of parent/guardian: _____

Insurance Carrier: _____ Policy number: _____



2019 REGISTRATION

Camper: _____

Address: _____

Parent/Guardian: _____

Cell Phone: _____ Home Phone: _____

Email Address: _____

Age as of June 1st: _____ Date of Birth: _____ School Grade as of 8/19: _____
Gender: Male / Female _____ Returning Camper? Yes / No _____

Sign me up for tons of fun the following weeks:

Minimum Deposit*: General Camp \$250/wk. Day & Clover Camp \$125/wk.

Session	General Camp Fee	Day Camp Fee
___ Clover—June 20-22	\$235	—
___ 1) June 23—June 28	\$550	\$295
___ 2) June 30—July 5	\$550	\$295
___ 3) July 7—July 12	\$550	\$295
___ 4) July 14—July 19	\$550	\$295
___ 5) July 21—July 26	\$550	\$295
___ 6) July 28—August 2	\$550	\$295
___ 7) August 4—August 9	\$550	\$295
Total Tuition Due	\$ _____	\$ _____
Minus Total Discount	\$ _____	\$ _____
Total Deposit* Due	\$ _____	\$ _____

Select Paid Activities below.
Campers will choose all other Activities when they arrive at Camp.

\$ _____ Paid Activity Fees (6/25/each) \$ _____ Camp Store Candy Snack (55 or 10)

\$ _____ Cabin Photo Fee (\$20) \$ _____ Group Photo Fee (\$20)

Total Paid Activity Fees Due \$ _____

Total Amount Enclosed: \$ _____

Make Checks Payable to: NLC 4-H Camp Check Number: _____

Or pay by VISA, MasterCard or Discover.

Credit Card # _____ Exp. date Mo/Yr _____

CVV Code _____ Signature _____

NEW LONDON COUNTY 4-H CAMP

Box 6002

Norwich, CT 06360

Camp Registrar Phone: (860) 886-7476

Off Season/Alternate Phone (860) 889-5266

Fax: (860) 887-1378

E-mail: NLC4HCamp@aol.com

REGISTER ONLINE AT www.my4hcamponline.com

Decline Revision Date: 19 FEB 2019

CAMP OPEN HOUSES

Camp Overview, Camp Tours, Registration Discounts. Come join us on one of these dates:

- Sunday, May 5th, 2 - 4 PM
- Saturday, May 18th, 2 - 4 PM
- Saturday, June 1st, 2 - 4 PM

Also on June 1st...Tag Sale & Car Wash 9-4

PHYSICAL CAMP ADDRESS

37 Kahn Road
Franklin, CT 06254
(or North Franklin for GPS)



Ask about our pre-season, money-saving specials!
Or click the REGISTER button on our website www.my4hcamponline.com



CONTACT US:

- Camp Registrar Phone: (860) 886-7476
- Off Season/Alternative Phone: (860) 889-5266
- Fax: (860) 887-1378
- E-mail: NLC4HCamp@aol.com

REGISTER ONLINE AT: www.my4hcamponline.com

MAILING ADDRESS

New London County 4-H Camp
PO Box 6002, Norwich, CT 06360

NEW LONDON COUNTY 4-H CAMP



Campers do not have to be a 4-H member to attend Camp!



Day Camp

Boys and girls ages 6 (as of June 1) to 17. Mon-Fri, from 8/24-8/9. Enjoy the 4-H Camp along with our general campers. Choose from many daily activities. Lunch included. Drop off 7:45-8:30 AM. Pick up 4:45-5:30 PM.

Clover Camp

A great introductory camping experience for younger campers!

Boys and girls ages 6 (as of June 1) to 8. 6/20-22, two nights. Small groups for individual attention and supervision. Clovers can return for Session 4, 7/14-19. 8 year olds can attend any week of camp.

General/Overnight Camp

Boys and girls ages 8 (as of June 1) to 17. Weekly from 6/23-8/6. Choose from many daily activities. Special Teen Leadership program for teens ages 14 to 17 or entering 9th grade in the 2019-20 school year. Teens receive training as future counselors/leaders.

Celebrating Our
72nd Year in Camping



ABOUT OUR CAMP



- The New London County 4-H Camp was founded in 1947 on 24.5 acres in Franklin, CT, as an educational/recreational facility. The camp is open to all youth without regard to race, gender, color, national origin, or religion.
- 4-H Camp provides youngsters with a fun experience in group living in the outdoors. Through a wide variety of activities, campers develop a greater understanding of themselves, others, and the world around them.
- Self development, environmental awareness, and a concern for health and safety are core skill sets taught each summer to all campers, ages 6-17. And of course having fun!
- The New London County 4-H Camp is owned by the New London County 4-H Foundation, Inc. and is sponsored with the University of Connecticut Cooperative Extension System.



UConn
COLLEGE OF AGRICULTURE,
HEALTH AND NATURAL
RESOURCES

ABOUT OUR STAFF

Connecticut Certified Camp Director
Red Cross Certified Waterfront Personnel
Connecticut Certified Archery Instructor
Red Cross Certified Canoeing Instructor
Certified Ropes Instructor
Licensed Medical Personnel on Site at All Times
International and U.S. Counselors
Resident Staff (1 to 6 counselor/general camper ratio, 1 to 2 ratio for Clover campers)
Cabin Counselors sleep in cabins for supervision

ARRIVAL & DEPARTURE

Campers are responsible for their own transportation to/from camp.

Arrival Times:

General/Overnight Camp: Sunday, 2-4 PM on the first day of the Camp session.

Day Camp: Check in on Sunday, 3-4 PM. Drop off time is 7:45-8:30 AM, Monday-Friday.

Clover Camp: Thursday, June 20th, 11 AM — 12 Noon.

Departure Times:

General/Overnight Camp: Friday, 6 PM on the last day of the Camp session*.

Day Camp: Pick up time is 4:45-5:30 PM, Monday-Friday. Late fees apply.

Clover Camp: Saturday, June 22nd, 12 Noon.

*Family and friends of Day and General/Overnight campers are encouraged to attend the FRIDAY closing ceremony at 5:30 PM, the last day of the Camp Session.



MEDICAL FORMS

No camper will be admitted without the completed health form and a physical signed by a licensed physician and valid within two years of the start through the end of camper's 2019 camp attendance. An information packet and medical forms will be available in our online system at www.my4hcamponline.com in April/May.

FINANCIAL

Please send \$250 deposit per general/overnight session with application. Day Camp and Clover Camp deposits are \$125 per session. Pre-season discount rates must be paid in full in order to take advantage of the special pricing.

Balance is due by June 14, 2019 including activity fees, or on the first day of session if late registration.

A \$30 processing fee will be charged for insufficient or returned checks.

There will be absolutely no full or partial refunds after

June 14, 2019.

No full or partial refunds for early dismissal due to homesickness, misconduct, or medical reasons.

Limited camperships available. Application is due May 17, 2019 and can be found on our website www.my4hcamponline.com. Or call Camp Registrar's office for an application: (860) 886-7476.

Open registrations welcome throughout camp season.

Sponsor A Campership

If you are interested in donating towards a general, day or military campership, please contact us at (860) 886-7476 or (860) 889-5266 or NLCHCamp@aol.com.



ACTIVITIES

ARCHERY—A certified instructor teaches safety and beginner and intermediate skills with bow and arrow! Ages 10 & up.

CANOEING & KAYAKS—Instruction in safety and handling of canoes. Pond participation to qualified campers.



DANCE—Campers participate in creating their own dance and then perform it at the weekly variety show.

DISC GOLF—An exciting program that combines your Frisbee throwing abilities with 9 holes of golf!

MOVIE PRODUCTION—Using fun digital technology, learn how to produce a movie at Camp for full production!

DRAMA—A variety of creative activities which might include mime, puppetry, set making, one act plays, costume creation, and pantomime. Perform them in the Camp Talent Show!

NATURE/OUTDOOR LIVING—Awareness of everything around you... pond life, animal life, forest and field. Your adventure continues with a night campout including pitching tents, cooking on an outdoor fire, and learning simple first aid.

NEWSPAPER—Reporting, photography, and production of the weekly camp newsletter, "The Happy Camper."

MUSIC—Bring your own instrument or use one of ours. Perform in the Camp Talent Show!

ROPES COURSE—Leadership development, individual & team challenges taught by certified instructors. Ropes course, zip line and monkey dumb on trees. Ages 12 & up.



SWIMMING—A certified American Red Cross staff follow programs for fun at the 4-H pond!

SPORTS—Campers get to play a range of sports and activities ranging from basketball, gaga ball, volleyball, soccer, softball, and much, much more.

The following programs have an additional fee: \$25 per program

***ARTS & CRAFTS**—Enhanced program this year—new and exciting crafts, creative artistic projects. Create a scrapbook of your camp experience! Project includes taking camp pictures to include in your book!

***FISHING**—Cast your camp provided fishing pole, catching a great time & a few fish along the way. You take home the fishing pole and the fish stories. (If you bring your own pole, there is no fee for the program.) Ages 8 & up.

***ROCKETRY**—Beginner and advanced classes. Construction, safety, and LAUNCH! Ages 10 & up.

***MAD SCIENCE**—Do you have a knack for creating wacky inventions? Do you like to design and participate in crazy science experiments? Does your curiosity sometimes run wild? Then Mad Science might be the perfect activity for you! Ages 8 & up.



GOLD SPONSORS

111 Main Street
Jewett City
Call Us at
(880) 376-4444
www.jcsbank.com
YOUR HOMETOWN BANK

eastern-savings.com
1 Slater Ave,
Jewett City
savings bank (860) 376-2548

SILVER SPONSORS

Putnam Bank
TOGETHER WE MAKE A DIFFERENCE

BRONZE SPONSORS

GRISWOLD DENTAL

GRISWOLD PARK & REC PRESENTS:

NIGHT LIGHT PARADE

MUSIC & ENTERTAINMENT IN PARK AT: 8:45 PM

Piercing Sound

MUSIC & LIGHTING

ENTERTAINMENT BY: JASON PEPITONE

BE PART OF OUR PARADE OR LEARN MORE

griswoldREC.org

PARADE STARTS AT: 8:10 PM

Starts @ GMS, to Slater Ave, to Main St End at Youth Center
@ 68 ASHLAND STREET, JEWETT CITY, CT 06351

THANK YOU JEWETT CITY & GRISWOLD FIRE DEPT FOR SUPPORTING OUR PARADE!

night light

PARADE @ 8 PM

Where?
Main Street,
Jewett City

MAY 4



**WANT TO SHOW
OFF YOUR
RIDDLE?**

BE IN OUR PARADE!

**PROMOTE
YOUR
ORGANIZATION?**

Presented by: Time To TRI Youth Foundation

USAT Sanctioned
Event

YOU CAN DU IT



DATE: Saturday, May 11
TIME: 9:00 AM
LOCATION: Hopeville State Park
FEE: \$20 per person/
\$25 after 5/1/19; \$10 USAT fee if not a member
AGES: 5-17 years old
Pre-Registration Deadline: May 1

RACE CLINIC- Learn all about what a duathlon is and tips and strategies to help you in the race. 3 Days- \$20 per child (includes USAT membership!).
April 25, May 2, & May 8.
Register on the race page for "Race Clinic".

Ages 5-6	Run .5 miles	Bike 1 mile	Run .5 miles
Ages 7-10	Run .5 miles	Bike 2 miles	Run .7 miles
Ages 11-17	Run .5 miles	Bike 4 miles	Run 1.5 miles
Supersprint	Run .5 miles	Bike 6 miles	Run 2 miles



Register and information at:

www.runsignup.com/Race/CT/Griswold/YouCanDUitYouthDuathlon

Join us for this family friendly youth duathlon at the beautiful Hopeville State Park in Griswold, CT. Youth participants ages 5-17 will run, bike, and run on the roads and trails inside the park. All biking will be done on paved roads. Medals to all finishers. T-shirts for the first 100 participants pre-registered before April 24. Trophies will be given out to the top three finishers in each age division; 5-6, 7-8, 9-10, 11-12, 13-14, 15-17 & Supersprint.

Registration deadline for getting your name on the bib is April 24.

Registration closes online on May 9 at midnight. No registration Fri or Sat.

Presented by: Time to TRI Youth Foundation—a non-profit organization working to inspire our youth to enjoy fitness through multi-sport racing.

Call 860-334-5874 or email timetotriyouth@gmail.com with any questions.

Time to TRI Youth Foundation

You Can DU It- Youth Duathlon Training



DATE: Thurs, Apr 25, Thur, May 2, Wed., May 8

TIME: 5:30-6:30 PM Ages: 5-17 yrs old

PLACE: Hopeville State Park-

Meet at the Beach

FEE: \$20



What is a duathlon? (Run, Bike, Run) Come on down to Hopeville Park for a 3 day duathlon training and course walk through. We will train on the exact course where participants will run for the You Can DU It- youth duathlon on May 11. Bring your bike each night. Ask questions! Learn about what you should bring to the race. Get your bike and helmet checked over for fit and safety.

Includes USA Triathlon Membership and practice race the 3rd night. Run by a USA Triathlon Certified Youth Coach.

Questions? Call Sharon at 860-334-5874.

Register at: <https://runsignup.com/Race/CT/Griswold/YouCanDUItYouthDuathlon>



SATURDAY, May 18th

**Leave Griswold's commuter parking lot (exit 22)
promptly at 7:00am (6:45 be there!)
stopping at exit 14 in Norwich at approximately 7:10**

ENJOY YOUR DAY IN NEW YORK CITY

Bus makes stops at:

The Metropolitan Museum of Art

Rockefeller Center

Half-Price Ticketron

Macy's on 34th St.

Bus leaves NYC at 7:00pm SHARP

\$55 per person

FIRST COME, FIRST SERVED

NO REFUNDS

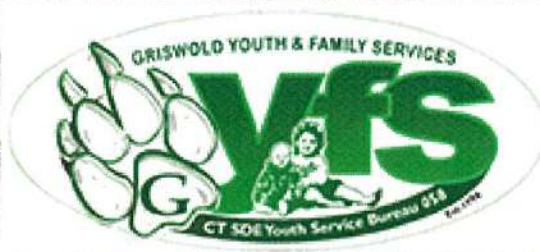
Tickets available at:

Slater Library

26 Main St., Jewett City, Ct 06351

call 376-0024 for information

**Sponsored by Friends of Slater Library. Please make checks
payable to FRIENDS OF SLATER LIBRARY**



afterschool IN THE SCHOOL

**FREE AFTERSCHOOL
PROGRAMS HELD AT GES!!
UNTIL 4:30 PM.**

SIGN UP: GRISWOLDREC.ORG



K & 1ST PROGRAMS



Kid Lego Robotics: Monday, Oct 1 and 15

Board Game Club: Monday, Oct 29 and Nov 5


Christmas Crafts: Monday, Dec 3

Hoops with Judy Jones: Wednesday, Jan 2, 9, 16, and 23


Phil's Dance Party: Friday, April 26

May Flowers: Monday, May 20

Board Game Club: Monday, Oct 29 and Nov 5
234 Open Gym Basketball: Monday, Nov 19 and 25
Hoops with Judy Jones: Wednesday, Jan 2, 9, 16, and 23
Kid Chef: Monday, Jan 7, 14, 26, and Feb 4, 11, 25
4H Robotics: Monday, March 4, 11, 18, 25 and April 1, 8
Phil's Dance Party: Friday, April 26
4 Square: Monday, April 22 and May 6, 13
Summer Kids Chef: Mondays, June 3, 10 & 17



2ND-4TH GRADE PROGRAMS





PEACE AT HOME
P A R E N T I N G S O L U T I O N S



Manage Screen Time: End the Power Struggles

FREE Workshop for Parents of Children in Preschool – Grade 8

Sponsored by Griswold Public Schools and School Readiness Council

6:00 – 7:30 PM, Thursday, April 25, 2019

Dinner served at 5:30 PM

Griswold Elementary School, 303 Slater Avenue, Jewett City

Screen time is a red hot issue between parents and children. Parents complain they can't get screen time under control and kids can't seem to get enough. Over half of parents say their kids are "addicted" and even among young children craving for screen time is rapidly accelerating.

Technology offers many opportunities but also the risk of overexposure and neglect of relationships and personal development. Class participants will gain practical solutions to this growing challenge. You will learn how to take the struggle out of managing screen time by taking a mindful approach to setting limits that balance the risk and rewards. You will also have a chance to recognize ways that parents may not realize we are contributing to the problem.

Workshop presenter Aaron Weintraub, MS is director of Kids Cooperate in Tolland, CT and behavior specialist at Holiday Hill Camp in Mansfield, CT. His perspective draws from an integration of practical therapies and philosophies that share a strengths based approach and a focus on practical, evidence based techniques tailored to the individual needs of the child and family. Aaron is a dad and Peace At Home teacher and coach.



For more INFORMATION or to REGISTER, CONTACT

Courtney Brannon at 860-376-7610

Or email CBrannon@griswoldpublicschools.org

Door Prizes and Childcare available for registered families

Please register early!

www.PeaceAtHomeParenting.com

PeaceAtHomeParenting@gmail.com • phone: 860.933.1371

FREE LIVE ONLINE PARENTING CLASSES

Sponsored by the Griswold School Readiness Council and Griswold Public Schools

- ✓ Build Strong Connections
- ✓ Reduce Family Stress
- ✓ Get Kids to Listen and Cooperate
Without Raising Your Voice!



Register at: PeaceAtHomeParenting.com/Griswold-Login

APR	APR 1, 8:15 pm: Establece un ambiente de cooperación (2-12 años)
	APR 3, 8:15 pm: FREE 5 Mindful Habits to Reduce Stress and Increase Happiness
	APR 8, 12 pm: ABC's of potty training (18 months – 4 years old)
	APR 8, 8:15 pm: Disciplina Positiva que funciona (2-12 años)
	APR 15, 8:15 pm: Tweens and teens: Planning for independence
	APR 16, 8:15 pm: Manage Screen Time: End the Power Struggles
	APR 17, 8:15 pm: Picky eating 101: Make mealtimes enjoyable again (Infants, Toddlers, Preschoolers)
	APR 22, 12 pm: FREE Live Online Class: How to Take the Stress Out of Parenting (2-12 years)
	APR 22, 8:15 pm: FREE Q&A Session for All Class Participants
	APR 23, 8:15 pm: Be your child's emotions coach: Manage and communicate emotions
APR 30, 8:15 pm: My Child Struggles in School: How Can I Help? (K – 8th grade)	
MAY	MAY 1, 12 pm: Let's get on the same page: Practical steps to resolve parenting style conflicts
	MAY 6, 8:15 pm: Establece un ambiente de cooperación (2-12 años)
	MAY 13, 12 pm: EAT PLAY SLEEP: Help infants and toddlers grow into cooperative kids (Infants, Toddlers, Preschoolers)
	MAY 13, 8:15 pm: Disciplina Positiva que funciona (2- 12 años)
	MAY 14, 8:15 pm: Be your child's calm center: How to stay calm when your child is stressed
	MAY 15, 8:15 pm: Get ready for Childcare/Pre-K: Ensure a positive transition for you and your child
	MAY 20, 8:15 pm: FREE Live Online Class: How to Take the Stress Out of Parenting
	MAY 22, 8:15 pm: FREE Q&A Session for All Class Participants
MAY 28, 8:15 pm: Keep your kids close: Why parents need to matter more than peers (2 – 12 years)	
JUN	JUN 3, 8:15 pm: Establece un ambiente de cooperación (2-12 años)
	JUN 4, 8:15 pm: Parenting children with special needs: Anxiety, ADHD and autism (K – Teens)
	JUN 5, 8:15 pm: Routines, chores and family meetings: Get a little more organized & have more fun! (2 – 12 years)
	JUN 10, 12 pm: Taming tantrums: Recognize triggers and plan ahead (1-5 Years)
	JUN 10, 8:15 pm: Disciplina Positiva que funciona (2- 12 años)
	JUN 17, 8:15 pm: Tweens and teens: Planning for independence
	JUN 19, 8:15 pm: Positive discipline for toddlers and preschoolers: Challenging behaviors & setting limits (1-5 Years)
	JUN 24, 8:15 pm: FREE Live Online Class: How to Take the Stress Out of Parenting (2 – 12 years)
	JUN 25, 8:15 pm: Raise happy children: Parenting for optimism and resilience (2 – 12 years)
	JUN 26, 8:15 pm: FREE Q&A Session for All Class Participants

AVAILABLE RECORDINGS

Self-Regulation: Teach & Model (2 – 12 years)
Mindfulness & Parenting (2 – 16 years)
Blended Families: Does it ever get easier? (2 – 20 Years)
Help Your Child Feel Safe in a Complicated World (For parents, teachers, childcare providers & anyone who works with kids)
Routines, Chores & Family Meeting: Get Ready for Summer! (2 – 12)
Sibling Connections among Young Children (For parents of infants and toddlers with older siblings)
ABC's of Potty Training (2 - 5 years)
Support Your Anxious Child (2 - 12 years)
School Success: Inspire Motivation (K - 8)
Co-Parenting: Make It Work
Positive Discipline for Children with ADHD, Autism or Anxiety (2 - 12 years)
Social Skills for Kids with Special Needs (for parents of children with ADHD or Autism)
Meaningful Holidays: What Kids Really Want that Money Can't Buy (2 - 12 years)
Be Your Child's Emotional Coach: Help Kids understand and Manage Emotions
Solve Challenging Behaviors: Parent-Child Teamwork (K - 8)
EAT PLAY SLEEP: Help Infants & Toddlers Grow in Positive Ways (For parents of infants and toddlers)
Raise Happy Children: Parenting for Optimism & Resilience (For parents of children ages 2 - 12)
Putting it all together: parenting check-up (Birth – teens)
Get ready for Childcare/Pre-K: Ensure a positive transition for you and your child
Manage Screen Time: End the Power Struggles
FREE Wellness on the Run: Quick, Real Life Strategies for Parents of Young Children
Positive Discipline for Peace at Home (For parents of children ages 2 - 12)
How to Take the Stress Out of Parenting
Infant Toddler Brain Development: Why Parents Matter So Much
Mealtimes: End the Power Struggle
Anxious children: what really helps? (2 – teens)
5 Mindful Habits to Reduce Stress and Increase Happiness
Toxic stress: what is it and why is it important in family life? (Birth – teens)
Meltdowns, Tantrums and Aggression, oh my! Positive Discipline for Toddlers and Preschoolers
Parenting teens: power struggles or effective discipline? (12 – 18 years)
Inspire independence and sustain love of learning (Birth – 5 years)
Money and Kids: Raise Financially Responsible Children (2 – teens)

ALL CLASSES INCLUDE ONGOING SUPPORT: Participants are invited to join our private Facebook group to connect with other parents working on similar issues. Teachers are available to comment and answer questions. **BONUS:** Participants have access to free monthly online Q&A sessions. Teachers provide follow-up and guidance as parents apply new approaches. Next Q&A Sessions are listed above. Class tests and certificates of participation available.

For more information, contact Courtney Brannon at cbrannon@griswoldpublicschools.org or email us at info@peaceathomeparenting.com.



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