

**TOMORROW**  
IS THE BIG DAY...

**September 22nd 2022**  
**RGHS Club Rush**  
during both lunches @ the quad!

**During early & late lunch !!**

*If you're interested in learning or joining a school club, group or any sports team definitely stop by!*



**STUDENT**  
**AND**  
**CLUBS**  
**ORGANIZATIONS**



# RIVER CITY HS

## RISE Matrix

<h1>R</h1> <p>Respectful</p>	<h1>I</h1> <p>Inclusive</p>	<h1>S</h1> <p>Safe</p>	<h1>E</h1> <p>Engaged</p>
<ul style="list-style-type: none"><li>• Communicate with adults &amp; peers respectfully</li><li>• Use appropriate language</li><li>• Do your part to keep River City Clean</li></ul>	<ul style="list-style-type: none"><li>• Be kind and understanding</li><li>• Collaborate with classmates and teachers</li><li>• Listen with an open mind</li><li>• Share, encourage, and value other ideas.</li><li>• Check in on friends and others</li></ul>	<ul style="list-style-type: none"><li>• Follow current health protocols</li><li>• Implement a healthy schedule</li><li>• Use school equipment appropriately</li><li>• Be mindful of your personal needs &amp; seek support</li><li>• Honor the confidentiality &amp; privacy of others</li></ul>	<ul style="list-style-type: none"><li>• Utilize communication tools &amp; platforms to stay involved</li><li>• Come prepared with your device charged</li><li>• Be on time to classes and move quickly to your classes</li><li>• Stay focused and on task</li><li>• Actively participate and do your best</li></ul>

# Mario Molina

Was a Mexican chemist who played a pivotal role in the discovery of the antarctic ozone hole. He was the 3rd Mexican-born person to receive a Nobel Prize. As well as the 1st Mexican-born scientist to receive the nobel prize in chemistry. Molina was a also a climate policy advisor to the President of Mexico. He was awarded the Presidential Medal of Freedom by Barack Obama for his contributions as a “visionary chemist and environmental scientist.”

Everyone should know who Molina is because of his important role in discovering the threat to Earth's ozone layer from chlorofluorocarbon gases.

<https://www.youtube.com/watch?v=2ENksmSbqpU>



# HOLLYWOOD HOMECOMING

FALL  
DANCE



2022  
7PM-10PM  
OCTOBER 1ST

## HOLLYWOOD HOMECOMING TICKET SALES:

9/14 - 9/30: **\$15**

WITH ASB STICKER: **\$12**  
(Pre-order only)

@THE DOOR 10/1: **\$20**

### WHERE:

SELLING DURING  
LUNCHES AT  
STUDENT STORE



DON'T WANT TO WAIT UNTIL 9/14?  
TICKETS AVAILABLE  
TO BUY ONLINE NOW!!



<https://gofan.co/app/events/700531?schoolId=CA22599>

# MULTI-CULTURAL RALLY SPIRIT WEEK

**MONDAY:**

**ADAM SANDLER  
DRESS UP LIKE  
ADAM SANDLER**

**TUESDAY:**

**BBQ DAD VS. SOCCER  
MOM  
DRESS UP AS EITHER**

**WEDNESDAY:**

**PJ DAY  
WEAR PJS/ BRING A  
BLANKET**

**THURSDAY:**

**MULTI-CULTURAL  
WEAR YOUR  
TRADITIONAL  
CULTURAL CLOTHING**

**FRIDAY:**

**CLASS COLORS  
WEAR YOUR CLASS  
COLORS**



# GRAND CANYON UNIVERSITY VISIT!

September 23, 2022

RCHS Raider Café

11:00 AM – 11:30 AM

Sign up with Mrs. Desmangles  
in the Counseling Office to attend!

**EMMA CULLUM**

University Admissions Counselor

Sacramento Area Schools

[Emma.cullum@gcu.edu](mailto:Emma.cullum@gcu.edu)

916-387-5576







# Academic Outreach starts August 22nd in the Raider Cafe!

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**AM**

7:45 - 8:25 AM

Mornings by Appointment Only.

**PM**

3:45-  
4:45 PM

**Mr Jimenez-Williams**  
Social Studies, English,  
Math

**Mr Ortiz**  
Math, English

**Mr Hedstrom**  
Math, Science (Bio,  
Chemistry)

**Ms Puliz**  
English, Math



**Mr Jimenez-Williams**  
Social Studies, English,  
Math

**Mr Ortiz**  
Math, English

**Mr Hedstrom**  
Math, Science (Bio,  
Chemistry)

**Mr Hudson**  
Math (All levels)

**Dr. Sahar**  
Biology, Chemistry



**FREE TUTORING!!!**

**Ms Burton**  
Math (all levels)

**Mr Jimenez-Williams**  
Social Studies, English, Math

**Mr Ortiz**  
Math, English

**Mr Hedstrom**  
Math, Science (Bio, Chemistry)

**Ms Puliz**  
English, Math



**Snacks & drinks  
provided!**

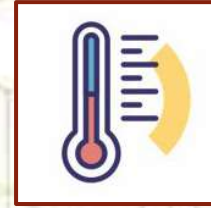
**GOES TO TUTORING**



**BEST GRADES EVER**







***Interested in health science?  
Come check out HOSA!***

*This year's topics...*

**Biomedical Lab Sciences**

**CPR & First Aid**

**Health Careers**

**Medical Math, Spelling, & Terminology**

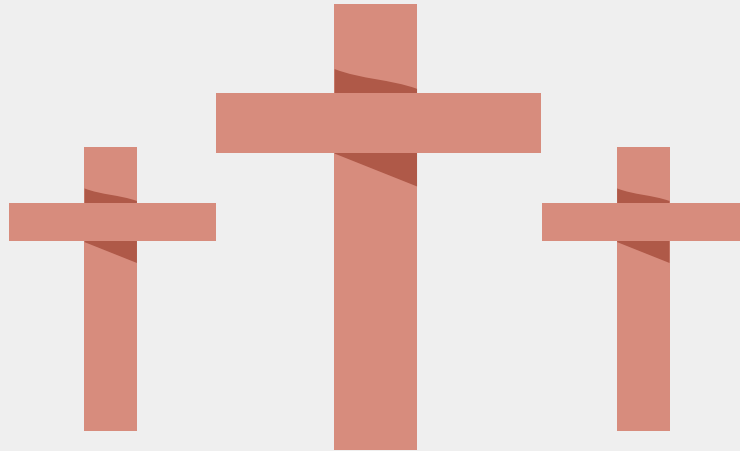
***Remind*** — Text @rchshosa6 to 81010

***Instagram*** — @rchshosa

***Meetings*** — Mondays 3:45-4:45pm

**Room 758 (upstairs G Building)**

# Christian Bible Study Club



**We'll be reading & studying the Bible together as well as praying for each other & our campus.**

**Every Friday in Room F601 (Computer Lab in Ms. Warrior's Room)**

**All are welcome to attend!**

**Join our Remind with the code @rchsbible**



Next Seeds Club Meeting!

Wed, September 21st

In 705 at 2

Text 916-465-5185 for info

Join us to discuss our plans for upcoming fundraisers (yard sales, bake sales, etc...) and how we hope to make River City a campus that maintains environmental relief!



# Fellowship of Christian Athletes-- Everyone Welcome!

- Meetings the FIRST THREE Wednesdays of each month
- Room 706 @1:35
- 20-45 minutes

- First Wednesday: Guest Speaker & pizza!!
- Second Wednesday: Service Learning Hours!!
- Third Wednesday: Student-lead Bible study!!

**Add us on:**



**@rivercitysfca**



**@rchsfca2223**



**4nlgvss**

# Volunteer opportunities



VOLUNTEER VOLUNTEER VOLUNTEER Community CONNECT community  
VOLUNTEER Volunteer GROWTH  
Help Connect Serve  
Volunteer Help  
Serve  
HELP Community Growth Community Growth  
Serve  
CONNECT  
CONNECT

**Volunteer opportunities available.**

Apply online at [myhuntsvillibrary.com/230/Library/Volunteers](http://myhuntsvillibrary.com/230/Library/Volunteers)

Huntsville Public Library... more than just books, something for every one.





# West Sac Bears Football Needs volunteers

## Service learning Opportunity

**SignUpGenius Link:**

<https://www.signupgenius.com/go/10c0e48aba62fa0f4c16-west>

**Shifts are 2 hours each, but you may sign up for as many shifts as you would like for Entry Table, Snack Bar, and Wearables Table using the link above.**

**Once at the game, volunteers must ask for a Board Member. For questions call 916-914-3956**

**Camera person needed** to record/film the games (All recording equipment will be provided) Call number above for details

Or email [WESTSACBEARS@GMAIL.COM](mailto:WESTSACBEARS@GMAIL.COM)

Home games are played at River City High School, West Sacramento, CA 95691

# Service Learning Opportunity



# ROCK THE BLOCK

**Bryte/Broderick**

**Date:** Saturday, Oct. 8th (8 hours)

**Time:** 7:30-8am check in/breakfast, prompt 8am start, lunch 12:15 pm - 12:45 pm, 3:30pm wrap up

**Provisions:** Habitat will provide t-shirts, breakfast, and lunch for all volunteers! – You can pick up your Rock the Block t-shirt in the morning upon check-in.

**1231 Anna Street, West Sacramento, CA 95605**

**Click QR Code to apply**





# Service Learning Opportunity

## Yolo Food Bank – Walk-up Food Giveaway

West Sac City Hall Parking Lot, Saturdays, 7:45 am – 12:00 pm



Yolo Food Bank serves 240 community members each week with fresh grocery portions at this distribution! Help out with setting up, sorting food, and facilitating the walk-up market.

Use QR Code below to complete the required Orientation!



<https://cerv.is/0276gTbJv8S>

Then, use this QR Code to register for the distribution!



<https://cerv.is/0276gQaZXiy>

Volunteers under 18 must be accompanied by an adult! See [yolofoodbank.org/volunteer](http://yolofoodbank.org/volunteer) for more info on age requirements!



# Community SERVICE LEARNING Opportunity

Stonegate Elementary

**HARVEST FESTIVAL**

**4 hours AVAILABLE on Friday, October 14** from

**4 PM until 8 PM – Deadline to apply 10-12-22**



Interested students may see Mrs. Desmangles in the counseling office for an application

Stonegate Elementary School

2500 La Jolla St, West Sacramento, CA 95691

Volunteers are needed to help set up and run our game stations and other fun booths, and to clean up at the end. For questions about this event, please call or text Stacy Grow at 916-270-7058.