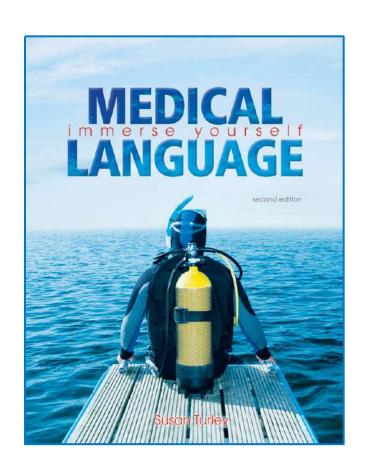
## Medical Language

**Second Edition** 



CHAPTER 1

The Structure of Medical Language

### **Learning Objectives**

- 1. Identify the five skills of medical language communication.
- 2. Describe the origins of medical language.
- 3. Recognize common Latin and Greek singular nouns and form their plurals.
- 4. Describe characteristics of combining forms, suffixes, and prefixes.

## **Learning Objectives**

- Give the medical meaning of common word parts.
- Build medical words from word parts and divide medical words into word parts.
- Spell and pronounce common medical words.

### **Learning Objectives**

- 8. Describe the format and contents of common medical documents.
- Dive deeper into the structure of medical language by reviewing the activities at the end of this chapter and online at Medical Terminology Interactive.

## **Multimedia Directory**

Slide 11Effective Communication Video

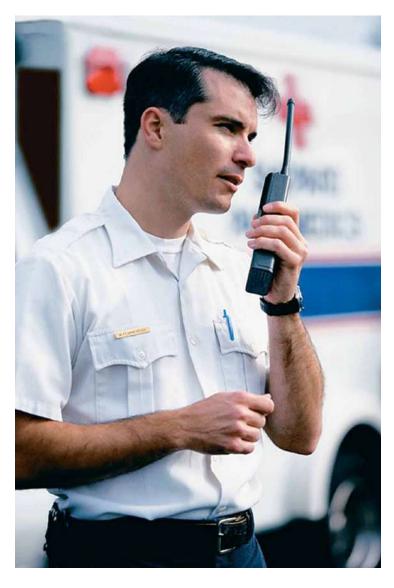
Slide 71Patient Histories Video

Slide 72Taking Vital Signs Video

Slide 74Paramedic Career Video

## Welcome to Medical Language!

Medical language is the language of the healthcare profession, and medical words are the tools of the trade. Learning medical language is your key to a successful career in the healthcare field.



**Figure 1-1** Medical language. (Getty Images—Photodisc)

# Medical Language and Communication

- Communication in any language consists of five language skills.
- These same five language skills are important in medical language.

## The Five Medical Language Skills

- Reading
- Listening
- Thinking, analyzing, and understanding
- Writing (or typing) and spelling
- Speaking and pronouncing



Figure 1-2 Medical language communication

### **Effective Communication Video**



Click on the screenshot to view a video on the topic of effective communication.

### The Beginning of Medical Language

- Etymology is the study of word origins and derivations.
- Many words have been derived from other languages.
- Many medical words come from the ancient Latin or Greek language.

- Some medical words are identical to Latin or Greek words.
- Some medical words are similar (but not identical) to Latin or Greek words.
- Some medical words are similar to words from old English, Dutch, and French.

Medical Word	Language of Origin	
nucleus	Latin <i>nucleus</i>	
pelvis	Latin <i>pelvis</i>	
sinus	Latin sinus	
paranoia	Greek paranoia	
thorax	Greek thorax	

Medical Word	Language of Origin
artery	Latin <i>arteria</i>
muscle	Latin musculus
vein	Latin <i>vena</i>
phobia	Greek phobos
sperm	Greek sperma

Medical Word	Language of Origin	
bladder	English <i>blaedre</i>	
heart	English <i>heorte</i>	
drug	Dutch droog	
physician	French <i>physicien</i>	

# Medical Singular and Plural Nouns

#### Latin

Singular Ending	How to Form the Plural	Example
<b>-</b> a	Change -a to -ae	vertebra → vertebrae
-us	Change -us to -i	bronchus → bronchi
-um	Change -um to -a	bacterium → bacteria
-is	Change -is to -es	testis → testes
-ex, -ix	Change -ex to -ices Change -ix to -ices	apex → apices helix → helices

# Medical Singular and Plural Nouns (con't)

#### Greek

Singular Ending	How to Form the Plural	Example
-is	Change -is to -ides	iris $\rightarrow$ irides
-nx	Change -nx to -nges	phalanx → phalanges
-oma	Change -oma to -omata	fibroma → fibromata
-on	Change -on to -a	ganglion → ganglia

#### **Medical Words and Word Parts**

- Medical language contains medical words.
- Most medical words contain word parts.
- Word parts are puzzle pieces that, when fit together, build a medical word.

# Medical Words and Word Parts (con't)

- There are three different kinds of word parts.
  - Combining forms
  - Suffixes
  - Prefixes

# Medical Words and Word Parts (con't)

Word Part	Meaning
combining form	the foundation of the word
suffix	the word ending
prefix	an optional word beginning



Figure 1-3 Combining form

#### **Medical Word Parts**

- Characteristics of a Combining Form
  - The foundation of a word
  - Gives the word its main medical meaning.
  - Has a root, a forward slash, a combining vowel, and a final hyphen.

### **Medical Word Parts (con't)**

- Characteristics of a Combining Form
  - Most medical words contain a combining form.
  - Sometimes a medical word contains two or more combining forms, one right after the other.

## **Common Combining Forms**

Combining Form	Medical Meaning
abdomin/o-	abdomen
append/o-	appendix
arteri/o-	artery
intestin/o-	intestine
laryng/o-	larynx (voice box)
muscul/o-	muscle
thyroid/o-	thyroid gland
tonsill/o-	tonsil
veno-	vein

# Common Combining Forms (con't)

Combining Form	Medical Meaning
arthr/o-	joint
cardi/o-	heart
derm/o-	skin
gastr/o-	stomach
mamm/o-	breast
nas/o-	nose
psych/o-	mind

# Common Combining Forms (con't)

Combining Form	Medical Meaning
cholecyst/o-	gallbladder
cost/o-	rib
enter/o-	intestine
hepat/o-	liver
hyster/o-	uterus
lapar/o-	abdomen

#### **Medical Word Parts: Suffixes**

- Characteristics of a Suffix
  - A suffix is a word part that is at the end of a word.
  - A suffix modifies or clarifies the medical meaning of the combining form.
  - A suffix is a single letter or group of letters that begins with a hyphen.
  - Most medical words contain a suffix.



Figure 1-4 Suffix.

## Suffixes for Adjective Forms

Suffix	Medical Meaning	Example and Definition
-ac	pertaining to	cardiac (pertaining to the heart)
-al	pertaining to	intestinal (pertaining to the intestine)
-ar	pertaining to	muscular (pertaining to the muscle)
-ary	pertaining to	urinary (pertaining the urine)

# Suffixes for Adjective Forms (con't)

Suffix	Medical Meaning	Example and Definition
-ic	pertaining to	pelvic (pertaining to the pelvis)
-ine	pertaining to	uterine (pertaining to the uterus)
-ive	pertaining to	digestive (pertaining to digestion)
-ous	pertaining to	venous (pertaining to the vein)

### **Suffixes for Processes**

Suffix	Medical Meaning	Example and Definition
-ation	a process; being or having	urination (a process of [making] urine)
-ion	action; condition	digestion (action of breaking down food)
-lysis	process of breaking down or destroying	hemolysis (process of breaking down or destroying blood)

# Suffixes for Diseases and Conditions

Suffix	Medical Meaning	Example and Definition
-ia	condition; state; thing	pneumonia (condition of the lung)
-ism	process; disease from a specific cause	hypothyroidism (disease from the specific cause of deficient thyroid hormone)
-itis	inflammation of; infection of	tonsillitis (inflammation of the tonsil)
-megaly	enlargement	cardiomegaly (enlargement of the heart)
-oma	tumor; mass	neuroma (tumor of the nerve)
-osis	condition; abnormal condition; process	psychosis (abnormal condition of the mind)
-pathy	disease, suffering	arthropathy (disease of the joint)

## Suffixes for Diagnostic, Medical, and Surgical Procedures

Suffix	Medical Meaning	Example and Definition
-ectomy	surgical excision	appendectomy (surgical excision of the appendix)
-gram	a record or picture	mammogram (a record or picture the breast)
-graphy	process of recording	mammography (process of recording the breast)
-metry	process of measuring	spirometry (process of measuring the breath)
-scope	instrument used to examine	colonoscope (instrument used to examine the colon)

## Suffixes for Diagnostic, Medical, and Surgical Procedures (con't)

Suffix	Medical Meaning	Example and Definition
-scopy	process of using an instrument to examine	gastroscopy (process of using an instrument to examine the stomach)
-stomy	surgically created opening	colostomy (surgically creating an opening in the colon)
-therapy	treatment	psychiatry (treatment of the mind)
-tomy	process of cutting or making an incision	laparotomy (process of making an incision in the abdomen)

#### **Suffixes for Medical Specialties**

Suffix	Medical Meaning	Example and Definition
-iatry	medical treatment	psychiatry (medical treatment for the mind)
-ist	one who specializes in	therapist (one who specializes in therapy)
-logy	the study of	cardiology (the study of the heart)

#### **Medical Word Parts: Prefixes**

- Characteristics of a Prefix
  - A prefix is a word part that, if present, is at the beginning of a word.
  - A prefix modifies or clarifies the medical meaning of the combining form.
  - A prefix is a single letter or group of letters that ends with a hyphen.
  - Occasionally, a medical word has two prefixes.



Figure 1-5 Prefix

### **Prefixes for Location or Direction**

Prefix	Medical Meaning	Example and Definition
endo-	innermost; within	endotracheal (pertaining to within the trachea)
epi-	upon; above	epidermal (pertaining to upon the skin)
inter-	between	intercostal (pertaining to between the ribs)
intra-	within	intravenous (pertaining to within a vein)

# Prefixes for Location or Direction (con't)

Prefix	Medical Meaning	Example and Definition
peri-	around	pericardial (pertaining to around the heart)
post-	after; behind	postnasal (pertaining to behind the nose)
pre-	before; in front of	premenstrual (pertaining to before menstruation)
sub-	below; underneath; less than	subcutaneous (pertaining to underneath the skin)
trans-	across; through	transvaginal (pertaining to through the vagina)

# Prefixes for Amount, Number, or Speed

Prefix	Medical Meaning	Example and Definition
bi-	two	bilateral (pertaining to two sides)
brady-	slow	bradycardia (condition of a slow heart)
hemi-	one half	hemiplegia (condition of one half [of the body] with paralysis)
hyper-	above; more than normal	hypertension (condition of more than normal pressure)

# Prefixes for Amount, Number, or Speed (con't)

Prefix	Medical Meaning	Example and Definition
hypo-	below; deficient	hypothyroidism (disease from a specific cause of deficient thyroid gland [hormone])
mono-	one; single	mononucleosis (abnormal condition of [white blood cells that each have] one [large] nucleus)
poly-	many; much	polyneuritis (inflammation of many nerves)
quadri-	four	quadriplegia (condition of four [limbs] with paralysis)

# Prefixes for Amount, Number, or Speed (con't)

Prefix	Medical Meaning	Example and Definition
tachy-	fast	tachycardia (condition of a fast heart)
tri-	three	trigeminal (pertaining to three [nerve branches in a] group)

### **Prefixes for Degree or Quality**

Prefix	Medical Meaning	Example and Definition
а-	away from; without	aspermia (condition [of being] without sperm)
an-	without; not	anesthesia (condition [of being] without sensation)
anti-	against	antibiotic (pertaining to against living organisms)
de-	reversal of; without	dementia (condition [of being] without a mind)

# Prefixes for Degree or Quality (con't)

Prefix	Medical Meaning	Example and Definition
dys-	painful; difficult; abnormal	dysphagia (condition of painful or difficult eating and swallowing)
eu-	normal; good	euthyroidism (process of normal thyroid gland [function])
mal-	bad; inadequate	malnutrition (being or having inadequate nourishment)
re-	again and again	respiration (a process of again and again breathing)

# Analyze and Define Words: Combining Form and Suffix

- Divide the medical word into its combining form and suffix.
- Define each word part.
- Put the word part meanings in this order: meaning of the suffix first, followed by the meaning of the combining form.
- Add small connecting words, if needed, to make a correct and complete definition of the medical word.

## Analyze and Define Words: Combining Form, Suffix and Prefix

- Divide the medical word into its prefix, combining form and suffix.
- Define each word part.

### Analyze and Define Words: Combining Form, Suffix and Prefix (con't)

- Put the word part meanings in this order: meaning of the suffix first, followed by the meaning of the prefix, followed by the meaning of the combining form.
- Add small connecting words, if needed, to make a correct and complete definition of the medical word.

## Building Medical Words: Suffix that Begins with a Consonant

- Select the suffix and combining form whose meanings match the definition of the medical word.
- Change the order of the word parts to put the suffix last.
- Delete the forward slash and hyphen from the combining form. Delete the hyphen from the suffix.
- Join the two word parts.

## Building Medical Words: Suffix that Begins with a Consonant (con't)

Medical Word	Word Part	Word Part Meaning
cardiology	combining form cardi/o-	<u>heart</u>
	suffix <u>-logy</u>	the study of

Medical Word Definition the study of the heart

## Building Medical Words: Suffix that Begins with a Vowel

- Select the suffix and combining form whose meanings match the definition of the medical word.
- Change the order of the word parts to put the suffix last.
- Delete the forward slash, combining vowel, and hyphen from the combining form. Delete the hyphen from the suffix.
- Join the two word parts.

## Building Medical Words: Suffix that Begins with a Vowel (con't)

Medical Word	Word Part	Word Part Meaning
cardiac	combining form cardi/o-	<u>heart</u>
	suffix <u>-ac</u>	pertaining to

Medical Word Definition pertaining to the heart

## **Building Medical Words: Contains a Prefix**

- Select the suffix, prefix and combining form whose meanings match the definition of the medical word.
- Change the order of the word parts to put the suffix last.

# **Building Medical Words: Contains a Prefix (con't)**

- Delete the hyphen from the prefix. Delete the forward slash, combining vowel, and hyphen from the combining form. Delete the hyphen from the suffix.
- Join the three word parts.

## Building Medical Words: Contains a Prefix

Medical Word	Word Part	Word Part Meaning
intracardiac	combining form cardi/o-	<u>heart</u>
	suffix <u>-ac</u> prefix <u>intra-</u>	<u>pertaining to</u> <u>within</u>

Medical Word Definition pertaining to within the heart

#### **Pronounce Medical Words**

- Knowing the definition of a medical word is important.
- Being able to pronounce the medical word correctly is equally important.

### Pronounce Medical Words (con't)

- Follow these simple directions for pronouncing medical words:
  - Say each syllable by following the "see-andsay" pronunciation guide.
  - Accented syllables are in all capital letters.
  - Secondary accented syllables are in smaller capital letters.
  - Practice pronouncing the word several times until you have mastered its pronunciation.

### Pronounce Medical Words (con't)

appendectomy	(ap-pen-DEK-toh-mee)
arthritis	(ar-THRY-tis)
gastric	(GAS-trik)
laryngitis	(LAIR-in-JY-tis)
mammography	(mah-MAWG-rah-fee)
pneumonia	(noo-MOH-nee-ah)
therapist	(THAIR-ah-pist)

#### The Medical Record

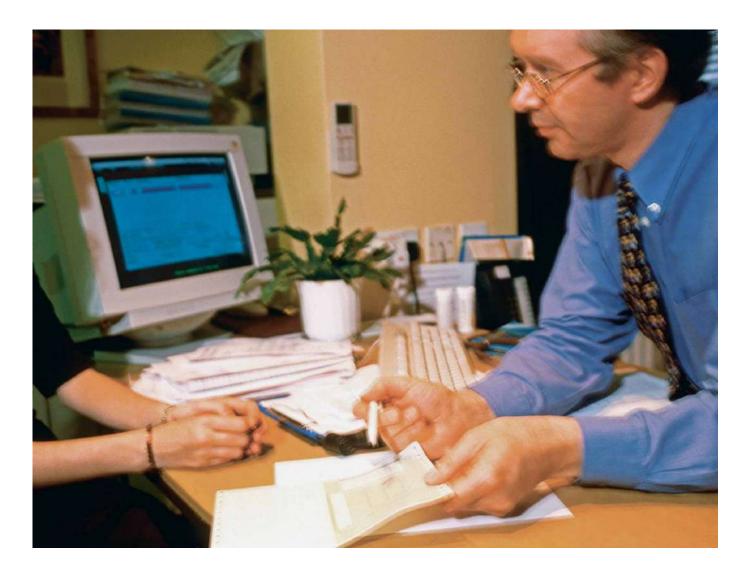
- The medical record is where healthcare professionals document all care provided to a patient.
- Contains not only medical documents but those that are also legal documents that can be used in a court of law.

### The Health Record (con't)

- The paper medical record has been the traditional form of a medical record, but it has some disadvantages:
  - Only one person can access it at a time.
  - It can become lost or damaged, and it can take time to retrieve a patient's past medical records.
  - This delay can compromise the delivery of quality care.

# Computerized Patient Records (CPRs)

- More offices, hospitals, and other healthcare facilities are converting to computerized patient records (CPRs).
- Healthcare professionals can have immediate access to both current and previous medical records.



**Figure 1-6** Computerized patient record.(CPR).

#### The Electronic Patient Record

 In the future, an all-encompassing electronic patient record (EPR), electronic medical record (EMR), or electronic health record (EHR) will provide seamless, immediate, and simultaneous access by many healthcare professionals to all parts of a patient's record regardless of where those parts were created or stored.

### Standard Headings in Hospital Admission and Discharge Documents

- Chief Complaint (CC)
- History of Present Illness (HPI)
- Past Medical (and Surgical) History (PMH)
- Social History (SH) and Family History (FH)

### Standard Headings (con't)

- Review of Systems (ROS)
- Physical Examination (PE)
- Laboratory and X-ray Data
- Diagnosis (Dx)
- Disposition

- Consent to Treatment Forms
  - Before patients can be treated at any type of healthcare facility, they must sign *consent to treatment forms* that give the physicians and other healthcare professionals the right to treat them.
    - Treatment without consent is against the law and is considered to be battery (touching another person without his or her consent).

- Consent to Treatment Forms
  - For patients who are minors, the parent or legal guardian signs the consent to treatment.
    - In an emergency situation, care is provided until the appropriate person is able to consent.

- Informed Consent
  - Patients must sign another consent form if they are to have surgery.
  - Prior to a surgery, the physician describes the purpose of the surgery and informs the patient of alternatives, risks, and possible complications.
  - If patients elect to proceed with the surgery, they sign the form, thus giving informed consent.

- The Health Insurance Portability and Accountability Act (HIPAA) of 1996.
  - Patients must also sign a form that allows the facility to contact their insurance companies to obtain payment for the health care provided.

- The Health Insurance Portability and Accountability Act (HIPAA) of 1996.
  - All healthcare settings must provide patients with a statement verifying that their medical record information is secure and is only released to authorized healthcare providers, insurance companies, or to healthcare quality monitoring organizations.

#### **Patient Histories Video**



Click on the screenshot to view a video on the topic of taking patient histories.

### Vital Signs Video



Click on the screenshot to view a video on the topic of vital signs.

#### **Abbreviations**

chief complaint computerized p

computerized patient record

**DS** discharge summary

**Dx** diagnosis

**EMR** 

**EPR** 

FH

**EHR** electronic health record

electronic medical record

electronic patient record

family history

H&P

HIPAA

history and physical (examination)

Health Insurance Portability and Accountability

Act (pronounced "HIP-ah")

HPI

PE

**PMH** 

ROS

SH

history of present illness

physical examination

past medical history

review of systems

social history

### Paramedic Career Video



Click on the screenshot to view a video on the topic of paramedics and emergency medicine.