

Section 5.3

Integration: “Integration by Substitution”



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Introduction

- In this section we will study a technique called substitution. It can often be used to transform complicated integration problems into simpler ones.
- This method is directly related to the chain rule that we learned in chapter three for taking the derivative of a composition of functions $f(g(x))$.



Relationship to the Chain Rule



1. The chain rule gives us

$$\frac{d}{dx}[F(g(x))] = F'(g(x)) * g'(x) \quad \text{when } F(x) \text{ is an antiderivative of } f(x).$$

2. The corresponding integration formula is $\int F'(g(x)) * g'(x) dx = F(g(x)) + C$.

3. Since F is an antiderivative of $f(x)$, that means that $\int f(x) dx = F(x)$ and $\frac{d}{dx}[F(x)] = F'(x) = f(x)$.

4. Therefore, we can do substitution of $f(x)$ where $F'(x)$ used to be and this gives us

$$\int f(g(x)) * g'(x) dx = F(g(x)) + C .$$

5. This is where we may begin the u -substitution idea. If we let $u = g(x)$, which is the innermost function for $f(g(x))$, and take its derivative, then we have $\frac{du}{dx} = g'(x)$.

6. Now we can do u -substitution and simplify:

$$\int f(g(x)) * g'(x) dx = \int f(u) * \frac{du}{dx} dx = \int f(u) du = F(u) + C$$





Guidelines for u -Substitution

Step 1. Look for some composition $f(g(x))$ within the integrand for which the substitution

$$u = g(x), \quad du = g'(x) dx$$

produces an integral that is expressed entirely in terms of u and its differential du . This may or may not be possible.

Step 2. If you are successful in Step 1, then try to evaluate the resulting integral in terms of u . Again, this may or may not be possible.

Step 3. If you are successful in Step 2, then replace u by $g(x)$ to express your final answer in terms of x .



Example

- I picked x^2+1 to be u because it is the “innermost function” and its derivative $du/dx=2x$ which is also in the original problem and will make substitution easier.

► **Example 1** Evaluate $\int (x^2 + 1)^{50} \cdot 2x \, dx$.

Solution. If we let $u = x^2 + 1$, then $du/dx = 2x$, which implies that $du = 2x \, dx$. Thus, the given integral can be written as

$$\int (x^2 + 1)^{50} \cdot 2x \, dx = \int u^{50} \, du = \frac{u^{51}}{51} + C = \frac{(x^2 + 1)^{51}}{51} + C \blacktriangleleft$$

Rules for Choosing u

- There is no rule for how to pick u that works 100% of the time.
- If you are starting with a composition of functions $f(g(x))$, setting $u=g(x)$ will almost always work and that is a good thing to look for.
- Another strategy that often works well is to **look for two parts of the original question where one part is the derivative of another**. Make one du/dx and the other equal to u .

Example of $f(g(x))$



Find $\int \frac{dx}{\left(\frac{1}{3}x-8\right)^5}$

Since the function inside the parentheses is $\frac{1}{3}x - 8$, it is a good idea to make that u .

Then $\frac{du}{dx} = \frac{1}{3}$.

Cross multiply to get $3du = 1dx$ and solve for dx to get $dx = 3du$.

$\int \frac{3du}{(u)^5} = 3 \int u^{-5} du$

Substitute $dx = 3du$ and $u = \frac{1}{3}x - 8$.

Factor out the constant, 3.

Rewrite with a negative exponent to make the integration easier.

$3 \cdot \frac{u^{-4}}{-4} + C$

Use the rule $\int x^r du = \frac{x^{r+1}}{r+1} + C$

$\frac{-3}{4\left(\frac{1}{3}x-8\right)^4} + C$ or $\frac{-3}{4}\left(\frac{1}{3}x-8\right)^{-4} + C$

Simplify and resubstitute $u = \frac{1}{3}x - 8$.



Example when a function and its derivative are both in the question:

- The derivative of $\sin x$ is $\cos x$ and this original question has both. That often signals that we should make $u = \sin x$ and $du/dx = \cos x$ to make substitution work.

► **Example 7** Evaluate $\int \sin^2 x \cos x dx$.

Solution. If we let $u = \sin x$, then

$$\frac{du}{dx} = \cos x, \quad \text{so} \quad du = \cos x dx$$

Thus,

$$\int \sin^2 x \cos x dx = \int u^2 du = \frac{u^3}{3} + C = \frac{\sin^3 x}{3} + C \blacktriangleleft$$

Another example

- Keep practicing and you will get better at these.
- Since $3-5t^5$ is inside the radical, it is a good choice for u .

Evaluate $\int t^4 \sqrt[3]{3-5t^5} dt$

Since the function inside the radical is $3-5t^5$, and its derivative has t^4 in it, those are both signs that it is a good idea to make that u .

Then $\frac{du}{dx} = -25t^4$.

Cross multiply to get $du = -25t^4 dx$ and divide both sides by -25 to get $\frac{-1}{25} du = t^4 dx$

$\int \sqrt[3]{u} * \frac{-1}{25} du = \frac{-1}{25} \int u^{\frac{1}{3}} du$

Substitute $\frac{-1}{25} du = t^4 dx$ and $u = 3-5t^5$.

Factor out the constant, $\frac{-1}{25}$.

Rewrite with a fractional exponent to make the integration easier.

$\frac{-1}{25} * \frac{u^{\frac{4}{3}}}{\frac{4}{3}} + C$

Use the rule $\int x^r du = \frac{x^{r+1}}{r+1} + C$

$\frac{-1}{25} * \frac{3}{4} * u^{\frac{4}{3}} + C \rightarrow \frac{-3}{100} (3-5t^5)^{\frac{4}{3}} + C$

Multiply by the reciprocal, simplify and resubstitute $u = 3-5t^5$

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I love the pink and green and
the intricacy of the work.

