



**Craig City School District**

**Smart Start to School**

In Response to COVID-19

## INTRODUCTION AND GUIDING PRINCIPLES

CCSD'S Smart Start to School plan is a working plan that has been developed to support the community's efforts to navigate the reestablishment of school where families, students, and staff feel safe to reduce the risk of COVID-19 conditions during the 2020-2021 school year. The guidelines referenced in this plan are based on guidance from the Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO). Regular updates to this plan will be made as additional information from CDC, WHO, and applicable federal, state, and local agencies become available.

## PACE STATEWIDE HOMESCHOOL PROGRAM

PACE Statewide Homeschool is available for all families statewide looking for a homeschool/correspondence option for their student(s).

PACE Statewide Homeschool office's (Ketchikan, Craig, Anchorage, and Wasilla) will follow all guidelines and mandates for the municipality the office is located. Furthermore, PACE offices will institute the State of Alaska Phase 3 and 4 COVID-19 guidelines located at <https://covid19.alaska.gov/reopen/>, specifically guidelines for Attachment D "Public Facing Businesses" to include:

- Social distancing
- Hygiene best practices
- Staffing
- Cleaning and disinfecting

## CCSD RISK SCENARIOS

<b>LOW RISK</b>	<b>HIGH RISK</b>
<p data-bbox="290 1272 786 1409">Low level of community transmission. Minimal amount of laboratory confirmed cases of COVID-19 as determined by community.</p> <p data-bbox="272 1444 802 1644">CCSD schools will be designated as <b>Yellow/Low Risk Scenario</b> if there are zero (0) to five (5) active COVID-19 confirmed cases on Prince of Wales Island in the previous 14 days with all other cases being classified as recovered.</p> <p data-bbox="266 1680 802 1780">Flexibility and evidence-based decision making will guide CCSD's decisions to shift between Yellow and Red risk scenarios.</p>	<p data-bbox="857 1272 1360 1373">High level of community transmission. Outbreaks or increases in cases and recent laboratory-confirmed cases of COVID-19.</p> <p data-bbox="841 1409 1377 1644">CCSD schools will be closed and will move to the <b>Red/High Risk Scenario</b> if there have been six (6) or more active COVID-19 confirmed cases on Prince of Wales Island in the previous 14 days resulting in the designation of a high level of community transmission.</p> <p data-bbox="841 1654 1377 1814">Flexibility and evidence-based decision making will guide CCSD's decisions to shift between Yellow and Red risk scenarios. CCSD will closely monitor SE regional trends with COVID-19 infections to include</p>

<p>CCSD will closely monitor SE regional trends with COVID-19 infections to include Juneau, Sitka, Ketchikan, and Seattle. If regional trends shift rapidly, CCSD will utilize this information to consider transitioning to a higher risk scenario to protect our students, families, and staff members.</p> <p>Additionally, if there are active COVID-19 cases in Craig, or another island community, that could directly impact CCSD families, CCSD reserves the right to transition to a higher risk scenario to protect our students, families, and staff members.</p>	<p>Juneau, Sitka, Ketchikan, and Seattle. If regional trends shift rapidly, CCSD will utilize this information to consider transitioning to a higher risk scenario to protect our students, families, and staff members.</p> <p>Additionally, if there are active COVID-19 cases in Craig, or another island community, that could directly impact CCSD families, CCSD reserves the right to transition to a higher risk scenario to protect our students, families, and staff members.</p>
<p style="text-align: center;"><b>INSTRUCTIONAL DELIVERY</b></p> <p>Yellow Low Risk School Schedule will be based on a "regular" school schedule as much as reasonably possible, with appropriate social distancing.</p> <p>Flexible scheduling will be utilized for classrooms or grade levels that cannot provide appropriate social distancing.</p> <p>Based upon specifications of their individualized education plans (IEPs), special education students may be served outside of their regular group time.</p> <p>CCSD student attendance policies will be relaxed due to the COVID-19 pandemic to ensure CCSD is following CDC health guidelines.</p>	<p style="text-align: center;"><b>INSTRUCTIONAL DELIVERY</b></p> <p>All students at home. School staff will utilize Zoom, Google Classroom, and online electronic learning platforms. Staff will develop regular office hours and class schedules.</p> <p>Based upon specifications of their individualized education plans (IEPs), special education students may be served outside of their regular group time.</p>
<p style="text-align: center;"><b>CONDITIONS FOR LEARNING</b></p> <p>Students, staff, and visitors entering a POW school district building will be temperature screened upon entrance.</p> <p>Social distancing, one student per seat or members from the same residence sitting together, will be maintained on all district busses and vans.</p>	<p style="text-align: center;"><b>CONDITIONS FOR LEARNING</b></p> <p>POW school buildings will be off limits to all students and visitors.</p> <p>Bus service will be cancelled due to school buildings being closed.</p> <p>POW maintenance/custodial staff will deep clean all building facilities.</p>

<p>CCSD bus service will prioritize Port St. Nick, Klawock and Hollis bus runs to ensure appropriate social distancing.</p> <p>No large group gatherings permitted such as assemblies, cafeteria or field trips/<b>activities except that field trips are allowed if field trip/activity locations are outside and students with staff can either walk to the location with appropriate social distancing, or if using district vehicles students will be required to wear masks when appropriate social distancing cannot be adhered to.</b></p> <p>Maintain 6 feet from other people within the hallways, classrooms, and recess areas.</p> <p>Utilization of desk guards in all classrooms with 12 or more students.</p> <p>CES will split 4th grade class into two separate classes.</p> <p>CMS will split the 7<sup>th</sup> grade class into two separate classes.</p> <p>CMS will split the 8<sup>th</sup> grade class into two separate classes.</p> <p>Adjust CCSD shared certified staff to provide additional support to CES and CMS.</p> <p><b>Personal Protective Equipment (PPE) masks are required by staff and students when working directly with each other and six feet social distancing cannot be maintained.</b></p> <p>Gloves and masks are required for Food and Nutrition Services at all times.</p> <p>Gloves are required for custodial staff and all other staff whenever cleaning or sanitizing items and surfaces.</p>	<p>POW Food and Nutrition Services will provide delivered breakfast and lunches.</p> <p>District office staff will work in the district office as necessary.</p> <p>Personal protective gear (PPE) masks are strongly encouraged for all staff working in district buildings.</p> <p>Gloves and masks are required for Food and Nutrition Services at all times.</p> <p>Gloves are required for custodial staff and all other staff whenever cleaning or sanitizing items and surfaces.</p> <p>Hand sanitizing stations will be made available at the entrance of all buildings and at the entrance of all classrooms and offices.</p>
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<p>Hand sanitizing stations will be made available at the entrance of all buildings and at the entrance of all classrooms and offices.</p> <p>Food service will be delivered to each classroom.</p> <p>Regular hand sanitizing schedules will be implemented within each classroom.</p> <p>Use of water fountains is not permitted. Students should bring water bottles from home or be provided water bottles to use at school.</p>	
<p style="text-align: center;"><b>CONTINUITY OF LEARNING</b></p> <p>CCSD will provide certified staff voluntary, paid time from August 17-21, 2020 to develop instructional plans, procedures, and management tools for CCSD to seamlessly transition between low, intermediate, and high risk scenarios during the 2020-2021 school year.</p> <p>CCSD will prioritize Friday afternoons for professional learning and improvement of CCSD's low risk instructional planning and schedules.</p> <p>The CCSD IT Department will ensure all students have access to a working electronic device to utilize during an in-person, hybrid, and distance delivery school model.</p>	<p style="text-align: center;"><b>CONTINUITY OF LEARNING</b></p> <p>CCSD will provide certified staff voluntary, paid time from August 17-21, 2020 to develop instructional plans, procedures, and management tools for CCSD to seamlessly transition between low, intermediate, and high risk scenarios during the 2020-2021 school year.</p> <p>CCSD will prioritize Friday afternoons for professional learning and improvement of CCSD's high risk instructional planning and schedules.</p> <p>The CCSD IT Department will ensure all students have access to a working electronic device to utilize during an in-person, hybrid, and distance delivery school model.</p> <p>CCSD will collaborate with community partners, businesses and others in problem-solving efforts to ensure all students have access to reliable internet access to complete their work remotely.</p>
<p style="text-align: center;"><b>CAPACITY OF LEARNING</b></p> <p>CCSD will follow ASAA COVID-19 Practice Guidelines and ASAA COVID-19 Event Guidelines (attached at the end of this</p>	<p style="text-align: center;"><b>CAPACITY OF LEARNING</b></p> <p>District related student and staff travel is restricted at red risk levels.</p>

<p>document) for athletics and extra-curricular activities.</p> <p>Other district activities will be determined on a case by case basis.</p> <p><b>Staff travel in yellow/low risk level to other low risk level communities/schools on approval.</b></p>	
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## HEALTH AND SAFETY PROTOCOLS

To help prevent the spread of the COVID-19 virus, CCSD has the opportunity and responsibility to educate students, families, and staff on social etiquette, good health and hygiene habits, and disease prevention. CCSD will provide regular hand-washing and respiratory hygiene/cough etiquette education for all K-12 students. Our basic educational message will be:

- Cover your cough
- Wash hands often
- Stay home if sick
- Wear appropriate Personal Protective Equipment (PPE)

To help prevent the spread of COVID-19 and reduce the potential risk to our students and staff CCSD will require employees to complete a weekly self-screening which includes temperature reading and answering a set of questions related to COVID-19 symptoms including:

- Cough
- Shortness of breath or difficulty breathing
- Tiredness or fatigue
- Chills
- Repeated shaking with chills
- Muscle or body aches
- Headache
- Sore throat
- New loss of taste or smell
- Diarrhea
- Congestion or runny nose
- Nausea or vomiting
- Feeling feverish or a measured temperature greater than or equal to 100.3 degrees Fahrenheit
- Known close contact with a person who is lab confirmed to have COVID-19

If a student or employee becomes ill at work and is exhibiting one or more of the COVID-19 symptoms outlined above they will be asked to leave and go home immediately. **If a student or employee becomes ill at home and is exhibiting one or more of the COVID-19 symptoms**

outlined above they will be asked to stay at home. The student or employee should be tested for COVID-19 and, if necessary, be evaluated by their health care provider. Due to the severe nature of a potential positive COVID-19 diagnosis, parents are asked to immediately pick their student up upon notification from the school that their child is exhibiting symptoms related to COVID-19. Any staff member exhibiting COVID-19 symptoms is asked to immediately notify their direct supervisor of their symptoms and leave school premises.

Employees returning to work from an approved medical leave may be asked to submit a healthcare provider's note before returning to work.

The student or staff member may not return to school until they have met one of the following criteria:

- If they test positive, they must stay home for 10 days since their first symptom or their positive test, whichever is earlier. Once it has been 10 days, they may return to school once they have not had a fever in 24 hours without the use of fever reducing medicine, as long as their other symptoms are improving.
- If they test negative, they may return to school when they have not had a fever in 24 hours without the use of fever reducing medicine and their other symptoms are improving.
- If they do not get a test, they must stay home for 10 days. They may return to school when it has been 10 days and they have not had a fever in 24 hours without the use of fever reducing medicine and their other symptoms are improving.
- If their health care provider determines there is an alternative diagnosis to COVID-19 causing their symptoms, they may be allowed back to school before 10 days and without a negative test as long as the following criteria are met:
  - Their symptoms have resolved and they have not had a fever in 24 hours without the use of fever reducing medicine, and
  - They have a note from their health care provider saying it is safe for them to come back to school.

Each school will have an illness tracking Google.doc. Staff will be educated on how and why to complete the form. Each student and employee who is absent or sent home due to illness is put on this list, symptoms are documented and travel history (in last 14 days) is charted. Questions that will be asked on the illness tracking Google.doc will be the following:

- What are the symptoms?
- Have they travelled in the last 14 days?
- Have they been in contact with anyone with coronavirus?

While we all hope to avoid exposure to illness from COVID-19, we need to be prepared for that possibility. If you or someone you've been in contact with has been exposed to the virus, our first concern is for your health and safety and those around you. In this rapidly changing situation, healthcare providers should have the most up-to-date information from CDC.

## **WORKFORCE MANAGEMENT**

CCSD will be prepared, if necessary, to transition between in-person or distance delivery school models depending on public health conditions. All negotiated agreements and all labor laws will be followed to ensure CCSD educators understand the expectations of a new and fluid work environment.

Maintaining full employment for staff is an important value of CCSD. If CCSD is required to move into a **Red/High Risk** distance delivery instructional model, CCSD will develop functional “employment expectations” that allow employees to continue working within their contract stipulations and employment agreements while directly or indirectly serving student learning responsibilities.

All legally required leaves of absence and leaves of absence available through the district’s negotiated agreements will be available, communicated, and honored.

CCSD is dedicated to protecting the safety of our students and staff and will respond to any requests or concerns made by students, staff, and community members regarding working conditions and safety. Requests to address issues of working conditions and safety should be made to direct supervisors, however, reports may be made anonymously to CCSD’s superintendent with no repercussions.

CCSD will wait for more information from the Alaska Department of Education and Early Development regarding any adjustments to educator/teacher evaluation requirements during the 2020-2021 school year. While no adjustments or waivers are currently anticipated, we will expect informal and formal observations completed during the school year (either in-person or remotely).

## **COMMUNICATIONS**

CCSD communication protocols aim to inform and engage all stakeholders within the community whether or not we are functioning within an in-person school model or distance delivery school model.

The importance of timely communication to all stakeholders cannot be overstated. Major announcements and day-to-day messaging from the community will include emails, phone messages, Remind text messages, school based social media platforms, classroom newsletters, updates to CCSD’s websites, and regular POW Island Post articles.

## **BUS SERVICES**

During a **Yellow/Low Risk Scenario** CCSD buses will prioritize Port Saint Nick, Klawock, and Hollis bus routes to provide the most flexibility and ability to ensure appropriate social distancing on CCSD buses. Students must sit one per seat on the school bus. If students live in the same residence, those students will be required to sit together in the same seat to increase rider capacity. Buses will be loaded with students first sitting at the back of the bus and then



moving forward to the front of the bus. Buses will be unloaded first by the students sitting at the front of the bus and then moving backward to the rear of the bus. Students may have assigned seating. During a **Yellow/Low Risk Scenario** masks are strongly encouraged for staff and students.

During a **Yellow/Low Risk Scenario**, CCSD students living within Craig city limits ranging from downtown Craig to Tanner Crab subdivision will be asked to walk to school or have parents provide transportation.

**FOOD SERVICES**

During a **Yellow/Low Risk Scenario** CCSD food service will be provided within the students’ classrooms to ensure appropriate social distancing.

**COUNSELING SERVICES**

CCSD has two full-time school counselors on staff to serve our K-12 students. One counselor (Melissa Peavey) will serve our K-8 student population at Craig Elementary School and Craig Middle School. Our second counselor (Maria Riedel) will serve our Craig High School and PACE homeschool students. Counselors will work with their teams and administrators to determine when their services will be provided in-person or remotely. Counselors will work with schools to support staff with best practices around Trauma Informed Practices. A focus will be placed on supporting a positive climate and culture that acknowledges universal trauma care strategies for students.

**FACILITY SANITATION PRACTICES**

The safety of our students and staff are our primary priority. Upon reopening, our schools will be completely cleaned and disinfected and we will continue to adhere to all necessary safety precautions. In addition to the deep cleaning all school facilities before students and employees return, the cleaning steps outlined below are to be taken to disinfect workplace surfaces, chairs, tables, etc., to protect students and employees and reduce the risk of spread of infection.

**General Disinfection Measures**

Area	Frequency
Classrooms and Offices	At the end of each day
Appliances	Daily
Electronic Equipment	At the end of each use
General used objects like light switches, handles, sinks, restrooms	At least 2 times a day
Buses	At the end of each use
Common Areas	At the end of each use and/or between groups

Deep cleaning is triggered when an active student or employee is identified as positive for COVID-19 based on testing. When a student or employee with a suspected infectious disease is identified and has left the building, their work area, along with any other known places they have been will be thoroughly cleaned and disinfected. The person cleaning and disinfecting will wear a mask and gloves and will discard them immediately afterwards. Hands will be washed and sanitized at the completion of the procedure. During times of a specifically known or suspected disease outbreak, CCSD will consult public health officials to determine if there is a proper way to discard waste or if other PPE should be worn by staff.

Additionally, a bleach solution spray bottle and/or disinfecting wipes will be provided to all classrooms, offices, and work locations. CCSD employees are required to regularly disinfect personal work stations each day, schedule regular times during the school day for students to disinfect their personal work stations, and disinfect all appliances and electronic equipment after each use.

#### **FACILITY USE**

Facility use agreements between CCSD and community organizations will be unavailable during the current COVID-19 pandemic. All CCSD facilities are closed to community events.

# ASAA COVID-19 Practice Guidelines

## as of 9/11/2020

This document is intended to provide guidance for schools to consider with their stakeholders in writing mitigation plans for activity practices at any risk level.

District mitigation plans should be designed in accordance with state and local restrictions. The Alaska Department of Health and Social Services (DHSS) is available to provide consultation on mitigation plans. To request assistance, please email [karol.fink@alaska.gov](mailto:karol.fink@alaska.gov) or call 907-310-8721

### Points of Emphasis

- Do not allow any practice to take place unless all protocols can be followed.
- Educate coaches, advisors and parents on the symptoms of COVID-19. Any individual who has even one of the symptoms must stay home and get tested.
- Educate coaches, advisors and parents on the importance of following protocols in order to keep their activity going.
- Advisors and coaches should take the NFHSlearn COVID-19 course and/or view the ASAA COVID-19 Educational Presentation.
- Parents should view the ASAA COVID-19 Educational Presentation for parents and receive the COVID-19 handout.
- It is recommended that “vulnerable individuals,” including coaches, students, staff and officials, consult with their health care provider to determine whether participation in activities or events is prudent under the circumstances. “Vulnerable individuals” are defined by CDC as people age 65 years and older and others with serious underlying health conditions, including , but not limited to, high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune systems are compromised such as by chemotherapy for cancer and other conditions requiring such therapy.
- There should be a designated individual on site responsible for monitoring and following all screening, cleaning and social distancing protocols.
- Schedule a minimum of 20 minutes between the end of one event and the beginning of individuals showing up for another event.
- Schools must be prepared for periodic closures and the possibility of some teams having to isolate for two or more weeks.
- Close contact between any individuals should be limited to the extent possible. Close contact is defined as being within 6 feet of an infected individual for at least 15 minutes. The 15 minutes is cumulative so limit the time individuals are closer than 6 feet.
- Individuals should screen at home before arriving at a practice. STAY HOME IF SYMPTOMATIC.

### Facilities

- Cleaning and disinfecting must be conducted in compliance with CDC protocols or, in lieu of performing the CDC cleaning the facility must be shut down for at least 72 hours followed by disinfecting.
- Weight equipment should be wiped down thoroughly before & after each individual’s use

- Any equipment such as weight benches, athletic pads, etc. having holes with exposed foam should be covered.
- Facilities must have visual indicators (cones, tape, etc.) of proper spacing between individuals.
- Hand sanitizer should be plentiful and available to all participants. Place them at entrances, meeting rooms, locker rooms, etc. Encourage all individuals to use often.
- For indoor events, ensure ventilation systems operate properly and increase circulation of outdoor air. Open windows and doors when feasible.
- Monitor locker rooms to maintain 6 feet between all individuals.

### Participants/Advisors/Coaches/Supervisors

- Prior to attending advisors, coaches, supervisors & participants must sign a waiver of liability related to COVID-19.
- Screen advisors, coaches, supervisors and participants prior to each session. Includes a temperature check, questions and phone number/email. Information should be recorded and stored to help facilitate contact tracing of a confirmed exposure.
- Anyone with a temperature of greater than 100.3 degrees or with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their health-care professional.
- Maintain physical distancing of 6 feet between all individuals at all times except when actively competing.
- Cloth face coverings should be used when not engaging in vigorous activity. Such as sitting on the bench, in the locker room, on the sidelines, during meetings, etc.
- Participants should always be allowed to wear face coverings, if desired.
- As approved by the NFHS, plastic shields designed specifically for football and hockey helmets are allowed. Plastic shields covering the entire face for all other sports will not be allowed due to the risk of unintended injury to the person wearing the shield or others.
- Coaches should wear face coverings (ideally surgical grade) and eye protection. Especially when physical distancing is not possible.
- Participants must come dressed to participate and leave to shower and change.
- Individuals must bring their own water bottle that is labeled and filled. No sharing of water bottles.
- Avoid all non-sport related contact. i.e. high fives, fist/elbow bumps, group celebrations, huddles, etc.

### General Practice

- Conduct practice in pods of students with the same 5-12 students training together to limit overall exposure.
- Equipment may be shared, however every 14 minutes the equipment must be disinfected or replaced with a disinfected item
- Remind participants to not touch their face.
- Hands must be sanitized before and after sharing equipment.
- When breathing hard, maintain physical distancing of 10 feet except when actively competing.
- Limit the consumption of food to decrease the amount of hand face contact.

### **Important Information**

- You cannot test yourself out of quarantine.
- Adherence to mitigation plans is crucial
- Teams with a positive test will be quarantined until notified by public health.
- Venues with a positive case will be closed for 72 hours.

Using these guidelines to develop quality mitigation plans for practices will allow activities to continue in Alaska high schools. For information on hosting specific events see documents on the ASAA website.

# ASAA COVID-19 Events Guidelines

## as of 9/11/2020

This document is intended to provide guidance for schools to consider with their stakeholders in writing mitigation plans for hosting events at any risk level.

District mitigation plans should be designed in accordance with state and local restrictions. The Alaska Department of Health and Social Services (DHSS) is available to provide consultation on mitigation plans. To request assistance, please email [karol.fink@alaska.gov](mailto:karol.fink@alaska.gov) or call 907-310-8721

### Points of Emphasis

- Do not allow any event to take place unless all protocols can be followed.
- Educate coaches, advisors and parents on the symptoms of COVID-19. Any individual who has even one of the symptoms must stay home and get tested.
- Educate coaches, advisors and parents on the importance of following protocols in order to keep their activity going.
- Advisors and coaches should take the NFHSlearn COVID-19 course and/or view the ASAA COVID-19 Educational Presentation.
- Parents should view the ASAA COVID-19 Educational Presentation for parents and receive the COVID-19 handout.
- It is recommended that “vulnerable individuals,” including coaches, students, staff and officials, consult with their health care provider to determine whether participation in activities or events is prudent under the circumstances. “Vulnerable individuals” are defined by CDC as people age 65 years and older and others with serious underlying health conditions, including , but not limited to, high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune systems are compromised such as by chemotherapy for cancer and other conditions requiring such therapy.
- There should be a designated individual on site responsible for monitoring and following all screening, cleaning and social distancing protocols.
- Schools must be prepared for periodic closures and the possibility of some teams having to isolate for two or more weeks.
- Close contact between any individuals should be limited to the extent possible. Close contact is defined as being within 6 feet of an infected individual for at least 15 minutes. The 15 minutes is cumulative so limit the time individuals are closer than 6 feet.
- Require visiting teams to screen their participants prior to arriving at your venue.
- Individuals should screen at home before arriving at an event. STAY HOME IF SYMPTOMATIC.
- Visiting teams are responsible to bring their own towels, hand sanitizer and medical kits.

### Facilities

- Cleaning and disinfecting must be conducted in compliance with CDC protocols or, in lieu of performing the CDC cleaning the facility must be shut down for at least 72 hours followed by disinfecting of all common services.

- Frequently touched surfaces and shared objects must be disinfected between events. Schedule a minimum of 20 minutes between the end of one event and the beginning of individuals showing up for another event.
- Facility must have signage of cleaning and COVID protocols and visual indicators (cones, tape, etc.) of proper spacing between individuals.
- Hand sanitizer should be plentiful and available to all participants and spectators. Place them at entrances, bleachers, scoring tables, sidelines/benches and restrooms. Encourage all individuals to use often.
- For indoor events, ensure ventilation systems operate properly and increase circulation of outdoor air. Open windows and doors when feasible.
- Block off areas to keep participants and spectators separated by a minimum of 12 feet.
- Have separate entrance and exit points. Use signage for direction of walking traffic.
- Monitor locker rooms to maintain 6 feet between all individuals.
- Use signage to encourage social distancing of all individuals in restrooms

#### Participants/Advisors/Coaches/Supervisors

- Prior to attending advisors, coaches, supervisors & participants must sign a waiver of liability related to COVID-19.
- Screen advisors, coaches, supervisors, participants and officials prior to each session. Includes a temperature check, questions and phone number/email. Information should be recorded and stored to help facilitate contact tracing of a confirmed exposure.
- Anyone with a temperature of greater than 100.3 degrees or with positive symptoms reported should not be allowed to participate, should self-isolate, and contact their primary care provider or other health-care professional.
- Maintain physical distancing of 6 feet between all individuals at all times except when actively competing.
- Cloth face coverings by participants should be used when not engaging in vigorous activity. Such as sitting on the bench, in the locker room, on the sidelines, during meetings, etc.
- Participants should always be allowed to wear face coverings, if desired.
- As approved by the NFHS, plastic shields designed specifically for football and hockey helmets are allowed. Plastic shields covering the entire face for all other sports will not be allowed due to the risk of unintended injury to the person wearing the shield or others.
- Coaches should wear face coverings (ideally surgical grade) and eye protection. Especially when physical distancing is not possible.
- Participants must come dressed to participate and leave to shower and change.
- Individuals must bring their own water bottle that is labeled and filled. No sharing of water bottles.
- No pre or post event handshakes or high fives.
- Teams should avoid all non-sport related personal contact. I.e. high fives, fist/elbow bumps, group celebrations, huddles, etc.

### Spectators

- The size of your facility will determine if you have spectators. You must allow for 6 feet of distancing between all individuals including participants.
- Bleacher seating should be marked and restricted such that every other row is unoccupied.
- Face coverings are required of all spectators.
- Discourage yelling and cheering by allowing artificial noise makers that do not interfere with the official's whistle. No use of airhorns.
- No concessions. To decrease the amount of hand face contact, no food or drink allowed.
- Use digital ticketing as much as possible
- Post flyers and make PA announcements with COVID information ie. symptoms, protection. [Print Resources](#)

### Important Information

- You cannot test yourself out of quarantine.
- Adherence to mitigation plans is crucial
- Teams with a positive test will be quarantined until notified by public health.
- Venues with a positive case will be closed for 72 hours.

Using these guidelines to develop quality mitigation plans for events you host will allow activities to continue in Alaska high schools. For information on hosting specific events see documents on the ASAA website