Waterbury Adult Education Enrichment Glasses & Day Trips Winter - Summer 2020



11 Draher Street Waterbury, 69 06708

IF YOU NEED MORE INFORMATION OR HAVE ANY QUESTIONS, PLEASE CONTACT THE ADULT CONTINUING EDUCATION OFFICE. (203) 574-8038 FAX (203) 597-3438

Mr. Antonio Musto, Principal

Patricia Dawson, Counselor High School Diploma Program
Lynn Bacik, Enrichment Program Contact
Roxanne Monaco, Program Facilitator

Location of Classes:

Kennedy High School 422 Highland Ave Waterbury, Ct 06708 Waterbury Adult Education 11 Draher Street Waterbury, Ct 06708

WATERBURY ADULT CONTINUING EDUCATION WEBSITE

www.waterbury.k12.ct.us/34/home

Waterbury Adult Continuing Education is an Approved Pearson-Vue Testing Center for GED®

WATERBURY ADULT CONTINUING EDUCATION

Free Adult Education Classes

Registration for ABE, ESL, GED or Citizenship classes are available for:

Waterbury, Wolcott, Prospect and Beacon Falls residents only

In compliance with Connecticut General Statue 10-73a, there is no fee for registration, books, or materials to any adult enrolled in the Citizenship/ESL, ABE/GED or high school credit diploma programs.

Non-Discrimination Statement

Waterbury Adult Continuing Education is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate on the basis of race, color, religious creed, sex, age, national origin, ancestry, martial status, sexual orientation, gender, gender identity or expression, disability (including, but not limited to, intellectual disability, past or present history of mental disorder, physical disability or learning disability), genetic information, or any other basis prohibited by Connecticut State and/or Federal Non-Discrimination Laws.

General Accessibility and Accommodation

All activities offered by Waterbury Adult Continuing Education are held in accessible locations.

Accommodations for individuals with disability are available upon request.

Please contact: Ms. R. Monaco at 203-574-8038

Storm Closing

If Waterbury Public Schools are closed or released early due to inclement weather, the enrichment and mandated program classes will not be held. Classes cancelled due to inclement weather will be made up at the end of the semester. Please check the Waterbury Public Schools website for closings or the local news channels for cancellations.

GED PREP

This program prepares adult learners to pass the 4-part, computer-based GED® exam to earn a State of Connecticut diploma. Students receive necessary instruction in each of four subject areas: Science, Social Studies, Mathematics and Reasoning through Language Arts. Instructors will also review the official website (GED.com) where students can access related exam information and exam registration procedures.





GED

Eligibility for Connecticut GED® exam requires students to be at least 17 years old and officially withdrawn from school for 6 months. All 17 year olds must submit a withdrawal form with a parent/guardian signature. Individuals who are 18 years of age may submit, in lieu of a withdrawal form, a letter from their last high school stating that the class with which they entered ninth grade (or would have entered if never enrolled in high school) has already graduated. Students can begin the GED® registration process online at GED.com and complete the process in person at

Waterbury Adult Education, 11 Draher Street, Waterbury, CT 06708

Accommodations for the GED® are available for qualified individuals with a disability.

For more information contact Lynn Bacik at (203) 574-8038 - lbacik@waterbury.k12.ct.us or

You May also contact Sabrina Mancini at the Connecticut State Dept. of Education at (860) 807-2110

Request for special accommodation forms for GED® testing may be accessed through GED.com.

Mandated Classes

Offered by Waterbury Adult Education are **Free of Charge and no fee** for any textbooks or materials used in the mandated program areas are charged to the residents of the following towns:

Waterbury, Wolcott, Prospect and Beacon Falls

Free Classes are as Follows:

ADULT HIGH SCHOOL CREDIT DIPLOMA PROGRAM

The High School Credit Diploma Program provides students the opportunity to earn credits—toward a high school diploma. Transferred credits from accredited high schools and other adult education programs are accepted. Upon the successful completion of 21 credits (a minimum of 2 must be earned at Waterbury Adult Education), students are awarded a City of Waterbury High School Diploma.

The High School Credit Diploma Program allows you to go beyond the traditional classroom, and use your PC to earn credits at home. This component affords you flexible hours.

Contact the Guidance Office for eligibility and availability of Distance Learning courses

ESL PROGRAM (English for Speakers of Other Languages)

The ESL Program offers Limited-English speaking adults instruction in listening, speaking, reading, and writing. Classes are provided for all English proficiency levels. Career development, computer literacy, and civics literacy activities are integrated into the instructional design. Morning, afternoon, and evening classes are available at Waterbury Adult Education Learning Center and other Satellite Sites.





ADULT BASIC EDUCATION (ABE)

The ABE program is a highly individualized program of instruction targeted toward adults who are interested in increasing their reading, math, and writing skills. ABE teachers align course content within the competencies and content standards of the Comprehensive Adult Student Assessment System. Instructional strategies are designed to meet the student's individualized needs.





The Citizenship class prepares adults for the U.S. citizenship examination. Focus is placed on U.S. History and Civics education. Questions and characteristics of the exam are reviewed and examined. Students practice written and oral skills in relation to the exam and daily life skills. Guidance through the Naturalization application process is provided.

Evening classes at Kennedy High School Tuesday & Thursday at 6:00 pm

LITERACY VOLUNTEERS OF GREATER WATERBURY

This free program, in cooperative partnership with Waterbury Adult Education, offers one on one or small group instructions for adults who need help learning to read, write, and speak English. LVGW provides instruction in ABE, ESL, and Citizenship through the combined efforts of trained volunteers.

LVA is located at Silas Bronson Library, 267 Grand Street, Waterbury, CT For more information, contact Vanessa (203) 754-1164



The Following Classes & Trips are open to the Public with accompanying fee

Healthcare Careers

CERTIFIED NURSING ASSISTANT PROGRAM

Join the country's fastest growing career field! This State approved training and competency evaluation program will prepare students to function as nursing assistants in hospitals, nursing centers, and home care settings. The ten week courses are taught by certified nurses. Topics include vital signs, bed making, bed bath, transfers, lifts, and other nursing assistant skills.

Students will be provided with seventy-five (75) hours of nursing theory and sixty (60) hours of supervised clinical instruction. Emphasis will be on nursing assistant responsibilities and limitations as well as legal and ethical aspects of the nursing assistant role. (For more information contact Mildred Morales at (203) 574-8038)

Teacher: Debra Lombardo, LPN - Location, Waterbury Adult Education

Days: Tuesday and Thursday 5:00 pm to 9:00 pm Clinical Theory: Saturday 7:30 am to 3:00 pm

Start Date: February 11, 2020

Cost: \$900.00 includes text books, Nursing Theory and Clinical.



Health Related Course

MEDICARE & BEYOND

Are you turning 65 or just confused about Medicare? Medicare can be a confusing topic. The father/daughter team of Lou Pelletier and Jessica Pelletier will educate you on the options and programs available. In addition, we will discuss some of the many laws and programs available to people over 60, such as the Medicare Saving Program, Maximizing Social Security, and protecting your assets from nursing homes without having Long Term Care Insurance. Seniors and children of seniors won't want to miss this Seminar.

Teacher: Lou Pelletier/Jessica Pelletier

Kennedy High School Time: 6:30 PM to 8:30 PM

Thursday - March 19th, Thursday - April 16th

Tuesday - May 12th Duration: 1 Class

Cost: \$10.00



LIVING LIFE ON PURPOSE (EFT)

Harness the power of your mind with simple awareness by being in the present moment. Learn to control your thoughts and the power behind it. Transform your life to one of joy, peace, and happiness. Release yesterday and all the anxiety of tomorrow. Live in the NOW!

Teacher: Stacey Altomari Kennedy High School

Day: Thursday

Time: 6:00 PM to 7:30 PM Start Date: March 19th, 2020

Duration: 6 Weeks Cost: \$60.00



Health Related Course

THE YOGA OF SELF-HEALING

Discover your body's natural ability to heal itself through the teachings and ancient wisdom of Yoga and Ayurveda. This eight week course will provide you the guidance as you journey on this path. Transform your thoughts into healing vibrations and ultimate strength using the power of the breath. You will enjoy a sense of total relaxation with this course.

Teacher: Sondra Martinez Kennedy High School

Day: Tuesday: 6:00 PM to 7:30 PM

Start Date: March 10, 2020

Duration: 8 Weeks

Cost: \$80.00



Languages

CONVERSATIONAL ITALIAN

Learn how to converse in Italian for travel or for conversation. Maria Vigliotti will teach you basic Italian the easy way. Learn through games and role playing and gain the skills to communicate effectively to order food in restaurants, ask basic questions, understand directions, read and write simple Italian text, and practice correct pronunciation.

Teacher: Maria Vigliotti Kennedy High School

Day: Tuesday: 6:00 PM to 8:00 PM

Start Date: March 10th, 2020 Duration: 6 WeeksCost: \$60.00



CONVERSATIONAL SPANISH

Learn Spanish you'll actually use in conversation. Develop the use of vocabulary, expressions, and verbs. This course will help you understand the basic structure of the language and learn to converse with friends and colleagues. Cost of textbook is included.

Teacher: Connie Scarfone Kennedy High School

Day: Monday: 6:30 PM to 8:30 PM Start Date: March 9th, 2020

Duration: 6 Weeks

Cost: \$74.00



<u>Mandated Classes are Free of Charge</u> Adult H.S. Diploma, ESL, Citizenship, Adult Basic Education, and GED Prep Educational Programs Free of Charge Adult H.S. Diploma, ESL, Citizenship Adult Basic Education, and GED Prep

Finances

FINANCIAL STRATEGIES FOR SUCCESSFUL RETIREMENT

This educational class covers important money management concepts and issues that are important to people near retirement. Participants will gain a strong understanding of their financial options along with the pros and cons of each. In depth review of the various types of investments options and their respective costs and the difference between active and passive investing. Review of the different types of annuities, how they work, and the fees you need to be aware of. Social Security - effect on benefits of taking early, collecting while still working, and how benefits are taxed. Family protection products - what you need to be aware of when considering long term care insurance and how the Connecticut Partnership for Long Term Care Program works. Tax free investment options and how to transfer to future generations and retain tax free status. Estate planning techniques to transfer assets directly to your beneficiaries and minimize what passes through probate. Individuals and families all have different retirement needs and goals so there is no one solution for everyone. By condensing up-to-date financial information into 3 classroom sessions, this class will give you answers you need. A workbook (optional) that covers the entire course will be available at a cost of \$30 payable to Voya Financial Advisors on the first night of class.

Teacher: Steve Choquette Kennedy High School

Thursday: 6:30 PM to 8:30 PM

Dates: May 7th, May 14th, May 21st, 2020

Duration: 3 Weeks Cost: \$10.00



Real Estate

REAL ESTATE PRINCIPLES & PRACTICES

This course covers all areas required to qualify you to take the State of Connecticut test for a Real Estate license. If you are considering a career in real estate, this class is for you. By the end of the course you will be able to understand various principles of real estate, concepts of real property, homeownership, agency, brokerage, listing agreements, buyer representation, interest, ownership, legal description, taxes, liens, contracts, title and financing leases. The class will help you understand various practices such as property management, appraisals, land use, property development, fair housing, ethical practices, environmental issues and closing.

Teacher: Judy Caputo Kennedy High School

Tuesday & Thursday: 6:00 PM to 9:15 PM

Start Date: March 10th, 2020 Duration: 10 Weeks (Twice weekly) Cost: \$400.00 (Incudes Books)



Computers

BASIC COMPUTERS

This class provides basic instruction from turning the computer on, to using the mouse, to performing basic computer tasks, such as windows navigation, internet navigation, file management, email, and Microsoft Office

Word introduction. (Class is limited to 10 students)

Teacher: Dow Golden Kennedy High School

Day: Tuesday & Thursday: 6:00 PM to 7:30 PM

Start Date: March 10th, 2020

Duration: 6 Weeks

Cost: \$70.00



Arts and Crafts

COLORED PENCIL DRAWING

Learn how to use colored pencil like a pro. People will honestly think you've used paint!

Learn to mix colors and obtain a great foundation of the color wheel while sharpening your ability to "SEE".

Various techniques will be applied to aesthetic compositions that will be representational in nature.

You don't have to take beginning drawing first to take this course. The supplies are affordable for everyone!

Those who wish to take the course over again to sharpen your skills, there will be all new lesson plans so it's not repetitive.

Teacher: Patti Dahi Kennedy High School

Day: Tuesday: 6:00 PM to 8:00 PM Start Date: March 10th, 2020

Duration: 6 Weeks

Cost: \$60.00



JEWELRY MAKING

In this class students will be instructed on fundamental techniques of design and making jewelry. You will be guided on expanding the basic components and techniques you will learn to create beautiful jewelry. No prior experience needed. (Class is limited to 10 students)

Teacher: Clorinda Mirto Kennedy High School

Day: Thursday: 6:00 PM to 9:00 PM Start Date: March 19th, 2020

Duration: 8 Weeks

Cost: \$70.00



Cuisine

ITALIAN SUPPER CLUB WITH ROSE

We will cover basic Italian cooking techniques, from simple marinara sauce to Italian roasted chicken, concentrating on "healthy fare". Rose will teach you how to prepare healthy, hearty meals; including appetizers, pasta, grains, vegetables, meats, and desserts! Emphasis is on using fresh authentic ingredients and learning to use them in everyday cooking.

Teacher: Rose Forte Westside Middle School

Thursday: 6:30 PM to 8:30 PM Start Date: March 19th, 2020

Duration: 10 Weeks

Cost: \$90.00 (Plus Food - Nominal weekly fee for groceries)





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This is Your Lucky Day! NEW MGM Springfield Casino & Show at the Majestic Theater

Saturday, April 18, 2020

Spend the morning at the new MGM Springfield Casino
 Time for lunch on own at the South End Market for Casual Dining.
 Try your luck on 2,550 slot machines, 120 gaming tables,
 a poker room, and more!

Everyone receives a \$20 Free Bet and \$10 Food Bonus!

BONUS: Enjoy a 1:30p Performance at the Majestic Theatre,
 West Springfield

Show: "9 to 5" with music & lyrics by Dolly Parton

Complete with a \$3 coupon for snacks at the theater!

COST: \$64.pp based on 40-52

Photo ID required at the Casino
Depart 8:00am Chase Parkway—Commuter Lot, Waterbury
Estimated Return: 5:30pm Waterbury

Reservations: Waterbury Adult Education 203-574-8038





Saturday, April 25, 2020







West Point Academy invites you to view the famous Dress Parade conducted with great pomp and circumstance on the parade grounds.

The Cadets march in full uniform, in cadence with the military music, presenting arms in unison.

- Lunch at the Hotel Thayer for a Bountiful Buffet. Wonderful assortment of salads, hot & cold entrees and delicious desserts.
 - Guided tour of West Point highlights: Cadet Chapel, Trophy Point, Hudson River lookout.

COST: \$117pp based on 40-52

Depart: 8:00 am Chase Parkway—Commuter Lot, Waterbury

Est Return: 7:00 pm Waterbury

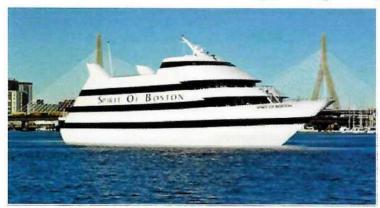
Reservations: Waterbury Adult Education 203-574-8038

Experience Boston with Spirit!

Spirit of Boston Luncheon Cruise

See Boston Harbor from the water...

Saturday, May 16, 2020





Come aboard the popular **Spirit of Boston** for a unique mix of dining, dancing, entertainment and views. Cruising from Boston's historic Seaport District, the Spirit offers the ultimate dining cruise experience.

Enjoy a **2 hour cruise** with a delicious **Luncheon Buffet** as you sail in Boston Harbor. **Sample Luncheon Menu** features: an assortment of salads, Baked Atlantic Flounder Filet, Honey & Sesame Chicken & Italian Meatballs, Baked Ziti Pasta, vegetables, potatoes, Dessert Buffet & iced tea, hot tea & coffee.

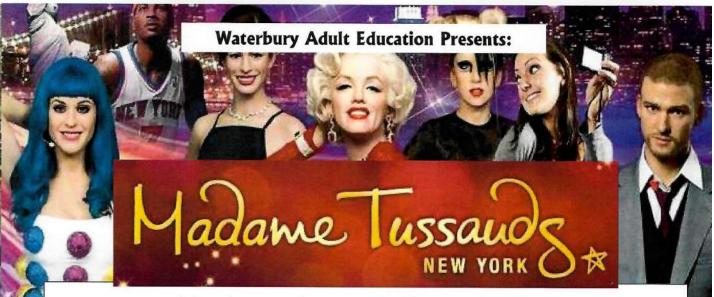
- The best views of the Boston skyline and waterfront landmarks including Bunker Hill Memorial Bridge, Boston's Seaport District, and the USS Constitution warship
- Onboard entertainment with DJ music

After the cruise, enjoy time to visit the shops at Quincy Market in the afternoon.

COST: \$136.pp based on 40-50

Depart: 8:00am, Chase Parkway Commuter Lot Estimated return: 7:00pm Waterbury

For Reservations: Waterbury Adult Education 203-574-8038

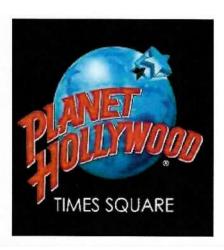


Madame Tussauds Wax Museum New York City Lunch at Planet Hollywood Saturday, May 30, 2020

The world renowned MADAME TUSSAUDS WAX MUSEUM has created New York's must see attraction in the heart of Times Square. Mingle and rub elbows with your favorite celebrities sculpted out of wax. There is so much more to see and do with over 200 life-like wax creations where you can interact, take photos, and get close to celebrities, musicians, sports and political figures.

Lunch at PLANET HOLLYWOOD in Times Square. Movie memorabilia takes center stage at this tribute-to-Hollywood restaurant serving American fare. Order off of the Movie Star Classic menu that day. Entrée choices include: Classic Hamburger, Chicken Caesar Salad, Six Cheese Chicken Macaroni, or Chicken Tenders.

Free time in the afternoon to explore Times Square - in the heart of NYC!



COST: \$115.pp based on 40-52

Depart: 8:00am, Chase Parkway Commuter Lot Estimated return: 7:00pm Waterbury

For Reservations: Waterbury Adult Education 203-574-8038

Lake George Luncheon Cruise Lac du Saint Sacrement



Saturday, June 6, 2020

Enjoy a 2 hour Luncheon Cruise aboard the Lac du Saint Sacrement, the largest cruise ship on Lake George. Our Captain will share information on the lake's geology, ecology, environment and history. While cruising we'll have a lunch buffet in the elegant dining room.

Buffet Menu Including: Extensive Salad Bar, 3 Hot Entrees, Carving Station, Soup, and More!

While on board there is live entertainment for your listening and dancing pleasure.

Following our cruise we'll spend time in Lake George Village, the heart of this resort area.

COST: \$116pp based on 40-52



Depart: 7:30am Chase Parkway Commuter Lot, Waterbury, Connecticut Estimated Return: 7:30pm Waterbury

For Reservations: Lynn Bacik, Waterbury Adult Education (203)-574-8038

A Taste of Italian New York!



Saturday June 27, 2020

Here's a chance to visit 3 New York Food 'Hot Spots'... all in one fun day! Stop at 3 locations to eat, shop & bring home your Italian food favorites!

- ZABAR'S UPPER WEST SIDE: Gourmet Market with cheeses, breads, meats, smoked fish, cooking gadgets, coffees, teas, and New York bagels plus lots of international foods.
- CARMINE'S UPPER WEST SIDE: Sit and indugle in an Italian lunch served family-style at this famous restaurant - be amazed by the enormous portions!
- ARTHUR AVENUE in the BRONX: Some consider this the
 real Little Italy of New York for bread, pasta, sausage, and pastries.
 Arthur Avenue Retail Market is a covered Italian market bringing
 together under one roof all the Italian food specialties you
 could want. Bring a cooler!

This trip will require a moderate level of walking.

COST: \$111.pp based on 40-50

Depart: 8:45am Chase Parkway Commuter Lot

Estimated Return: 7:00pm Waterbury

For Reservations: Waterbury Adult Education

203-574-8038









Brunch Delaney & Cruise LADY BEA

Holyoke, MA

Sunday, July 19, 2020



Treat yourself to the bountiful Brunch at the Delaney House, Holyoke, MA. Full buffet of both breakfast and lunch options. Plenty of food for everyone to enjoy. Sample Menu: Waffles, Pancakes, Cinnamon Buns, French Toast, Pastries, Potatoes, Bacon, Sausage, Omelette bar, Pasta bar, Salad bar, Chef's selection of Lunch entrees, Sampling of desserts & ice cream bar, Coffee, tea, and assorted juices. Mimosas & Bellinis upon arrival.

Then escape to the river and join the crew of **The Lady Bea** for a one of a kind journey! The Lady Bea departs on a 75 minute narrated cruise from South Hadley, MA and makes its way up the Connecticut River. Enjoy unspoiled views, pristine waters, sandy beaches and a history that will not disappoint.

COST: \$110pp based on 40-45

Depart: 10:00am Chase Parkway Commuter Lot Estimated Return: 5:30pm Waterbury

For Reservations:

Waterbury Adult Education 203-574-8038





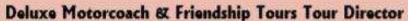
Hudson Yards is New York's newest neighborhood and home to 100 diverse shops and restaurants, significant public art, and plazas. Located between 10th and 12th Avenues from West 30th to West 34th Street, Hudson Yards is the newest developed neighborhood in Manhattan's West Side.

WHAT IS THAT!?!

The Vessel is a new kind of public landmark. Engaging and interactive, the Vessel is the centerpiece of the new public square and is meant to be climbed and explored. All outside, the Vessel is a labyrinth of staircases that reach 16 stories high. Admission ticket to the Vessel included. Climb to the top or just a little! (Elevator available on a first serve basis for those with mobility issues.)

Time to explore the upscale shopping & Spanish food market.

Upon arrival in NYC, enjoy a casual lunch at the Brazen Tavern in Hell's Kitchen. Menu: choice of: Corned Beef sandwich OR Brazen Burger OR Chicken Parmesan sandwich OR Grilled Chicken Salad; served with fries and apple cobbler for dessert! Entrée choices needed in advance



Cost: \$118.pp based on 40-50

Depart: 8:45am Chase Pkwy Commuter Lot Estimated Return: 6:30pm Waterbury

For Reservations:

Waterbury Adult Education 203-574-8038



The Edwards Twins

Returning by Popular Demand...

AQUA TURF CLUB - Plantsville, CT

Thursday, August 13, 2020



The World Famous Edwards Twins, the Number One impersonation act in the world. Their vocals and looks will amaze you. You will think you are seeing and hearing the real superstars right before your very eyes. From Barbra Streisand, Sonny and Cher, Andrea Bocelli, Bette Midler, Johnny Mathis, Perry Como, Ray Charles, Stevie Wonder, Neil Diamond, and more, all in one show!

COFFEE & DONUTS ON ARRIVAL

FAMILY STYLE MENU: Garden Salad, Pasta, Chicken ala Kathryn & Broiled Scrod with Cracker Crumb Topping, Vegetable, Potato, Rolls, Dessert, Beverage

COST: \$88.pp Drive on Own

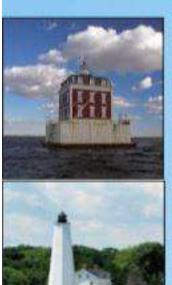
11:30am Arrival

For Reservations: Waterbury Adult Education 203-574-8038

CONNECTICUT LIGHTHOUSE CRUISE

Saturday August 15, 2020





Get a new perspective on the history of Southern New England and Long Island with your Narrated sightseeing from the water -- aboard a comfortable, climate-controlled, high-speed vessel! Several Lighthouses can be seen along with upscale mansions that line the shore.

Lunch at The Steak Loft in Olde Mistick Village.

Menu: Salad Bar, Choice of Chicken Teriyaki,
Crab Cakes or Baby Back Ribs, Baked Stuffed Potato,
Dessert & Coffee

Time on Own in the Village for shopping.







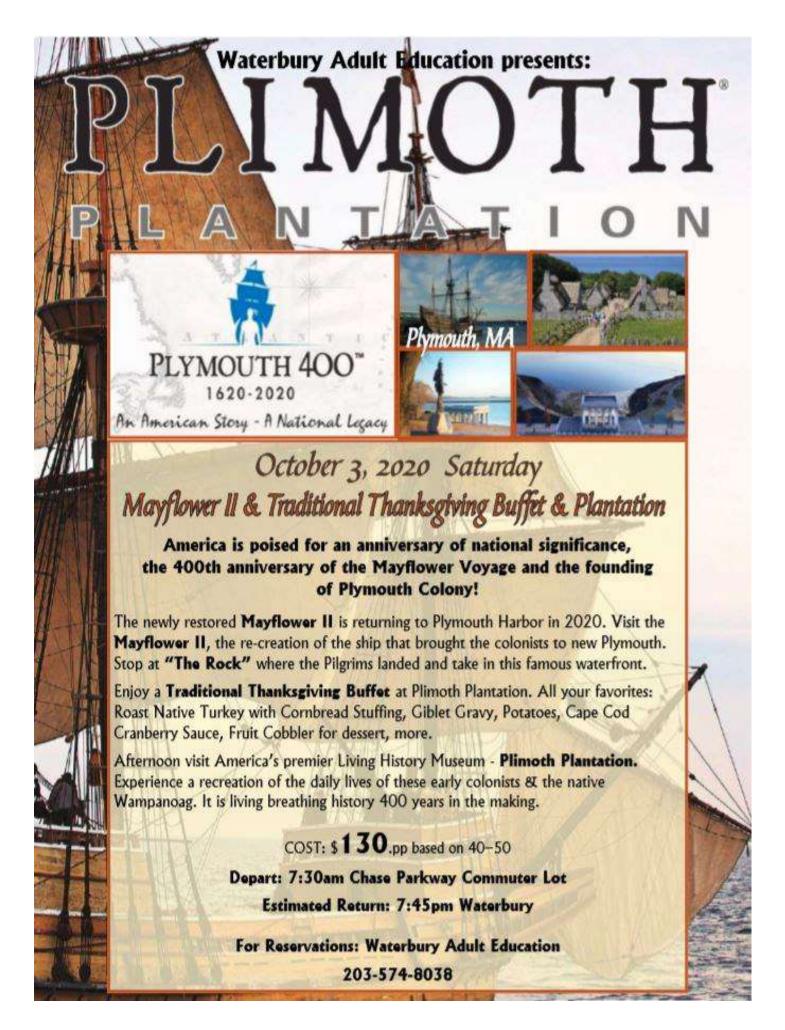


COST: \$122pp based on 40-50 passengers

Depart: 8:15am Chase Pkwy Commuter Lot Estimated Return: 5:45pm Waterbury

For Reservations:

Waterbury Adult Education 203-574-8038



WATERBURY ADULT CONTINUING EDUCATION ENRICHMENT COURSES REGISTRATION FORM:

Adult Continues of Continues of

Please mail your Registration Form and Check(s) to:

Waterbury Adult Continuing Education C/O Enrichment Program 11 Draher Street Waterbury, CT 06708 (203) 574-8038



(Sorry, Credit/Debit Cards Not Accepted)

CITY		ATE	ZIP CODE
PHONE or CELL			
MAIL			
TRIPS/SQUIPSES			
TRIPS/COURSES:	DAYS:	TIME:	COST:
			TOTAL \$

PLEASE NOTE:

- *If you are taking more than one class or trip each person registering for a class or trip, must fill out a separate form.
- *Please issue one check per trip or class.
- *All Enrichment classes must be Paid in advance.
- ** Tours & Trips: The cost for trips or tours is NON-REFUNDABLE.

 No Refunds will be issued unless the trip or course is cancelled.

Trips fill up quickly, <u>PLEASE</u> call Waterbury Adult Education (203) 574-8038 and reserve your spot before sending in a payment. All trip payments must be made at least <u>60 days</u> prior to the date of the trip. Failure to make payment may lead to you relinquishing your reserved spot.

Waterbury Adult Continuing Education reserves the rights to discontinue, postpone, and cancel classes, change staff or change meeting hours if and when conditions warrant a change. It is the student's responsibility to contact Waterbury Adult Continuing Education prior to the start of class to inquire whether any changes have been made to their schedule class.