

# Brookfield High School

## School Counseling NEWS

December 8, 2018

**Dear Families,**

### **PSAT Scores**

Beginning December 11, BHS 9<sup>th</sup>, 10<sup>th</sup> and 11<sup>th</sup> grade students can access their PSAT scores and a detailed score report through their College Board accounts. Sophomores and juniors should have created College Board accounts last year, and freshmen will be creating accounts in one of their classes and linking them to Khan Academy, which will give them access to free SAT practice questions. Please encourage your son/daughter to practice in small increments throughout the year.

### **PSAT Results & Early College Planning**

It was great to see so many families in attendance this week at this event. If you were unable to make it, please take some time to review the [presentation](#).

### **Senior Update**

Counselors have been working hard to write letters of recommendation and prepare transcripts and school reports for seniors' college applications. Students are reminded they should submit the gold transcript request form at least 10 school days prior to any application deadlines, and they should complete [this Google form](#) to request that first quarter grades are sent to colleges. Students should reach out to Mrs. Lungariello with questions or to set up a meeting.

### **Junior Update**

Mrs. Lungariello has been meeting with all juniors through Flex A to discuss [post high school planning](#). Recently students were shown how to complete a college search in Naviance and were tasked with adding at least one college to their "Thinking About" list in Naviance or indicating different post high school plans in the "Game Plan" section of Naviance. Juniors are encouraged to continue utilizing Naviance and other resources on their own for post high school planning.

### **Sophomore Update**

Counselors met with all sophomores for a "Transcript Review and Goal Setting Lesson." Sophomores reviewed important terms and concepts including GPA, decile ranking, transcript, and resume; and they learned about the various factors in the college application process. At the conclusion of the lesson, students reflected on their own academic performance, post high school goals, and strategies they can use to achieve those goals.

### **Freshman Update**

In coordination with the freshman health classes, the Women's Center of Greater Danbury delivered a lesson on "Healthy Relationships."

*We wish you a happy and safe holiday and New Year!*

*Debbie Burch, Jen Gioglio, Shannon Lungariello, Kaitlyn McCabe, & Gina Varak*



## Attention Seniors!

Submitting transcript requests? Keep these dates in mind!

If you need a counselor recommendation letter your completed transcript request form must be submitted to Mrs. Hopcroft by the dates below.

If your application is DUE on:	Your paperwork must be TURNED IN by:
January 1	December 7
January 15	January 2

## USA GAP Year Fairs

**West Harford, CT**

Date: January 10, 2019

Location: Conard High School

Event Time: 6:00pm - 8:30pm

For more information visit: [www.usagapyearfairs.org](http://www.usagapyearfairs.org)

## SAT & ACT

***Friendly Reminder - register for ACT & SAT before the winter break!***

*Click here* to register for the ACT. *Click here* to register for the SAT!

***Test Prep Resources-*** *Click here* to check out useful links for test prep resources on our web page.

## Scholarships!!!



- Check out Naviance to see what is available and apply!
- Check out the School Counseling web page for other useful scholarship search engines!
- Check out scholarships that may also be available at the schools you are applying to! Most colleges/universities have these listed on their website!



# Presidential Volunteer Service Award

America has a long and proud tradition of volunteer service. The President's Volunteer Service Award (PVSA) program is a great way to honor this American tradition and thank those who, by demonstrated commitment and example, inspire others to engage in volunteer service.

The PVSA recognizes individuals, families, and groups who achieve a certain number of service hours within a 12-month period. The award can also be given for cumulative hours earned over the course of a lifetime. The award is earned by:

- Youth, age 14 and under, who complete 50 or more hours of volunteer service;
- Individuals, age 15 and older, who complete 100 or more hours; and
- Families or groups who complete 200 or more hours.

Click on the link for directions to log in and complete the verification form. Verification form is due to the Counseling Office by April 1, 2019

[How to Log Volunteer Service Hours](#)

For more information about the President's Volunteer Service Award, visit [www.presidentialserviceawards.gov](http://www.presidentialserviceawards.gov).

What **You**  
Need to  
Know **About**  
Registering  
with **Selective**  
Service

- ✓ All 18 year old men must register within 30 days of your 18<sup>th</sup> birthday.
- ✓ Failure to register could lead to prosecution, prison and fines.
- ✓ Register online at [www.sss.gov](http://www.sss.gov)
- ✓ You will receive a Selective Service card by mail within 2 weeks of registration.

For more information:  
Selective Service System  
Registration Information Office  
P.O. Box 94638  
Palatine, IL 60094-4638

Or call 1-847-688-6888



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[www.sss.gov](http://www.sss.gov)